



NEWSLETTER

JUNE 2011

Issue #55

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Charitable Registration #
10691/3775/RR/0001

Our Mission Statement

To provide services and programs to families of children diagnosed within the Autism Spectrum Disorders to develop their child's behavioural, communication, and social skills, and to advocate for their ongoing needs.

MARK YOUR CALENDARS

- Children at Risk Annual Raffle
May/June 2011
- Autism Community
Annual Family Picnic
Sunday, June 26, 2011
(See Page 13)
- 2012 Entertainment Coupon
Books – **August 2011**
- 16th Annual Celebrity-Carved
Pumpkin Contest
October 20-23, 2011



THE ANNUAL GENERAL MEETING OF CHILDREN AT RISK, OTTAWA

Thursday, June 9, 2011

235 Donald Street, Room 212 – 7:30 p.m.

You are invited to attend the Annual General Meeting of Children at Risk. This evening will also be an opportunity for all friends and families of Children at Risk to meet informally and to discuss issues around supporting children and families within the Autism Spectrum Disorders. Wine and cheese will be served!

****Special Guest****

Cosmin Colțea has been training dogs and people to work with their dogs since 1991. With a Master's of Arts in developmental psychology from Carleton University, his area of research to be continued during his PhD gravitates around the effects of companion dogs on children with Autism Spectrum Disorders (ASD) and their parents. Currently, he combined his research and his experience in dog training to develop programs designed to enhance the well-being of children with ASD and their families. In 2011, his dog communication program for children with ASD received the Carleton Nicole Challenge Award for social innovation. Check out his website at: www.mycompaniondog.com

The following business will be conducted:

1. Minutes of 2010 AGM
2. President's Report
3. Treasurer's Report & Appointment of Auditors
4. Fundraising Report
5. Election of new Board

Standing for re-election to the Board are:

Paul Lacroix - Hazel Smith - Lesia Gilbert - Mark Lalonde - Robert Jaffray

The following positions are vacant: 1 - 2 Directors – if you are interested in getting involved with Children at Risk by becoming a Board Member or a Volunteer Executive, please contact our offices at 613-741-8255 or email car@childrenatrisk.ca before the Board Meeting to register your interest and present a small bio. We are especially looking for Board Members who have Human Resources/Employment Contract experience and also someone who can help with research on Funding from Foundations or other donors. These can be as Board Members or Executives (who head up this area but do not sit on the Board of Directors). In addition, Children at Risk is trying to “get with the 21st century” and have a Facebook, possibly Twitter, profile – so we are looking for someone to take on the role of keeping these social media outlets current.

Members who cannot attend may give a proxy to any other person, who need not be a member. Proxies must be in writing, signed by the member who will be absent, and mailed to or brought to the meeting by another member. Members who have given a proxy may still change their minds and attend, in which case the proxy is cancelled. Only those members who have paid their annual membership dues to Children at Risk, Ottawa, have the privilege of voting at the AGM. However, ALL are Welcome to the AGM, even if you are not a Member!

By Order of the Board, Paul Lacroix, President May 9, 2011

2010/2011 BOARD OF DIRECTORS



PresidentPaul Lacroix
Treasurer.....Lesia Gilbert
Secretary.....Mark Lalonde
Director.....Robert Jaffray
Director.....Irma Boyle
Director.....Hazel Smith

PRESIDENT'S MESSAGE

Paul Lacroix, President, Board of Directors

As we approach the half-way mark for 2011, we can already predict what Children at Risk accomplishments will make it noteworthy!

Through special funding first from The International Order of the King's Daughters and Sons Ottawa City Union, then the Unity for Autism Foundation and now the City of Ottawa Community Project Funding - we have been able to plan several weeks of full-day Summer Camps!

This is a large undertaking for Children at Risk and we need to recognize the efforts of both Board Members and Administrative Staff for all the leg work that goes into launching a project of this magnitude. Much of it involves working closely with the City of Ottawa, the school boards and the community in looking for location and staff (to hire) that are best qualified to service the Autism Community's special requirements.

See Pages 18 to 20 for Job Descriptions for Camp Director and Camp Counsellors. Closing date is Friday, June 10, 2011

PRESIDENT'S MESSAGE (Cont'd)

Our AGM is scheduled for Thursday, June 9th. We are excited to welcome special guest Cosmin Coltea to speak about his passions for working with Autistic children and their dogs. See Page 3 for more info on Cosmin and his work.

Children at Risk will be seeking new board members to fill the vacancy left by Irma Boyle and others who have previously served. Although Irma is moving forward with other interests and does not have the ability to continue on the Board, we know she will continue to support Children at Risk and the Autism Community. We wish her well!

I will be standing for re-election, and wish to continue to service the Autism Community as your Board President. One of my goals this year is that when someone hears the word Autism, they think of Children at Risk and the service we have given to the families and the special children they are raising.

As always, we must have many Fundraising activities throughout the year to enable the financing of these services. All Fundraising requires volunteers - some activities more than others! To be successful, we need your help. Don't let someone else do it. Get involved! All strong and successful charities are built and developed by a great army of volunteers and a strong dedicated team of board members.

Don't forget to buy or help sell some of our Spring Raffle Tickets - as usual the prizes are terrific!

I look forward to once again seeing many of you at the Autism Community Annual Family Picnic on Sunday, June 26th!



Paul being a great sport at Rockin' for Risk 2011

EXECUTIVE DIRECTOR'S MESSAGE

Submitted by Brenda Reisch



Volunteer Services

CAPTAIN VOLUNTEER IS CALLING YOU!

April 10-16, 2011 observed the National Volunteer Week in Canada. As the Annual General Meeting for Children at Risk approaches on June 9th, we invite Parents/Professionals to join our Volunteer Board of Directors! From the Volunteer Canada website (www.volunteer.ca) I have taken the following:

Board Volunteering

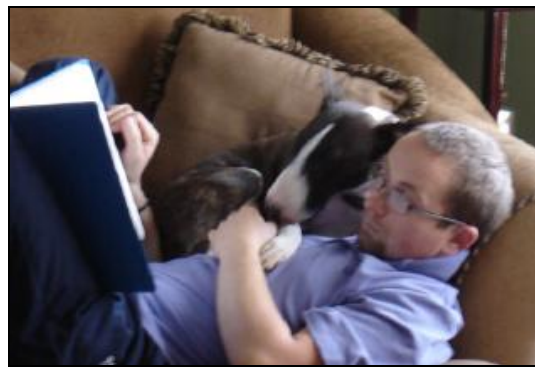
The commitment, knowledge and support of individual Canadians are what drive non-profit and voluntary organizations. Almost all non-profit organizations are governed or led by voluntary boards of directors. Their roles can vary from organization to organization, but in general, boards are responsible for providing leadership and strategic direction to the organization based on the organization's mission/mandate.

Children at Risk offers a unique opportunity in the Autism Community. With our mandate to assess what is missing in services and supports – and to “fill in the gaps”, our Board of Directors has the ability to set policies that can be tailored to the needs in the Autism Community. Unfortunately, we can only offer what we can finance; hence year-round fundraising is necessary for continued supports!

So – if you want to help in laying ground work supports – join Children at Risk's Board of Directors – and experience a level of empowerment that can only come from making a difference in the lives of children diagnosed within the Autism Spectrum Disorders!



MY COMPANION DOG & COSMIN COLTEA



Cosmin Colțea (M.A.) designed several unique programs for children with ASD and their families. These programs were based on Mr. Colțea's research on the effects of family dogs on families with children with ASD, on the effects of companion dogs on families (e.g., Melson, 2003), his passion for dog training and his work with children with ASD.

All programs, whether group or private, are designed to enhance children's relationship with their companion dog while enhancing children's social functioning. The private program is customized for each child and has a fun factor while enhancing children's social functioning and their relationship with their dog. The group program targets learning about dog behaviour, caretaking of the dogs and interacting with other children. The group program is based on various obedience and agility exercises, as well as fun games (e.g., green light/red light). In addition, these programs target children's social functioning such as turn taking, appropriate use of voice, problem solving and organizational skills.

One parent testified that “Let me start by saying how much my son loved the program. Since he was diagnosed with Asperger's he has taken many different programs. Out of all of them, yours was the one he loved the most. So much so, that I believe he even sent an email to you. He referred to it as ‘epic’ and looked forward to each class.”

For more details please visit:

www.mycompaniondog.com

or contact Cosmin Colțea by phone (613) 818-2024

or by e-mail cosmin@mycompaniondog.com

FUNDRAISING UPDATE

Submitted by Brenda Reisch, Fundraising Chairperson

EVENTS/ACTIVITIES SINCE MARCH 2011 ...

10th ANNUAL “ROCKIN’ FOR RISK”

50S/60S/70S plus DANCE

Saturday, April 9th, 2011 marked a decade of Rockin’ & Rollin’ to the sounds of the 50’s/60’s/70’s *Plus!* Patrons danced to the live classic rock sounds of local band **Intersection**. With MC **Brian Sylvester from The Jewel 98.5 FM**, this entertaining evening also included contests, prizes, as well as an Evening Sandwich Buffet, Raffle and Silent Auction. Special Entertainment included **Shawn Barry - Ottawa’s premier Elvis Tribute Artist** and **Vocal Group Armony**. Eye-popping dance demos (beautifully described by **TL Rader of Rogers TV “Daytime”**) from **Chris Rader & student Corky from “Dance with TLC”**, along with **Sam & Ashley from “Gotta Dance”** wowed everyone! Special thanks to Heather from “A Little Bit of Bling” for her artistic face painting – free to all. All Patrons were also given **FREE Vouchers** to exchange for a pair of tickets to the **Ottawa Fat Cats Baseball** Opening night! Join us in thanking all our donors and patrons – see Page 14 for a listing! The evening was capped with a round of “Happy Anniversary/Happy Birthday” and cake to celebrate 10 years!!

Many thanks to all, especially our dedicated **Volunteers**, for helping Children at Risk earn **\$5,000** to support our services and supports for Autistic children and their families!



For more event photos, go to www.childrenatrisk.ca click on Events, then Event Photos to take you to the Picasa photo sites.

Mark **March 24, 2012** on your calendars as our tentative date for 2012 “Rockin’ for Risk”!

50/50 TICKET SALES – OTTAWA SENATORS



Heather Unhola

The 2010/2011 season for the Ottawa Senators represented the 2nd year Children at Risk participated in selling the 50/50 tickets with the Sens Foundation. This year we took on more games and had even more participation from dozens of

Volunteers - while we had our core of STP Sellers (Same Ten People) we were delighted that so many of our families, friends, relatives and supporters jumped on-board to offer their valuable time! From January to April we earned \$9,060 - added to our Fall amount of \$3,580 for a whopping **\$12,640!!!** For this, we are awarding the June 2011 Newsletter's "Hat's Off" award to all the 50/50 Volunteers (including the ones who helped at the Ottawa 67's, too!) Please join me in extending our appreciation!!



Greg Bannah



KEY TO THE CITY

Children at Risk is proud to continue with the sale of Key to the City Discount cards! There are many exciting offerings:

- Make sure to register your 2011-2012 card to take advantage of our many new services.
- Deal Buys – buy gift cards/gift certificates at 50% off, for example a \$50.00 gift card at Rideau Carleton for only \$25.00! Deals available on a continuous basis. No more waiting for daily deals.
- Key Find program – lose your keys? If the person who finds them contacts us we can let you know where to pick them up.
- Many new merchants and one low price of only \$20 – still 3 pieces that can be used by 3 people.
- Sign up for e-mail updates on our program and merchants. Never miss a new merchant opening.
- Follow us on Facebook and Twitter for updates on merchants, merchant’s events, specials, etc.

Buy a card on-line, insert Fundraising Code #2468 and \$10.00 from your purchase will go directly to Children at Risk or email car@childrenatrisk.ca or call 613-741-8255. Key to the City – continuing our commitment to save you \$’s at hundreds of Participating Merchants!

FUNDRAISING UPDATE (Cont'd)

16th ANNUAL RAFFLE

Tickets are NOW available for our 16th Annual Fundraising Raffle! After many weeks of gathering quality prizes, we can proudly offer them for sale. The prizes are fabulous! As we almost sold out of our 6,000 tickets last year, we printed 6,500 tickets this year! I hope everyone can join me in trying to make this year a sell-out!! Unsold tickets represent lost Fundraising \$'s for Children at Risk.

Funds raised will support our Community-Based Special Projects. These include Sibling, Friendship and Family Support Groups, March Break & Summer Camps, Educational Training Workshops and Information Seminars as well as updating resource materials. These valuable activities receive no government funding and are supported solely through Fundraising efforts and Donations.

Note: Tickets can only be sold to persons 18 years and older!

The Raffle will be drawn at 2 PM our Autism Community Annual Family Picnic – Sun., June 26, 2011.

Our Raffle offers:

- Tickets \$2 each, 3 for \$5 or a book of 12 for \$20!
- Prizes worth a total of \$10,990 (up again from 2010!)
- 48 draws, with an average Prize Value of almost \$227 (1st 14 prizes over \$300 each!)
- Maximum 6,500 tickets sold - That's just over a 1 in 135 chance of winning!
- Minimum Prize Value of \$40!

For tickets to buy or sell, contact our offices at 613-741-8255, or by email, car@childrenatrisk.ca, and we can cheerfully send them out to you! We would only need for each family to sell 2 books, would sell out!

FUNDRAISING UPDATE (Cont'd)

16th ANNUAL RAFFLE (Cont'd)

LOOK AT OUR 1ST THREE PRIZES:

#1 Weekend's Stay for Two at Macies Best Western Hotel, Gift Basket from Lincoln Fields Shopping Centre, Joseph's Bayshore hair cut & colour, Plug Optical Certificate, Restaurant Certificates from Theo's Greek Taverna, Capone's Ristorante, The Works Burger Bistro and a pedicure from Hair World.

VALUE: \$1,092

#2 Hot Air Balloon Ride from the Ottawa Sun/Sundance Balloons for Two, One Night's Accommodation Travelodge Hotel, Gift Certificates from KS on the Keys Restaurant & Fadi's Hair Design.

VALUE: \$764

#3 "Toronto Fun" AVIS 4-Day Rental, Family Pass for Science Centre, 4 Passes for CN Tower, 4 Passes for Casa Loma, 4 Passes for Hockey Hall of Fame, 2 Passes Art Gallery Ontario, Gift Card for Keg Restaurant & PC Cards from McDaniel's Your Independent Grocer.

VALUE: \$637

DONOR'S CORNER

In Memory of Robert Miller	\$20.00
Buckingham Lions Club	\$100.00
Calabogie Lions Club	\$100.00
United Way/Centraide	\$2,166.55

*Thank
You*

SCHOLARSHIP TEA DONATION

IOKDS

INTERNATIONAL ORDER OF
THE KING'S DAUGHTERS AND SONS



On May 14, **The King's Daughter's and Sons Scholarship Circle** held their annual Scholarship Tea. The Scholarship Tea is to recognize the many Scholarship Programs that The International Order of the Kings Daughters and Sons offers.

They are Chautauqua Scholarship for Youth ages 19 to 25 (with 2 years in college or university) has been in existence since 1920. It is a 4 work summer program at Chautauqua, New York. Student Ministry Program which began in 1959 for students studying a Master of Divinity degree.

The Health Career Scholarship started in May 1976. Students preparing for careers in medicine, dentistry, pharmacy, physical or occupational therapy and selected medical technologies.

There are also scholarships offered in Ottawa:

The Grace and Ken Johnston for History studies and the Elizabeth Wilson Scholarship for studies in Music are at Carleton University, as well as Ottawa University Scholarship for Health Careers and Saint Paul Scholarship for religious studies.

The Tea on May 14 raised \$565.00 which will be equally shared between Children at Risk and the Ottawa Chapter of Autism Ontario.

VOLUNTEERS FOR CLASSIC CAR SHOWS



To help sell some of our Spring Raffle Tickets, we have again been invited to area Classic Car Shows.

We are looking at selling tickets on Sunday, June 12 at the Boston Pizza in Rockland from 4:30- 8 PM and on Tuesday, June 14 at

the Hazeldean Mall from 5:30-7:30 PM.

If you can help, email car@childrenatrisk.ca or call 613-741-8255.



YOUTH PHILANTHROPY INITIATIVE

In 2001, **Julie Toskan-Casale**, Canadian business success story and philanthropreneur, created the Youth and Philanthropy Initiative, **The Youth and Philanthropy Initiative** (YPI) is unique in its reach and its impact. Grade 9 and 10 students receive an education like no other and they play a direct role in making a financial grant (\$5,000) to a local, grassroots social service organization. YPI is incorporated into the curriculum of participating secondary schools and teaches students the fundamentals of philanthropy. Julie believes that as a citizen if you recognize an inequity, you have a responsibility to address it. Since co-founding the Toskan Casale Foundation together with her husband Victor Casale and brother Frank Toskan, Julie has dedicated her resources to making positive change for individuals in communities across Canada, and internationally.

To date, Children at Risk has been profiled almost a dozen times by students in local high schools over several years. We meet with a student team and give information on the charity, answer questions and try to educate and inform these future citizens about Autism and the supports provided by Children at Risk. We hope someday to be recipients of the financial grant, but have enjoyed the opportunities this Initiative has offered to expose these young minds to the challenges faced daily by our families raising a child with Autism.

Recently we received a thank-you note from one of the students and wanted to share it with you:

"We just wanted to say thank-you for letting us come and visit your charity. And also for answering all those questions for us. It was really special coming into the charity and meeting such wonderful people. When you answered the questions, your voice had some type of passion, so again, thanks a million! P.S. Unfortunately we didn't win the money, but we won the great experience of visiting your charity!"

The mission of the YPI program is to provide secondary school students with a hands-on experience through a strong academic philanthropy program which gives them the skills to assess community needs and make grants to grassroots charitable organizations meeting those needs.

GREAT NEWS!

CHILDREN AT RISK ASD SUMMER CAMP

Children at Risk is more than excited to unveil our 1st All-Day Specialized Summer Camp for children diagnosed within the Autism Spectrum Disorders.

Dates for the Camp are the weeks of July 18, July 25, August 1 and August 8 at John Paul II Elementary School, 1500 Beaverpond Drive. Cost is full week \$230 and short week \$184.

Children at Risk's objectives with a Specialized Camp is to provide a recreational camp which, through expertise and proven techniques, will accommodate the deficits of autism such as communication, socialization and behaviour seamlessly whilst allowing the Camper to have the stimulation, excitement and fun that summer camp is renowned for and an understated right of any child regardless of the severity of their disability.

Too often children with severe Autism are denied access to programs and/or if access is granted, the parent must pay extra to send a 1:1 worker. This discriminates against a child with higher needs and penalizes both the child and their family by not having this opportunity that is available for typically-developing children!

The Camp would address three main areas:

1. **The Camper** – Provide a safe, accommodating, non-judgmental day camp for the Autistic child. Provide the camper with the opportunity to improve social skills, sense of autonomy, leisure skills and play repertoires and possibly make lifelong friendships. Objectives include:
 - Maintaining or improving the child's functioning level
 - Maintaining or improving existing skills and/or to develop new skills
 - Continuing the child's school program or routine

2. **Parents & Siblings** – Benefit parents by allowing them the reduced stress from knowing that their child is with understanding individuals who will accommodate their child and not expel them from camp for the slightest infraction of social behaviour. This also provides the parent the benefit of knowing that they have a number of weeks where they can maintain their normal working hours and not use up their full annual vacation time to supervise their child. Also to provide families with the opportunity to spend dedicated time with Siblings that in many families, unintentionally suffer due to the demands of the child on the Autism Spectrum.
3. **The Community** – Extend Summer employment to Educational Assistants and provide EA's and Special Education Teachers with appropriate training pertinent to the ASD Spectrum and provide hands on application in real life situations that will benefit all children that they teach and especially those on the ASD Spectrum. Educate younger camp counselors on the complexities of the ASD field and assist to make informed decisions about continuing in this area through higher education for i.e. ABA, OT, SLP employment or hands on activities.

Please join us in acknowledging our 3 main sponsors (to date) who are making Summer Camp possible:

IOKDS

INTERNATIONAL ORDER OF
THE KING'S DAUGHTERS AND SONS



The King's Daughters and Sons (Ottawa City Union)

UNITY FOR
AUTISM

Ottawa

City of Ottawa – Community Project Funding

See Camper Application on pages 16 and 17.

REQUESTING CLARIFICATION

Although we understand that no confusion is intended, we are asking that all members help us out by making family and children's names clear. There are many 2 name families in our membership who have joined/registered under one name (ie. Mary Smith and John Doe – they are a family, but both use different last names).

When registrations, payments and emails are sent in for children – sometimes only one surname appears – and that name is not on our files! It is confusing for our administration to try and figure out the puzzle at times. Cheques are sent by Mary Smith for their child's group payment – and the child has the last name Doe. Please also give your full names in emails - we sometimes even receive emails that might be maryandjohn@hotmail.com with only first names signed in the email! We are asking that all members please be clear in correspondence, emails, cheques, etc. to indicate if their child's surname name is different than their own – especially if you need receipts in the name of one parent! Thanks in advance!!

CONTEST - NAME OUR SUMMER CAMP - CONTEST!



From June 1-30 Children at Risk will be running a contest to name our NEW All-Day Summer Camp!

Prizes will be awarded to the winner and 1st 2 runner ups!

Contest submission must include a Name and Logo for the Camp! Submissions must be done electronically by email to car@childrenatrisk.

AD

PARENT GUIDE RE: CHILDREN WITH SPEECH/LANGUAGE PROBLEMS!

A publication is available, titled "Helping Students with Speech and Language Disorders: A Parent Guide to Supporting Success at School." It is produced by the Ontario Association for Families of Children with Communication Disorders (OAFCCD).

This 40 page Parent Guide will help parents of students with speech and language problems throughout the province, to:

- Navigate the speech and language service system
- Prepare for transition to school
- Understand the special education system
- Participate for the Individual Education Plan (I.E.P.) development
- Prepare for an Identification and Placement Review Committee (I.P.R.C.)
- Engage effectively with the school system.

This easy-to-read Parent Guide is full of tips to empower parents as they support their child's success at school. The guide is chronologically ordered with information covering transition to school, elementary and high school and the transition to post secondary education or employment.

You can order the publication at OAFCCD's website at <http://www.oafccd.com>, at a cost of \$10 for OAFCCD members, and \$20 for non-members.

You can also purchase the publication here in Ottawa for \$15 non-member (still \$10 for members) if you request it directly from Joyce Mortimer, a local OAFCCD Ottawa chapter member. Email to contact Joyce is ckingmortimer@sympatico.ca and list "OAFCCD Parent Guide request" in the header.

Jill is an eight year old, grade 3 student. She is an average student who loves to ride horses and play baseball. She finds school difficult – not because the material is difficult for her, but because she has Tourette Syndrome. Throughout the day she has to deal with several facial tics, a tic that causes her to jerk her head, another that causes her to shrug her shoulders, and one that causes her to stomp her foot. She also has some vocal tics that cause her to sniff almost constantly and another one that causes her to yelp occasionally. Jill has only two friends at school and finds making new friends is difficult.

Tourette Syndrome (TS) is a complex tic disorder that is characterized by multiform, changing, involuntary motor and vocal tics. Tourette Syndrome is also:

- a chronic disorder.
- genetically transmitted.
- a neurological or neurochemical disorder.
-

Tics are involuntary, rapid, sudden movements or vocalizations (sounds or words) that occur repeatedly in the same way.

Children such as Jill who are dealing with the symptoms of Tourette Syndrome can find that their life is challenging not just because of the tics, but as a result of dealing with the misconceptions other people have about the disorder.

Tourette Syndrome affects approximately 1% of the population. That means in Canada alone, there are at least 34,000 individuals with this disorder. A diagnosis of Tourette Syndrome requires a patient to have two or more motor tics and a vocal tic. The tics have to have been present for at least a year, and the onset must be before the age of 18.

There is no medical test that can confirm the diagnosis of Tourette Syndrome, so the diagnosis is done through observation. Other possible causes of the tics also have to be ruled out. The actual cause of Tourette Syndrome is not yet known, however, there is a genetic component to the disorder. Most individuals with Tourette Syndrome will find that there is a history of the disorder in the family.

In addition to the tics, individuals with Tourette Syndrome often have associated disorders such as Attention Deficit Hyperactivity Disorder (ADHD), Obsessive Compulsive Disorder (OCD), Anxiety, Depression, Learning Disabilities, and Sleep disorders.

The impact of a diagnosis of Tourette Syndrome can be devastating. Every parent wants the best for their child, but when they are faced with the daunting prospect of their child dealing with an ongoing disorder that causes unwanted movements and sounds, the impact can be overwhelming.

Families dealing with a diagnosis of Tourette Syndrome need information and strategies for dealing with the disorder. Educators also need information and strategies so children with Tourette Syndrome have the opportunity to fulfill their potential.

The Tourette Syndrome Foundation of Canada is hosting their National Conference in Ottawa from October 20 to 22nd. This unique conference provides the opportunity for parents, children, adults with Tourette Syndrome and educators to learn about the disorder and to learn strategies for dealing with the disorder.

Tourette Syndrome Foundation of Canada hosts their National Conference in Ottawa

Submitted by Cathy Wylie

An Educator's Forum will be held on Friday, October 21st. It will feature talks by Sherri Pruitt, author of *Teaching the Tiger* and Ken Shyminsky, a Vice Principal who has firsthand knowledge of dealing with Tourette Syndrome. Educators will learn about Tourette Syndrome, its associated disorders and the impacts it can have on learning. They will also learn classroom strategies that will improve their ability to address the learning needs of children affected by Tourette Syndrome, ADHD, OCD, Learning Disabilities and other disorders.

The main forum of the conference runs from October 20th to 22nd. It will feature talks on Tourette Syndrome, ADHD, Anxiety, OCD and more. The newest research on Tourette Syndrome, treatments and management techniques will be covered. This is an excellent opportunity for any families or individuals affected by Tourette Syndrome to find out the latest information on the disorder, plus an invaluable opportunity to meet other families and individuals affected by Tourette Syndrome.

There are two programs for children that also run at the conference. Children up to the age of 13 can participate in a program that builds self-esteem and social skills. Those 13 and up can participate in the new TSFC It's Your Move (IYM) program. IYM is geared at helping teens and young adults with Tourette Syndrome build their social skills as well as other skills that are required to gain employment or transition to post-secondary school. Details on the conference and all the programs offered can be found at www.tourette.ca.

Ontario Association for Families of Children with Communication Disorders (OAFCCD) - A voice for children with speech/language disabilities

Submitted by Joyce Mortimer

OAFCCD (Ontario Association for Families of Children with Communication Disorders) provides a voice for children with speech/language disorders as well as advocacy, guidance and information for their families. OAFCCD provides this voice through its volunteer participation on school board Special Education Advisory Committees (SEACs), local preschool speech and language steering committees (e.g. First Words), and provincial round tables addressing health services and education.

OAFCCD's annual membership drive is currently underway! The organization depends primarily upon its membership renewals in order to remain financially viable and continue to exist as a volunteer advocacy organization. Its continued existence in turn enables OAFCCD to have membership and therefore a voice on SEACs and other volunteer committees. It also enables volunteers to help parents on an individual basis to advocate for their child's speech/language needs, particularly with respect to school. Membership funds go toward maintaining our web site, developing parent guides (see ad below) and other how-to resources, and keeping our volunteers up to date on speech/language issues so that they can be effective in their advocacy work through SEACs and other venues.

Thinking about becoming a member? Membership is a great and inexpensive way to keep in the loop on speech/language issues in the province and locally. Your membership will in turn contribute to the work of the organization. A form can be downloaded at www.oafccd.com. Just click on the "Get Involved" Link.

Please help OAFCCD to continue to provide a voice for speech/language impaired children locally and throughout Ontario!

Joyce Mortimer, OAFCCD rep on the Ottawa Carleton District School Board SEAC and
Hélène Lapointe-Jerome, OAFCCD rep on the Ottawa Carleton Catholic School Board SEAC

Questions? Contact Joyce Mortimer at ckingmortimer@sympatico.ca

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Consultations include:

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HEALTHDYNAMICS.ca



2011 National Conference on Tourette Syndrome Plus

Delta City Centre Hotel
Ottawa, Ontario
October 20 to 22, 2011

TOURETTE SYNDROME: MORE THAN JUST A TIC

FORUMS FOR PARENTS, ADULTS WITH TS, CHILDREN WITH TS AND EDUCATORS

Check out our website at www.tourette.ca
for information on the programs and to register.
Let your school know about the **Educator's Forum!**



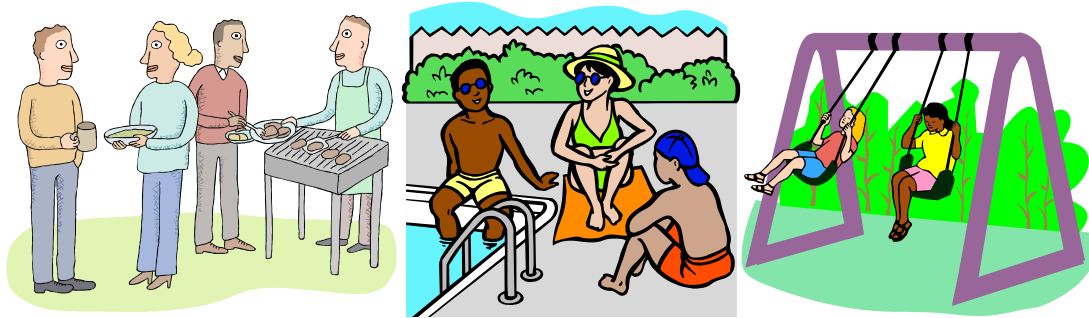
Tourette Syndrome
Foundation of Canada
La Fondation canadienne
du syndrome de la Tourette

Disclaimer: This Newsletter is for informational purposes only. Children at Risk does not support, endorse or recommend any method, treatment, product, remedial center, program or person for people with autism or autism related conditions.

Children at Risk 2011 Raffle Ticket Sample

<p>CHILDREN AT RISK: 2011 RAFFLE <i>To Provide Community Supports for Families and Children with Autism Spectrum Disorders.</i></p> <p>NAME:</p> <p>ADDRESS:</p> <p>PHONE #</p> <p>City of Ottawa License #</p> <p style="text-align: center;">M667881</p> <p>MUST BE 18 YEARS OR OLDER TO PARTICIPATE IN THE LOTTERY EVENT</p> <p>Ticket</p> <p style="text-align: right;">of 6,500</p>	<p>CHILDREN AT RISK – www.childrenatrisk.ca 235 DONALD ST., OTTAWA</p> <p style="text-align: center;">1st Prize – BEST WESTERN MACIES, LINCOLN FIELDS, JOSEPH'S BAY SHORE, PFLUG OPTICAL, THEO'S, CAPONE'S, THE WORKS & HAIR WORLD "What A Weekend!" – 2 Night's Stay, Gift Basket, Certificates for Hair, Glasses, Dinners/Lunch, & Pedicure VALUE \$1,092</p> <p>2nd – OTTAWA SUNS/UNDANCE BALLOONS, TRAVELODGE HOTEL, KS ON THE KEYS & FADI'S HAIR Hot Air Balloon Ride for Two, 1 Night's Stay, Dinner & Hair Certificates Value \$764</p> <p>3rd – AVIS, CN TOWER, SCIENCE CENTRE, CASA LOMA, HOCKEY HALL, AGO, KEG & MCDANIEL'S "Toronto Fun" Package – Weekend Rental, Tourist Attractions, Dinner & Gift cards Value \$637</p> <p>4th & 5th – SENS TICKETS, MEMORABILIA, EXECUTIVE GOLF, LOCAL HEROES & GRACIES Value \$633 ea. 6th – RINALDO'S, HEALTH DYNAMICS, & CITY PASS Value \$521 7th – HANDCRAFTED QUILT Value \$500 8th, 9th & 10th – MAID, SYLVAN, SWISS CHALET, MR. MOZZ, DENNY'S, YANG MING, M&M Value \$357 ea. 11th – HOLIDAY INN & PATTY'S Value \$346 12th – WAKEFIELD INN, MAXWELL'S & CASCADES Value \$344 13th – GOLF LOVER'S PACKAGE Value \$343 ea. 14th – DELTA OTTAWA & PATTY BOLAND'S Value \$333 15th – COUNTRY INN & SUITES HOTEL, MERIVALE FISH MARKET & IL PARADISO SPA Value \$289 16th – CAMPBELL FORD AUTOMOTIVE DETAILING PKG. & RICHMOND BEAUTY SALON Value \$227 17th – SPEEDY, BELL, PIZZA & HAT Value \$197 18th – URBAN BISTRO & STAINED GLASS STUFF Value \$169 19th – INSTEAD OF FLOWERS PEN SET & ROSES R US Value \$155 20th – TEENS FUN PACKAGE Value \$152 21st 22nd, 23rd & 24th ENT. BOOK, HOUSE PIZZA, NEW EDINBURGH & OTTAWA CITIZEN Value \$137 ea. 25th 3 CHILDREN'S TOYS Value \$124 26th MAGGIE'S FLOWERS, SUNSLIP & LA PORTO A CASA Value \$115 27th OTTAWA 67'S & LOUIS' STEAK Value \$114 28th & 29th CDN FITNESS & WHISPER'S Value \$101 ea. 30th & 31st MARY K & KIDDIE KOBBLER Value \$100 ea. 32nd HUMMINGBIRD & KARDISH Value \$96 33rd TUSCON'S & KEVIN'S AUTO Value \$95 34th & 35th BARLEY MOW, AVON & JOSEPH'S Value \$90 ea. 36th UPS BANK/HUNT & STAPLES Value \$89 37th, 38th, 39th, 40th & 41st MUSEUMS, PELOSO & KEY Value \$86 ea. 42nd CHILD'S FUN PACKAGE Value \$77 43rd & 44th VERSAILLES & CARLINGWOOD Value \$67 ea. 45th & 46th KRISTY'S & MULLIGANS Value \$50 ea. 47th & 48th VITTORIA & GREENBANK FLWRS Value \$40 ea.</p> <p style="text-align: center;"><i>RAFFLE: To Provide Community Supports for Families and Children with Autism Spectrum Disorders</i></p> <p style="text-align: center;">*MUST BE 18 YEARS OR OLDER TO PARTICIPATE IN THE LOTTERY EVENT*</p> <p>Draw: June 26, 2011, 2 PM, Woodroffe Park (180 Lockhart Ave.), Ottawa City of Ottawa License #667881 Ticket of 6,500 (613-741-8255) PRICE: \$2 or 3 for \$5</p>
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OTTAWA AUTISM COMMUNITY ANNUAL FAMILY PICNIC



Sunday, June 26, 2011

12 Noon-3 PM

Woodroffe Park

With the date change, we also had to change locations for the 2011 Picnic - it is at Woodroffe Park (180 Lockhart Ave -off Knightsbridge Road)

[http://maps.google.ca/maps/place?cid=4465274769140767760&q=Woodroffe+Park,+180+Lockhart+Avenue,+Ottawa,+Ontario&hl=en&ll=45.353052,-](http://maps.google.ca/maps/place?cid=4465274769140767760&q=Woodroffe+Park,+180+Lockhart+Avenue,+Ottawa,+Ontario&hl=en&ll=45.353052,-75.800215&sspn=0.140447,0.24485&ie=UTF8&ll=45.429299,-75.925484&spn=0,0&t=h&z=12)

[75.800215&sspn=0.140447,0.24485&ie=UTF8&ll=45.429299,-75.925484&spn=0,0&t=h&z=12](http://maps.google.ca/maps/place?cid=4465274769140767760&q=Woodroffe+Park,+180+Lockhart+Avenue,+Ottawa,+Ontario&hl=en&ll=45.353052,-75.800215&sspn=0.140447,0.24485&ie=UTF8&ll=45.429299,-75.925484&spn=0,0&t=h&z=12)

Woodroffe Park features a wading pool, so bring your suits and get wet! The Annual Family Picnic is a great time to celebrate the start of summer, see old friends, meet new friends and frolic in the park. Below is a list of planned activities. Some items and activities, like the food, are at a low cost or you can bring your own picnic lunch! Hope to see you there!!

Activities & Features

B.B.Q. HAMBURGERS, HOT DOGS, DRINKS, CHIPS

COOKIE DECORATING

WATERMELON

FISH POND

BALLOONS

PARACHUTE TOSS

BUBBLE PLAY

"MOON BOUNCE" & "LARGE SLIDE" INFLATABLES

2:00 PM -16th ANNUAL RAFFLE DRAW

2:30 PM - WATER BALLOON TOSS (**PRIZES**)

"Pick 'n Pay" table of children's toys, clothes and household items
(gently used or small defects)

**** IN ADDITION, WE WILL BE ENTERTAINED BY TUNIS SHRINE KLOWNS!**



BBQ courtesy of Enbridge Gas Distribution

For more info, call 613-741-8255 or email car@childrenatrisk.ca

Thank You Ottawa For Another Rockin' Success!

"Rockin' For Risk"

Saturday April 9th 2011

613-741-8255

www.childrenatrisk.ca



98.5 FM The Jewel
Air Liquide
Algonquin College Foundation
A Little Bit of Bling
Anika Arts & Flowers
Armony Vocal Group
Arthur Murray Dance Studio
Boston Pizza
Brewers Select
Buster's Bar & Grill
CAA
CD Warehouse
Cambridge Suites Hotel Halifax
Campbell Ford Automotive
Canadian Golf & Country Club
Carling Motors
Chances R Restaurant
Cloverdale Links
Cody Party Centres
Colonnade Pizza - Merivale Rd
Cora's - Richmond Road
Cork's Winery - Ottawa West
Crabtree & Evelyn
CTV Television
Dance Ottawa
Dance with TLC
Don Thompson Jewellers
Dumouchel Meat & Deli
East India Company
Eldon Fox
Empire Grill
European Glass & Paint Ltd.
Executive Golf
Frames by Rockwell

Fratelli Restaurants
Gilmore Printing
Grace O'Malley's
Great Canadian Theatre Co.
Greg Wildey
Greenbank Flowers
Greensmere Golf & Country Club
Hagerman Family
Hair World
Halifax Museum of Natural History
Health Dynamics
Heart and Crown
Holiday Inn Select Hotel
Intersection
Jill Alexander, Artist
Key to the City
Lacroix Sports
Legend Records
Leg Up Advertising
Lemme Family
Let's Dance
Louis Steak House
M & M Greenbank
Manderley on the Green
Maritime Museum of the Atlantic
Merivale Bowling Lanes
Mexicali Rosa's
Minto Suites Hotel
Moe Atallah
Monkey Joe's
Montana's Cookhouse
National Arts Centre
NGCOA
Newport Restaurant
Ottawa Citizen
Ottawa Fat Cats Baseball
Ottawa Little Theatre
Ottawa School-Speech & Drama
Ottawa 67's Hockey Club

Ottawa Sports Gallery
Pflug Optical
PomPom Boutique
Poco Pazzo
Prime 360
Radisson Hotel Ottawa
Ragtime Vintage Clothing
Ralph & Son's Diner
Rick Mofina, Author
Rink Pro Sports
R.K.I.L.
Rockin' Johnny's Diner
Rockwell's Restaurant
Rogers Television 22
Royal Oak - Hunt Club
Senior Tours Canada
Shawn Barry - Ottawa's "Elvis"
Smith Family
Speedy Messenger
Stained Glass Stuff
Summerhays Grill
Sunset Gourmet Foods
Sun Slip Ceramics
Swiss Chalet - Kirkwood
Tall Ship Silva
Teed/Amsden Family
The Barley Mow
The Jersey Stop
The Putting Edge
The Sam Group
Tim Horton's - Navaho
Tiny Hoppers
Tops Car Wash Co. Ltd.
Trooper
VIA Rail
Wall Family
Wilhelm/Reisch Family
Wine Station
Yves Rocher

The Shoppers Optimum Points™ Donation Program - A Unique Way To Support Children at Risk!



We have a great opportunity for you to support us ... made available by Shoppers Drug Mart through the Shoppers Optimum Program™.

By donating some (or all) of your Shoppers Optimum Points™ to our organization, you are enabling us to use your points at Shoppers Drug Mart® toward the purchase of products and supplies we need for our ongoing fundraising activities.

To donate your Shoppers Optimum Points™, please go online to: www.shoppersdrugmart.ca/donate. Select Children at Risk and donate! If you are not presently a Shoppers Optimum Member™, next time you are in a Shoppers Drug Mart ask for a card, which will be issued to you right on the spot at no cost.

With your support, this initiative has the potential for Children at Risk to “optimize” our fundraising dollars through this unique program!



CAMPER APPLICATION FOR ASD SUMMER DAY CAMP 2011

Please complete and submit to register interest – intake meeting will be necessary.

Camper Information:

Name:	Gender:
Date of Birth (M/D/Y):	Age:
Address:	
City:	Postal Code:
School:	Grade Completed:

Diagnosis	
Medication? YES/NO	
Allergies (specify)?	
Epipen needed?	
Other Medical Considerations	

Parent/Guardian Information:

Contact #1:

Name:	Relationship:
Address: (if different)	
City:	Postal Code:
Phone number:	Work/Cell Phone:
Email:	

Contact #2:

Name:	Relationship:
Address: (if different)	
City:	Postal Code:
Phone number:	Work/Cell Phone:

Registration Information:

Submission of Application form to Children at Risk:

By mail at: Children at Risk, 235 Donald Street, Suite 212, Ottawa, ON, K1K 1N1

By email to: car@childrenatrisk.ca

By Fax: 613-741-5530

Camp Location: John Paul II Elementary School, 1500 Beaverpond Drive.

Intake Interviews will take place prior to Registration.

Camp Weeks: July 18-22 ____ July 25-29 ____ August 2-5 ____ August 8-12 ____ (please ✓ dates – more than one week can be selected, but availability dependent on demand – if so, indicate preference ie. 1, 2, 3, 4.)

Fees: \$230 for full weeks, \$184 for short week. Limited Bursaries may be available.

Ages: 5-18+ but subject to responses received as only 20 participants per week.

Help us to get to know your child better!

Please describe your child's needs and existing accommodations for each:

- Communication style and system
- Social interactions
- Stress triggers
- Repetitive behaviours
- Behaviour management protocols currently used and specify target behaviour
- Calming activities/Motivators
- Interests/Strengths

If you answerer YES to any questions bellow, please explain:

Does your child need one on one support?	YES	NO
Has your child been physically aggressive toward others?	YES	NO
Is your child a runner? Any Safety sense?	YES	NO
Has your child attended camps before?	YES	NO
Does your child need assistance toileting/eating?	YES	NO
Does your child wear any assistive devices? (Glasses, retainer, etc.)	YES	NO

Sensory Input (hyper or hypo sensitivities): How does your child react to:

Visual stimuli

Sense of smell

Tactile defensiveness

Auditory

Job Description: Summer Camp - Camp Counsellors

Children at Risk, an Ottawa area based charity supporting families dealing with Autism is pleased to announce the inaugural year of Full-Day Summer Camp. This is a dedicated Specialty Camp catering to 20 children/youth each week on the Autism Spectrum that require 1:1 or 1:2 staff to client ratio due to behavioural or developmental needs. The main program will run 9 a.m. - 4 p.m. but before and after care will be offered from 8 a.m. - 5 p.m. where a higher youth: staff ratio will operate whilst computer or movie time will be available.

Location: John Paul II Elementary School, 1500 Beaverpond Dr., Ottawa, Ontario

Reports to: Children at Risk Camp Director

Program Dates: Program development time and set-up of location week prior to actual Camp dates of July 18-22, July 25-29, August 2-5 & August 8-12, 2011 (Monday to Friday excluding civic holiday on 1st August)

Hours: 8:00 a.m. – 5:00 p.m. (8 hour shifts rotating to cover before & after care)

Pay: \$15 - \$20/hour based on level of autism child/youth experience

JOB SUMMARY:

The Camp Counsellor is a support worker who is responsible for working with an autistic youth on a one-to-one or one-to-two ratio in their specific group each week looking after their daily needs and following the daily program as outlined by the Director of the Program. There will also be off site visits to a Pool via bus and walks to the local park where there is a minimal splash pad facility.

Essential Job Functions:

- Is responsible for the care and safety of one or two clients assigned to them each week
- Follows the daily program with their clients making modifications based on their specific needs
- Communicates on a daily basis with the families of the youth in their care via a communication log
- Writes a report for the client in their care at the end of each week, highlighting achievements made and goals for the following week if that youth is returning

Experience:

- Experience working with youth in a day program atmosphere
- Previous background/knowledge about working with people with special needs, specifically autism.
- Knowledge of PECS and visual aids an asset but not mandatory
- Current Police check mandatory, first aid certificate & Crisis Prevention Training in nonviolent crisis intervention an asset

Personal Attributes - This individual must be:

- Dedicated, Patient & Dependable
- A problem-solver and ability to go with the flow
- Able to work with people in stressful situations
- Able to resolve conflicts with others
- Able to communicate effectively
- Enjoy being with and having fun with youth, specifically those diagnosed within the Autism Spectrum

Interested candidates should email their resume with references and their availability of the 1-4 weeks to car@childrenatrisk.ca and also indicated times of day when they are available for interviews.

Job Description: - Summer Camp - Camp Director

Children at Risk, an Ottawa area based charity supporting families dealing with Autism is pleased to announce the inaugural year of Full-Day Summer Camp. This is a dedicated Specialty Camp catering to 20 children/youth each week on the Autism Spectrum that require 1:1 or 1:2 staff to client ratio due to behavioural or developmental needs. The main program will run 9 a.m. - 4 p.m. but before and after care will be offered from 8 a.m. - 5 p.m. where a higher youth: staff ratio will operate whilst computer or movie time will be available.

- Location:** John Paul II Elementary School, 1500 Beaverpond Dr., Ottawa, Ontario
- Reports to:** Children at Risk Camp Administration
- Program Dates:** Program development time and set-up of location week prior to actual Camp dates of July 18-22, July 25-29, August 2-5 & August 8-12, 2011 (Monday to Friday excluding civic holiday on 1st August)
- Hours:** 8:00 a.m. – 5.00 p.m. + up to an additional hour on Fridays.
- Pay:** Will reflect the responsibility, the level of maturity and experience of the applicant but a minimum of \$30/hourly.

JOB SUMMARY:

The Camp Director is responsible for overseeing the summer program throughout the duration of the four weeks but in addition will work with the CAR Camp Administration to develop the program within budget and in accordance with the specific needs of the camp clientele and finalize set-up of the facility the week prior to Camp commencing. He/she is responsible for the staff's performance throughout, monitors the programs implemented and ensures the safety and security of the clients at all times. He/she also participates in programs and responds to the needs of the clients and staff on a daily basis and communicates with parents.

Experience:

- Must be a qualified and experienced “teacher”, “educational assistant” or “equivalent”, currently working or having worked with students on the autism spectrum.
- Must have previous staff management experience or leadership qualities.
- Must have time to meet with CAR Camp Administration for program development, early July and time during the week of 11th-15th July for location set-up.
- Must be available to work for the full hours for the 4-week duration of the Camp as well as an additional hour for a weekly meeting with CAR Camp Administration following the closing of camp each week.
- Previous experience in ABA therapy, Sign Language and Picture Communication an advantage.
- Current Police check mandatory, first aid certificate & Crisis Prevention Training in nonviolent crisis intervention an asset.

Along with members of the CAR Camp Coordination staff, the position will entail:

- Developing meaningful camp activities as per the established mandate and coordinating the overall summer program, ensuring that all elements of each group's program is in place and budget constraints are respected.
- Organize campers' files for the Camp Counsellors.
- Assign Camp Counsellors' responsibilities and evaluate performance of Counsellors throughout and provide written performance evaluations to be submitted to the individuals and the CAR Camp Coordinator at the end of the camp period.
- Liaise between Parents and Counsellors, managing challenges and situations should they arise throughout the Camp period.

Job Description: - Summer Camp - Camp Director (Cont'd)

- Develop proposals and implementation of Camp improvements on a weekly basis
- Establish safety rules for Camp staff and Campers
- Ensure team work and good morale amongst staff members
- Write written reports on the progress of each client based on their daily/weekly reports at the end of the client Camp period
- Write a written report to CAR evaluating Camp and submitting comments and suggestions for 2012

Personal Attributes

This individual must be:

- Dedicated, Patient & Dependable
- A leader and motivator on a team basis as well as with individuals
- A problem-solver and ability to go with the flow
- Able to work with people in stressful situations
- Able to resolve conflicts with others
- Able to communicate effectively and concisely
- Enjoy working with youth, specifically those on the Autism Spectrum

Interested candidates should email their resume with references and their availability for interviews to car@childrenatrisk.ca