



**NEWSLETTER
SEPTEMBER 2008**

Issue #44

235 Donald Street, Suite 212
Ottawa, Ontario K1K 1N1

Tel: (613) 741-8255

Fax: (613) 741-5530

Email: info@childrenatrisk.ca

Web: www.childrenatrisk.ca

Charitable Registration #
10691/3775/RR/0001

Our Mission Statement

To provide services and programs to families of children diagnosed within the Autism Spectrum Disorders to develop their child's behavioural, communication, and social skills, and to advocate for their ongoing needs.



MARK YOUR CALENDARS

- 13th Annual Celebrity-Carved Pumpkin Contest – October 23-25
- Fall MacMillan's Campaign - November 4
- Rollin' for Risk Bowl-A-Thon - January 18, 2009
- 8th Annual "Rockin' for Risk" 50s/60s/70s dance - March 28, 2009

PRESIDENT'S MESSAGE

Greetings to all! Every year September brings busy times for all. This means back to school, kid's sports, dance, music, activities and more. Oh yes, another Federal Election! I hope whoever is elected, puts Autism and Autism research in their financial plans – make sure to tell all the candidates canvassing for your votes this is one of YOUR priorities!

The purpose of Children at Risk is to improve the life of children with Autism and their families - improve awareness by the public and governments of the issues associated with Autism.

What we are trying to achieve:

- Connect people and programs.
- Fill in the gaps in services provided by publicly-funded agencies.
- Become a clearinghouse of information on Autism.
- Be of service to those working on the front lines of children with Autism.
- Make Autism a national priority.
- Work to inform and influence public policy.

For whom:

- Children with Autism, their families and relatives.
- Teachers & Educational Assistants.
- Therapists & Special Needs Workers.
- Guidance counsellors.
- Anyone else affected by or potentially affected by Autism.

To achieve these goals, a great amount of funding is needed. Most Children at Risk money is generated through fundraising & donations with some coming through grants that have to be researched out by your Board of Directors. If you know of any companies that are looking for a charity to donate money to or set up grants for or have fundraising events for, please contact our office.

Wishing everyone well in the future,

Paul Lacroix, President, Board of Directors

2008/2009 BOARD OF DIRECTORS

President	Paul Lacroix
Treasurer.....	Lesia Gilbert
Secretary	Amanda Telford
Director.....	Hazel Smith
Director.....	Robert Jaffray
Director.....	Andrea Mailhot
Director.....	Diane Theron
Director.....	Mark Lalonde
Director.....	Stephanie Casagrande

MEET OUR NEW BOARD MEMBERS!

ROBERT JAFFREY

Rob is the parent of a child with autism. He has extensive work experience in community development - he worked as an Economic and Tourism Development Officer with the Government of Nunavut for 13 years. Within that position, he wrote funding proposals for private and government grants and loans, assisted small business owners with business plans and bookkeeping, and promoted tourism industry in the region. He served in several positions on community boards, e.g. Treasurer for the local Radio Society. He has a degree in Commerce with a major in Marketing and minor in Accounting and is currently working for Statistics Canada. I know he has the skills and passion to serve the board well and to contribute to Children At Risk! (submitted by his wife, Jodi)

MARK LALONDE

Mark has lived in Ottawa for the past 14 years. He works at a financial institution. He is married with two children. His older daughter, Holly, was diagnosed with PDD-NOS five years ago. Mark has participated in a number of CAR events over the years and he wanted to take a more active role with the group. Mark hopes to use his business experience to promote Children at Risk and the great efforts the organization makes to help families with children on the Spectrum in Ottawa.

ANDREA MAILHOT

Andrea Mailhot is a certified yoga teacher for both adults and children. Currently she is attending Algonquin College part-time to get her certification in Autism and Behavioural Science. She has two boys – one with Asperger's Syndrome. Andrea is excited about helping out Children at Risk. When not working, she stays active in the community by doing Canal Patrol during the winter and is a Director for the Ottawa Inline Skating Club.



MEET OUR NEW BOARD MEMBERS! (Cont'd)

DIANE THERON

I am blessed to be a mother of two healthy daughters - one of whom is at university at MacMasters and the other who is a high school student at St Pats. Originally from South Africa, I am eager to give-back to my adopted country. My strengths probably are strongest in marketing and networking. Currently I am employed with The Ottawa Sun and take every opportunity to give Children at Risk exposure and support!

STEPHANIE CASAGRANDE

My name is Stephanie Casagrande. I was born and raised in Ottawa (Nepean) and attended Carleton University where I studied Psychology. I am currently employed as an Educational Assistant with the Ottawa Catholic School Board and also as a social service worker with Ottawa Carleton Association for Persons with Developmental Disabilities (OCAPDD) and with Therapeutic and Educational Learning Centres (TELCE). I have worked and volunteered in the social services field and educational field for almost 20 years working with children and adults having a multitude of special needs, both developmental (including autism) and physical. I am pleased and excited to have this opportunity to participate on the Board of Directors with Children At Risk for both professional and personal reasons. I am interested in helping out in any way I can to give back to the Ottawa community especially in the area of autism, an area that my work has been centered around for many years.

Recently I have been more personally affected in this area as just this summer my nephew was diagnosed with autism. My own family has learned firsthand the challenges when trying to get referrals and obtain services for my nephew and the limited resources out there in the Ottawa area. Children At Risk is an organization that is working to improve the availability of these services and that in itself is a cause to believe in and support. As I did some research as to what Children At Risk is all about it became apparent to me how positive and supportive they are for our community. I look forward to being a part of and contributing to all that positive and productive energy.

EXECUTIVE DIRECTOR'S MESSAGE

Submitted by Brenda Reisch

Although many mark the start of the year on January 1st, for Children at Risk it seems like we begin on September 1st! We embark on a new year of Social Skills Groups, Sibling Support Groups, Fundraising events & activities, workshops & seminars, ticket donations for shows – and so much more!! I know for many families raising a child with Autism, this return to schedules and routine is often a welcome change from the unstructured days experienced during the summer. We look forward to connecting again with our families by telephone, email and in person as they attend events or volunteer for activities.

On a personal note, many of you are aware of the challenges that my own family has been experiencing with our 15 year old ASD child, Ian. Ian's behavioural issues escalated this summer to violence, resulting in a long period of hospitalization and on-going treatment. We were very grateful to receive many messages from the Autism Community families, expressing concern for Ian. However, what surprised me the most were the number of other families that had had to turn to 6 East at CHEO and the Dual Diagnosis Clinic in the past year or so. One psychiatrist at CHEO quoted to us that there are an estimated 7,000 children in Eastern Ontario alone that could benefit from this intervention, with only 150 being able to be served at a time with the funding available. Most of these 150 are crisis situations similar to my own. Treatments like these are under Mental Health Services and these statistics prove that this area is critically under-funded. More and more families with ASD children are having to turn to these supports to manage their children's behaviours – yet most can only be accommodated when their child is crashing and burning. Funding for respite and placements comes only from the Ministry of Community and Social Services/Ministry of Children and Youth Services – also distressingly under-funded, proven by hundreds of families still on a wait list for Special Services at Home funding. It was shocking to discover that treatment in this area can only be done on an outpatient basis, as CHEO can only provide containment and assessment.

EXECUTIVE DIRECTOR'S MESSAGE (Cont'd)

It has become very clear to me that the need for a treatment facility in Eastern Ontario should be included in all our wish-lists of services for ASD children. Oh – and never underestimate the power of “going public” with your message of need!

Timely, as well, is the visit by Dennis Debbaudt, through the RCP Program at Autism Ontario. The reality of having a child that might have to be handled by police or emergency personnel has also hit home personally. Educating these professionals on Autism and the presentation/treatment of these children, youth and adults needs to be priority one. In addition, we as parents need to do our part in completing the enclosed Autism Risk & Safety Management sheet and signing up for 911 Voluntary Response Program (when available).

The answers to some of these funding shortages are not easily found. However, although funding for most of these services comes at the provincial level, take the time to look closely at the platforms of candidates for the Federal Election. Party policies start at the top and filter down to the provinces – make sure whomever gets your vote has funding for medical and social services as high priorities. Individually our voices are small, but together the strength of their volume can be heard loudly and clearly!

BIRTHDAY BONUS FOR CHILDREN AT RISK



Patricia Lindsey was not surprised (but very proud) when her high-functioning ASD son, Nicholas Lindsey-Clark, made a request for his 13th birthday on September 14. Nicholas decided that he did not want a big party or lots of presents. What he asked his friends to do was give him money that he could donate to Children at Risk! Smiles were all around when Nicholas happily gave \$75 for our charity. Please join me in wishing Nicholas a very happy Birthday!!

FUNDRAISING UPDATE

Submitted by Brenda Reisch, Fundraising Chairperson

UPCOMING EVENTS/ACTIVITIES SINCE JUNE 2008...

What Happened:

AUTISM COMMUNITY ANNUAL FAMILY PICNIC & 13th ANNUAL CHILDREN AT RISK RAFFLE DRAW - Sunday, June 22, 2008

Despite the threat of rain (what else this summer?!), the Autism Community Annual Family Picnic at Brewer Park was a great success! Many thanks to all the terrific volunteers (organized by Janet Kooiman) who came forward to help stage this “rite of passage” into summer event. We also want to express our appreciation to **Autism Ontario’s RCP Program** and the **Ottawa Chapter** for funding the very popular inflatable structures from Circus Delights! Donations from companies included **Enbridge Consumer’s Gas** (BBQ & cooking), **Loblaws South Keys** (pop), **PlaSmart** (Plasma cars), **Weston Bakeries** (buns), **Bulk Barn** (jelly-beans for guess contest done by Merle Hagerman), **Tiny Hoppers** (certificate donations), **Humpty Dumpty** (chips), **HOPE** (t-shirts), **A&P Hunt Club** (ice) and the **Tunis Shrine Klowns**. New this year was the “pick n’ pay” table of gently used toys and items –thanks to Hazel Smith for running this activity and for bringing another small inflatable from the Riverside South Community Centre!

Here are some comments:

The picnic was awesome, as usual! :>) My thanks to the volunteers and crew also! My son was having way too much fun in the blow-up castle. He also enjoyed the cotton candy. The poor volunteer who was in charge of it kept getting pieces of cotton candy blown in his face by the wind. My son said he looked like Santa Claus - very cute! Kudos to the excellent group of volunteers, and to all the great people we met!

The day was glorious after all and the kids really enjoyed the cooling off at the water park. My son really enjoyed the exploding water balloon toss as he pegged me with pinpoint accuracy. I rinsed off by twisting my body 360 degrees before we biked home.

FUNDRAISING UPDATE (Cont’d)

AUTISM COMMUNITY ANNUAL FAMILY PICNIC & 13th ANNUAL CHILDREN AT RISK RAFFLE DRAW (Cont’d)

Along with the Picnic, we drew the 13th Annual Raffle Prizes – with 38 delighted winners! Although we did not quite sell out (we had printed more this year!) we did raise over \$6,700 for Children at Risk’s programs!! A list of the Raffle Prize Winners can be found at the end of the newsletter.

CANADA REVENUE AGENCY GOLF TOURNAMENT

Once more the Technology Services Division of the CRA has generously chosen Children at Risk as recipient charity for its annual golf tournament. Parent Randy Fix recently contacted me to present a cheque for \$5,365! Hats off to Randy and his group for 3 years of supporting the cause of Autism and for donating such outstanding funding!!

ADESA OTTAWA’S 19TH ANNUAL GOLF TOURNAMENT - September 8, 2008



Children at Risk was thrilled to receive a call earlier in the summer from **Teresa Runoh** of **ADESA Ottawa**, a division of **ADESA (automobile) Auctions Canada Corporation**, inviting Children at Risk to be this year’s recipient charity from funds raised by their annual Golf Tournament! Every year, this community-minded business (headed by **General Manager Joanne Marzsin**) encourages their employees to dedicate a great many hours and effort to help local charities by staging an annual Golf Tournament and donating all funds raised!!

FUNDRAISING UPDATE (Cont'd)

ADESA OTTAWA'S 19TH ANNUAL GOLF TOURNAMENT (Cont'd)

Teresa's committee included ADESA employees **Renate & Georgette** – plus numerous other staff who set their daily work aside to volunteer on golf day. Although the number of golfers was down a bit and the rain moved in with 6 holes to go – Children at Risk was presented a cheque for **\$14,000** at the evening dinner!! Special mention to Master of Ceremonies A-Channel's **Kurt Stoodley** and to **OPL Rental Properties** for the donation of a 100-level Sens Suite that fetched \$3,500 in the live auction. We also want to thank 9 year old sibling **Jasmine Smith and her 6 year old ASD brother**



Keelan – Jasmine made her 1st public speech for Children at Risk to a room full of golfers, with not a dry eye in the house. She also helped to sell 50/50 tickets before the dinner. Please join me in thanking ADESA Ottawa for this phenomenal initiative and an outstanding opportunity to raise

funds for our charity!

6TH ANNUAL SPIRIT ULTIMATE TOURNAMENT – September 13, 2008

Courtesy of our charity partnership with **Rogers TV**, Children at Risk was honoured to be chosen this year as one of 4 recipient charities for **The 6th Annual Spirit Ultimate Charity Tournament!** Along with the Anxiety Disorders Association of Ontario, the Christopher Powel Carpe Diem Bursary and the Jennie James Depression Research Fund, Children at Risk volunteers enjoyed an excellent, non-rainy day of helping at this great Frisbee Ultimate Tournament. Hats off to organizers **Amy Read** and **Anita Szerze** for their exhaustive efforts on behalf of these smaller, local charities dedicated to mental health issues in our community! (No amount raised yet available – will update next issue.)

FUNDRAISING UPDATE (Cont'd)

OTTAWA AIRPORT AUTHORITY'S PROJECT CLEAR SKIES "PLANE PULL"

On Saturday, September 13th, Children at Risk was invited to participate on the first "Project Clear Skies" Team for their **3rd Annual Plane Pull** fundraiser for Project Clear Skies and United Way/Centraide Ottawa. This event took place at The Canada Reception Centre near the Ottawa International Airport and involved Teams playing tug-of-war with a FedEx Boeing 727-200 to see who can pull it 3.5 metres or 12 feet the fastest!

Many of Children at Risk's members and supporters are aware that our charity has received phenomenal support from the **Ottawa Airport Authority's "Project Clear Skies"** initiative. This charitable support was set up to provide funding for capital expenditures and projects for local, registered charitable organizations. Since 2004, Children at Risk has received grants close to \$16,000 (including a recent donation of \$1,000), enabling the purchase of equipment and supplies to facilitate the delivery of our social skill and sibling support groups. It is an outstanding source of funding that is usually not available for charities – most grants are for services (like the fuel for the car – but you need the car to make it run!).

We want to thank our puller-parents, strongmen **Don Hackett** and **Mark Walker**, along with our Board of Directors Secretary, **Amanda Telford** and Webmaster **Jason Dever** for representing Children at Risk at this fun fundraising initiative. Many thanks as well to Project Clear Skies for providing such phenomenal support to Autism through Children at Risk!



Ann Tremblay from the Ottawa International Airport Authority presenting \$1,000 cheque to Brenda Reisch for gross motor games and equipment.

What is On Now/Coming ...

2008/2009 ENTERTAINMENT COUPON BOOKS



They are here! For only \$35, you too can own this premier discount coupon book that can save you hundreds (even thousands) of dollars on dining out, fast food, services, merchandise, sports and recreational activities.

See the attached list of Quickie Convenience Stores that will be selling the book for Children at Risk until January or through our offices (613-741-8255). The book is also available through parent **Merle Hagerman** in the Centrepoinette area (613-226-4982) and at the **Kanata Optometry Centre**, 99 Kakulu Rd. (613-592-6193), as well as **Pflug Optical**, 1580 Merivale Rd. (613-723-2766). They make great stocking stuffers and books are available for other major cities like Montreal and Toronto!

DONOR'S CORNER

Cornwall Mazda.....	\$200.00
Children's Cranial Network, courtesy of Ottawa CranioSacral Therapists.....	\$215.00
Workplace Safety & Insurance Board Staff Association.....	\$279.23
Guy Seguin – Redsell-Seguin Financial Services.....	\$500.00
Wilfred Wilhelm.....	\$500.00
Mapleview Golf & Country Club – Men's Night.....	\$685.00
Gloucester North Lions Club.....	\$1,000.00

13th ANNUAL CELEBRITY-CARVED PUMPKIN CONTEST – OCTOBER 23-25

It is that time of year again – October is Autism Awareness Month and Children at Risk's Celebrity-Carved Pumpkin Contest!

Our event runs from **Thursday, October 23th to Saturday, October 25th** in 4 Shopping Centres. In order to make this event a success, we need many volunteers to come forward to man the displays.

This fundraiser is one of the most high-profile events for Children at Risk, raising not only valuable funds but awareness and support! Many hands are needed, so please check your schedules and give a little time, even a few hours!!

Here are the Mall requirements:

Merivale Mall

Thursday, October 25th – 10 AM (reception) to 9 PM
Friday, October 26th – 9:30 AM to 9 PM
Saturday, October 27th – 9:30 AM to 5:30 PM
Please contact Hazel Smith at 613-822-9399, email hazeljaz@rogers.com

Place d'Orleans

Thursday, October 25th – 12 NOON to 9 PM
Friday, October 26th – 9:30 AM to 9 PM
Saturday, October 27th – 9:30 AM to 5:30 PM
Please contact Andrea Allingham at 613-824-7919, email Allingham@amadha.ca

Carlingwood Shopping Centre

Thursday, October 25th – 12 NOON to 9 PM
Friday, October 26th – 9:30 AM to 9 PM
Saturday, October 27th – 9:30 AM to 5:30 PM
Please contact Alison Armstrong at 836-4742 (h), 613-941-6686 (w), email Armstrong.alison@ic.gc.ca

Lincoln Fields Shopping Centre

Thursday, October 25th – 12 NOON to 9 PM
Friday, October 26th – 9:00 AM to 9 PM
Saturday, October 27th – 9:00 AM to 5:30 PM
Please contact Angele Jodouin at 302-5943, email: fhf@rogers.com



**LOVE HOCKEY?
LOVE A GREAT DEAL?**



Get Your Tickets For The Ottawa 67's Mascot Madness Game - Sunday, November 2, 2008 at 2 p.m.

The Ottawa 67's play the Owen Sound Attack at the Ottawa Civic Centre.

All tickets are discounted to \$10/person.
That's \$5 OFF the normal adult ticket price!
(\$2 off a child's \$12 ticket)

Children at Risk has been invited to join a fundraising event with the Riverside South Community Association! For every ticket sold through Children at Risk, the RSCA will donate \$1.50 to our charity. RSCA will only raise funds for themselves if they sell over 500 tickets – but they have graciously GUARANTEED Children at Risk the \$1.50/ticket, no matter how many are sold!!

Mascots from the teams & businesses in the Ottawa area will be there to cheer on the game. There are also some fabulous PRIZES associated only with these tickets/seat numbers that will be announced between periods.

1st prize – Free usage of a suite that seats 10 people at a future game - would make a great birthday party idea.

2nd Prize – Hockey Helmet signed by the Ottawa 67's team.

3rd Prize – 5 tickets to a future game.

Other prizes include Hockey sticks signed by the team and fun hockey items. Some lucky individuals will also be picked to have their photographs taken with the Players and the Ice Dancers following the game.

Tickets will be available only until Monday morning, October 27! To get your tickets you can:

Call Children at Risk – 613-741-8255

Email Children at Risk – info@childrenatrisk.ca

Arrangements can be made for payment, pick-up/ shipping of tickets.

This ticket opportunity is available to everyone, so please pass along the opportunity to family, friends and co workers. You can also help out by putting up this notice for the event at your office, emailing your address book, etc. **LET'S GO – 67'S!!!!!!**

**UNITED WAY/CENTRAIDE OTTAWA
CAMPAIGN INFO**

As this years' campaign kicks off, we wanted to remind everyone that charitable donations through United Way can be directed to your charity of choice, whether they are a United Way charity or not. We welcome the direction of your contribution to Children at Risk to support the services and programs we provide for families raising a child with Autism! This way you can contribute to a workplace campaign and support Autism, as well!

Specifically, you need to list:

Name: Children at Risk, Ottawa

Revenue Canada Charitable Registration Number: 10691/3775/RR/0001

While CAR does not receive direct funding from United Way, our last bi-annual cheque from these directed contributions was over \$3,300! If you have any questions or require additional information, do not hesitate to contact our office! Please note that when donations are received this way, the donors are not identified. Feel free to let us know if you have contributed to our charity in this manner and accept our sincere appreciation for those who remain supportive, but anonymous!

RESOURCE CORNER

Submitted by Liz Schissler, Social Skills Group Facilitator

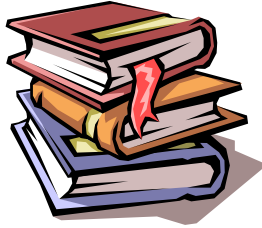


Websites: The following websites offer on-line purchasing of toys and resources. Discovery Toys now has a line of toys specifically for children with autism. Wintergreen has a wide range of educational materials and gross motor toys that are expensive but very durable.

<http://www.discoverytoysinc.com/autism.htm>

<http://www.wintergreen.ca/>

RESOURCE CORNER (Cont'd)



Books: The following books were recently recommended to me by colleagues. Some of the books are specifically written for children whose siblings have ASD, some for those with Asperger's, while others are written to help friends and family gain a better understanding of the challenges faced by individuals with ASD. Many of these books are available on amazon.ca or through Parent Books or Autism Awareness.

“Everybody is Different - A book for young people who have brothers or sisters with autism”
Written and illustrated by Fiona Bleach (2001).

“A is for Autism, F is for Friend - A Kid's Book on Making Friends with a Child Who Has Autism”
Written by Joanna I. Keating-Velasco (2007).

“Can I tell you about Asperger Syndrome? A guide for friends and family”
Written by Jude Welton (2003).

“How to Be Yourself in a World That's Different: An Asperger's Syndrome Study Guide for Adolescents”
Written by Yuko Yoshida (2007).

“A 5 Is Against the Law! Social Boundaries: Straight Up! An Honest Guide for Teens and Young Adults”
Written by Kari Dunn Buron (2007).

McGILL STUDY ON MUSICAL PITCH PROCESSING

Children with High Functioning Autism and Asperger's syndrome often demonstrate high skill levels in many areas despite their problems with language and social functioning. One such area in which many autistic children excel is in the area of musical pitch processing. I invite you to consider your child's participation in a study on this topic conducted by myself Sandy Stanutz, Ph. D. student McGill University, Schulich School of Music. In particular, I am interested in studying the manner in which autistic children process musical information, their ability with regard to musical memory and pitch discrimination.

I am looking for children with high functioning Autism, Asperger's syndrome or Autistic spectrum disorder who do not have a dual diagnoses of ADHD and who are between the ages of 8-12. The children must not be taking private music lessons.

Children will perform two musical listening activities of approximately 18 minutes each administered on two separate days. The tests will be administered in my home at a time convenient to you. Your child will listen to musical tones and short melodies via headphones and respond using a computer. Every effort has been taken to make the task as non-verbal, as possible to accommodate the learning style of autistic children.

Generally, children enjoy completing the tasks of the study. All Participants will be given a gift for participating in the study. It is my hope that by studying the musical processing of autistic children we will be able to understand more fully the abilities of those children. Implications of this type of research may contribute to a broader understanding of why language develops atypically in autism.

Finally, by focusing on the abilities of those with autism we can cast a more positive light on this developmental disorder. Please contact me for further information.

Sandy Stanutz, PH.D. a.b.d., McGill University
phone # 613-692-1529, email: manartsc@magma.ca



SIBLING SUPPORT GROUPS

In response to expressed interest by the Autism Community, we are once again offering our “**Sibling Support Groups**”!

For those of you not familiar with sibling groups, these groups are for children whose brothers or sisters have communication disorders. The groups bring children together in a relaxed and recreational setting. Participants have the opportunity to discuss feelings, family relationships as well as successes and concerns. These groups also encourage children to share ideas, strategies and information. For many siblings it provides a valuable peer support group.

We will be running only one group – “Older Siblings” (ages 8-13)

Starting Saturday, October 25 –
10 AM to Noon - 7 Sessions
(October 25, November 1, 8, 15, 22, 29 December 6)
Group Facilitators: Lisa Gregory & Serena Bebee

A registration fee of **\$75** per child will be charged which will include snacks and craft materials. In addition, interested families are **required** to be members of Children at Risk- a membership form is enclosed for those who are not currently members. A current membership is required for insurance coverage for our groups (\$20 annually).

Both of the facilitators have worked with children diagnosed within the Autism Spectrum Disorders and have an appreciation of communication disorders and the impact on families.

The group will be held at the Children at Risk offices at 235 Donald Street, Room 212. To register or to get further information, please complete the attached Registration Form and fax or mail it back to Children at Risk, 235 Donald St., Suite 212 Ottawa, Ontario, K1K 1N1, along with your payment For more information, please call Brenda Reisch at 741-8255.

(see last page for Sibling Registration Form)

SOCIAL SKILLS GROUP- 10TH SESSION

Four information evenings were held for parents following each of the Spring Social Skills Groups. These groups were provided with funding from the Realize Community Potential Program, Social Learning Opportunities through Autism Ontario.

These parent evenings proved informative and valuable for those who participated. There were several key purposes of these evening sessions. These included reviewing current approaches to social skill training, recapping the goals and objectives within the groups, reviewing some of the strategies and activities in place within the groups, reviewing a written summary of group progress, presenting some of the resources available, and providing an open forum for discussion and sharing of ideas among the parents. Copies of pertinent information were provided to parents. As well, some groups had opportunities to view video clips and training DVDs.

Both the parents and the facilitators agreed that the information evenings were beneficial and successful in achieving these objectives. From the facilitators’ perspective, it was advantageous to have the opportunity to review the final summary report directly with the parents and to have the opportunity to answer questions and provide further elaboration on certain tasks and activities.

The written feedback from parents was positive; parents reported that they gained a better understanding of the program and gained insight into their child’s behaviour in the group setting. Parents also appreciated the opportunity to share information with each other. For complete summaries on the 10th sessions, check out our website at www.childrenatrisk.ca

Thank you again to Autism Ontario, Realize Community Potential Program, Social Learning Opportunities for this valuable initiative.

Nancy Haans
RCP Coordinator
Ottawa Chapter

613.230.6305
nancy@autismontario.com



AutismONTARIO.com



REALIZE COMMUNITY
POTENTIAL PROGRAM

For information on upcoming events check out
AutismOntario.com.

I wrote this for my daughter's school - from her eyes and it seemed to help.

To Whom This May Concern:

All about Chantel

I was born in Saint John New Brunswick, on January 15, 2001. My biological parents were both ill and couldn't take care of me so they asked my biological uncle and aunt to take care of me. They are now my mom, and dad. I also have a sister named Kristina and she is 21 years old. She lives with my biological parents in St. John, N.B.

I was born with an exceptionality call PDD and it's a little of Asperger and a little of ADHD. I have tried medication and it was not working for me it made me more anxious and emotional. My parents are trying to get more help for me and they will try something else because none of the medication worked for me so far. I will need to be tested again and maybe we will get a better understanding of my exceptionality.

As far as I know I do not have a learning problem, I am very smart and enjoy learning. I can read very well, I love to draw, and do crafts. As you get to know me you will see that I am smart and can learn well in a safe and happy environment. I am a lot like a normal child but have sensory issues. Please treat me like a normal child except where I need more understanding. I do not need pictures to tell me where to sit, where to hang my coat or put my shoes away. I can read my name just like other children do. I feel like a baby when this happens, and it also makes me feel like people think I am stupid. I might need some reminders to put my shoes away etc. Please do not seat me away from the other kids because this will make me stand out and kids will treat me differently. I feel very embarrassed and I feel very sad and stressed. I may need to sit in the back row of the class but not by myself. This will help me not get so distracted when I hear noise or people talking. I can't write for a long period of time because my fingers get sore. So please be patient with me.

I have an eating disorder and I don't like the taste, texture, of a lot of foods. I do eat some foods but very little. I like to lick some foods but don't like the feel of that food in my mouth. My parents send foods they think I would try or with food I like. I drink an Ensure drink with soya milk and soya milk, I also have juice. I am such a picky eater that sometimes they will give me foods that are not always good for me, but that is when my parents are concerned and desperate that I need more food. Some foods will constipate me and I often have to go to the bathroom. I like to go to the bathroom by myself because it embarrasses me if someone is with me. Sometimes it is hard for me to get it out, so it will take a long time and sometimes I have to go again. So please be patient with me.

I have a lot of sensory problems and sometimes it will make me anxious. Things that will bother me are sometimes the lighting in the room, the noise, if it's too hot, my body temperature is a real problem for me, sitting too long will bother my legs, and bum, some sport games will hurt my legs and too much walking, I can't write for a long time, my fingers get sore, if someone gets into my personal space, or if I am hungry. When I am in a room and there are a lot of people I can also become anxious. If objects go by me to fast, this can make me stress. I also get anxious when I misunderstand things or just don't get it because sometimes it is not logical to me, so I get anxious when people misunderstand me. They call this my social skills and I need help with this. If my feelings get hurt I can get very verbal and sometimes this gets me in trouble.

Sometimes people tell me I said something wrong but I don't always believe that I did, I just don't get it. I am not lying I just don't remember or see that I did anything wrong. When I ask someone to play and they say no, it is not logical to me and I just play with them anyway and they become angry with me and I don't understand why. When I get angry I say things that are inappropriate and get in trouble please help me with this. Don't be shocked, just use positive reinforcement and please do this calmly. I know I need a lot of patience, and I also need your help.

When I get anxious be patient with me, I don't always realize that I am anxious because I still don't understand why I get anxious. I am still learning about all of this. When I do get anxious sometimes I can tell you and sometimes I act out because I don't realize that I am anxious I get loud verbally by saying things out loud, and laugh out loud when no one is saying anything funny, I just laugh out loud. I can also do these things when I am excited. Please forgive me when I do this. I get embarrassed easily and sometimes I get embarrassed when my sensories are out of control and I don't know what to do. I don't like it when I am upset or anxious, for anyone to touch me, or speak in my ear, or speak loud to me when I am in this state because it only makes me more anxious and takes longer for me to calm down. I hate having someone constantly talking to me in class, for instant Chantel does not like a teacher or EA constantly tell her to stop her behaviour while in class it will embarrass her and also invade her private space, she will have a meltdown, it is better to take her out of the situation with a positive redirection (send her to do a job or make up one) example: send her with a pretend letter for the office staff and the EA can go with her and speak softly to her to remind her not to do what she was doing to interrupt the class. She may not get it at first but give her an example. Make it sound like she needs to do this and it won't cause a meltdown it will prevent one from happening. When I am having problems in school, please do not take my recess away as a discipline because this is the time I need to de-escalate, when you do this it will cause a meltdown. Always use positive reinforcement when I need discipline.

When I have a meltdown, I need quiet time to calm down and get my sensory under control. I need anywhere between 10 to 20 minutes to calm down. Things that help me to calm down are doing summersaults, playing computer games ,walking, drinking water helps keep my body temp down, so I like to have water at my desk to help keep me cool and it also keeps me busy when I am anxious. I need someone with me when I have to leave the classroom but please let me calm down before you speak to me.

I hope this year I will have a better one, because last year I left school feeling very stressed and hating school. All I need is a little patience, understanding, and compassion. I wish other could walk a mile in my shoes and have a better understanding of how I feel and see things. When things bother me at school I usually do not tell anyone except my mom. I am afraid that people will not understand. It has been my experience in other schools. So please help me to share with you some of my feelings, help me feel safe so I can come to you.

AUTISM ONTARIO - DENNIS DEBBAUDT PRESENTATION

On Wednesday, September 16, Autism Ontario's Realize Community Potential hosted an information seminar by Dennis Debbaudt. This was a follow-up to an Autism Ontario presentation this summer for COMPAQ, which is a committee organised by the Ottawa Police Service Diversity and Race Relations Section and representation of community organizations within Ottawa. Dennis is a member of the International Law Enforcement Educators and Trainers Association (ILEETA) and has trained with the New York Police Department Emergency Service Unit. As a parent of an ASD child, he became the first to address the interactions between law enforcement professionals and people with autism. Since then he has become known as the world's leading authority on the development of curriculum training tools and techniques for law enforcement professionals, as well as educating parents, professionals and caregivers.

The morning presentation was tailored to parents and professionals, educating them about how parents can assist and educate Law Enforcement etc. As many parents weren't able to attend this presentation, we are bringing the information to you in this article but if you would like to view the video shown and read many other related topics you can check out Dennis's website at: <http://www.autismriskmanagement.com>. Or if you would like a copy of the presentation handouts please email nancy@autismontario.com.

The afternoon was dedicated to Police and Emergency professionals and responders. Most of them indicated that it was the first time those attending the workshop were receiving information on how to interact with those on the Autism Spectrum. Currently it isn't a topic included in the Police Academies and veteran officers aren't being given any during their ongoing training. The good news is that as a result of the 16th September workshop the Ottawa Police Service Diversity Section is developing an internal committee to review the information they received and how to best deal with the issues raised. This has wide coverage to all Police departments and the 911 Responders have added themselves to the committee.

In the meantime, we are strongly recommending that the Autism community identify how we, as parents, can help those that come out to help us through 911 response and other potential legal infraction situations. This is voluntary so it is up to yourself to implement at what level you are comfortable with. All of this information is applicable at any age for ASD children and adults.

Put **ICE** in your cell phone. **In Case of Emergency** is becoming a known standard in North America so add at least ICE1 and ICE2 on all the families cell phones. As unpleasant as it is, think of the worse case scenarios that can happen in life. House fire, car accident, lost. How would your child react in these situations, especially if you weren't there or were incapacitated in some way? What would you want complete strangers to be aware of in the best interests of your child?

Now take the time to complete the following, adding in anything more relevant to your personal situation and that of your child such as family outside of area, child's guardian, custody issues etc.

1. Name: Full legal name and any nickname they liked to be referred to as.
2. Current Physical Description including: Age, Height, Weight, Hair colour and length or style, Eye colour, scars or identifying marks.
3. Medical Condition – description.
4. Name of Parents and/or Care Providers.
5. Addresses of both.
6. Phone Numbers – Home: Work: Cell: Pager etc.
7. Emergency Contact 1st. Close to Home 2nd Doesn't have to be close but take into consideration that you need contact coverage 24 hours and 7 days a week.

8. List sensory, medical or dietary issues – medications, dosages and frequency etc. pharmacy where refills can be obtained. Name of Doctor and phone number. Any restraint issues and pain awareness levels.
9. Inclination for elopement or any atypical behaviour that may attract attention.
10. Favourite attractions and locations where child maybe found i.e. local parks, video stores. Also list dangerous locations that attract.
11. Favourite toys, objects, music, movies, sports, discussion topics that someone could have to calm or gain trust.
12. Physical likes, dislikes and approach and de-escalation techniques.
13. Method of communication, if non verbal, sign language, PECS, written word.
14. ID wear – Jewellery, tags, written on clothes, non permanent tattoos (location of these) back of shoulder blade if they will rub it off.
15. Map & addresses as a guide to nearby properties with water sources or dangerous locations highlighted. Location of school and favourite parks.
16. Blueprint or drawing of home layout with person's bedroom and favourite places including hiding places highlighted.

Take a digital picture of your child. Take one of the immediate family and one of any pets. Update this annually or in the event of a hair style change.

If your child is non verbal, make copies of PECs that can be used by someone not used to this media to explain that you might be hurt, that the child should remain calm and what will happen next and allows the child to respond or ask questions. Include the picture of the family with this. Get someone else to review what is written so that you haven't forgotten the obvious and it makes sense to someone who doesn't know your child.

This is your master document and supporting material. You now need to tailor it for all the scenarios and places it might be used, all of which require a digital photograph of your child. Versions can include:

- Copy for in your purse/wallet. This should be applicable to you not being able to communicate and with a note of where the full version can be found. It should be accompanied by the Emergency PECS.
- Copy in the glove box/ sun visor of every car the child drives in. If they are in a safety seat also have a copy taped to the seat (folded in a zip lock). Also include PECS.
- In-depth version to trusted neighbour, especially with house plan and include PECs. Make sure that you include picture of pets that child may look for or go back into burning house for.
- Brief version but one that includes house plan for other neighbours but with a note as to where in-depth version can be found in house/car, other neighbours.
- Version suitable for Paramedics coming to the home or for Emergency Room Staff.
- Version suitable for teacher, Principal or kept in school file.
- Version suitable to be given to Police or Store Security in the event that your child is lost, accused of something or you are leaving with a screaming child and they want confirmation that it isn't child abduction. Consider carrying a laminated picture of yourself and the child with contact information and an autism logo on the reverse.
- Version suitable for favourite or local stores. i.e. grocery, video, toy, candy etc. Mainly Picture, personal details and atypical behaviour so that they don't unnecessarily call the police or they can notify you if the child turns up unusually unaccompanied or late at night etc.

AUTISM ONTARIO - DENNIS DEBBAUDT PRESENTATION (Cont'd)

Now you have to prepare your child:

1. Show them pictures of the Police, Fire & Paramedics in uniform and also include pictures of Firemen wearing their gas masks and sounding like Darth Vader.
2. Talk to them and read them stories about the role of Emergency response teams and what to do in emergency situations. Practise a home fire drill.
3. If they can't clearly and accurately provide their name, address and telephone number make sure that it is written on their clothes. Consider having a suitable version of your master document in their backpack.
4. Make a person specific autism information card. This isn't only suitable for non verbal as due to anxiety your normal verbal child maybe unable to respond, vague or inaccurate and it is also a safe guard against a person unknowledgeable about autism.
5. Add to the I.E.P. a goal to interact appropriately with law enforcement.
6. Teach them to follow the law enforcers suggestions listed below.

U.S.A. Law enforcers suggest in the event of Police involvement:

- Do not attempt to flee.
- Do not make sudden movements.
- Try to remain calm.
- Verbally let officers know that you have autism – if unable to do so:
 - use obvious gestures that you need to get something from your pocket.
 - obtain permission before reaching into pocket.
 - hand over person specific Autism information card, explaining situation.
- Ask officer to contact an advocate – this can be parents, friends, teachers – anyone that you have the contact information for – they won't know who Aunt Jill is.
- If detained invoke the right to remain silent and ask to be represented by an attorney.
- If you are a victim or are reporting a crime, you don't need an attorney present but you should ask the police to contact a family member, or advocate who can help you through the interview process.

Prepare your neighbours - Law Enforcement suggests that you reach out and get to know your neighbours:

- Decide what information to present to neighbours.
- Plan a brief visit to your neighbours houses.
- Introduce your child or a photograph might be more suitable at first.
- Give your neighbour the brief version of your handout.
- Ask them to call you immediately if they see your child outside the home.

This approach maybe a good way to avoid problems down the road and will let your neighbours:

- Know the reason for unusual behaviours.
- Know that you are approachable.
- Have the opportunity to call you before they call 911.

Other subjects covered by Dennis were bathrooms and street awareness signs.

Male bathroom protocol and women's are very different if not polar opposite. Have male care providers or family members teach your male child the bathroom do's and don'ts.

1. Chose a stall furthest away from anyone else. If you have to go next to someone do not look to either side.
2. Do not engage in conversation with anyone.
3. Do not respond to requests for toilet paper or request toilet paper from the cubical next door. If stuck use your sock.
4. If you are uncomfortable with your child using a men's bathroom, don't take them into the ladies but instead find the locations of all the unisex toilets in the Malls and places visited. If you're not with them one day, you don't want them using the ladies because that's what they are use to.

AUTISM ONTARIO - DENNIS DEBBAUDT PRESENTATION (Cont'd)

Contact ministry of transport or local councilor to get a street sign put in place that warns of a deaf child. People are more likely to understand that this means to slow down than if it were to say child with Autism.

Autism identification at a glance is helpful and Emergency personnel are being made aware of the Autism awareness pins, so if your child will tolerate this it might be worth having one on a favourite jacket. Those parents' that attended the workshop were given a Protek emergency information shoe tag. Also suggested is to have a decal in your car window both front and rear to indicate that a person on the spectrum maybe on board which would be visible at the scene of a car accident. Autism Ontario is branding both the car decals and the Protek shoe tags for future purchase but if you can't wait or want to know what they look like then check out the website at www.getprotek.com.

Once we know how Ottawa Police want the community to handle a voluntary 911 response program, this information will be circulated to both charities membership list and on the One List. In the meantime there is plenty here that you can do to help yourself and your child. Included in this newsletter is a copy of an Autism Emergency Contact Form. We urge you to fill this in, get it laminated and have it on hand with your child or at home. For more information and extended form variations, go to www.childrenatrisk.ca.

HAPPY TRAILS – 2008 SUMMER FARM CAMP



In collaboration with Happy Trails Riding Stables, Children at Risk, Ottawa was delighted to sponsor a Summer Program for children on the autism spectrum with higher needs. This personalized half day camp focused on a flexible approach that enabled siblings and parents to take part in the summer farm experience with their ASD children. Participants experienced riding, interactions with the other farm animals, wagon rides and other benefits of nature in a safe farm environment. Many thanks to HOPE, Unity for Autism and the Community Foundation of Ottawa for providing funding to make it happen!

Here is some feedback from parents:

Just wanted to say that our son just finished a week of camp at Happy Trails (for horseback riding, and care of the animals at the farm), and he had a great time. Special thanks to Nathalie Gour and Art Mackie for their excellent work. They obviously love their work, which is wonderful to see, and I was very impressed with the manner in which they interacted with our son. Happy Trails also offers 1:1 work throughout the year, so I would encourage people to check out their services if they are interested. I would highly recommend their services (and to be clear, I have no financial interest in their organization). Thanks as well to Children at Risk for their part in the camp. Lynne

I echo your sentiments exactly!! Jesse had the best time and (an added bonus) actually got over his fear of dogs - something that has severely affected him since he was bitten 2 years ago!! Susanne

I LOVE Happy Trails! The work, love, patience and kindness that Art and Nathalie have shown Palmar during his private sessions over the last several months has been outstanding. I have recommended them for months and will continue to do so with pride! Palmar absolutely adores going and boasts about "his horse Copper" all of the time :) I was so pleased when they, along with Children at Risk, made these Summer Camps available. (I had only wished that they allowed 6 year olds! Glad to hear they were a wonderful success! Jennifer (Mom to Palmar (ASD) and Bella)

QUICKIE STORE LIST - 2008

Ottawa Central

Bay/Albert
435 Albert St.
232-6488 (10 copies)

Conroy
4 Lorry Greenberg Dr. (at Conroy)
739-8493 (15 copies)

McCarthy
3332 McCarthy Road
526-1230 (10 copies)

Rideaucrest
1 Rideaucrest Drive
823-4050 (10 copies)

Ottawa East

Shoppers
2016 Ogilvie Rd.
741-0772 (10 copies)

Chapel Hill
1600 Forest Valley Dr. (Orleans)
837-8350 (15 copies)

St. Laurent
1034 Pleasant Park Rd.
733-0985 (10 copies)

Watters
915 Watters Street
841-6972 (10 copies)

Kanata

Kanata
2 Goldridge
592-8019 (15 copies)

Stonehaven
800 Stonehaven Dr.
254-9413 (15 copies)

Ottawa South

Bank
2430 Bank St.
738-2438 (15 copies)

Rideauview
1430 Prince of Wales Drive
224-1721 (25 copies)

Gilmour
332 Bank St.
598-0052 (10 copies)

Ottawa West

Assaly
1325 Richmond Rd.
596-0217 (20 copies)

Woodroffe (Baseline Transit Station)
1400 Woodroffe Ave.
225-2005 (10 copies)

Valleystream
2946 Baseline Rd
829-8790 (15 copies)

Kennevale
3023 Cedarview Rd.
825-2458 (15 copies)

Bayshore – Transit Station
50 Woodridge Crescent
829-6946 (10 copies)

ADVERTISING



Are you a parent of a preschool child who has been diagnosed with Autism Spectrum Disorders? Is your child under the age of six years old? Would you like to meet other parents waiting for services? Then we, at SNAC would like to meet you.

The goal of the South Nepean Autism Centre is to support families and provide networking for them with other families in the South Nepean area, while providing a safe and appropriate environment for their children's needs. Elaine Bissonnette, a Behavior Consultant will be available on site to provide parents with information on general behavior management strategies for their child to implement in their home. Specialists will be invited monthly to provide more in-depth information on language/communication, fine/gross motor needs, self help and play skills strategies. This program provides two-hour sessions twice a week every Tuesday and Thursday afternoon from 1-3 p.m. Our Fall programs will start Sept 30th 2008.

For more information contact:

Dale O'Reilly, Manager of S.N.A.C. Resource Centre
Barrhaven Childcare Centre, 56 Kennevale Dr. Ottawa
613-825-9385 ext.14, barfrc@on.aibn.com



OTTAWA SENATORS SEASON OPENER TICKET AUCTION



Be there to watch our Ottawa Senators Hockey Club take on the
2007/2008 Stanley Cup Champion Detroit Red Wings Hockey Club

Saturday, October 11, 7 PM

2 - Ottawa Senators VS. Detroit Red Wings – Section 306, Row O, Seats 20 & 21

Cheer on your Ottawa Senators as they take on the best NHL team from last year – and help a charity, as well!!!

Bids will be done per pair (2) of tickets. Starting bid for the **pair** of tickets is **\$90.98 (cost value)**. Any bids above this value will receive an income tax receipt for the difference (ie. Winning bid is \$150, a tax receipt is given for \$59.02).

To make your bid – Email your bid (and a day and evening telephone number) to info@childrenatrisk.ca
I will email back all those who bid when the bids go higher to give another opportunity!

Bidding closes at 3 PM on Thursday, October 9.

The winners will be contacted by telephone to make arrangements to receive and pay for the tickets.

Thank you for this opportunity to support Autism through raising funds for Children at Risk!

Brenda Reisch, Executive Director, Children at Risk, Ottawa 613-741-8255

GO SENS GO!!!!!!!!!!!!!!



THIRTEENTH ANNUAL RAFFLE WINNERS – June 22, 2008

PRIZE	NAME	TICKET #
#1 – Westgate Health & Fitness, The Spa Club & Penny’s Fudge (\$1,128)	Janina Bober	2297
#2 – Sun/Sundance Balloons, Marshy’s & The Travelodge Hotel (\$703)	Denise Medjuck	2422
#3 – Baton Rouge. Sens Tickets, Local Heroes, Brookstreet Hotel & Cora’s (\$590)	Barb Morris	1526
#4 – Lincoln Fields Shopping Centre/Riocan Properties Gift Basket (\$500)	Donna-Lou Mowat	0144
#5 – Mont Cascades, Takara Japanese, Holiday Inn & Chateau Cartier (\$462)	Judy Brignell	4248
#6 – Pflug, Joseph’s, Mary K, Mulligan’s, Carlingwood, Capones’s & Roses (\$445)	Christine Sinding	4062
#7 – Bell, Mazda, Molson, Frisby, Kevin’s, Wild Wing, Glebe & Mary Kay (\$445)	Michelina Sicoli	2604
#8 – Avis, CN Tower, Casa Loma, Kelsy’s, Randy Ray & Hewlett-Packard (\$445)	Shaun Van Allen	1849
#9 – Sullivan Images Portrait Session & Kiddie Kobbler Certificate (\$400)	Mary Anselmo	2513
#10 - Sullivan Images Portrait Session & Kiddie Kobbler Certificate (\$400)	Janet Whillans	1424
#11 – Glebe Pharmasave, Massage, Guy’s Hair, Sonia’s, La Porta & UPS (\$400)	Brenda Abbott	1742
#12 – Country Inn & Suites, Baton Rouge & Amberwood Golf (\$291)	Harry Speciale	0550
#13 – Crown Plaza Hotel, Ottawa Little Theatre & Vittoria Trattoria (\$290)	Jan Inness	4086
#14 – Avon, McDaniels YIG, Mary Kay, Maggie’s, Joseph’s & New York (\$275)	Brian Campbell	2541
#15 – Handcrafted Quilt (\$250)	Margaret DesBrisay	1479
#16 – Kanata Fitness Club 2 Month Pass & Georgie’s Pizza Certificate (\$172)	Kathy Hall	0169
#17 – Kanata Fitness Club 2 Month Pass & Georgie’s Pizza Certificate (\$172)	Sandy Coghlan	1807
#18 – Yang Ming Lunch, Ottawa Citizen, Baskin Robbins & Ribbon Gifts (\$109)	Rosemary Szczepaniak	1631
#19 – Yang Ming Lunch, Ottawa Citizen, Baskin Robbins & Ribbon Gifts (\$109)	Eric Kalbfleisch	0937
#20 – Stained Glasss Stuff Certificate & Whisper’s Restaurant Fajitas (\$90)	Shelley Ganderton	3460
#21 – Disney Toys Gift Basket & The Works Lunch for Two (\$90)	Eldon Fox	3700
#22 – 2009 Entertainment Coupon Book, Swiss Chalet & New Edinburgh Pub (\$68)	Teresa Sloan	1708
#23 – 2009 Entertainment Coupon Book, Swiss Chalet & New Edinburgh Pub (\$68)	Alicja Jach	3917
#24 – 2009 Entertainment Coupon Book, Swiss Chalet & New Edinburgh Pub (\$68)	Grant Yoxon	1790
#25 – 2009 Entertainment Coupon Book, Swiss Chalet & New Edinburgh Pub (\$68)	Shelley Schachnow	0289
#26 – Museum 3-pack Tickets & Mr. Mozzarella Pizza (\$50)	Tashi Bernard	2816
#27 – Museum 3-pack Tickets & Mr. Mozzarella Pizza (\$50)	Pam Ladouceur	0186
#28 – Museum 3-pack Tickets & Mr. Mozzarella Pizza (\$50)	Robin Bertrand	2875
#29 – Paddy O’Dea’s Pub Gift Certificate (\$25)	Al Abelson	1912
#30 – Maxwell’s Restaurant Gift Certificate (\$25)	Terry Olsen	0719
#31 – Tucson’s Road House Gift Certificate (\$25)	Joanne Barrett	0306
#32 – Liam Maguire’s Gift Certificate (\$25)	Dale Ohly	3495
#33 – Joey’s Only Seafood Restaurants Gift Certificate (\$25)	Lisa Hewston	2019
#34 – Mexicali Rosa’s Gift Certificate (\$25)	Andreas Trau	3970
#35 – Merivale Fish Market Certificate (\$25)	Ray Duchesne	0636
#36 – Kardish Bulk Foods Gift Certificate (\$25)	Judith Starkey	2832
#37 – Theo’s Greek Taverna Gift Certificate (\$25)	Alicja Jach	1289
#38 – Al’s Diner Gift Certificate (\$25)	Diane Theron	1678

SIBLING GROUP

REGISTRATION FORM

NAME OF PARTICIPANT: _____ AGE: _____

TODAY'S DATE: _____ DATE OF BIRTH: (DAY/MONTH/YEAR) _____

TO PARTICIPATE IN: YOUNGER GROUP (5-8 YRS.) _____
OLDER GROUP (8-13 YRS) _____

ADDRESS: _____

TEL. NO. (HOME): _____ (WORK) _____

E-MAIL ADDRESS: _____

MOTHER'S NAME: _____ FATHER'S NAME: _____

SIBLINGS NAMES AND AGES: _____

STRENGTHS AND INTERESTS OF CHILD ATTENDING THE GROUP: _____

IDENTIFY WHAT YOUR CHILD HOPES TO GET FROM THE GROUP (i.e. opportunity to discuss feelings with peers, to share ideas, to have fun): _____

ALLERGIES: _____

MEDICATIONS: _____

SPECIAL CONSIDERATIONS: _____

EMERGENCY CONTACT AND PHONE NUMBER: _____

For this group, we would like to distribute a phone list with names and phone numbers of children within the group so the participants can contact each other if they wish. Please check here to indicate you give permission for your names and your child's name along with your home phone number to be included on this list

YES NO Home Phone Number: _____

Thank you