

Celebrating
32 years



NEWSLETTER

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PRESIDENT'S MESSAGE

Excitement is in the air – Spring is here (or coming soon ...), our Ottawa 67's are in the Playoffs (and the Sens are ending the year on an up-note of wins), our West-End Typical Teens Group (with funding from Autism Speaks Canada) is up and running, Rockin' for Risk is celebrating it's 10th year on April 9th – but most of all, 2011 will represent the inaugural year for **FULL-DAY SUMMER CAMPS** for Children at Risk!!!

We cannot express our gratitude enough to both **The King's Daughters and Sons (Ottawa City Union)** and the **Unity for Autism Foundation** for donations that have made this dream come true in 2011! Despite efforts for a few years, we had not been able to obtain enough funding to get this project off the ground – now we are planning for at least 3 weeks of full-day summer camp for up to 20 children per week. As we are working on a venue and awaiting news of possible additional funding from the Community Foundation of Ottawa and the City of Ottawa, we are not yet able to release details, dates and costs at this time – but soon! Board of Directors Member Hazel Smith, who had been involved with Autism Ontario-Ottawa Chapter's Camp Leo in its last year of operation (2006), is leading the initial planning stages. Stay tuned to Children at Risk email messages for more information! (See page 15 and 16 for Camp Application)

Paul Lacroix, President, Board of Directors

Our Mission Statement

To provide services and programs to families of children diagnosed within the Autism Spectrum Disorders to develop their child's behavioural, communication, and social skills, and to advocate for their ongoing needs.

MARK YOUR CALENDARS

**10th Annual "Rockin'
for Risk"
50s/60s/70s+ Dance -
Saturday, April 9, 2011**



**Children at Risk Annual Raffle
May/June 2011**

**Autism Community Annual
Family Picnic – June 26, 2011**

10th ANNUAL "ROCKIN' FOR RISK" 50S/60S/70S DANCE – Saturday, April 9, 2011

Get ready to join us and celebrate 10 YEARS of Rockin' & Rollin' to raise funds for Autism through Children at Risk!

Saturday, April 9, 2011, 7:30 pm to 12:30 am
(doors open 7 pm)



Algonquin College, Building "D"
Featuring:

Live music from Intersection
Ottawa's Elvis, Shawn Barry
"Armony" Vocal Group

Dance Demos from "Dance with TLC"

MC Brian Sylvester from 98.5 FM The Jewel

Door, Costume and Dance Prizes

Silent Action, Raffle, Mid-Evening Sandwich Buffet
(included in ticket price!)

**Tickets \$25 advance/\$30 door, \$225 table of ten (advance sales)
(must be 19+ years)**

Ticket info at www.childrenatrisk.ca or call 613-741-8255

Don't delay – get your tickets today!

*Volunteers needed – please email car@childrenatrisk.ca

2010/2011 BOARD OF DIRECTORS

President.....Paul Lacroix
TreasurerLesia Gilbert
SecretaryMark Lalonde
DirectorRobert Jaffray
DirectorIrma Boyle
DirectorHazel Smith

EXECUTIVE DIRECTOR'S MESSAGE

Submitted by Brenda Reisch

evo·lu·tion noun

Evolution - a process in which something passes by degrees to a different stage (especially a more advanced or mature stage); a process of change in a certain direction, a process of continuous change from a lower, simpler state to a higher, more complex, or better state.

Since 2002, when Children at Risk found itself not operating government-funded programs for Autism – but still a registered charity that could continue to provide services and supports with funds raised by fundraising and donations – it is apparent we have been in a state of EVOLUTION!

Children at Risk evolved by expanding our offers of Social Skill and Sibling Support Groups. Children at Risk evolved by offering educational workshops and information seminars at a time when few were available. Children at Risk evolved by expanding our commitment to social opportunities with increased solicitation and distribution of ticket donations for sporting events and entertainment venues.

Now, almost 10 years later, our evolution continues – as we continue to find our niche in the Ottawa Autism Community full of government-funded agencies, municipal programs, private service providers and other charities who support and serve the ASD population. Children at Risk continues with our mandate to “fill in the gaps” in services by now offering Full-Day Summer Camps for Children diagnosed within the Autism Spectrum Disorders!

As our Board of Directors President indicates – it is an exciting time all around! Make sure you do not miss a MINUTE of this excitement by: renewing your annual membership, volunteering for a fundraiser, watching our emails for offerings of donations and services – with ultimately the continued support of Autistic children and their families being the gold standard at Children at Risk, Ottawa!

FUNDRAISING UPDATE

Submitted by Brenda Reisch, Fundraising Chairperson

EVENTS/ACTIVITIES SINCE DECEMBER 2010 ...

SANTA PHOTO FUNDRAISER

Once again Children at Risk was offered the opportunity to raise funds by managing the sale of Santa Photos at **Westgate Shopping Centre**, courtesy of **Riocan Properties!** This year we were responsible for all the photos and raised a whopping \$5,600!! We wish to thank Leah Dixon of Riocan for making this possible – as the mall assumed all the costs and allowed Children at Risk to keep all monies from all sales. Much appreciation also goes to the many Volunteers who put aside their Christmas preparations to dedicate many hours of help – especially Bambina and Leo, who spoiled our patrons with his expert photography skills and equipment! We hope to again be on-site for this Christmas 2011!!

LITTLE ITALY AT LANDMARK COURT



In December, Children at Risk was presented a cheque for \$1,020 by **Peter Kocoris**, Executive Director of the **Revera Landmark Court Retirement Residence**. This

donation was from an event called "Little Italy at Landmark Court" on the evening of November 25th. Residents invited relatives and friends to pay for a meal of homemade pasta, homemade mozzarella and antipasto, risotto station and a Caesar salad. The evening was complete with checkered tablecloths, and a strolling accordion player. In addition, a visit from **David McGuinty**, Ottawa South MP delighted all those in attendance. Children at Risk was also allowed to run a Silent Auction that raised an additional \$1,000.



CAPITAL CHORDETTES & CHILDREN AT RISK



On Saturday, December 4th, the **Capital Chordettes Ladies Barbershop Chorus** continued its

commitment to Autism and Children at Risk by presenting their 2010 Annual Donation of **\$2,348.86** to Brenda Reisch at their Christmas Craft Concert! Since 2004, this terrific group of ladies has supported Children at Risk – with funds now totaling **\$20,922.71!!** Their dedication to our charity is matched only by their dedication to their craft, as those in attendance were entertained with beautiful Christmas carols. The Capital Chordettes are an award-winning ladies' barbershop chorus and a member of [Harmony Inc.](http://www.harmonyinc.ca), a women's international organization. For more info, visit their website at <http://www.capitalchordettes.ca>



Capital Chordettes Spring Concert

Saturday, April 30, 2011, 7:30 pm – 9:30 pm
St Paul's Presbyterian Church, 971 Woodroffe Ave
Tickets: \$20 Please call **Aileen 613-837-7704**

5th ANNUAL "ROLLIN' FOR RISK" BOWL-A-THON



Sunday, January 23rd dawned cold and brisk – the perfect day for an indoor Bowling Fundraiser! With terrific sponsorship from **98.5 FM The Jewel** radio station that included **MC Brian Sylvester** and a draw for a Team entry (the I-Stars) the afternoon was packed full of fun and action for all 19 participating Teams. Held again at Walkley Bowling Lanes, Teams competed for Prizes for Top Pledges, Top Scores, Mystery Scores and more! With our Raffle, Pledges and Donations, we managed to raise almost \$5,000 for Children at Risk!

FUNDRAISING UPDATE (Cont'd)



Congratulations to Dean Ryan and his "Team Marvel" for First Prize Team Pledges (this Perth-based Team has placed either #1 or #2 for all 5 years)! Second Prize was claimed by Susan Baxter's "Strikeforce" Team, with 3rd Prize honours to newcomers "Belly Laughters"! Special Mention to 2 other new teams "Dream Team" who came in 4th place and the 5th place "Capital Chordettes" – who serenaded us later in the afternoon!! We were also delighted to welcome 3 Teams from Minto – along with their Silver Event Sponsorship!

Please join me in thanking the following sponsors:

Silver Sponsors - The Minto Group, My Companion Dog, Villa Lucia Supper Club

Bronze Sponsors – Kiwanis Club of Nepean, Wubs Transit/bookabus.ca

Raffle Sponsors – AVON, Ottawa Sports Gallery (Sens Memorabilia), The Garlic King (Certificate), Speedy Messenger (Sens Tickets), Staples South Keys, 98.5 FM The Jewel, Greg Wildey (Pen Set)

Grab Bag Sponsors – Boston Pizza, CAA, Canadian Dental Hygienists Association, Entertainment Publications, John Baird's Office, Kelsy's Kanata, Key to the City, Pizza Hut, Rogers TV, Raymond-Chabot-Grant-Thornton, Speedy Messenger, RBC Royal Bank, 98.5 FM The Jewel

Prize Bag Sponsors – AVON, Dumouchel Meats, Shopper's Drug Mart McCarthy, The Garlic King, Trinity Developments (67's Tickets)

Pledge Prize Sponsors – 98.5 FM The Jewel (Melissa Etheridge tickets), The Ottawa Sun (Sens Tickets) & Crabtree & Evelyn (Gift Basket)

Special Mention: Walkley Bowling Lanes, Shawn Barry, A Little Bit of Bling, Rising Sun Magic, Ballooniac, 98.5 FM The Jewel, Hunt Club Dental, Lone Star Texas Grill and Smith Family.

FUNDRAISING UPDATE (Cont'd)

2010/2011 ENTERTAINMENT BOOKS



Books sales, despite the challenging economic times, climbed up a bit more this year, earning close to \$6,600! Thanks to our many Members (who bought and sold) books for us – as well as our annual patrons, **Quickie Convenience Stores** – who kindly sell the books for Children at Risk! The 2011/2012 book will arrive in August!

50/50 TICKET SALES – OTTAWA 67'S

Once again, Children at Risk was offered the opportunity to be a Charity of the Month at the Ottawa 67's hockey games for November 2010! Proceeds from 5 games earned \$2,338.18. Many thanks to our dedicated Volunteers, the **Ottawa 67's Hockey Club** and the **Kiwanis Club of Rideau** for making this possible!

Kiwanis

Kiwanis Club of Rideau 1026 Baseline Rd, Ottawa, ON K2C 0A6 Tel: 613-860-1481
Website: www.rideaukiwanis.org

MICROSOFT TOURNAMENT FOR AUTISM OTTAWA SENATORS FOUNDATION



Children at Risk was thrilled to again receive \$5,000 in support from proceeds raised at the **2010 Microsoft Golf Tournament for Autism!** Done in conjunction with the **Ottawa Senators Foundation**, this event had raised over \$250,000 in 7 years that has been donated to local autism charities, programming and support services.

The 8th Annual **Microsoft Golf Classic in support of Autism** will be held on Tuesday, June 7th, 2011 at the Marshes Golf Club - for more info and/or to register, go to:

http://www.sensfoundation.com/en/default.asp?sensfoundation=240&urlkeyword=Microsoft_Golf

FUNDRAISING UPDATE (Cont'd)

KEY TO THE CITY



Children at Risk is proud to continue with the sale of the Key to the City Discount cards! With a New Key website coming April 1, 2011, there will be many exciting offerings:

- Make sure to register your 2011-2012 card to take advantage of our many new services.
- Deal Buys – buy gift cards/gift certificates at 50% off. For example buy a \$50.00 gift card at Rideau Carleton for only \$25.00! These deals will be available on a continuous basis. No more waiting for daily deals.
- Key Find program – lose your keys? If the person who finds them contacts us we can let you know where to pick them up.
- Many new merchants (see partial list on page 12)
- One low price of only \$20 – still 3 pieces that can be used by 3 people.
- Sign up for e-mail updates on our program and merchants. Never miss a new merchant opening.
- Follow us on Facebook and Twitter for updates on merchants, merchant's events, specials, etc.

Buy a card on-line and insert Fundraising Code #2468 and \$10.00 from your purchase will go directly to Children at Risk. Or Keys can be obtained through the Children at Risk offices by emailing car@childrenatrisk.com or calling 613-741-8255.

Key to the City – continuing our commitment to save you \$'s at hundreds of Participating Merchants!

DONOR'S CORNER

Ottawa Jewish Community Foundation	\$104.00
Canadian Society of Hospital Pharmacists	\$150.00
Elizabeth Park Protestant Congregation	\$200.00
Gloucester North Lions Club	\$250.00
In Memory of Gladys Ferguson	\$720.00
Ottawa Senators 50/50 Sales (Fall 2010)	\$3,580.00
United Way Ottawa	\$4,239.22

PARKING AT CHILDREN AT RISK

As many of you who have visited the offices of Children at Risk (235 Donald Street, Suite 212) may know, we do offer free parking, but also share the building with many other non-profit tenants.

With the addition of a Health Clinic to the Overbrook Community Centre in the building, there has been an increase in traffic. A few years ago the building management assigned parking spots, clearly designated by signs with the names of the tenants.

However, with Children at Risk only having 2 spots, strategically placed near the "H" entrance (closest entrance to our offices), we regularly have found them to be occupied with vehicles not visiting our charity. We have informed the other tenants that, as of February 14, we will be calling for those vehicles to be towed if we cannot find the owners.

We ask that, if you visit Children at Risk, you either park in our 2 spots - OR - park only in a non-designated spot (one that does not have a sign identifying it as parking for another tenant). If Children at Risk is asking that others do not use our spots, we also need to ensure that our visitors observe the same protocol. This needs to apply for day/night, weekday/weekend, as some tenants (including ourselves) operate programs outside of the daytime Monday to Friday time frame.

Your attention to this is greatly appreciated!
Brenda

WEST END TYPICAL TEENS SPRING SESSION

With our Winter West End Typical Teen Outing-Based Social Skill Group on Tuesday evenings due to finish soon - we are recruiting for our Spring Session!



With Funding from **Autism Speaks Canada**, we are planning to start this social skills group for teens with Asperger Syndrome, on May 3, 2011. This group will be geared to teenagers with Asperger Syndrome in ***grades seven and eight*** (group will be formed based on responses of families). The cost of the group is \$300 per session. Interviews will take place in the week prior to the beginning of the group. Your child will be asked to complete a questionnaire via email before the interviews.

Typical Teens is a social skills group for teens with Asperger Syndrome. It incorporates the help of teen mentors to provide a "typical teen environment". The teens are taught specific social skills which are modeled by the teen mentors. They have the opportunity to practice these skills in a commonplace situation such as bowling, shopping and eating at a restaurant. Each week a new skill is introduced. The program is eight weeks in duration and the group will meet on Tuesday evenings (there are some exceptions) from 7 to 9 p.m. The group will be facilitated by Kim Lee, a Speech and Language Pathologist and Amanda Ayotte, Educational Assistant, OCDSB. The program is covered by some private insurance companies. If you are interested in having your child participate in this group, please email Children at Risk at car@childrenatrisk.ca asap!

Introducing **Kim Cantwell Lee**, New Facilitator for West-End Typical Teens: "I grew up in Ottawa and have been a Speech-Language Pathologist here for over fifteen years. I worked extensively with students with ASD in both the Ottawa District School Board and the Ottawa Catholic Board. Currently, I am working with adult head injured clients at The Phoenix Network, as well as serving a variety of private clients. I am excited to be running the Typical Teens group in the West end! With three terrific boys, Kieran, Brennan and Aidan and an entrepreneurial husband, Dave (who owns iPLAY) I am very busy! When I am not so busy driving somewhere, I love to skate, practice yoga and bake for my family!"

THANK YOU'S



“Many thanks to Children at Risk for providing tickets to the performance of "Disney On Ice." My children (Jayden and Mikayla) were totally mesmerized by the experience and got to share special time with their grandparents. A priceless moment!” *The David Family*

“Thanks so very much for the generous donation of tickets for Disney on Ice. Little did my son know that he would get a chance to attend the show with his dad, in a suite! What a wonderful way for him and his dad to spend some "boy time" together and get away from the women in the house...LOL We really appreciate the ticket donations!!!” *The Kelly Family*

“My husband and I and our 2 girls went to see Disney on Ice last week, courtesy of Children at Risk and Scotiabank Place. It was a wonderfully magical evening! With a tropical jungle theme, we relived some wonderful Disney stories. The skating and the music were superb. It's the first time in a long time that we've had a family outing where we could simply leave our stress parked at home. Thank you for a wonderful time.” *The Mortimer-King family*

“Thank you so very much for the tickets to see Disney on Ice. It was a wonderful opportunity to go out as a family and share such a magical evening. Celeste was cheering and singing along and was completely caught up in the suspense and action. When she laughed out loud, it was contagious to all those around. Celeste would like to say that she enjoyed the whole show and liked it very much. Her favourite part was TinkerBell. We all liked the show. Disney On Ice was great!! We had so much fun!!” *The Thompson Family*

“Thank you, thank you, and thank you. The Disney On Ice show was wonderful. We all had a great time.” *Jacqueline*

THANK YOU'S (Cont'd)

“A big thank you for the 4 tickets you gave me for the Disney on Ice performance of Wednesday, March 9. A pair of tickets was used by my 5 year old grandson, Tyson and his mother. The other pair was given to a 5 year old youngster and his mother, who would never have attended such an event without your generosity. A big thank you to you and the donors of the tickets. This was a very rewarding situation.” *Cletus*

“I would like to thank you for the tickets we received yesterday for the Disney on Ice show. We had a great time. The show was spectacular and the music was amazing. It was wonderful seeing the kids have a wonderful time together. We really appreciate the donated tickets. Thank you again!” *Sandra*

“Thanks a lot for the tickets and it was so much fun for the whole family. Thanks and have a great day.” *Mohamed*

“Many thanks for the tickets to Disney on Ice -- it was a real treat for the kids and a nice way to spend an evening as a family. Families that struggle with special needs kids often need support in arranging family-friendly activities and tickets such as these help us take the time to have a much-needed break.” *Joy & Family*

“Thank you very much for the tickets, it really means a lot to us, especially for Rahie who is 6 years old. We truly appreciated what you do for us. We had lots of fun. Again we really appreciated it! Regards” *Luna*



“Thank-you for the donation of tickets to Disney on Ice. My boys had a fabulous time and loved every minute of it! I've attached a picture of Dawson and Nolan, you can clearly see the excitement on their little faces:)” *Sheila*

“Thank you so much for the tickets to Disney on Ice. My kids loved it especially Emily. Luc loved the giant octopus and alligator. Theo loved the giant alligator and when Peter Pan and Tinker Bell were flying! The Suite was great and spacious. I could get use to that! Thanks again it was a great outing!!” *Suzanne, Luc Emily and Théo*

THANK YOU'S (Cont'd)

DISNEY ON ICE THANK YOU'S CONTINUE ...

“Thanks so much for the generous donation of 6 tickets to our family. Because of the donation we were able to bring the whole family. It is a rare occasion that we can afford to bring the whole family out somewhere, since outings are expensive, and it is always a risk to bring a child with autism out, since we never know how he will react to things, and if he will enjoy what we brought him to. I am pleased to let you know that he LOVED this show. It was a huge success. He spent the whole time dancing with his brothers to the music, singing along with the music, he was thrilled with the skating and costumes, and was in absolute awe of the lights. It was nice to be able to have the whole family out together and happy. Thanks for giving us this happy memory together!:)” *The Arnolds*

“Dear Children at Risk and The Ottawa Senators Foundation, we would like to express our sincere gratitude for the donation of tickets to the March 12th show of "Disney On Ice". We all enjoyed the show immensely! The kids were so excited that there were bouncing and singing along. Having the donated tickets allowed us all to enjoy the experience in wonderful seats without having to work it into our budget. I now have Disney songs going through my head and a pair of very happy kids. Thank you!” *The Willis Family*

I'm sending this short note to say THANK YOU SO MUCH for the tickets (6) to the Disney On Ice show. I passed them along to my good friend Craig. He, his wife, and the four youngest, of their ten children, went to the show. Afterwards I received a call from the kids thanking me for their "awesome" fun time! I let them know that you had got them into the show, not me, so from their whole family, Brenda, and your wonderful sponsors who supplied you with those tickets, THANK YOU KINDLY FOR THE MOST AWESOME FUN show.!!! *Brian Wall*

THANK YOU'S (Cont'd)



“The Broadfoot family, Dave, Karen, Caleigh and Cheyla would like to thank you for 4 tickets to see the Senators play. We have never been to a game before and it was very exciting. The seats were wonderful...right above centre ice. The kids got to see Jason Spezza and many of the new outstanding players. Mom was also happy to see her favourite Sens player, Chris Neil! We had a great family evening out which is a rare treat for us. Thanks again it was much appreciated!!” *Karen, Dave, Caleigh and Cheyla*

“Thank you so much to the Sens Foundation for the tickets to the Sens game on March 1st. In the past, we've used donated tickets as a reward for our youngest son since being the sibling of an ASD child can be challenging. For the first time, we took the entire family to the game and had a great time!! Our son with ASD thoroughly enjoyed the game, the atmosphere and the entire experience. And when it got to be too much for him, we were able to just leave since the tickets were donated. It was one of the first times we've been able to do something that our younger son enjoys as a family. Thank you again, so much☺” *The Maude Family*

“The outings have always given us a break and the family loves them. We had gone to an Ottawa Senators game. We thank you for all you do.” *Brenda M.*

“For many years our family has helped with the Pumpkin Carving Contests, and over the last two years my grandson and I have helped sell 50/50 tickets at the Senator hockey games. Children at Risk are a wonderful organization who helps many families during difficult times. My grandson and I have received hockey tickets from time to time from sponsors to both the Ottawa 67's and the Ottawa Senators hockey games and we truly have enjoyed these thoughtful gifts. Thank you indeed! ” *Alex and Kevin*

THANK YOU'S (Cont'd)



“Just a short note to thank you for the 67's tickets for last Sunday's game. Paul (and the whole family, for that matter), had a wonderful time watching the game. Paul really enjoys taking in all the action, and the arena is a perfect place for him to work on social skills, adapt to different situations, etc. Please extend our sincere thanks to those who donated the tickets. We will definitely do our best to return as often as possible during the play-offs!” *Sincerely, Kerry*

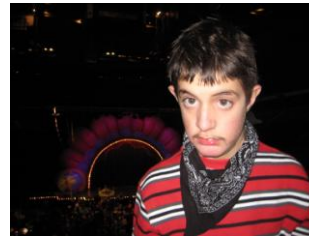
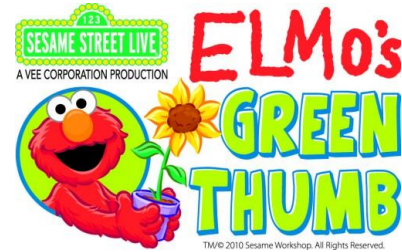
My son Patrick and myself went to the senators game on March 5th. Please thank the sens foundation for giving out the tickets we had a great time even though the team lost. Please also thank the 67's for the tickets we used last year. My son really enjoys the hockey and has a great time at the games. *Regards, Sheryl Kerr*

“Once again, A big thank you for the 2 tickets for the Mississauga 67's game of March 13th. It was a heartbreaker to lose 3-2 in OT, but the boys played well. They will be successful in the playoffs. Your giving of tickets earlier in the season got me attached to the 67's. I attended these games with friends, and always had a good time. Can't wait for the playoffs!” *Cletus*

“I want to thank you, Children at Risk and United Way very much for giving us this opportunity to watch the Ottawa 67 game, our kids really enjoyed the evening and had fun cheering for their team. Once again thank you for letting us have a quality family time.” *The Shaikh Family*

“The hockey match of March 6th, 2011 was probably the best Junior hockey game I saw this season. I gave the second ticket to a disabled friend who really enjoyed the outing. As well, my 2 sons attended the game, and we all had a ball even though we weren't sitting together. Thanks to you and the 67's for providing a very, very good time.”

THANK YOU'S (Cont'd)



“Thanks so much for the awesome Sesame Street Live tickets we received. Denis had a blast and even though he is non-verbal he definitely communicated to us his pleasure by singing and dancing the night away. It was heartwarming to see him so happy.” *Thanks again, Brenda D.*



“Please send our best thanks and appreciation to whoever donated the tickets for Peter and the Wolf. I didn't tell Sammy we were going until more last minute-the eve before. He told me when we were going there that I always make him go to things I like and that he will be bored and not like it one bit. I said probably and he would just need to close his eyes and sleep then and I would wake him up when it was over. Sammy loved those sit down on the carpet chairs with backs-he wanted me to find out where they got them. The 'story teller' as Sammy called him (Samuel Vero, Haitian fellow) pulled everyone into his story with his amusing dramatic actions and the musicians all were so talented. It was great. Afterwards we walked up the stairs to the very top of the balcony as he wanted to see the glass sculptures from the top down. Merçi et Bonne Journée- Thank you ~ Have a nice day.” *Esther*

Thank You

GREAT NEWS!

CHILDREN AT RISK ASD SUMMER CAMP

Children at Risk is more than excited to unveil our 1st All-Day Specialized Summer Camp for children diagnosed within the Autism Spectrum Disorders. Children at Risk's objectives with a Specialized Camp is to provide a recreational camp which, through expertise and proven techniques, will accommodate the deficits of autism such as communication, socialization and behaviour seamlessly whilst allowing the Camper to have the stimulation, excitement and fun that summer camp is renowned for and an understated right of any child regardless of the severity of their disability. Too often children with severe Autism are denied access to programs and/or if access is granted, the parent must pay extra to send a 1:1 worker. This discriminates against a child with higher needs and penalizes both the child and their family by not having this opportunity that is available for typically-developing children!

The Camp would address three main areas:

1. **The Camper** – Provide a safe, accommodating, non-judgmental day camp for the Autistic child. Provide the camper with the opportunity to improve social skills, sense of autonomy, leisure skills and play repertoires and possibly make lifelong friendships. Objectives include:
 - Maintaining or improving the child's functioning level
 - Maintaining or improving existing skills and/or to develop new skills
 - Continuing the child's school program or routine
2. **Parents & Siblings** – Benefit parents by allowing them the reduced stress from knowing that their child is with understanding individuals who will accommodate their child and not expel them from camp for the slightest infraction of social behaviour. This also provides the parent the benefit of knowing that they have a number of weeks where they can maintain their normal working hours and not use up their full annual vacation time to supervise their child. Also to provide families with the opportunity to spend dedicated time with Siblings that in many families, unintentionally suffer due to the demands of the child on the Autism Spectrum.

3. **The Community** – Extend Summer employment to Educational Assistants and provide EA's and Special Education Teachers with appropriate training pertinent to the ASD Spectrum and provide hands on application in real life situations that will benefit all children that they teach and especially those on the ASD Spectrum. Educate younger camp counselors on the complexities of the ASD field and assist to make informed decisions about continuing in this area through higher education for i.e. ABA, OT, SLP employment or hands on activities.

Please join us in acknowledging our 2 main sponsors (to date) who are making Summer Camp possible:

IOKDS
INTERNATIONAL ORDER OF
THE KING'S DAUGHTERS AND SONS



The King's Daughters and Sons (Ottawa City Union)
and



See page 15 and 16 for Camper Application.



A couple of years ago, we were looking for something for our son, Zac to do outside of school and social skills. We wanted to get him on some sort of team that would encourage him to have some heart healthy time as well as incorporate his special needs...it was a tough search. He and his Dad had always talked about hockey but not being able to skate well seemed to put a damper on that idea until we came across the Capital City Condors web site and the fabulous, Jim Perkins. We explained that Zac didn't skate too well and that he had PDD-NOS but Jim assured us that neither of those things would be an issue and that there would be lots of volunteers on the ice to help Zac along. We signed him up and the rest is history.

I should first tell you a little bit about the Condors. The Capital City Condors is a hockey team for youth who have been deemed ineligible to play on any other hockey team in the City of Ottawa due to a disability. Players are from the ages of 6 and up, of all ability levels and are each given a high degree of personal supervision by the Condors on-ice coaches. Some players receive one-on-one attention throughout each session. A "game" consists of on-ice warm-ups and drills, followed by an inter-squad game. Fun, skill development, sportsmanship and teamwork are highly emphasized. Youth of ALL hockey abilities are welcome - the ability to skate at the beginning of the season is not a requirement for registration. The program is highly rewarding experience for the players, parents and volunteers as children who only dream of playing on a hockey team see their dreams come true and their abilities progress.

Zac has been playing with the Condors for 3 years now and the program has been growing ever since. We are now a team of 40 players and have a waiting list of over 15 names. It has been a great experience for all of us, meeting all the families, watching Zac become the best "Goalie" he can be and seeing all the encouragement the on-ice Coaches give all the kids. Last year, the Condors went to a Special Needs tournament in Orangeville, Ontario in late April that housed over 30 teams, this year we are off to Boston, MASS and expect over 60 teams. The kids are super pumped to be going to this tournament; some have been watching their brothers and sisters play at tournaments for years and now, it is their turn. All I can say about this great organization is that it has been great for Zac and I am so happy that we can say that he is #39 on the Capital City Condors!!!

If you want more information, please go to www.capitalcitycondors.org



Disclaimer: This Newsletter is for informational purposes only. Children at Risk does not support, endorse or recommend any method, treatment, product, remedial center, program or person for people with autism or autism related conditions.

ADVERTISING



Providing day and overnight respite care for you and your family



Serving those with Down's syndrome, PDD, Autism, ASD, Global Developmental Delay, ADD, ADHD, Alzheimer's and other Dementia

Destiny's Way Summer Camp runs from July 03 – August 27, 2011

... Horseback riding, nature trails, swimming, arts & crafts, and much, much more ...

Promoting creativity, self esteem, social skills, sensory stimulation, and some good old fashioned fun.

For more information contact:

Jacqueline Mansell RPN, Tel: (613) 314-7477

Email: info@destinysway.ca, Visit: www.destinysway.ca

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Capital Optical
Capt. Sub
Carsafe Winemakers
Carmello's
CD Exchange
Carpet Barn, The

Centretown Paint
Charlie Chan
City Limits Bar & Grill
Clocktower Brew Pub
Commando Paintball
Confederation Place Hotel
Cover Co-Op, The
Cristall Rock Water
Custom Home Interiors
Dairy Queen
Darrell Thomas Textiles
Dart's Sleep World
Denny's
DHM Sports Ltd.
Digby's Restaurant
Discovery Toys
Domino's Pizza-Bridlewood
Don Cherry's Restaurant
East Side Mario's
Embrum Ford
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Extreme Blends
Extreme Rush
Finnigan's Roadhouse
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Flowers Cornwall
Focus Global
Frames by Rockwell
Fresco Café & Grill
Fridolin 2000
Full House Restaurant
Fun Junction
Fun 'n Fashion
Funlight Mobile Laser Tag
Gad's Hill Place
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Genji Japanese Cuisine
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Gillios Unisex Hair
Glebe Fitness
Goodfellow Cleaners
Great Cnd Bungee
Great Cnd Bar/Billiards
Greco Pizza
Green Papaya

Growing Kids
Hampton Massage
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H.E.L.P.
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Marquardt Printing Ltd.
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Memphis Belles'
Merrybells
Mexico Plus
Mezzanotte Bistro
Mini Golf Gardens
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Millenium Roofing
Mister Muffler
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Mukut Restaurant
Multi Leather (Cuir)
Nate's Deli
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New York Fries
Nifty's Antiques & Things
Night Caps Bar & Grill
Novel Idea
Nutri-Land
Nutrition House
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Ottawa Fury Soccer
Otto's Subaru
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Papaya Vert
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Pepper Garden, the
Pembroke Tile, Carpet
Petawawa River Inn
Picture Framing Kanata
Pizza Shark
Pizza Hut
Proshine Carwash
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Quality Entertainment
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Really Lebanese Food
Reset Electronics
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Rink-Pro Sports Inc.
RiverRun Whitewater
Robbie's Italian Rest
Rockport Boat Line
Royal Oak
Safe Air
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Sante Fe Grill
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Smart Shopper
Shaw's of Perth
So Wrong it's Right
Splendid Things
Spinners Diner
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Sun Life Financial
Steve Anderson Kickboxing & Karate
Sunlife Financial
SXS Boardsports
Tae E Lee TaeKwonDo
The Rainbow
The Sausage King
Timothy's World Coffee
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Tri Optical
Trophies and Things
Tucson's
Tweed & Hickory
Tweezers Unisex Hair
Ulrich's Butcher Shop
Ultrasonic Blind Clean
UniGlass Plus Ziebart
Urban Bistro
Valhalla Inn - Toronto
Vinaigrette Eatery, The
Vinbella Winery
Vogue Cleaners
Vorlage Ski Hill
Walkwell Shoes
Walkley Bowling Centre
Waterford Tea Room
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Woody's Restaurant
Yummy Yummy Shawarma
Zola's



Above are just some of the merchants were you can simply "Show and Save" everyday!

Key to the City is a savings program offered to Ottawa Sun e-z pay home subscribers

For a complete printable list of merchants visit www.keytothecity.ca

Catch a Smile!

Friends in SPORTFISHING™ provides recreational boating and sportfishing for children and people with special needs. The organization was formed in 1993 and registered as a charity in 1996.



Friends in SPORTFISHING™ has hosted more than 40,000 guest trips in communities across eastern Ontario over the past years. Guests of Friends come from families, and Seniors' Centres, Special Education Groups, hospitals and daycares. Anyone with an identified special need is eligible to participate, entirely free-of-charge.

The Friends outdoor program was created specially for people whose opportunities in life have become limited due to medical or personal circumstance. It practices catch-and-release fishing and promotes environmental renewal through public education and aquatic restoration programs.

As a charity, **Friends in SPORTFISHING™** relies on community and member participation to deliver its services on a continuing basis. The organization remains active year-round in program development, community relations, promotion, publicity, volunteer training and public education.

Seeing the joy in a child that catching a fish and releasing it back into the water alive leaves no doubt about the value of Friends with everyone it serves. The charity's unique outdoor program really does help people to "Catch a Smile"!

As **Friends in SPORTFISHING™** grows, its plan is to extend to others the same spirit of sharing that people have come to associate with the organization. Requests are now being considered for the formation of chapters in communities across Ontario over the coming years.

A trip may be booked with us at any of these locations by either going to our website, www.friendsinsportfishing.com or calling 613-692-6462.

The Shoppers Optimum Points™ Donation Program - A Unique Way To Support Children at Risk!



WE have a great opportunity for you to support us....made available by Shoppers Drug Mart through the Shoppers Optimum Program™.

BY donating some (or all) of your Shoppers Optimum Points™ to our organization, you are enabling us to use your points at Shoppers Drug Mart® toward the purchase of products and supplies we need for our ongoing fundraising activities.

To donate your Shoppers Optimum Points™, please go online to:

https://www.shoppersoptimum.ca/OptimumTransfer/en_CA/charity.do

YOU will log in, Select Children at Risk and donate! If you are not presently a Shoppers Optimum Member™, you can register right away or next time you are in a Shoppers Drug Mart ask for a card, which will be issued to you right on the spot at no cost.

AS an added incentive – Children at Risk will issue an income tax receipt for any donation over 11,111 points (at the highest redemption, this will bring a credit worth \$20 to Children at Risk)

NOTE: You must inform CAR of your donation and how many points –we get an email notice of a donation, but not who has done it!

With your support, this initiative has the potential for Children at Risk to “optimize” our fundraising dollars through this unique program!



CAMPER APPLICATION FOR ASD SUMMER DAY CAMP 2011

Please complete and submit to register interest – intake meeting will be necessary.

Camper Information:

Name:	Gender:
Date of Birth (M/D/Y):	Age:
Address:	
City:	Postal Code:
School:	Grade Completed:

Diagnosis	
Medication? YES/NO	
Allergies (specify)?	
Epipen needed?	
Other Medical Considerations	

Parent/Guardian Information:

Contact #1:

Name:	Relationship:
Address: (if different)	
City:	Postal Code:
Phone number:	Work/Cell Phone:

Contact #2:

Name:	Relationship:
Address: (if different)	
City:	Postal Code:
Phone number:	Work/Cell Phone:

Registration Information:

Submission of Application form to Children at Risk:

By mail at: Children at Risk, 235 Donald Street, Suite 212, Ottawa, ON, K1K 1N1

By email to: car@childrenatrisk.ca

By Fax: 613-741-5530

Intake Interviews will take place prior to Registration.

Camp Weeks are to be determined – late July or August.

Fees to be determined based on funding still pending.

Help us to get to know your child better!

Please describe your child's needs and existing accommodations for each:

- Communication style and system
- Social interactions
- Stress triggers
- Repetitive behaviours
- Behaviour management protocols currently used and specify target behaviour
- Calming activities/Motivators
- Interests/Strengths

If you answered YES to any questions below, please explain:

Does your child need one on one support?	YES	NO
Has your child been physically aggressive toward others?	YES	NO
Is your child a runner? Any Safety sense?	YES	NO
Has your child attended camps before?	YES	NO
Does your child need assistance toileting/eating?	YES	NO
Does your child wear any assistive devices? (Glasses, retainer, etc.)	YES	NO

Sensory Input (hyper or hypo sensitivities): How does your child react to:

- Visual stimuli
- Sense of smell
- Tactile defensiveness
- Auditory