

40 years
of Service

1979-2019



Children at Risk

NEWSLETTER

DECEMBER 2019

Issue #89

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Ottawa, Ontario

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Charitable Registration #

10691/3775/RR/0001



Annual Fall Raffle –

Draw January 14, 2020

Difference Makers Bowling –

Sunday, January 26, 2020

Difference Makers Darts –

Sunday, February 9, 2020

Global Community Alliance

11th Annual Gala –

Saturday, February 29, 2020



PRESIDENT'S MESSAGE

Mark Lalonde, Board President

As the Holiday Season approaches, I hope you can find more time to spend with family and less time in the malls over the next few weeks. If we are able to help give you some much needed free time with your participation in our **Saturday Fun Club or Family Fun Night**, that brings us some happiness.

Our signature program, **Camp Kaleidoscope**, continues to be a very popular summer camp for our children. The inclusive nature and acceptance of children on the spectrum has been highlighted in many positive letters written by parents since we began the camp in 2011. We have certainly grown the number of spots and number of weeks the camp is offered, but our families have told us that we have maintained the service level and their children continue to look forward to their camp experience every summer. Our **Saturday Fun Club Respite Sessions** continue to be very popular with children and parents. The 5-hour respite program engages the children in a variety of activities in groups or one-on-one. It also provides a nice break for parents to do some shopping, go for lunch or just relax at home. The sessions typically run every other Saturday in the Fall and Winter. Parents are now able to use our ON-LINE Registration to book your sessions. We also have a **Family Fun Night** at various times throughout the year, which includes siblings. You can go to our website to find out the dates. Starting in January – we will have a NEW Outing-Based Group for Asperger and High-Functioning Teens modeled on the Camp Groups we called “Camp Within a Camp” or “Explorers”. This will replace the former “Typical Teens” Group we have previously offered as it was getting difficult to recruit and retain Peer Mentors, as well as not as economically-effective for both the Charity and Families. Read MORE about this in this Newsletter!

We continue to have a number of regular fundraisers, including the Celebrity Pumpkin Contest. We used a mixed format of electronic bids and paper bidding on a select number of pumpkins. Overall, it was a successful event. I want to say a special thank you to **The Difference Makers (Les Faiseurs de Différence)** who have had several events to support Children at Risk over the past year, most recently a Dart Tournament which I attended. This was a lot of fun and had great participation from the community. I also want to thank **Costco** for their generous donations of food throughout the year. Many of our families have been able to benefit from these donations.

... to be continued

PRESIDENT'S MESSAGE (Cont'd)

The King's Daughters and Sons Autism Circle Brunch was a great success, with our best attendance ever. We had two groups performing for us. **The Capital Chordettes "Sweet Acapella" Group** and the GleeCeptional singers. It was held at the Sala San Marco conference centre on Preston street. We planned to run our "Rollin' for Risk" Bowl-A-Thon fundraiser on Sunday, January 26th. Unfortunately, Walkley Bowling has closed, so we are in the process of securing another location/time for the event. However, the Difference Makers are holding their bowling on this date now in Orleans and we hope Families and Supporters will participate with them in the meantime!

I would like to say a special thanks to our **Executive Director Brenda Reisch and Special Projects Coordinator Hazel Smith**, who have kept the charity running smoothly throughout the year. I want to acknowledge the efforts from our volunteer board members **Graham Estey, Rob Gentles, Alexandra Jeffrey, Marca McManus, Bill Pocock and Melissa Van Alstine**. A very special thanks goes to our now former **Charity Administrator Bambina Lemme**, who has taken a well-deserved retirement. Bambina has worked at Children at Risk for the past 12 years and has been instrumental in our fundraising efforts and making our administration more efficient. Her efforts were key in the ability for Children at Risk to start Camp Kaleidoscope 8 years ago. We wish her all the best in her retirement. She will definitely be missed. We welcome **Brandi Cranston and Eminè Turgut Neary** as they settle in to our Office Administration and attempt to fill Bambina's shoes!

Finally, I want to wish all the children, parents and volunteers a safe and happy holiday season.
President – Mark Lalonde



2019/2020 Board of Directors

President – Mark Lalonde
Treasurer – Melissa Van Alstine
Secretary – Bill Pocock
Director – Marca McManus
Director – Rob Gentles
Director – Graham Estey
Director – Alexandra Jeffrey

CHILDREN AT RISK 2019 REPORT ON SERVICES**

Camp Kaleidoscope

Summer Full-Day Camp
(Camp Week Spots - ages 4-26)
334 Spots (Hours=11,116)

Saturday Fun Club

Respite Sessions
(16 Saturdays from January-December)
781 Spots (Hours=3,905)

March Break Camp

52 Spots (Hours=1,813)

Family Fun Night

(2 Nights)
64 Spots (Hours=288)

17,122 HOURS

= **GRAND TOTAL OF NUMBER OF HOURS FOR
CHILDREN RECEIVING DIRECT SERVICES
FROM CHILDREN AT RISK IN 2019**

In addition – we sent 13 children to Walt Disney World through Dreams Take Flight in 2019!

****TO BETTER REFLECT THE ACTUAL SERVICE - THE CALCULATION OF SERVICE HAS BEEN CHANGED TO NUMBER OF HOURS – AS EACH PROGRAM IS DIFFERENT IN SCOPE.**

EXECUTIVE DIRECTOR'S MESSAGE

Brenda Reisch, Executive Director

Children at Risk, Ottawa is soon to complete 40 Years of Service to the Ottawa Community. 2020 will represent the Charity's 41st year. Sounds about time that we review the 4 W's and 1 H of Children at Risk!

- 1) **WHO** – Children at Risk, Ottawa is a federally-registered Charity.
- 2) **WHAT** – Children at Risk, Ottawa provides Programs, Services and Supports for children diagnosed within the Autism Spectrum Disorders and their Families.
- 3) **WHEN** – Children at Risk, Ottawa operates year-round – with Saturday Fun Club and Family Fun Night Respite Services Winter, Fall and Spring, as well as March Break Camp. Our Flagship is our summer day camp, Camp Kaleidoscope, that runs for 5 weeks in July and August.
- 4) **WHY** – Children at Risk, Ottawa is dedicated to “filling in the gaps” in government-funded services or other providers for Families raising a child with Autism. Many of our Programs are not offered elsewhere or are limited in availability.
- 5) **HOW** – Children at Risk, Ottawa survives solely on Fundraising, Donations and Grants. Partial Fees are charged for Programs but costs of these Services are heavily subsidized.

As mentioned in our September Newsletter – we will be starting in the New Year to get our Families to unite for 2020 and help Children at Risk **MAKE** a concerted Effort to let not just our Local **Members of Provincial Parliament** know and understand the Critical Importance of this Funding – but **ALL 124 MPP's** in Ontario!

This means educating many on what the Provincial Government Ministry of Education “Focus on Youth Funding” IS and what support it not only provides for both non-profit and charitable groups, but marginalized students as well...It is critically important that we keep the momentum for this Program and Funding going – in the minds and hearts of those who represent their constituents in **ALL** of Ontario.

EXECUTIVE DIRECTOR'S MESSAGE (Cont'd)

The alternative to NOT having a school available for Camp K is most likely that it will NOT exist as we have known it for 9 Years! The Camp Budget does not include Rent for Facilities and this cost would price this support too high for most families...so we **MUST** “gather the troops” and fight for what is so very much needed!

But before then – I wish everyone Joyous Holidays and a terrific start for the New Year!

ANNOUNCING 2019 WINTER/SPRING PROGRAMS

Finally we are able to announce 2 of Children at Risk's 2019 Winter/Spring Programs – **Saturday Fun Club** and **Family Fun Night**.

Once again, we have On-Line Registrations! Payments still must be done manually for now - but may soon also be available On-Line.

We assure Families that their Information is secure with their Entries going to a PassWord Protected Google Drive. This method of Registration will hopefully be easier for many and will help to streamline administration in our Offices, as well. IF your technology or experience with On-Line Registrations presents a problem for you – please call our Offices at 613-741-8255 and we will work with you to complete the Registration.

As long as we do not fill up fast - Registrations will be taken up to January 11 to guarantee a spot for the 1st Fun Club date of January 18, 2020.

Please use this Link to Register :
<https://forms.gle/NQPZRmaqif4wfaK8>

More details on pages 15 and 16!

Welcome

STAFF UPDATE

With the Retirement of Bambina Lemme, Children at Risk is excited to welcome 2 NEW Office Administration Staff – **Brandi Cranston and Eminè Turgut Neary!** Join me in getting to know them:

Brandi Cranston - As the new Charity Administrator at Children at Risk, Brandi is responsible for providing administrative financial support, budgeting, assistance with special projects and other office duties for the Executive Director. She brings exceptional organizational, problem-solving and communication skills to the charity.

Prior to Children at Risk, Brandi worked in healthcare and spent time at home with her two young children. She enjoys spending her free time watching and playing sports, traveling and spending time with her family. Brandi is an Ohio native who earned her Bachelor of Business degree from Tiffin University and hopes to continue finishing her MBA. She immigrated to Canada in 2010 after meeting and marrying her partner Doug. They moved to Ottawa in 2015 and are raising two beautiful girls.



Eminè Turgut Neary - Eminè is providing administrative financial support, CAR program registration, membership registrations, and assisting with fundraising projects. She has a diverse background as a director of a non-profit childcare, payroll officer, and research scientist. She enjoys working with non-profit organizations and having the opportunity of wearing different hats and seeing the impact they are making.

She is originally from Turkey and lived in Scotland, Winnipeg, Edmonton, and Iqaluit before settling down in Ottawa. She lives with her husband James and their son Michael, 12 and their black Labrador, Frosty. In her free time, Eminè loves reading, cooking and traveling.



DONOR'S CORNER

PayPal Giving Fund Canada	\$145.00
In Memory of Ken Armstrong	\$650.00
Ottawa Run for Palestine	\$1,000.00
St. Louis Bar & Grill Clyde Avenue Location	\$1,000.00

EVENTS/ACTIVITIES SINCE SEPTEMBER 2019...

24th ANNUAL CELEBRITY PUMPKIN CONTEST – OCTOBER 24-27, 2019

Last year it was the Municipal Election – this year it was the Federal Election – but despite this activity taking place at the same time – our Pumpkin Fundraiser survived! With now many components to our Event (On-Line Auction, Ballot Purchases, Donations and our NEW addition of Silent Auction Items at each Mall) it is a much more complicated calculation to report a true amount of valuable funding that will assist our 2020 Summer Camp, Camp Kaleidoscope!

Below is our List of Top 13 Pumpkin-Carvers for 2019. With our final totals, we include the funds raised by the Auction with the Prize Packages.

TOP PUMPKIN CELEBRITY for 2019 once again saw Tanya and her Crew at **Tappa Hair Salon & Beauty Bar in Carlingwood Shopping Centre** raise **close to \$1,700** (up again from \$1,600 in 2018) with their **Pride of Pumpkins** honouring the Lion King! However, hot on Tappa's heel was Pumpkin Celebrity **Jennifer Chamberlain of RE/MAX Affiliates Realty** with newcomer **Heart of OrLèans BIA** shoving aside last year's Rookie **Desjardins Caisee populaire Trillium!** (though they stayed strong at #4!).

It has been exciting to welcome NEW Pumpkin Celebrities like the Riverstone Retirement Communities (with 3 Pumpkins!) and a special shout out to several of our Multiple Pumpkin Participants like the Ottawa Police Service, Cora, Family Harmonies, Tiny Hopper's, Algonquin and Prince of Wales Animal Hospitals, OSEG and Ottawa Senators Teams, Print a Bunch Flowers, April with Origami Owl and Quilts Etc in Carlingwood Shopping Centre (who were having so much fun they had 5 Pumpkins!). We even had 2 Families raising an Autistic child independently join in!

All is Fair in Love and Pumpkins, especially when it is the children with Autism we serve at Children at Risk who are the true winners...! Wish we could mention every one of the 130 Pumpkin Participants, as without them there is NO Event!

24th ANNUAL CELEBRITY PUMPKIN CONTEST (Cont'd)

We welcomed many NEW Pumpkin Celebrities this year - and a "return to the Pumpkin Patch" by some. We also saw many more community-minded, local businesses participating this year, as well as many more decorated, painted and blinged-out Pumpkins making our Displays much more colourful and longer-lasting!!

SPECIAL MENTION TO: Merivale Mall for their hosting of this event for 24 years (with sponsorship of the pumpkins) as well as Billings Bridge Shopping Centre, Carlingwood Shopping Centre and Place d'Orleans for their on-going support!! Please also join me in thanking **AVIS/Budget** for once again lending us the "Pumpkin Express" Cargo Van for our Deliveries. Hats Off to local singer, songwriter **Danielle Allard** for again making our Reception extra melodic!

Last – but NEVER least – is a shout out to our Dozens of **VOLUNTEERS** – who racked up hundreds of hours babysitting Pumpkins in our 4 Shopping Centres – your contribution is priceless!!

All-In-All - \$9,123 was raised, making it a truly incredible end to Autism Awareness Month!

Also – join me in congratulating our Winners of the Ballot Prize Draws of the Tony Orlando autographed Guitar, the TV and the Xbox Prizes. As some asked for anonymity, we are not publishing their names this year.



Merivale Mall 2019 Pumpkin Display

ANNUAL CELEBRITY-CARVED PUMPKIN CONTEST (Cont'd)

2019 Top Lucky Thirteen Celebrities (FINAL RESULTS)

- 1) Tappa Hair Salon & Beauty Bar
- 2) Jennifer Chamberlain – RE/MAX Affiliates Realty
- 3) Heart of Orléans BIA
- 4) Desjardins Caisee Populaire Trillium
- 5) Sky High Roofing & Snow
- 6) Ottawa Police Service E Platoon West
- 7) Ally - JUMP 106.9 Weekdays 10-2
- 8) Dean Brown – TSN 1200
- 9) Jeremy Roberts – MPP Ottawa West Nepean
- 10) Ottawa Police Service E Platoon Comms
- 11) Prince of Wales Animal Hospital
- 12) Print A Bunch – Ottawa Florist
- 13) Origami Owl

Special Mention:

Ottawa Police Service, Ottawa Senators, Ottawa Sports & Entertainment Group, Rogers Radio Group, City of Ottawa Mayor & Councillors, Local Businesses, MP & MPP's, Merivale Mall, Place d'Orléans, Carlingwood & Billings Bridge Shopping Centres

**TOTAL FUNDS RAISED
FOR CHILDREN AT RISK
(Supporting Autistic Children):
\$9,123**

See collage on Page 29.

UNITY FOR AUTISM



This exceptional Foundation continued to support the efforts of Children at Risk with an extremely generous Donation of **\$30,000** for our NEW “**Out & About Ottawa**” Group!

This Funding will allow this Pilot Project to continue into the Fall of 2020, as the City of Ottawa Funding that was granted in 2019 runs only to June 2020. Since 2011, Unity for Autism has assisted Children at Risk Programs with funds that now total to **\$220,000!!**

All monies raised by **Unity for Autism** are dispersed to centers of excellence providing specific programs and support that will make an immediate and direct impact on the development and/or well-being of individuals with autism and their families. **Unity for Autism** is committed to ensure donations reach these families and makes a profound impact on their lives.

Children at Risk Ottawa is honoured to receive this continued acknowledgment and accreditation of our Programs and Services by the **Unity for Autism Foundation!**



9th ANNUAL BENEFIT BRUNCH FOR AUTISM – SUNDAY, NOVEMBER 24, 2019



The **Ottawa Autism Circle of The Ottawa King’s Daughters and Sons** was delighted to host our largest Brunch for Autism to date! Returning to the prestigious **Sala San Marco Banquet & Conference Centre** again this year, we were happy to continue enjoying this excellent venue with delicious food! For a change up, our Patrons were greeted this Year by The Capital Chordettes “Sweet Acapella” Group with seasonal songs. A supportive roomful of patrons from the Autism Community and other Circles then dined and were entertained by students Simon(cello), Alli (cello) , Eric (cello) and Molly (viola) from the **Suzuki School of Music**. We also want to thank the **Ottawa Inner Wheel Circle** for returning with a Table of enthusiastic Members who helped to increase Funds raised at the Silent Auction! Once again, we were delighted to have celebrity **MC Patricia Boal of CTV Ottawa News** join us again this year – as well as having **MPP Ottawa South John Fraser** attend – with Mrs. Fraser again donating hand- knitted Scarf & Mitt sets for the Auction! Finally, our Event was serenaded by the beautiful young voices of some the **GleeCeptional Choir** – many of whom attend or have attended Camp Kaleidoscope! Over **\$4,500** was raised by the **Autism Circle of The King’s Daughters and Sons Ottawa City Union** to support Autism services in the Ottawa area. Special Thanks to KDS Members **Phoebe McLelland, Bruce McLelland, Nell Pocock and others** for their exhaustive efforts in procuring and delivering so many of the auction item donations!



KDS

9th ANNUAL BENEFIT BRUNCH FOR AUTISM PHOTOS



DONOR SPOTLIGHT

Children at Risk likes to profile a Donor who either has demonstrated continued support to our Charity or a NEW Donor who steps up to extend Funding for the 1st time.

This Newsletter acknowledges **The Co-operators** and the **Shooman Insurance Limited** in Ottawa! We were delighted to receive a donation of **\$1,500** from Co-operators and **\$500** from Shooman Insurance – for an outstanding combined gift of **\$2,000 for Camp K 2020!!**

Rafah Shooman and his Team are located at 1910 St. Laurent Blvd in the Elmvale Acres Shopping Centre and can be reached by telephone at 613-733-4441 or email at Shooman_insurance@cooperators.ca.

Should you be in the need of Insurance – check them out and let them know how much their community support with their Donation to Children at Risk means to our Families!



CAPITAL CHORDETTES SUPPORT



On November 30th, the **Capital Chordettes Ladies Barbershop Chorus** held their Annual Christmas Craft Market Event & Concert. This year, we were treated to a 1-Hour Concert, followed by the Fundraiser. Children at Risk was delighted to receive a Donation of **\$1,485** – their highest since 2010 – bringing their total raised since 2004 to **\$30,732.38!!**

This also gives the Highest Place of Honour for the longest running Donor to the Chordettes for their **15 YEAR SUPPORT** of Families raising a child with Autism through Children at Risk!! On behalf of the over 400 Families associated with Children at Risk – **THANK YOU!!**



Elizabeth Park Protestant Congregation

For several years, the Elizabeth Park Protestant Congregation has quietly mailed a generous Donation to Children at Risk. While many other supporters have had to reduce or eliminate support – this Church has actually *increased* their annual support. Children at Risk was delighted to receive this year a cheque for **\$890!**

This continued, wonderful support of Children at Risk for many years earns this Newsletter's Hat's Off Award. Many, many thanks to the Elizabeth Park Protestant Church Congregation for this incredible show of Community!



<https://www.facebook.com/Elizabeth-Park-Protestant-Congregation-Uplands-101081381371380/>



DREAMS TAKES FLIGHT 2019

On a VERY frosty day this November, almost 150 children from the National Capital Region attended the 1-Day Dream-Of-A-Lifetime trip to Walt Disney World in Florida! For Children at Risk - 13 was a lucky number - it happened on November 13, 13 children were represented through our Charity - and the 13th happened to be my Birthday too! (not significant but thought I would throw that in!!). For close to 2 decades, Children at Risk has been invited as one of the participating Charities to send ASD children AND their Siblings on this wonderful adventure. Not for the weak of heart - Families have to report to the Airport at 3 am, the Flight is usually in the air by 5 am and returns close to Midnight THE SAME DAY! They are greeted by Princesses, 501st Star Wars Legion figures, as well as a Fire Engine, bagpipes and MORE! Children at Risk is very honoured to be included for this special gift for our Families and the countdown is now on for Dreams Take Flight 2020 - October 21st!

DREAMS TAKES FLIGHT 2019 (Cont'd)

Some photos from the event!



THE MAYCOURT CLUB OF OTTAWA



The May Court Clubs
of
CANADA

For the 1st time, Children at Risk submitted an application for a Grant from **The Maycourt Club of Ottawa** in September. We were **THRILLED** to recently receive a cheque for **\$2,774** to assist with the purchase of a new **Bounce House for Camp Kaleidoscope!!** Please join us in thanking this wonderfully philanthropic Group for their consideration of our Need and their Generosity in this Grant!

What is a May Court Club?

It is a dedicated group of women whose mission is to improve the lives of those in their community who are less fortunate than themselves. Its members raise funds through various projects among which are thrift shops, house tours, Christmas tree raffles and fashion shows and galas.

It uses the money raised to provide financial assistance to needy organizations or individuals, with particular emphasis on health, high risk children and youth and school nutrition programs. It is also a group of volunteers who give 1000's of hours each year to make all their projects possible and productive, but also takes time for social events and friend raising.

Purpose:

The May Court Club of Ottawa aim is to provide assistance to smaller organizations in the local community who may not have access to professional fundraising resources. Grants are awarded from funds accumulated through fundraising projects such as special events, and from the Club's endowment and investment income.

Eligibility Criteria: The May Court Club of Ottawa supports social services, education and health-related issues with particular emphasis in the following areas:

- **High risk children and teens**
- **Literacy**
- **Nutrition**
- **Palliative and respite care**
- **Services for the disabled**
- **Services for seniors**
- **Single mothers and their children**
- **Women's health**

Grants are made to organizations recognized by Canada Revenue Agency as registered charities. Organizations must be based in Ottawa or the projects must benefit residents of the local Ottawa community.



Turbo Blaze Bounce House features basketball hoop and large bouncing floor. They only select the finest material translates to an incredibly long use-life inflatable products. Up to quadruple reinforced for added strength and durability to prevent seams ripping. With an eye for details and innovative craftsmanship, they reinforced the high-stress areas throughout the unit which makes their products of highest tear strength in the inflatable industry.

Age Group 3 to 4 Years; 5 to 6 Years; 7 to 8 Years; 9 to 10 Years; 11 to 12 Years; 13 Years and Up

Maximum Number of People: 6

Weight Capacity: Over 500 lbs

What is On Now/Coming:

ANNUAL FALL RAFFLE

We are VERY excited to Launch our Fall 2019 Raffle!
Tickets are \$20 for a book of 10, 2 for \$5 or \$3 each.
Please see attached Ticket on Page 23.

PLEASE – let us know if you can take some to sell or buy a book or two...?

Draw is NOT until January 14, 2020 – so lots of opportunity to sell and/or give as Stocking Stuffers or Holiday Gifts! 😊

CHILDREN AT RISK - 2019 Fall Raffle FAST FACTS

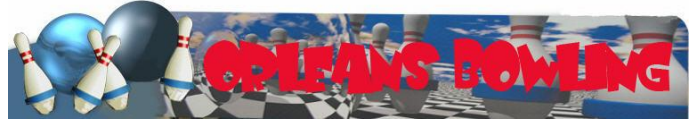
- **Tickets \$3 each, 2 for \$5 or a book of 10 for \$20!**
- **Children at Risk supports children with Autism & their families**
- **Funds raised will go towards our summer day camp, Camp Kaleidoscope, in 2020! This valuable support receives no government funding and is financed solely through Fundraising efforts and Donations.**
- **In 2019 – we offered 334 Weekly Camp Spots**
- **Raffle will be drawn Tuesday, January 14, 2020.**
- **First Prize: \$3,000 WestJet Vouchers TOTAL 1st PRIZE VALUE: \$3,930!**
- **12 Draws with Prizes worth a total of \$9,953!**
- **Maximum 7,500 tickets sold**



DIFFERENCE MAKERS BOWLING

Charity Bowling Day

Sunday, January 26, 2020
1:45pm-4pm



885 Taylor Creek Drive, Orleans
Ontario
613-837-7000

Michel Lalonde and his Team **The Difference Makers** - **Les Faiseurs de Différence** continue to Fundraise for Children at Risk with their next event – a Bowling Fundraiser in January. With the closing of Walkley Bowling (where Children at Risk has had our annual Event) – demand for Orleans Bowling has gone up and the Difference Makers were unable to book a date in December. As this Event then had to be moved to January – The Children at Risk Bowl-A-Thon will be postponed temporarily at this time.

We encourage ALL our Families who enjoyed a fun afternoon inside on a cold winter day to join this Event. Once we see how our 2020 schedule of Events is – we will decide if we can offer the CAR Bowling later in the Winter or Spring – with the consideration of either Orleans Bowling or Merivale Bowling Lanes.



CHARITY DARTS TOURNAMENT



Sunday, February 9, 2020, 12:00pm – 4pm
1661 Montreal Rd, Gloucester, ON K1J 9B7
613-745-1414



ADVERTISING

Your Ad
Here

Disclaimer: This Newsletter is for informational purposes only. Children at Risk does not support, endorse or recommend any method, treatment, product, remedial center, program or person for people with autism or autism related conditions.

AUTISM CONFERENCE



Ottawa, ON – April 2 & 3, 2020

Shaw Convention Centre, 55 Colonel By Drive,
Ottawa, Ontario

Learn practical skills that can be immediately implemented into existing curriculum and training programs, at home or in school!



Thursday,
April 2

Amy Laurent

*Addressing Emotional
Regulation in Children
and Adolescents with
Autism Spectrum
Disorders*

Friday,
April 3

Bo Hejlskov Elvén

*Self Control and
Challenging Behaviour:
The Why's and What's
of Behaviour
Management in Autism*



More info can be found at:

[https://autismawarenesscentre.com/Ottawa conference](https://autismawarenesscentre.com/Ottawa%20conference)

DONATE A CAR CANADA



Donate A Car Canada accepts vehicle donations for Children at Risk Ottawa to donate a car, truck, RV, boat,

motorcycle or other vehicle to CAR simply fill out the DONATE NOW tab at www.donatecar.ca. Donate A Car Canada can provide you with free towing in many areas across Canada. Donate a Car Canada can pick up your car or truck, or you can drop off your vehicle to maximize your donation. When you donate your car it will either be recycled or sold at auction depending on its condition, age and location. Donate A Car Canada will look after everything to make your donation easy for you to support Children At Risk Ottawa. DONATE NOW at www.donatecar.ca and CAR will send you a tax receipt after your car donation is complete! Children at Risk receives \$ from supporters donating the proceeds of their old vehicles. Participants since November 2012, funds raised by Donate A Car have reached over **\$17,312!** Note that you do not have to live in Ottawa to participate – it is across Canada – so encourage friends and relatives out-of-town to participate, as well!

CANADA HELPS

Children at Risk has signed up with **CanadaHelps.org**. When you visit our Website at www.childrenatrisk.ca just click the Donate Now button and you will be linked to the CanadaHelps.org donate page for Children at Risk. As with any service, there are some administration charges, but this allows anyone to donate on-line and even anonymously, if desired. It allows 24 hour ability to direct a donation to our charity and the electronic ease that many of us are looking for to support charitable causes! All you have to remember is our website – childrenatrisk.ca and the rest is easy!!

\$11,950 donated through Canada Helps
June to September 2019!



Volunteer Spotlight



Virginia Quinn first came into the life of Children at Risk through the **Ottawa Dragon Boat Foundation**. Children at Risk was one of the Recipient Charities for the funds raised by the Foundation at the Ottawa Dragon Boat Festival in 2014 and 2015. Virginia was re-entering the workforce and had a placement with Dragon Boat on their Fundraising Team. Children at Risk was running the Silent Auction at the Festival and Virginia was working with us. Immediately we could see that she was a very special person – organized, caring, compassionate, dedicated and easy to work with. Shortly after that, the **Ottawa Safety Council** saw these qualities in Virginia and offered her full-time work – where she still is today! However, she maintained contact with Children at Risk and continued to help us with the Auction – as well as engaging the Safety Council as one of our Pumpkin Celebrity Businesses! Recently over the last year I have been able to reach out to Virginia for help at the Autism Brunch, as well as the Difference Maker's Darts and Bowling Events. She also recruits her family members to Volunteer as well!! Children at Risk is grateful to Virginia and her Family for her continued support and help when it is MOST needed. Please join us in thanking Virginia for her efforts and for including our Charity as one of her causes to support!



DIY Holiday Gift: Mickey Mason Jar Cookie Kit



Here's a sweet way to gift the joy of baking to a friend or teacher who also happens to love all things Disney. Prep the dry ingredients for the perfect holiday cookie, include a recipe, and add a little Mickey magic on top! Happy holidays!

What You'll Need:

- Mason Jar
- Black construction paper or cardstock
- Double-sided tape
- Red ribbon
- Twine

Dry Ingredients:

- 1 cup all-purpose flour
- 2 cups rolled oats
- 3/4 cup raisins
- 1/2 cup white sugar
- 1/2 packed light brown sugar
- 3/4 teaspoon baking soda
- 1/2 teaspoon ground cinnamon

Mickey Mason Jar Cookie Kit (Cont'd)

To Assemble the Mickey Mason Jar Cookie Kit:

1. Measure out the above ingredients or the ingredients to a cookie recipe of your choosing. Layer the dry cookie mix ingredients inside a mason jar.
2. Cut a small pair of Mickey ears out of black construction paper or cardstock. Leave an inch of paper below the ears. Fold and attach to the top of the Mason jar with double-sided tape.
3. Tie a red bow around the Mason jar.
4. Cut a recipe card sized sheet of paper, write out the cookie recipe corresponding to the ingredients in the jar and attach to the mason jar with twine.

Baking Instructions to Include with your Gift:

1. Preheat oven to 375 degrees F.
2. In large bowl, cream together 1/2 cup butter and sugars until smooth. Beat in 2 eggs and 3/4 tsp vanilla until fluffy. Gradually beat flour into your butter mixture. Stir in oats and raisins.
3. Chill your mixture in the freezer for 1-2 hours. Drop rolled teaspoonfuls of your mixture onto a cookie sheet.
4. Bake 10-12 minutes in the preheated oven, or until golden brown. Cool slightly, remove from sheet to wire rack, and then cool completely.

<https://family.disney.com/>





- What:** Saturday Fun Club for ASD Children - ages 4 to 18+ years of age.
Where: Children At Risk, suite 209, 235 Donald Street, Ottawa.
When: January 18, February 1, February 22, March 7, April 4, April 25, May 9, May 23, June 6 & June 20, 2020
Duration: 10 a.m. to 3 p.m. – Lunch & Snacks required from home
Cost: \$90 each session – payable in advance to guarantee sessions.
Registration
Deadline: January 11, 2020 or until Full

Since November 2012 - Children at Risk has been offering Saturday Fun Club Activity/Respite Sessions on Saturdays. We are opening up Registration for Fun Club to all families. If your child has attended Camp Kaleidoscope in 2019, an intake will not be necessary. However, if your child is new to Children at Risk and/or attended Camp in 2011, 2012, 2013, 2014, 2015, 2016, 2017 or 2018 - we would require an intake.

Utilizing management and counsellors from Children At Risk's Camp Kaleidoscope, we used many of the activities that proved so successful at Camp. Each Fun Club session runs for 5 hours, 10 AM to 3 PM, for children and youth aged 4 to 18+ years of age. SFC will not be exactly like summer camp, but with adequate and qualified support staff, your child/youth will have five hours of fun and creativity with peers. Organized activities will include but not limited to: Mad Science, Crafts, Computer Games, Gym Circuits, can turn Saturdays into the best day of the week! As at Camp, as well, activities will align with ability - allowing older participants to influence the content to have the best experience.

Ten Saturdays have been arranged for the Winter/Spring Session from 10 a.m. to 3 p.m. Sessions cost \$150+ to offer per child, but with donations & fundraising, we can offer each session at \$90 in advance to secure the dates offered to you. No additional subsidizes are available. A current Children at Risk Membership (\$40 per annum to January 1, 2020 – after January 1, 2020 it will be \$50 - with Pro-Rating to next January 1st date) will also be required for Insurance Liability purposes.

How many Saturdays each participant can be guaranteed will depend on the demand within the three age ranges – 4 to 8, 9 to 12 and 13 to 18 years of age. These ranges aren't fixed as participants will be grouped according to their best fit. As per the Registration Form, you can ask for some or all of the dates and we will confirm what we can offer once all the Registrations have been received and we can balance out each date with a mix of younger, older and level of needs corresponding to staff available. Spots are limited with only being able to accommodate 50 children.

Please complete the Fun Club Registration by the Google Link ASAP.

(Note that due to the Location, Environment and availability of appropriate staff, we may not be able to accommodate some of our more challenged ASD youth that have had success at our Summer Camp.)


Please use this Link to Register : <https://forms.gle/NQPZRmaqif4wfaK8>



FAMILY FUN NIGHT

Children at Risk is delighted to continue this Support for the Autism Community!



Courtesy of initial Funding from , we rolled out a Program called “Family Fun Night” – this is the name your children will know it by – BUT for you – our Parents – we are calling it “Date Night” for Mom and Dad or “Me Night” for Single-Parent Families!

Responding to our Parents (and supported by Research), Respite seems to be at the top of the list for critically-needed supports. But not just a break from your ASD child – but from ALL your children!! Go to Dinner, see a Movie, Visit friends, Shop or Attend a Party – or even just complete a Project – undistracted and uninterrupted!! No need to clean your house for a Baby-sitter – just drop off your children at our Offices – and enjoy up to 4 ½ hours of purely Adult time!

Activities include playing games in the gym, Nerf games, Wii, Kinect, making snacks, a movie for those that can sit through one. There will be Dedicated Staff for both Siblings and those with ASD. 6 p.m. to 10.30 p.m.

WHEN: Saturday, June 13, 2020

WHERE: Children at Risk, 235 Donald Street, Suite 209

WHY: Opportunity to offer Respite for your ASD child (ages 4-18+) and Siblings (ages 3-14+). We would have Gym games, scavenger hunt style games, glow in the dark activities for the first two hours and then settled down to a movie or gaming. For those that can't watch a movie there would be more Gym activities or crafts. We will offer snacks, but do request that your children have dinner before arriving!

HOW: Cost is \$55 for each ASD child and \$30 for each Sibling. If your ASD child has not attended our Summer Camp or Saturday Fun Club, we will need to arrange an Intake Meeting to properly document their needs. Please complete the attached Registration and Email back or Fax. If Siblings are attending, please also complete the Sibling Form so we have info on them too! **We must have at least 20 children booked to offer this support.** Booking and Payment will be required in advance – though we may be able to accommodate last minute Registrations depending on demand.

A current Children at Risk Membership (\$40 per annum, \$50 after January 1, 2020) will also be required for Insurance Liability purposes.

****NEW** DO MORE, SEE MORE IN OTTAWA GROUP**

February 8, February 29, March 28, April 18, May 2 & May 30, 2020

REGISTRATION DEADLINE JANUARY 14, 2020

Children at Risk is pleased to announce a pilot program called “Do More, See More in Ottawa” - An exploration of the activities available in Ottawa that with the right level of support. With monies from a **City of Ottawa Community Recreation & Cultural Grant** – Children at Risk was able to offer 5 Weeks of this Support at Camp Kaleidoscope this summer and continue with 6 Sessions this Winter. This Group will be most appropriate for Asperger and High-Functioning Autism Teens 13-19 years of age. It will continue where our previously-offered Typical Teens Group left off – but more economically for both Families and the Charity!

It is Children at Risk's mandate to fill the gaps in existing services and as anyone with a teenager knows, it is very hard to find the right activities for teenagers, especially ones that get them out of bed at the weekends, off their electronics and that they want to participate in as it just isn't cool to go out with "The parents" anymore! This program as well as fun will foster positive social skills and social interactions as well as develop self-advocacy and confidence.

Children at Risk has successfully introduced the fun aspects of Ottawa to our Campers who attended our Camp within a Camp groups at March Break Camp and summer's Camp Kaleidoscope. This “Do More, See More In Ottawa” pilot program will benefit from crew who have trained with us at these programs and our Saturday Fun Clubs to support the adventurer participants.

The cost of the program is \$500. This is NOT like Saturday Fun Club where dates can be chosen – this is ONE Group that will attend ALL 6 Dates for the lump sum Cost.

A current Children at Risk Membership (\$40 per annum to January 1, 2020 – after January 1, 2020 it will be \$50 - with Pro-Rating to next January 1st date) will also be required for Insurance Liability purposes.

A Confirmation letter email will be sent on receipt of your completed application form.

Once the Application Date is reached – the Registration will close and Families will be notified shortly if their Teen is involved – partly due to not knowing what ages will Register.

The Program will operate on Saturday's once a month January to April and two dates in May but do not clash with our Saturday Fun Club dates. Drop off will be at our Donald Street headquarters with transportation to venues via OC Transpo. Pick-up maybe either from our office or a venue. The exact time on the Saturday will depend on the time that sessions' activity is available, so may include early evening. The first session will take place 10.30 a.m. to 3.30 p.m. This session will focus on getting to know one another and discussing ideas for places to visit on the remaining five sessions.

This is the link for parents to complete the Do More, See More in Ottawa Application form.

<https://forms.gle/9Tzsgw7dDEdLjf7o7>

OUT & ABOUT OTTAWA GROUP

This year's Explorer's Group, a Camp within Camp Kaleidoscope – NOW to be called the **“Out & About Ottawa” Group** - hosted our higher functioning teens that got to explore different parts of the city and take part in a lot of very cool activities. Starting every new week, a banner was made by the campers and a new team name was voted on and written on the banner. These weekly banners were mounted in the Camp room despite us taking full advantage of the OC Transpo passes by going out and about nearly every day. Every new week started off with a new riddle to solve throughout the week with the grand reveal of the answer at the end of the week. The Explorers got to go swimming at the Gloucester Wave pool multiple times a week where they enjoyed the waves and especially the water slide.



OC Transpo trips were planned weekly where the Explorers got the opportunity to go to Mooney's Bay, Flying Squirrel trampoline park, Nepean Putting edge glow in the dark mini golf, LaserQuest on St Laurent and downtown Ottawa for Buskerfest on Spark Street and a picnic lunch on Parliament Hill. When we did get a rainy day, the Explorers made their way to an indoor Bowling Alley. With some of the bus trips being a bit longer ‘Bus Buddy’ kits were made to entertain the Explorers while making our way to our destination. These kits included bus scavenger hunts, clues to solve and little games.



Some bus trips would have been just too lengthy or complex for OC Transpo, so the Explorers also benefitted from chartered school buses and were able to enjoy Mont Cascade Water park, Nature trail Scavenger hunts at Mer Bleue Bog and Cardinal Park in Orleans. The activity that challenged us the most was the Delta Force Paintball, where some were keen to go to go Paintballing, while others were terrified at the thought of going to battle. Luckily the reality was not as scary as the anticipation and all enjoyed it, but with some still saying they would not want to do it again with others begging to go back!

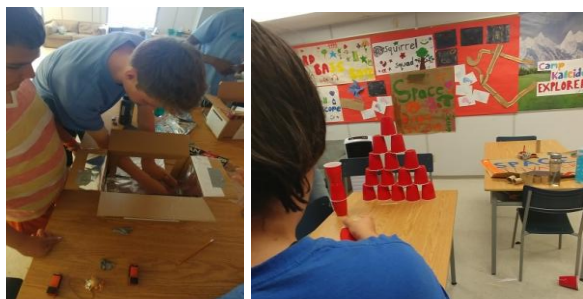


The Explorers also had a passion for creativity and science and combined these for a couple of large projects. The Explorers group could not get enough of big cardboard boxes and boards to build their awesome creations. The first was building human size boats out of cardboard and simple materials like tape and Styrofoam. These boats were then taken to Mooney's Bay where they proceeded to see whose boat could float the best and stay above water the longest. Luckily the water was shallow for the boats that did not last long. The longest lasting boat belonged to a camper who had added extra buoyancy with some large plastic water bottles and a sturdy bottom wrapped in duct tape. As many boats did not last, we had had the foresight to also take along some inflatable boats to enjoy our day at the beach.



OUT & ABOUT OTTAWA GROUP (Cont'd)

The second large project was building solar ovens which had a very good chance of being successful given how hot and sunny the weather was this summer. Without air conditioning in the group rooms, it felt that we were in a solar oven ourselves! To test out our solar ovens, we put them out in the sun on the dark pavement and made smores. The marshmallows were gooey, and the chocolate chips melted so it was a sticky yummy success! In addition to these major undertakings, we also made bottle rockets, cork launchers, enjoyed the purple cabbage experiment and had great fun making and trying out volcanoes as well as several other building activities.



But the creativity did not stop there for the Explorers! We also worked on team building by doing some fun activities like movie making and a baking competition. The Explorers wrote mini screen plays and picked out costumes and backgrounds for their mini movies. They then dressed up, acted out their scenes and recorded them. Afterwards, we had our own mini Sundance screening with popcorn. For the baking competition, each group of Explorers planned out a theme for their cake and decided on special ingredients to make their cake different from the rest. We then went shopping at the local grocery store where each team bought their special ingredients. We had three independent judges provide scores for the best collaboration, most creative and best tasting cakes. Each group received a winning title and all a gold medal, and of course, everyone enjoyed the activity as we all got to eat cake!



As well as the cake baking competition, we made good use of the Camp kitchen and with the assistance of the kitchen coordinator we made ourselves gourmet Breakfasts of scrambled eggs and chocolate chips pancakes as well as practiced our cooking skills with some lunch menu items such as Chicken fried rice, burgers, Quesadilla's and with the Costco food donation providing a lot of fruit, we also made smoothies and sorbets.



As a high energy group, we enjoyed daily group games of cops and robbers, hide and seek, capture the flag and soccer baseball as well as Nerf Gun wars. During our time in the Camp gym, we had loads of fun on the trampolines and bouncy castles and made up a lot of target games and obstacle courses.



Each day went by so fast and we always looked forward to seeing our group of friends the next day and seeing who had returned the following week or who was new.

2020 will see the launch of a new program called Out & About in Ottawa. This will be for similar teenagers to our Camp Explorers who will get together monthly to explore all that Ottawa has to offer as well as participate in some social activities.

OUT & ABOUT OTTAWA GROUP (Cont'd)



The Great Bake Off

For the baking competition, the Explorers were divided into three teams of two. Each team was given a sheet of paper to scribble down ideas and brainstorm their creation. They had to also think of special ingredients that would fit their theme but also fit within their less than 5\$ budget. A trip to the local grocery store was then made where the teams picked up their special items...some even being totalling under 2\$!



With our special ingredients in hand and the rough draft of our ideas, we then took over the Camp kitchen. Each team had access to all the basic ingredients to make a cake and different cake batters to choose from to suit their liking. The team above, chose a smores themed cake and experimented with their special ingredients of marshmallows and graham crackers. They used multiple different techniques to fluff up their marshmallows and present their graham crackers.



This team was all in agreement that chocolate and Star Wars was the best combination! They incorporated their love of Star Wars in the design and chocolate by making it a triple chocolate cake (including chocolate chips baked in the cake!). All the members of this group had a chance to really practice their icing skills to perfect the Star Wars logo on top.



The team above could not agree on a single theme as they had so many different ideas, so they decided to incorporate both of their passions onto one cake. Their love of Twizzlers worked well as train tracks to show their love of trains.



After all the mixing, baking and decorating, it was time to invite the judges over and taste test their creations. Before diving in, the Explorers wooed the judges by explaining their creative process and promoting their awesome cake designs. The judges were invited to have a look at each of the cakes and taste test them while keeping the three winning categories in mind: best teamwork, best taste and best creativity.

OUT & ABOUT OTTAWA GROUP (Cont'd)



The winner for best taste went to the Star Wars themed cake as the judges agreed that the chocolate taste was delicious. With a simple special ingredient like chocolate chips but incorporated directly into the cake mix, this gave their cake a delicious twist.



The winner for the most creative was the group that added an even more creative twist by making their smores ingredients shine in a spaceship design. They used graham crackers and marshmallows as their special ingredients to really pull their theme together.



The winner for best teamwork was the team who managed to tie in both of their ideas into a design that looked awesome. They worked together to make the train tracks out of licorice and added a flower bed beside the tracks for some added colour. They both helped each other make the trains out of icing by looking up train designs and giving each other helpful pointers.

CELEBRATING MOVEMBER!

Our Saturday Fun Club Crew and Participants with the Older Teen Group had FUN with "Movember" in November by all sporting a Mustache!



It has been an exhausting summer, and early fall. I've spent 18 days this summer meeting with my fellow Ontario Autism Program Advisory Panel, as well as 36 travel days. In the end, I'm pleased at what we have been able to come up with on a consensus basis from a group of 20 people with broad interests and perspectives. Our [report has now been released by the government](#).

Some of the highlights of what we were able to achieve in our recommendations:

- Core Service inclusion of Occupational Therapy, Speech & Language, and Mental Health Services
- The inclusion of mental health services are a huge win, including
- Mental health available to all children while on the waitlist, while in core services and in crisis through urgent service
- Detailed recommendations to the Ministry of Health to direct mental health providers to accept autistic patients, and to learn how to serve the autistic population
- Strong recommendation that autistic adults be part of implementation committee
- Support for AAC and specific call out to non-speaking autistics.
- Transitional supports for youth transitioning to adult life
- A "Care Coordinator" that can provide assistance with system navigation and help connect families to available services in their area and help access funding sources outside of MCCSS.
- Urgent (crisis) process to help children and families in crisis who may need access to care and services at a more intense or urgent basis. Even if you are still on the waitlist for core services.
- Foundational family Supports such as caregiver education and training, workshops, information and resources that will be available even while families are on the waitlist.
- Entering core service and coming off the Waitlist should be sequential based on entry into the OAP, which should make this more transparent.
- Recognition that there is a different approach needed to serve the needs of rural, remote, Northern Ontario and Indigenous children. Also recognizing that they need to be represented in future consultations and panels.

I'm encouraged by the ministry staff involvement and the support of Minister Smith during this process. I'm equally hopeful that this collaboration to create this report will make it more likely that our recommendations will be adopted by the government and implemented for a launch of April 2020.

The views, perspectives and concerns of autistic people were heard, listened to and are reflected in the tone and content of this report. The seat at the table was respected, and more than that, welcomed and I thank the government for the opportunity and for my fellow panel members for accepting us as colleagues on this journey.

Ontario Autism Program Advisory Panel – Or How I Spent My Summer (Cont'd)

By Matthew Dever

We still need to push for adult services. We had some discussions, but as it was not part of our terms of reference all we could do is strongly encourage the ministers to pursue services for adults, and members of all disabled communities. Minister Smith has been starting the process of meeting with adult autistics as well as other disability groups and self-advocates, and I'm encouraged by this.

I'm continuing my advocacy work as the new Director of Outreach with Autism Advocacy Ontario, and have been hard at work this fall in publishing our report on the Crisis in Special Education that we released to the Minister of Education in November. I have also been active in leading a coalition of disability advocacy groups across the country to push for a National Disability Strategy that includes supports for all disabilities at all ages with all needs, and we have been getting a lot of positive support amongst the new crop of recently elected MPs.

Again, I've been honoured to be part of this process, and part of history in the making. I can't wait to see these recommendations become a plan, and that plan becoming a reality. I'm hopeful that this new program support and enable the more than 40,000 autistic children to thrive.

Matthew Dever, an autistic father with 3 autistic children, was a panelist this summer on the Ontario Autism Programs Advisory Panel.

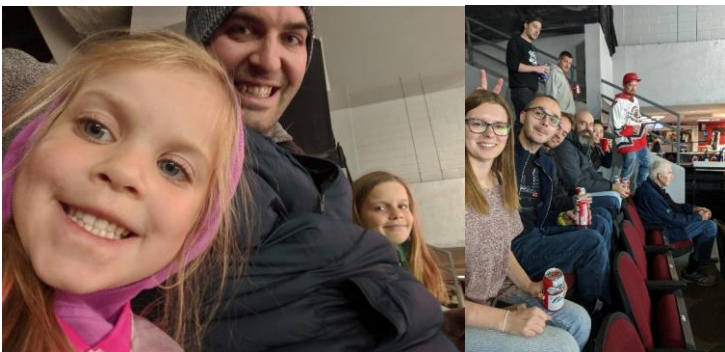
2019 FALL RAFFLE TICKET

<p>CHILDREN AT RISK: 2019 FALL RAFFLE <i>Providing Community Supports for Families and Children with Autism Spectrum Disorders</i></p> <p>NAME:</p> <p>ADDRESS:</p> <p>PHONE #</p> <p>City of Ottawa License #</p> <p>M820031</p> <p>MUST BE 18 YEARS OR OLDER TO PARTICIPATE IN THE LOTTERY EVENT</p> <p>SAMPLE TICKET</p> <p>of 7,500</p>	<p>CHILDREN AT RISK – www.childrenatrisk.ca 235 Donald Street, Suite 209, Ottawa, Ontario, K1K 1N1, 613-741-8255 <i>Providing Community Supports for Families and Children with Autism Spectrum Disorders</i></p> <p>2019 FALL RAFFLE Draw: January 14, 2020, 12 NOON, CAR Offices, 235 Donald Street, Ottawa</p> <p>1ST Prize – DESTINATION: YOUR CHOICE!</p> <p>This Exciting Trip Prize includes:</p> <ul style="list-style-type: none"> • WestJet Airlines Vouchers for Any Destination! (Value \$3,000) • Ciao 3-Piece Spinner Luggage Set (\$930) <p>TOTAL 1ST PRIZE VALUE: \$3,930!</p> <p>2nd Prize 2-2020 Club EG Golf Memberships, Golf Balls & Chances R (Value \$930) 3rd & 4th Prizes AVON By Pam "Beauty & Bling" Gift Baskets-Skin Care & Jewelry (Value \$910 ea) 5th Prize European Glass & Paint, Jill Alexander Original Painting (Value \$524) 6th & 7th Prizes Cosmic Adventures, FunHaven, Rag/Bone, Boston Pizza & Jaymar Piano (Value \$346 ea) 8th – Executive Fitness Leaders Personal Training & Hydrathletics (Value \$334) 9th Dovercourt Recreation Association Themed Birthday Party (Value \$251) 10th Planet Fitness Merivale Mall Membership & Starter Pack (Value \$250) 11th & 12th Yuk Yuk's for 6 & St. Louis Bar & Grill (Value \$186 ea) 13th, 14th, 15th & 16th 2 Ottawa Senators Tickets, 2 Sens Caps & Summerhays (Value \$175 ea) 17th Becta/Gezellig/Play Food & Wine Gift Card (Value \$150)</p> <p>City of Ottawa License #M820031</p> <p>*MUST BE 18 YEARS OR OLDER TO PARTICIPATE IN THE LOTTERY EVENT</p> <p>SAMPLE TICKET of 7,500 PRICE: \$3 or 2 for \$5, Book of 10 for \$20</p>
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THANK YOU's



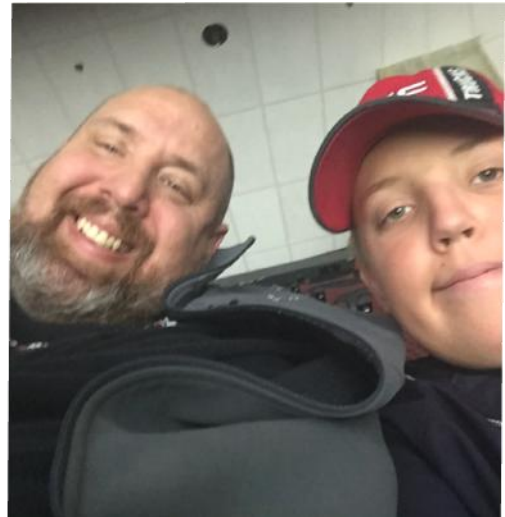
"I just wanted to thank the Children at Risk and Kids Up Front for the tickets to the Ottawa 67's game on September 29. It was a great opportunity for my boys and I to enjoy an afternoon together to cheer on a local team! I have attached a picture of us during pre-game warmup. Keep up the good work!" Ben



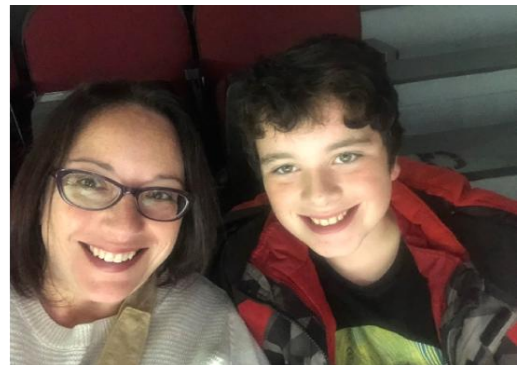
"A huge 'Thank you!' to you, Children at Risk and the Ottawa 67's for the tickets to last night's hockey game. As the attached pictures show, my family had an amazing time." Brandi



"My son, his Grandma and I had so much fun at the Ottawa 67's Game – THANK YOU Kids Up Front!!" Terilynn



"Finn and I cheering on our Ottawa 67's!" Mick



"Thank you so much for the tickets last night! We had a great time!" Tiffanie

THANK YOU's (Cont'd)



"We had a great time at the hockey game!" Jennie



"Had a much needed outing with my middle man. Thanks so much for this!" Tasha



"I just would like to Thank Children at Risk and Kids Up Front for the 67's tickets. My boys had a good time watching the game. Thanks again!" Ana Maria



"We had a BLAST at the Ottawa 67's game!" Dana



"Thank you very much for the tickets. We had a wonderful time!" Jitka



Hi - we wanted to "pop in" and tell you how much we appreciated the Fury tickets that Children at Risk gave us from Kids Up Front. It was a fun night out with 4 kids and my husband and I getting to get out and enjoy the game. Thanks again!" Amanda

THANK YOU's (Cont'd)



"Hey Children at Risk and Kids Up Front - We had a great time at the Sens Game...thankful for a date with my boys!"
Tasha

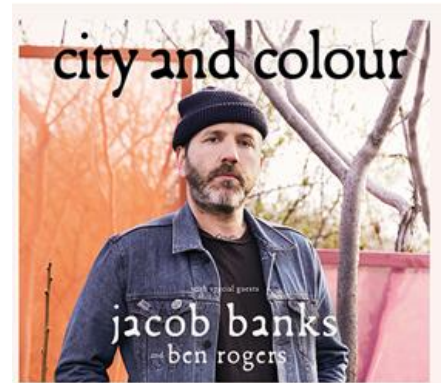


"Thanks for the Tickets to the Ottawa Senators – Melanie and I had a GREAT time!" Graham

"Thank you for the Tickets Kids Up Front. Even though the Sens lost, we had fun!" Nona

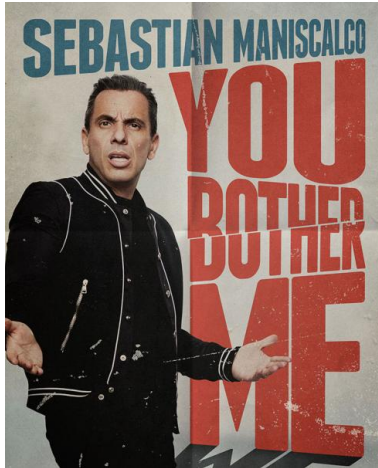


"Thank you for the tickets to the Sens game. We had a great afternoon and enjoyed ourselves." Mel



"Thanks so much for the City and Colour Tickets for our Family!" Tasha

THANK YOU's (Cont'd)



“Thank you very much for the tickets to the Sebastian Maniscalco show. It was a wonderful opportunity for this harried and exhausted single working mom to have an enjoyable and long overdue night out with friends and family. The tickets were sincerely appreciated more than I can express. Thanks again!” Randa

“Thanks very much for the four tickets received to attend the comedian show at the CTC, on Sat. Nov. 16th. Sebastian Maniscalco has a great stand-up routine – and we desperately needed the laughter! The tickets allowed us to invite another Family who have been dealing with their own health and family issues, and they were very grateful for the gift, and the evening with friends they’d not seen in a while. I’d send you photos – but there were no cell phones and no photos allowed in the show! Thanks again!!” Helen



“Thank you so much for the 4 ticket donation to the Sebastian Maniscalco show last Saturday! My family had a blast as we all were laughing so hard during the whole show we were crying; definitely a much needed happy experience :) Thank you so much once again for all the great work you do and thank you to the donating agency Kids Up Front for a fantastic family night out!” Paloma & Steven



“Thank you so much for the tickets for the concert tonight. It was fabulous. Margaret, Bruce, and I enjoyed the superb music.” Phoebe

THANK YOU's (Cont'd)



"Here is a thank you picture! Willem and I enjoyed the symphony!" Christina



"Here is a photo from the Harry Potter orchestra. Please pass our thanks to Kids Up Front for the tickets to another amazing event. It was our first orchestra and we really enjoyed it." LeAnh

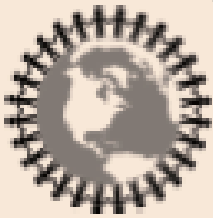


"Happy boys skating on Sens Ice! Thanks so much!!" Kathleen

SOME OF THE 24rd ANNUAL CELEBRITY PUMPKIN CONTEST ENTRIES



LET'S CELEBRATE DIVERSITY — OUR DIFFERENCES MAKE US BETTER!



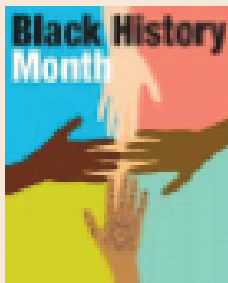
Global Community Alliance

11th Annual Gala & Award Ceremony



In Recognition of BLACK HISTORY MONTH

Join Us For An Evening Of Networking, Recognition & Entertainment



DATE: Saturday, February 29, 2020

TIME: 6 p.m. – 1:00 a.m. (Cocktails @ 6p.m.; Dinner @ 7:00 p.m.)

VENUE: Sheraton Ottawa Hotel (Ridwan Ballroom)
150 Albert Street, Ottawa, ON

TICKET: \$75 per person (cocktails, dinner & wine included)
Table of 8 guests available for \$600

Proceeds will be donated to Children at Risk, Ottawa

FOR TICKETS & INFO: call 613-824-2194 or email YomiPratt@gmail.com

ADVANCE TICKETS ONLY AT THE FOLLOWING LOCATIONS (no tickets at the door)

WEST: Nana's Fashion and Beauty Supplies • 175 Richmond Road, Ottawa • 613-321-5112

SOUTH: African Queen (Afro Caribbean Superstore) • 2430 Bank Street (Unit #17), Ottawa • 613-736-5369

EAST: Rhema's African & Caribbean Market • 4380 Innes Road, Orleans • 613-252-7722

Bringing People Together to Celebrate our Achievements

PROUDLY SUPPORTED BY:

