



**NEWSLETTER  
SEPTEMBER 2011  
Issue #56**

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Charitable Registration #  
10691/3775/RR/0001

**Our Mission Statement**

To provide services and programs to families of children diagnosed within the Autism Spectrum Disorders to develop their child's behavioural, communication, and social skills, and to advocate for their ongoing needs.

**MARK YOUR CALENDARS**

- 16th Annual Celebrity-Carved Pumpkin Contest – **October 20-23, 2011**
- Fundraising Brunch for Autism - **Sunday, November 13, 2011**
- Capital Chordettes Christmas Craft Auction – **Sat., December 3, 2011**
- 6<sup>th</sup> Annual "Rollin' for Risk" Bowl-A-Thon – **Sun., January 22, 2012**
- 11<sup>th</sup> Annual "Rockin' for Risk" Fundraising Dance – **Sat., March 24, 2012**

***PRESIDENT'S MESSAGE***

*Paul Lacroix, President, Board of Directors*

What an exciting summer 2011 was! Children at Risk ran a 4 week Camp that provided an opportunity for many children within our community to attend a setting that was structured for the special needs we deal with on a daily basis. Camp Kaleidoscope was a tremendous success due to the hard work of our Executive Director Brenda, Camp Coordinator Hazel, Office Administrator Bambina, Camp Director Debbie and all the other great camp directors and counsellors. I saw firsthand campers' happy smiling faces. The comments and testimonies from the parents were extremely positive. Some of the comments I heard were: "my child is very happy here" and, "if not for this camp I am not sure what my child would have done for these 4 weeks," "it was great to have my child in a camp that the counsellors care and truly understand our child's special needs" and "my child has been kicked out of other camps, but it was great that he was able to attend all 4 weeks of this camp, you folks were great, thanks so much."

With funding, donations, events and fundraising, we hope to make this camp an annual event. It truly was a functional, if but short, vibrant community!

Speaking of fundraising... The Celebrity Pumpkin Carving Contest is right around the corner, as well as ticket sellers for the Ottawa 67's and Ottawa Senator's 50/50 tickets at the hockey games. We hope that you can spare some time to help raise the money Children at Risk requires to continue providing much-needed services to the Autism Community.

I would like to wish all of you a great Autumn!

**2010/2011 BOARD OF DIRECTORS**

- President ..... Paul Lacroix
- Treasurer ..... Lesia Gilbert
- Secretary ..... Mark Lalonde
- Director ..... Robert Jaffray
- Director..... Hazel Smith
- Director ..... Kelley Matheson



Children At Risk is dipping its toe into the world of social networking with a Facebook page. Please sign up to be-friend us. We will be using the site to advertise our fundraising activities as well as our need for volunteers. We are grateful to our volunteer Facebook administrator Gillian Irvine for taking on the task of bringing Children At Risk into the 21st century. At this point we're not Twitter enough to be tweeting!

## WELCOME ABOARD!

We are excited to welcome Kelley Matheson to our Board of Directors! Kelley has been a Senior Human Resources Manager with Health Canada for the past 11 years and brings a wealth of experience in staffing, policy and communication. Kelley hopes to assist Children at Risk in the HR capacity with regards to hiring and employment of staff and contractors. She already was of great assistance with materials, interviewing and hiring of staff for Camp Kaleidoscope. Kelley is also a married mother of 3 (Josh is 16, Corey with ASD is 6 and Emily is 4) and enjoys writing, reading, camping, and acting as an advocate for her autistic child (on numerous occasions within the City of Ottawa camps and Ottawa District School Board). Welcome!

**MAUDES FUNDRAISER**  
**Sponsored by Anne and Dwight Team,**  
**Re/Max Metro-City**

**Event Coming up**  
**Saturday December 3rd 2011**



Photo by by Michelle Valberg

**Featuring the Rock Band GOOD2GO**  
**at Irene's Pub to raise funds for**  
**CHILDREN AT RISK**  
**Tickets \$10 (available at the door)**

**Irene's is located at:**  
885 Bank Street  
Ottawa, Ontario  
K1S 3W4  
Starts 9 pm to midnight

**Bytown Productions** will be filming the event  
**[www.bytownproductions.com](http://www.bytownproductions.com)**  
**<http://drugfree.maudesupport.com/>**

## EXECUTIVE DIRECTOR'S MESSAGE

By Brenda Reisch

*sum-mer camp* – noun, summer camps, plural

“a site where care and activities are provided for children during the summer months”

[wordnetweb.princeton.edu/perl/webwn](http://wordnetweb.princeton.edu/perl/webwn)

As Children at Risk is coming off completing its 1<sup>st</sup> All-Day Summer Camp for ASD children, I was curious to see if or what a definition of Summer Camp officially was ... I think the above paraphrases it well! Four years ago the seed was planted with Children at Risk that one of the main services parents of Autistic children wanted was also critically-needed. As a parent of a moderate-severely diagnosed ASD boy myself, I know that I dreaded the arrival of summer and the task of trying to find (and finance) day or away camps for Ian. And every summer Children at Risk would receive communication from families of their often unsuccessful attempts to find a camp where “care and activities” would be available for their diagnosed child.

I am more than humbled to say that this summer – Children at Risk did just that! With the help of a dedicated Board of Directors and a phenomenal team of Camp Directors and Camp Counsellors – WE DID IT!! Camp Kaleidoscope filled 89 spots for 45 families to enable many ASD children to not only have the “Summer Camp Experience” but also to *successfully* complete their week(s) of camp safely and happily.

Of course, one of the main reasons that it took 4 years was the pursuit of funding ... we need to acknowledge not only our 2 main Sponsors – The King's Daughters & Sons Ottawa City Union and the Unity for Autism Foundation, but the additional 3 partners that not only helped make the camp more affordable, but enabled it to run for 4 weeks – City of Ottawa Community Project Funding, Ottawa Catholic School Board “Focus on Youth” Program and the Ottawa Airport Authority Project Clear Skies Foundation. We would also like to mention Wubs Transportation for not only extending discounts on bus rentals, but friendly and experienced service!

So, as we put the sunscreen away, pack up the swim trunks, shorts and sandals – our thoughts and efforts are already towards the Summer of 2012 and making this magic happen all over again. Keep this in your thoughts and efforts over the Fall and Winter if you hear of any funding opportunities - help us to “make a difference” and “fill in the gap” once again!!

## **GOOD-BYE AND THANKS!**

Last year, Irma Boyle joined our Board of Directors to contribute both her time and knowledge as a Doctor of Medical Heilkunst. With some changes in both her address and personal obligations, Irma decided she could not stand for re-election for the 2011-2012 Board. However, she has and continues to support Children at Risk through the donation of Certificates and helping out with events and activities when time allows. Though her contribution as a Board Member was short, it was valuable and we thank her for her time and efforts on behalf of the 400 Families represented by Children at Risk raising a child(ren) diagnosed within the Autism Spectrum Disorders. All the best on your future endeavors, Irma!

## **FUNDRAISING UPDATE**

Submitted by Brenda Reisch, Fundraising Chairperson

### **EVENTS/ACTIVITIES SINCE JUNE 2011 ...**

#### **OTTAWA AUTISM COMMUNITY ANNUAL FAMILY PICNIC**

With school ending later this year in June, we made a decision to hold the Autism Community Annual Picnic later on Sunday, June 26<sup>th</sup>. Unfortunately, this necessitated a change of venue (several times with the Water Ban) – eventually to Woodroffe Park, as Brewer Park was unavailable. While Woodroffe Park offered plenty of room for our BBQ & Inflatables and a wading pool, most likely we will book back at the Central location of Brewer Park for 2012. One interesting observation was that if we had booked it 2 weeks earlier, that Sunday was cold and rainy, as Summer took almost the full month of June to arrive! As usual, it was wonderful to see so many families enjoying the BBQ, water play, Circus Delights Inflatables, Fish Pond, Cookie Decorating, Bubble Play, Pick n' Pay, Balloon Toss and much more!

Many, many thanks to all the Volunteers who made this possible - especially the Tang and Amsden Families (loading/unloading, delivery and set-up of supplies), ticket sellers Alicja & Yves, Cookie Decorating, Fish Pond, Liz/Julie & Friends on Raffle tickets - not to mention many other Volunteers who jumped in to help at the Inflatables, BBQ and other areas of need (please excuse not knowing everyone's name!)

## **FUNDRAISING UPDATE (Cont'd)**

Please join me in thanking our many sponsors:

- **Enbridge Gas** for their BBQ and Cooking Services
- **Loblaws College Square** for some food donations
- **Weston Bakeries** for donating the hot dog and burger buns
- **PlaSmart** for donating a Plasma car to raffle
- **Tunis Shrine Klowns**
- **Humpty Dumpty** for chips donations
- **Hazel Smith** for managing our Pick n' Pay Table

### **CHILDREN AT RISK 16<sup>TH</sup> ANNUAL SPRING RAFFLE**

We also did the drawing of the Children at Risk 16th Annual Raffle tickets at the Picnic!

See Page 20 for a list of the Winners and Ticket Numbers - (with 48 draws in all). Sales were a bit down with the Postal Lockout, so we did not sell out the Raffle this year (we had printed 6,500 tickets instead of 6,000), but we still managed to make a profit of over \$6,700!! This will go a long way in helping Children at Risk continue our supports, as funds have been much more difficult to raise over the past year with our challenged economy! Hat's Off to all those who purchased and/or sold tickets and Congratulations to the Winners!!

### **THANK YOU**

"I just wanted to thank Children at Risk again for the awesome FIRST prize we won in last year's fall raffle. My son, Clayton, and I have just returned from our trip to Los Angeles, airfare courtesy of WestJet!

We had a fabulous time (I recommend the Magic Castle if anyone ever goes to L.A.!). With the cost of the hotel and other stuff, we never would have done a trip like this without the free airfare. Clayton plans to be a film-maker so visiting the studios and Hollywood Boulevard was a lot of fun. We topped off our trip with opening night of the final Harry Potter movie at the famous Graumann's Chinese Theatre.

I also want to extend a big Thank You to WestJet for their generous donation to Children at Risk.  
Sincerely, Karen Lamberton"

## FUNDRAISING UPDATE (Cont'd)

### What is On Now/Coming:

#### FALL RAFFLE TICKETS

Children at Risk is excited to offer for sale our Fall Raffle Tickets! Although we are not having the Blast Off to Kids Wellness Day this year, we wanted to offer the Raffle Tickets that were very popular due to the 1st Prize of 2 WestJet Tickets! Tickets are \$2 each, 3 for \$5 or only \$20 for a book of 12 tickets!! See Page 19 for ticket sample.

Tickets are NOW available! After many weeks of gathering quality prizes, we can proudly offer them for sale. Funds raised will support our Community-Based Special Projects. These include Sibling, Friendship and Family Support Groups, Educational Training Workshops and Information Seminars as well as updating resource materials. These valuable activities receive no government funding and are supported solely through Fundraising efforts and Donations.

**\*\*Note:** Tickets can only be sold to persons 18 years and older!

To kick off October as Autism Awareness Month, the Fall Raffle will be drawn on Monday, October 3, 2011.

We recognize that many of you supported Children at Risk through the purchase of our Spring Raffle Tickets - we are hoping to sell the Fall Raffle tickets at various venues so we do not rely only on our Members and Supporters. However, we wanted to let everyone know of the tickets and the fabulous prizes! If you would like to purchase tickets, we will cheerfully fill them in and send you the ticket portion (send us your mailing address). Only \$20 for a book of 12 tickets!!

If you think you can sell some tickets for Children at Risk, let us know and we can send some books for selling! Or use the attached files to promote it at work or with your friends and family!! We can be reached at the office, 741-8255, or by email, [car@childrenatrisk.ca](mailto:car@childrenatrisk.ca)

**VOLUNTEERS NEEDED** to sell Raffle Tickets:

Friday, Sept. 30 from noon until 9 pm and

Saturday, Oct. 1 from 9 am to 5:30 pm

At Lincoln Fields Shopping Centre

## UNITED WAY/CENTRAIDE OTTAWA CAMPAIGN INFO



**United Way  
Centraide  
Ottawa**

As this year's campaign kicks off, we wanted to remind everyone that charitable donations through United Way

can be directed to your charity of choice, whether they are a United Way charity or not. We welcome the direction of your contribution to Children at Risk to support the services and programs we provide for families raising a child with Autism! This way you can contribute to a workplace campaign and support Autism, as well!

Specifically, you need to list: Name: Children at Risk – Ottawa, Revenue Canada Charitable Registration Number: 10691/3775/RR/0001

While CAR does not receive direct funding from United Way, our last bi-annual cheque from these directed contributions was over \$6,656! The importance of these donations cannot be overstated – as our charity does not receive government funding, directed donations like this are so very needed. If you have any questions or require additional information, do not hesitate to contact our office!

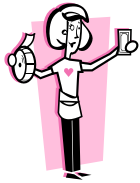
\*Please note that when donations are received this way, the donors are not identified\*. Feel free to let us know if you have contributed to our charity in this manner and accept our sincere appreciation for those who remain supportive, but anonymous!

Also – not sure if it is the same this year, but we had a Member last year try to donate on-line and experience difficulties, so passing this info on again:

*Hi Brenda, I just finished donating this morning to Children at Risk through my company's United Way online donation website. Note that I tried searching for a charity named "Children at Risk, Ottawa" but the system was unable to locate it based on this name. I also tried searching by registered charity number but that didn't work either. I then did a search for all charitable organizations across the Ottawa area and eventually found it under the name "Children at Risk - Ottawa" I'm not sure if others will run into the same glitch with the exact spelling of "Children at Risk - Ottawa" but I would hate for your group to miss out on a directed donation because of this. Cheers, Paul*

## FUNDRAISING UPDATE (Cont'd)

### 50/50 TICKET SALES



Thanks to the outstanding efforts of our Volunteers, Children at Risk has been invited back by BOTH the Ottawa Senators Foundation and Kiwanis Club of Rideau for the Ottawa 67's 50/50 tickets sales for the upcoming 2011/2012 Season!

Not only does this give our charity and Autism excellent profile – the two combined last year to be our highest form of fundraising dollars!!

Below we have listed dates that we are currently booked for – please check your schedules and let us know if you can help out for a few hours!!

Call us at 613-741-8255 or email [car@childrenatrisk.ca](mailto:car@childrenatrisk.ca).



### OTTAWA SENATORS

#### Pre-Season games (need 5-10 Volunteers/Game)

- Friday, September 23, 2011 - 7:30 PM vs. Montreal Canadiens - arrive by 5:30 PM
- Tuesday, September 27, 2011 – 7:30 PM vs. Toronto Maple Leafs- arrive by 5:30 PM

#### Regular Season Games (needing 15 Volunteers/Game)

- Tuesday, October 11 vs. Wild (7:30 PM game) - Season Home Opener
- Thursday, October 27 vs. Panthers (7:30 PM game)
- Sunday, October 30 vs. Maple Leafs (7:30 PM game) Super Jackpot
- Sunday, November 27 vs. Hurricanes (5 PM game)
- Wednesday, December 7 vs. Capitals (7 PM game)
- Wednesday, December 14 vs. Bruins (7:30 PM game)
- Tuesday, December 27 vs. Canadiens (7:30 PM game) Super Jackpot
- Thursday, January 5 vs. Lightning (7:30 PM game)
- Monday, January 16 vs. Jets (7:30 PM game)

## FUNDRAISING UPDATE (Cont'd)

### OTTAWA SENATORS (Cont'd)

- Saturday, January 28 – All Star Skills Competition
- Sunday, January 29 – All Stars Game
- Friday, February 3 vs. Islanders (7:30 PM game)
- Saturday, February 4 vs. Maple Leafs (7 PM game) Super Jackpot
- Tuesday, February 7 vs. Blues (7:30 PM game)
- Saturday, February 11 vs. Oilers (2 PM game)
- Sunday, February 26 vs. Islanders (5 PM game)
- Saturday, March 10 vs. Sabres (7 PM game)
- Friday, March 16 vs. Canadiens (7 PM game) Super Jackpot
- Saturday, March 17 vs. Maple Leafs (7 PM game) Super Jackpot
- Tuesday, April 3 vs. Hurricanes (7:30 PM game)

#### Volunteers:

Must be at least 16 years of age or older (but 16-18 teens must be very mature) - note that high-functioning ASD teens can come with a parent to sell as a team and get volunteer hours!

Need to arrive 2 hours before the games.

Will be given free parking, water bottle and then pizza and a drink AFTER sales are done.

Will sell up to the end of the 1st intermission, then have to cash out before leaving or staying to watch the game - floats are supplied by Children at Risk.



### OTTAWA 67'S

#### (needing 8-10 Volunteers/Game)

- Friday, November 4 - 7:30 PM game
- Sunday, November 6 - 2 PM game
- Friday, November 11 - 7:30 PM game
- Friday, November 18 - 7:30 PM game
- Sunday, November 20 – 2 PM game
- Friday, November 25 - 7:30 PM game

Volunteers need to arrive 1½ hours before game time, with 3 hours of time required. Volunteers must be 18 years of age or older. Parking and a beverage will be provided for Volunteers.

## FUNDRAISING UPDATE (Cont'd)

### 16th ANNUAL CELEBRITY-CARVED PUMPKIN CONTEST – OCTOBER 20-23, 2011



Sweet 16 is how many years Children at Risk has marked October as Autism Awareness Month with our Celebrity-Carved Pumpkin Contest! This seasonal and fun event has helped not only to raise valuable funds for the Autism Community, but raise awareness about Autism and the challenges families experience raising a child with this disability. Again this year, our event will still start with our Celebrity-Reception at Merivale Mall on **Thursday, October 20** - and will now run an additional 3 days until **Sunday, October 23** in 4 Shopping Centres (Friday to Sunday at the other 3 malls). In order to make this event a success, we need many **Volunteers** to come forward to man the displays. This fundraiser is one of the most high-profile events for Children at Risk, raising not only valuable funds but awareness and support! Many hands are needed, so please check your schedules and give a little time, even a few hours!!

Here are the Mall requirements:

#### Merivale Mall

Thursday, October 20 – 9 AM (Reception at 10 AM) to 9 PM

Friday, October 21 – 9 AM to 9 PM

Saturday, October 22 – 9 AM to 6 PM

Sunday, October 23 – Noon to 5 PM

Please contact Pam Wainwright at 613-823-8813

Email: [wainwill@rogers.com](mailto:wainwill@rogers.com)

#### Place d'Orleans

Friday, October 21 – 9:30 AM to 9 PM

Saturday, October 22 – 9:30 AM to 9 PM

Sunday, October 23 – 11 AM to 5 PM

Please contact Bambina Lemme, 613-834-9169

Email: [amc52@primus.ca](mailto:amc52@primus.ca)

#### Carlingwood Shopping Centre

Friday, October 21 – 9:30 AM to 9 PM

Saturday, October 22 – 9:30 AM to 9 PM

Sunday, October 23 – 10 AM to 6 PM

Please contact Alison Armstrong at 613-960-3177 (w), (613) 836-4742 (h)

Email [alison.armstrong@ic.gc.ca](mailto:alison.armstrong@ic.gc.ca)

#### Lincoln Fields Shopping Centre

Friday, October 21 – 9:00 AM to 9 PM

Saturday, October 22 – 9:00 AM to 5:30 PM

Sunday, October 23 - 11 AM to 5:30 PM

**MALL MANAGER NEEDED – CALL 613-741-8255!**

#### PUMPKIN ON-LINE AUCTION



As in the previous 3 years of our event, Children at Risk will have the Celebrity Pumpkins and their Prize Packages up for Auction! This year, we are grateful to receive the Auction Site services from Line 2 Revenue Systems ([www.line2revenuesystems.com](http://www.line2revenuesystems.com)). Their speciality is Media Auctions and they recently finished an on-line Auction with The Jewel radio station – our partners this year for the Rollin' for Risk Bowl-A-Thon & the Rockin' for Risk dance! As we were facing having to purchase these services, which would leave us less money for supports, this donation is super extra-special!! Once we get our site up and running, we will send out information on accessing the site during the Pumpkin fundraiser.

#### CALLING ALL COFFEE (& CHOCOLATE) LOVERS!

Many thanks to the Vienneau Family for offering this opportunity to Children at Risk to raise some funds through the sale of coffee/tea/hot chocolate/chocolate bars! They have successfully used the Equator Coffee Roasters from Almonte in a fundraiser for their daughter's Brownie troop and chose to launch a Campaign for Children at Risk, too! The Coffee from Equator is Fair Trade Certified, Organic & Environmentally Sustainable as well as Local & Fresh Roasted. More information on the company can be found at [www.equator.ca](http://www.equator.ca) Enclosed in the Newsletter you will find a bilingual Order Form (good for those Government Departments!) – we can also email it to you or find it on our website at [www.childrenatrisk.ca](http://www.childrenatrisk.ca). Orders will be taken up to Tuesday, October 25 – with delivery about 2 weeks later to Children at Risk (where arrangements to get it to you will be made!). This would also make excellent holiday gifts for those coffee and chocoholics!

## KEY TO THE CITY



Children at Risk is proud to continue with the sale of the Key to the City Discount cards! Check out the Key to the City website ([www.keytothecity.ca/Ottawa](http://www.keytothecity.ca/Ottawa)), there will be many exciting offerings:

- Make sure to register your 2011-2012 card to take advantage of our many new services.
- Deal Buys – buy gift cards/gift certificates at 50% off. For example buy a \$50.00 gift card at Rideau Carleton for only \$25.00! These deals will be available on a continuous basis. No more waiting for daily deals.
- Key Find program – lose your keys? If the person who finds them contacts us we can let you know where to pick them up.
- Many new merchants.
- One low price of only \$20 – still 3 pieces that can be used by 3 people
- Sign up for e-mail updates on our program and merchants. Never miss a new merchant opening.
- Follow us on Facebook and Twitter for updates on merchants, merchant’s events, specials, etc.

Buy a card on-line and insert Fundraising Code #2468 and \$10.00 from your purchase will go directly to Children at Risk. Or Keys can be obtained through the Children at Risk offices by emailing [car@childrenatrisk](mailto:car@childrenatrisk) or calling 613-741-8255.

Key to the City – continuing our commitment to save you \$’s at hundreds of Participating Merchants!

## 2011/2012 ENTERTAINMENT COUPON BOOKS



Hot off the Presses - Children at Risk now has for sale the 2012 Entertainment Coupon Book at only \$35 each! Once again, they include \$30 in Gift Cards, as well as all the regular coupons!

They can be obtained through our offices or at 22 Quickie Convenience stores throughout the city (see list on Page 21)

We also can get books for Montreal, Toronto or Vancouver for those "out of town" relatives!

Centrepont parents can also get them from Merle Hagerman at 613-226-4982. East end or Tunney's Pasture buyers can call Brenda Desjardins at 613-951-0034. Kanata buyers can also obtain them at the 2 Quickie Stores and the Kanata Optometry Centre (99 Kakulu, 592-6193). They make great stocking-stuffers and gifts for those “hard-to-buy-for” friends and relatives!

## BENEFIT BRUNCH FOR AUTISM – SUNDAY, NOVEMBER 13

The **Ottawa Autism Circle of The King’s Daughters & Sons** is holding a Fundraising Brunch to benefit Children at Risk and the Ottawa Branch of Autism Ontario on Sunday, November 13, 2011. The event is being held at the prestigious Falcon Ridge Golf Club (High Road at Albion, across from Rideau-Carleton Raceways/Slots) and runs from 11:30 AM to 2 PM, with Brunch starting at 12 Noon. There will be Entertainment from local singers and musicians (TBA) along with a Silent Auction to help you with your Holiday Shopping! Tickets are \$25 for Adults and \$15 for Children ages 5-12 (under 5 is free). Call our Office at 613-741-8255 to get your tickets or email us at [car@childrenatrisk.ca](mailto:car@childrenatrisk.ca)

### DONOR’S CORNER

Kiwanis Club of Rideau	\$2,000.00
United Way/Centraide	\$6,921.02

## TYPICAL TEENS – EAST-END & WEST-END

Children at Risk is currently doing intake for both an East End Typical Teens Group and a West End Typical Teens Group (west-end sponsored by Autism Speaks Canada). Typical Teens is a social skills, outing-based group for teens with high-functioning Autism and Asperger Syndrome. The East End Group will be for teens in Grade 9 & 10, the West End for Grades 7 & 8. These groups will be a Phase 1, meaning for teens that have not yet attended Typical Teens.

Please see the page 17 for dates, times and also check out Sheila Bell's new website at [www.autismandtheartofcommunication.com](http://www.autismandtheartofcommunication.com)

To date, this group has covered ASD teens and pre-teens - with a Grade 7 & 8 Group, Grade 9 & 10 Group and occasionally a group for older teens if enough are available. (Originally the view was teens 13-18, with splits of 13-15 and 16-18 - however, the reality is that not all ASD teens cycle through school at the same ages per grade as typically-developing teens - so a switch was done to look at Grades, as opposed to ages first). We are inviting inquiries for all Asperger Teens and pre-teens. The cost of the group is \$300.00 per session. Interviews will take place in the week prior to the beginning of the group. Your child will be asked to complete a questionnaire via email before the interviews.

Typical Teens is a social skills group for teens with Asperger Syndrome. It incorporates the help of teen mentors to provide a "typical teen environment". The teens are taught specific social skills which are modeled by the teen mentors. They have the opportunity to practice these skills in a commonplace situation such as bowling, shopping and eating at a restaurant. Each week a new skill is introduced. The program is eight weeks in duration and the group usually meets from 7 to 9 p.m. The East End group is facilitated by Sheila Bell, a Speech and Language Pathologist and Nancy Good, a Behaviour Consultant. The West End Group is facilitated by Kim Lee, also an SLP and Amanda Ayotte, Educational Assistant. The program is covered by some private insurance companies.

If you are interested in having your child participate in this group, please email parent Volunteer Heather Pierscianowski at [tadp@sympatico.ca](mailto:tadp@sympatico.ca)

## THANK YOU'S

### JOSH GROBAN

"Thanks so much for the tickets. It was the first time that the kids went to a concert. They loved it! My son Nicholas was fascinated with the lights, and found Josh Groban very entertaining. Thanks a lot for the opportunity to show the kids a very good singer; otherwise I could not afford the show." Valeria

"Just to let you know that the Josh Groban concert was wonderful, and Daniel enjoyed it very much. He was transfixed by the sound and light effects, as well as the actual performance. Throughout the about 2-hours concert, he did not make a single squeak, other than clapping and excitement! It was a success! Many thanks, once again. Cheers" Mark and Myrna

"Thanks again for the Josh Groban tickets! Jonathan went with his sister. He had a great time, as did she. We really appreciate these opportunities for him to both have "life experience" and to practice his social skills. Dealing with tickets and crowds; finding his seat, the concessions stands, etc. without parental involvement are great things for him to experience. The bonus was Jonathan met and spoke with ELEW the warm up performer for Groban. His sister has a couple of great pictures of their meeting and the kids surprised me with an autographed ELEW CD. Thanks again." Patricia

"I just wanted to let you know how much we appreciated the Josh Groban tickets. The show started at 8pm, with a piano artist. Josh didn't start until 9pm. Lauren was amazing. I had purchased some ear muffs that day. Boy did they come in handy. Lauren wore them 4x throughout the show. She really enjoyed the music and behaved so well. We ended up going out to the Elgin Street Diner after wards. It is the first time we have ever been able to take her to a concert and sit through the whole thing. Thank you so very much we really appreciated it. It was one of the most memorable nights we have ever had as a family." Sincerely, Jocelyn





## THANK YOU'S (Cont'd)

### NAC CONCERT TICKETS



NATIONAL ARTS CENTRE  
CENTRE NATIONAL DES ARTS

“By generously making your NAC concert tickets available, Children at Risk brought a wealth of happiness into the lives of many people whom you have never met. The looks of pleasure and joy were evident to all of us at the end of the concert. There is a great feeling of positive optimism after one listens to the music of Bach and Vivaldi. On behalf of all, thank you.” Dan

### CIRCUS TICKETS

“Just wanted to send a thank you note for the Circus tickets. We attended the 4pm show on Friday. My family had a great time. They loved the acrobats and elephants. Again, thank you.” Kelly

“Alexander & I very much appreciated the 2 tickets for the Shriners Circus this summer! As he had only attended a smaller Circus years ago, it was lovely to see a larger one. He really enjoyed the show! Thank you so much to the Shriners' for their generosity and continuing support for the CAR Families!” Beth & Alex

“Hi - Just wanted you to know we went to the Circus and had a great time. Enjoyed every minute of the show. I also spoke to the Shriners and thanked them very much for the donated tickets. Thanks again”  
Regards, Sheryl



### AUTHOR SUPPORTS CHILDREN AT RISK



Ottawa, Ontario – All proceeds from the sales of a story by local author Scott Bury will be donated to Children at Risk. The story, “Sam, the Strawb Part,” is a humorous tale about a young boy who loves strawberries so much, he becomes a bicycle pirate to hijack as many strawberries as he can. An overbearing strawberry monopoly hires an infamous pirate killer to stop him, which results in a chase across Canada!

The story is published by Written Word Publishing of Ottawa as an e-book, distributed through Amazon.com and other electronic channels. Sold for \$1.99 per electronic copy, it can be read on e-book readers such as the Kindle, Kobo, Sony Reader, Apple iPad and Nook, as well as any computer with an e-book reading app.

“We’re very happy that Mr. Bury has decided to support Children at Risk with this story,” said Brenda Reisch, Executive Director of Children at Risk. “Diagnoses of Autism Spectrum Disorders are increasing in Canada, and Mr. Bury’s efforts will help to increase awareness of ASD and the needs of families of children diagnosed with ASD.”

“Autism Spectrum Disorders presently affects as high as 1 in 100 born (higher with boys), and identification of children with ASDs has increased dramatically since 1996,” said Scott Bury, author of the story. “Publishing this story and donated the sales to Children at Risk is just a small effort to try to raise awareness of the issue, and hopefully, to provide some resources to fund the organization’s support for affected families.” For example, Children at Risk held, for the first time, an all-day summer camp for ASD children for four weeks this summer, a specialty camp with experienced, trained staff for maximum safety and responsibility.

Scott Bury is an editor, journalist and author based in Kanata. He has over 20 years of experience as a writer on technology and business. His work has been published in Canada, the U.S., the U.K. and Australia.

To find the story online, go to:

<http://www.smashwords.com/books/view/89276>  
or [http://www.amazon.com/Sam-the-Strawb-Part-ebook/dp/B005NFHASM/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1316356809&sr=1-1](http://www.amazon.com/Sam-the-Strawb-Part-ebook/dp/B005NFHASM/ref=sr_1_1?s=books&ie=UTF8&qid=1316356809&sr=1-1)

# Camp Kaleidoscope

CAMP

## **KALEIDOSCOPE – THE MIRACLE!**

Children at Risk, for a number of years, has been asked to provide a summer camp opportunity by parents unable to find suitable, affordable camps for their child that can adequately address the child's anxiety, behavioural, communication or social difficulties due to autism. Finally in 2011, sufficient funding was secured to provide a Camp with the appropriate level of trained staff and 1:1 or 1:2 staff to Camper ratio. Additional 1-year-only funding was secured late in May to cut the cost to parents of camp (compared to others) by almost 50% and also provide some subsidies.

## **The evolution of Camp Kaleidoscope ....**

June was a flurry of activity; interviewing and hiring staff, intake interviews with parents and their potential campers, securing location, organizing outings and 3<sup>rd</sup> parties to come and provide activities on site.

For three days in July, three ordinary school classrooms were cleaned and converted into:

- a Youth Room complete with sofas, movie posters on the wall, Lego, zip tracks, Wii, air hockey and Xbox Kinect to name but a few of the activity opportunities.
- a Kids Room with a Thomas the train mural above the train track construction area, large carpet area for circle time, Thomas and Ikea play tents, a mini sofa and soft chairs as well as numerous toys and activities to stimulate young minds.
- an Arts and Crafts room with Play dough, Moon dough, modelling clay, painting and crafts ranging from the simple to the challenging as well as fabric paint for each camper to design their own blue T shirts which campers were required to wear whilst off site with the option of the Camp baseball cap which also had their name painted on;
- A small staff room was also converted into a sensory room with padded mats on the floor, mini tramp and large exercise balls. At the back door a hydration station was set up as well as a parking area for the battery powered Jeeps, plasma cars, scooters and many water activity and outdoor games equipment.

14<sup>th</sup> July saw a staff orientation session where staff were allocated to Campers and provided with the Staff Maroon T Shirts complete with their names ironed on. Camp Directors; Deb Lacroix as Camp Director assisted by Kirk Henderson as Programs Director and responsible for behaviour intervention; Patrick Doyle as Youth Director and responsible for creation of visuals and Carmen Bassett as Kids Director had distinctive polo shirts; volunteers had Red T shirts and there were camp waist aprons to hold walkie talkies, PECS or fidget toys.

The doors opened for the first day of the first week on July 18<sup>th</sup> at 8 a.m. for before care and everyone was present by 9 a.m. for the start of camp with 18 Campers and 14 Counsellors. Week 2, 22 campers attended supported by 18 counsellors; week 3 saw 24 Campers with 19 Counsellors and finally week 4 with 25 Campers and 21 Counsellors. It had been the intention to have 20 campers per week with 15 counsellors (10 x 1:1 Campers and 10 x 1:2 Campers) but the intake on the Campers and their needs/desired weeks didn't match the plan on paper (never does! ☺) and week 4 also saw several Campers returning, as they and their Parents were so keen to return it was hard to say no ... 7 Campers booked for all 4 weeks and others mixed and matched weeks from 1 to 3 so that 89 Camp slots were provided in total to 45 Campers from 44 families. There were also 7 Volunteers over the 4 weeks that swelled the ranks for 1:1 when off site for swimming trips twice a week at Gloucester Wave pool and outings as well as helping on-site.

Outings included:

- the Museum of Civilization with the majority of time spent in the Children's museum;
- Saunder's Farm with the bounce pad, splash pad and Go karts providing the most fun in addition to the wagon ride, mazes and climbing structures;
- Pirate Adventures at Mooney's Bay where as our numbers had swollen to beyond one ship, parents and siblings were invited to join the adventure on a 2<sup>nd</sup> sailing which included pirates fighting off mutiny and searching for a sunken treasure chest where we all got to share in the bounty;
- Museum of Nature which really appealed to those many Dinosaur lovers amongst us and
- an added trip to Walkley Bowling Alley, as well as walks to Loblaw's to bring back supplies for the on-site cooking sessions which included making a huge fruit salad as well as cookies, muffins and pizzas that also catered to those on a GF/CF diet.

On site activities operated from a visually displayed schedule of both fixed and flexible timed activities. Fixed, mainly held in the Gym included, Yoga with Andrea of Mommy Me Yoga and Karate with Sensei Alex from Douvris Karate. Flexible included construction activities such as Thomas tracks or Geo Trax for the younger ones to Quibits for those looking for a challenge or to see who could build the most complex Lego to the highest Discovery Toys Marble Works. For budding artists the Crafts room was the centre for master piece paintings or painted and bejewelled treasure boxes and we saw cooperative creativity with a group creating a Pokemon world with many individual characters using modelling clay and the more talented trying their hand at some of the wooden crafts of planes, houses, and dinosaurs. Younger hands enjoyed drawings, animal characters with the moon dough farm yard and whatever the imagination could create in play dough. With summer heat, there were plenty of opportunities to cool down at one of the two splash pads or play in the make shift water fun from the hose pipes and sprinklers as well as the multiple play structures and fun with bubbles. When it was too hot or thunder threatened activities such as plasma cars or scooters could be played in the gym as well as soccer or shooting hoops. Following a long bus trip or during before/after care and lunch breaks, Campers could unwind or socially challenge each other with sports games on the Wii, and Xbox Kinect, air hockey tables or kick back on the sofas with DVDs of popular episodes.

The last day, to accommodate the packing up of Camp, the day ended with older Campers watching Disney's Phineas & Ferb's Movie: Across the 2<sup>nd</sup> Dimension projected large screen in the Gym whilst the younger ones enjoyed the movie Rio in the Kids room.

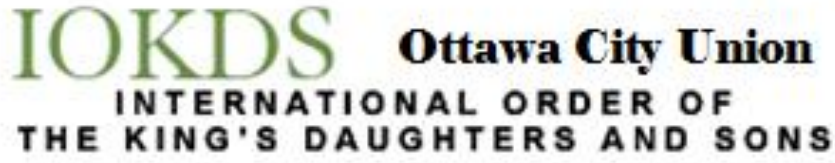
All in all – we judge that it was a very successful Camp from the fun and smiles we saw which has been supported with glowing testimonials from parents and staff that want to return. The challenge now is to follow up with Camp again next year – with more than 69% of our operating budget being spent on staff wages it is no wonder that 1:1 ratio camps are few and far between.... Are we going to have enough sponsors to have a Camp next year? Have we set the bar too high by having this year's Camp so heavily subsidized (which isn't possible next year from the same sponsor source)? Time will tell - but if you have any ideas or sponsorship connections please contact Brenda as soon as possible. Check out the website for more Camp pictures in our PowerPoint presentation and the Pirate Adventure video clips being up-loaded soon at [www.childrenatrisk.ca](http://www.childrenatrisk.ca)



**From the Fall of 2010 to the Spring of 2011, an amazing group of sponsors came together and made this vision a reality and a camp was born....**

# Camp Kaleidoscope

**Please join me in acknowledging our 2011  
Camp Sponsors:**



## CAMP TESTIMONIALS

**Sandy and Ken wrote:** “The Children at Risk Specialized all-day Camp would not have been possible if it weren't for the generous support of donors! We enrolled our son for the full 4 weeks that it was offered, and would definitely do it again if the opportunity came up again! The camp philosophy, program, and team members provided a comfort level for both the children and the parents! This ASD camp definitely met up to our expectations. There was a happy experience provided for our child with autism. Which might not have happened at a regular camp. This camp is just the start of a potentially greater project in the future, if given a chance.”

**Penny wrote:** “This camp experience has been absolutely wonderful for Riley. He has taken to it much better than I had thought. It gives me great comfort knowing he is in such good care for the duration of the day, and I have no worries what so ever. When we go through those doors into the Camp, and without a second thought, his hand releases from mine, and reaches out to whoever will take his, and his mission is simply "straight ahead", I know he is in a good place. He just can't wait to get there in the morning. You offer something he just craves. Thank you so much for this program.”

**Valerie wrote:** “My grandson, Zac, has just completed two weeks at your Summer Camp. I would like to give you some very positive feedback from me, his Mum and Dad, and Zac himself. Zac is seven years old, and has been diagnosed with Asperger's Syndrome. Your camp provided him with the feeling of being accepted without reservation, and the chance to make a very good friend with another little fellow at the camp. Zac has had trouble forming friendships with other children, so the opportunity to do this is invaluable, and it is being continued with play-dates outside the camp. I had the good fortune to pick him up one day, & saw for myself the extremely understanding Councillors that work there. Zac has asked his parents to arrange a three week stay at the camp next year....I think that speaks for itself. Thank you very much from a very grateful grandmother.”

**Semone wrote:** “Thank-you! I would like to thank each and every staff member at Camp Kaleidoscope for making the past 4 weeks of William's summer the best camp experience he's had in years. As a parent, you always worry about the well being of your child and whether the environment you are sending your child into is the best for them, but this Camp managed to put that feeling on the back burner for me. I worried about William at first, but eventually it shifted to me being more worried about the demands he may be putting on the staff! The next 2 weeks before school starts will be quite challenging, as William is leaving this Camp with high expectations – which will be difficult for the next person working with him to live up to. Special thank you to Peter, Rachel, Jamie, Deb and all the other staff members who went over and above the call of duty to ensure that William had a positive experience and, in doing so, lowered my stress level immensely. Thank you is not enough....”

**Beth wrote:** “We wish to thank you and CAR, for accepting our son Alexander to join Camp Kaleidoscope this summer. He had the most amazing time for the full 4 weeks that he was there! It was such a great opportunity for him, and one that we never expected he would have at his age. As you well know, Alex has been terribly ill for about 3 years, an illness which came on Sept; 2008, one being so rare that caused him to lose every skill he had learned from an early age. In his last year at High school, he "crashed", and was left in almost a nonexistent state. After 2 and half years of very hard work, 7 doctors, the 8th being the one to finally diagnose what rare illness had occurred in this young Autistic man, were we really able to see him start coming back. He had begun only talking to me earlier, but it was not until a few months before Camp began, that he was finally able to speak more clearly, walk , feed, dress, toilet himself independently and do most all other daily things that he was able to do for himself. He had been in our home all this time, with my taking him out a few times a week, to reintroduce him into society once again.

## CAMP TESTIMONIALS (Cont'd)

The Doctors were pushing me to find some social group to get him into, yet they were awfully difficult to find at his age of 20. When I saw your email come in, about Camp Kaleidoscope, I jumped on it, as it said 10-18 plus years! Wow, what a wonderful feeling to see those words!!

My being a mother, and also having to deal with this for the past 3 years, of course I was feeling just a bit apprehensive. It was as if we were joined at the hip, and also the fact I was wary that he was too fragile still. There was also the financial end of it. We were not sure how we would pay for this, as these past couple of years have been real tough. So when we found out, that the King's Daughters & Sons and Unity for Autism would be supporting this very worthy cause of Camp Kaleidoscope, we came to CAR for our interview. After our interview, I wasn't sure if he would be accepted, as he was the oldest. Yet out of your kindness, he was accepted and we were able to tell Alex he was going to Camp!! Well, Alex began changing before our eyes...he was so excited, he even began improving more! From Day 1 of the first week and throughout the 4 weeks, Alex was jumping out of bed each morning and doing all his daily skills, dressing, eating, toileting, feeding and walking by himself to ready himself for Camp. It was like a miracle!

When I dropped him off that first day, I had no worries at all. I could tell he was in very cable hands there, with extremely Professional Staff, who were the most compassionate, kind and exceptionally intuitive people I have ever met. John Paul 11 Catholic School was such a safe and clean environment for our son to be in. Alex was among the most experienced Counsellors around, that this family could ever expect to find in one Camp!

Every day, no matter how exhausted he was, he looked so forward to Camp. This Camp offered so many different things for every camper, it was amazing. All the outings were exceptional, and the classes offered, Martial Arts, Yoga, Cooking, etc; were right up his ally. He looked so forward to each day, and we could see that he was improving quickly, and coming back to his old self once again.

I really have to commend the Staff, on all the wonderful things that they did for each and every camper there. They were wonderful. I could see all the other campers and how happy that they were to be there. No matter the level each child was at, there were experienced Counsellors around to assist. I have never seen that before!

So, even though Alex will possibly be beyond this type of Camp, because of his age, I would not hesitate to tell everyone that this Camp was exceptional; I hope that it can continue for many years to come, for all the Autistic children and the older youth. It was a Blessing for our family and I'm quite positive it was for the other families as well. I saw it in their faces every day, for the whole 4 weeks. There are no such Camps like this out there, yours was definitely the first...you are all to be commended.

So we sincerely thank CAR, the King's Daughters & Sons, Unity for Autism and all other donors for their support, absolute kindness and for this very worthy Camp for the Autistic Community.

We also wish to thank all Camp Staff for their expertise, patience, and very caring attitudes. You could not have found a better group of people to make our kids and families, walk away each day, feeling so grateful that Camp Kaleidoscope existed!"

Sincerely, and with heartfelt thanks, Beth, Rick, Alexander & Greg,  
P.S. Those Memories books will be cherished....

A lack of a sleep causes difficulties not only for the child who is not sleeping but for the entire family. A lack of sleep causes difficulties in concentration, lowered coping skills, and increased stress, just to name a few of the consequences.

Establishing a proper sleeping routine and getting a sound night's sleep is beneficial for everyone in the child's environment.

Overcoming sleep related issues is not an easy thing to do and it is recommended that you seek professional support if possible and if not possible that you recruit a family member or friend to support you during this time. All members of the family will need to be in agreement with the routine in order to be successful.

### **General Guidelines**

It is best to avoid stimulants such as sugar and caffeine before bed. We recommend no caffeine and only natural sugar after 12pm if you are targeting sleeping routines.

Try to avoid stimulating activities such as video games or physical activity right before bed time. Introducing an hour's quiet time before bed for everyone in the house may be effective. If the entire household is winding down it is much easier for a child to sleep than if the household is loud and lively.

Reduce sensory stimulation in your child's room. Try to have a quiet and dark environment. Put up thick curtains to block outside light and use carpet or rugs to reduce sounds.

Have your child's bed be a signal for sleep. Only allow them to sleep in the bedroom. Do not allow them to play, watch TV or use a computer in their room. Recommended that their play things/play area be in a completely different room of the house.

It is recommended that you keep a sleep diary. This will help you establish patterns (such as does having an afternoon nap keep the child up later at night) as well as be a record to confirm that your procedure is actually working. If things are not improving a sleep diary can be sent to a professional for feedback and is a much more objective measure than trying to remember what happened in the past.

We recommend you establish a bed time routine. For example, relaxing bath time; story on the sofa; bed time. Whichever routine you choose needs to be followed the exact same way every single night.

### **Sample Schedule:**

7:30pm – Time to start getting ready for bed. Pj's on and brush teeth

7:45pm – Relaxing activity

8:00pm – Kiss and hug before leaving the room

Best of luck in achieving a peaceful night's sleep!

*Shelley Brown, Junior Director*

*Behaviour Analyst, BCaBA, PG Cert ABA, BA Psyc, Dip Behavioural Sci.*

[shelley@verbal-behaviour-consultants.com](mailto:shelley@verbal-behaviour-consultants.com)

[www.verbal-behaviour-consultants.com](http://www.verbal-behaviour-consultants.com)







## **Social Skills Groups for Teens with Asperger's Syndrome (and related diagnoses)**

*offered by Children at Risk*

The Typical Teens social groups have been running since 2003, and focus on experiential learning of social skills in a fun and sociable teen environment. The groups provide community-based social skills training for teens with Asperger's and related diagnoses (HFA, PDD, NVLD). The strength of the TT model is the inclusion of trained peer mentors, supported by the arms-length facilitation of the adult group leaders, creating an authentic "real world" teen social situation that includes full support for the learning of new skills and the generalization and consolidation of previously acquired social knowledge.

This program was fortunate to receive special funding from Autism Speaks Canada to expand our services in 2011. This fall, we will be offering two groups, one situated centrally and one in the west end. Each group will run for 8 weekly sessions. Here are the details:

1. Central Typical Teens Group (based at CAR main office, 235 Donald St) will run a Part 1\* group for students in grades 9 & 10, Thursday nights from Oct 6<sup>th</sup> to Nov 24<sup>th</sup> (Interviews will be Thursday, Sept 29<sup>th</sup>)
2. West End Typical Teens Group (based at Stittsville United Church, 6255 Fernbank Rd) will run a Part 1\* group for students in grades 7 & 8, Monday nights from Oct 17<sup>th</sup> to Dec 5<sup>th</sup> (no meetings on Oct 10, Thanksgiving or Oct 31, Halloween; interviews will be Monday, Oct 3<sup>rd</sup> )

*\*Part 1 groups are for teens who have not previously attended a Typical Teens social group.*

More information about the structure, content and philosophy of the Typical Teens groups can be found online at [www.autismandtheartofcommunication.com](http://www.autismandtheartofcommunication.com) . You can also call (613-741-8255) or e-mail ([car@childrenatrisk.ca](mailto:car@childrenatrisk.ca) ) the Children at Risk office.

For application forms (for both AS teens and teens who are interested in volunteering as peer mentors) please e-mail Heather Pierscianowski at [tadp@sympatico.ca](mailto:tadp@sympatico.ca) .

## ADVERTISING

For the month of September anyone who is interested in video conversions **Bytown Productions** is offering no HST.

**Bytown Productions** video Ryan and Andrew did for **Project: Priceless**. They donated their time and did the wedding video for a young couple ... **Weddings**.

<http://www.bytownproductions.com/pages/media/weddings.php>

**Project: Priceless** -- our wedding experiment  
[www.bytownproductions.com](http://www.bytownproductions.com)

**CALL 613-440-3067**

### Edelweiss Private Academy

160 Unit B Terence Matthews Drive

Ottawa, Ontario

K2M0B2

Ph (613)-668-3936

Email [info@edelweissprivateacademy.com](mailto:info@edelweissprivateacademy.com)

**WHO WE ARE:** Edelweiss private academy was created to help children with exceptionalities achieve their academic goals.

**OUR MISSION:** To Support children as they reach their academic goals while providing a high quality education within a dynamic, hands on, small ratio and positive environment.

**OUR CURRICULUM:** Edelweiss private academy follows the same schedule and curriculum expectations as the Ottawa Carleton District school board (OCDSB).

Contact us! We would be delighted to answer any questions you may have.



### TIPES CHARITY GALA

Monday, October 24, 2011  
Fairmont Chateau Laurier Hotel, Ballroom  
Cocktails at 5:30 P.M.  
Dinner at 7:00 P.M.

**Corporate table for ten:**  
\$1500.00 before August 31, 2011  
\$1750.00 after September 1, 2011

**Individual tickets:**  
\$140.00 before August 31, 2011  
\$150.00 after September 1, 2011

**Group table for ten:**  
\$1300.00 before October 1, 2011

**For more information:**  
Email: [jwyatt@tipes.ca](mailto:jwyatt@tipes.ca)  
Phone: 613.592.8800

#### DINING AND ENTERTAINMENT

Join us for the city's third annual "Wii Off" competition. Learn how you can make a difference for children with Autism.



Charitable organization tax receipts available upon request.



**EB**

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**Emerald Buffet**

33 Selkirk Street  
Vanier, Ont K1L 6N1  
(Eastview Shopping Center)

**Tel: (613) 749-2088**  
**Fax: (613) 749-6912**

Disclaimer: This Newsletter is for informational purposes only. Children at Risk does not support, endorse or recommend any method, treatment, product, remedial center, program or person for people with autism or autism related conditions.

## Children at Risk 2011 Raffle Ticket Sample

**CHILDREN AT RISK:**

**2011 FALL RAFFLE**  
*Providing Community  
 Supports for Families and  
 Children with Autism  
 Spectrum Disorders*

NAME:

ADDRESS:

PHONE #

City of Ottawa License #

M667909

**MUST BE 18 YEARS OR  
 OLDER TO PARTICIPATE  
 IN THE LOTTERY EVENT**

SAMPLE TICKET

of 3,500

**CHILDREN AT RISK – [www.childrenatrisk.ca](http://www.childrenatrisk.ca)**  
**235 Donald Street, Suite 212, Ottawa, Ontario, K1K 1N1, 613-741-8255**  
*Providing Community Supports for Families and Children with Autism Spectrum Disorders*  
**2011 FALL RAFFLE**

### 1<sup>ST</sup> Prize – CALGARY – HERE WE COME!

This Exciting Trip Prize includes:

- Return Trip for Two People to Any Scheduled WestJet Airlines Destination! (Value \$4,604)
- 2 Night's Stay at the Radisson Hotel Calgary Airport - (Value \$315)
- 4 – Fares for "Country Dinner" Excursion with the Alberta Prairie Steam Train (Value \$294)
- 4 – 1 Day Inclusive Passes for Calaway Family Fun Amusement Park (Value \$143)
- 4 – Day Admission Passes for the Calgary Zoo (Value \$71)
- 6 – Free Admission Passes for Historic Fort Calgary (Value \$66)
- 2012 Calgary Entertainment Coupon Book (Value \$45)
- 2 – Day Admission Passes for Heritage Park Historical Village (Value \$41)
- Family Day Pass for the Royal Tyrrell Dinosaur Museum (Value \$30)

**TOTAL 1<sup>ST</sup> PRIZE VALUE: \$5,609!**

**2<sup>nd</sup> Prize**—2 Ottawa Senators Club Seat Tickets (with parking), Sens Jersey & Memorabilia (Value \$460)

**3<sup>rd</sup> Prize**—Crabtree & Evelyn "Iris" Home Fragrance Package plus Molly Maid Certificates (Value \$325)

**4<sup>th</sup> Prize**—Joseph's Bayshore—Hilites/Colour/Cut/Dry & Loma Products plus Roses Are Us (Value \$242)

**5<sup>th</sup> Prize** "Family Fun"—Agriculture & Aviation Museum Passes, 2012 Ottawa Ent. Coupon Book, Key to the City Discount Card, PlaSmart Plasma Car & Kiddie Kobbler Gift Certificate (Value \$218)

**6<sup>th</sup> & 7<sup>th</sup> Prizes** Week 'O Dining (Value \$183 each):

Emerald Buffet \* Fratelli's \* Grace O'Malley's \* M.I.C. \* Nate's Deli \* Perkins \* Shoeless Joe's

**8<sup>th</sup> Prize** - Courtesy of The Computer Media Group:

Lexmark Interpret S405 Print/Copy/Scan/Fax Unit & Copy Paper (Value \$152)

Draw: October 3, 2011, 1 PM, 235 Donald Street, Ottawa

City of Ottawa License #M667909

**\*MUST BE 18 YEARS OR OLDER TO PARTICIPATE IN THE LOTTERY EVENT**

SAMPLE TICKET

of 3,500

**PRICE: \$2 or 3 for \$5**

# SIXTEENTH ANNUAL RAFFLE WINNERS – June 26, 2011

PRIZE	NAME	TICKET #
#1 – 2 Nights Macies Best Western Hotel, Lincoln Fields Gift Basket, Joseph’s Bayshore, Pflug Optical, Theo’s Greek Taverna, Capones Ristorante, The Works Burger Bistro & Hair World Certificates (Value \$1,092)	Paul McAdam	1633
#2 – Ottawa Sun/Sundance Balloons, Travelodge, KS/Keys & Fadi’s Hair (\$764)	Alison Armstrong	3217
#3 – Avis, CN Tower, Science Centre, Casa Loma, Hockey Hall of Fame, Art Gallery Ontario, Keg & McDaniels Your Independent (\$637)	Kevin Schram	4541
#4 – Sens Tickets, Memorabilia, Executive Golf, Local Heroes, Gracies (\$633)	Robert Salvador	0380
#5 – Sens Tickets, Memorabilia, Executive Golf, Local Heroes, Gracies (\$633)	Arlene Korteweg	3498
#6 – Rinaldo’s Carlingwood, Health Dynamics, City of Ottawa Fitness (\$521)	Blair Mayer	1271
#7 – Handcrafted Quilt (\$400)	Judy Brignell	1321
#8 – Maid, Sylvan, Swiss Chalet, Mr. Mozz, Denny’s, Yang Ming, M&M (\$357)	Patrick Cholette	1608
#9 – Maid, Sylvan, Swiss Chalet, Mr. Mozz, Denny’s, Yang Ming, M&M (\$357)	Brenda Alberty	5919
#10 – Maid, Sylvan, Swiss Chalet, Mr. Mozz, Denny’s, Yang Ming, M&M (\$357)	Cletus Ferrigan	1557
#11 – Holiday Inn Plaza la Chaudiere & Patty Boland’s Irish Pub (\$346)	Nadin Khadisah	0320
#12 – Wakefield Inn, Maxwell’s Bistro, & Mont Cascades (\$344)	Denis Dagenais	2780
#13 – Ernie Ells Memorabilia, Golf Balls, Red Book & Greensmere Passes (\$343)	Rebecca Tam	4717
#14 – Delta Hotel Ottawa & Patty Boland’s Irish Pub (\$333)	Brenda Desjardins	4738
#15 – Country Inn & Suites, Merivale Fish Market & Il Paradiso Spa (\$289)	Salma Alshehabi	0260
#16 – Campbell Ford Automotive & Richmond Beauty Salon (\$227)	May Lynn Soong	3297
#17 – Speedy Auto, Bell Canada, Local Heroes & Baseball Cap (\$197)	Judith Starkey	2189
#18 – Urban Bistro & Stained Glass Stuff (\$169)	Denise Medjuck	1138
#19 – Instead of Flowers Pen Set & Roses R Us Certificate (\$155)	Shelley Schachnow	2305
#20 – Putting Edge Passes, Puzzle, Decals & Speakers for Teens	Jenny O’Brien	3825
#21 – Ent. & Ottawa Citizen Books, House of Pizza & New Edinburgh Pub (\$137)	Blair Mayer	1270
#22 – Ent. & Ottawa Citizen Books, House of Pizza & New Edinburgh Pub (\$137)	Gavin Leishman	4699
#23 – Ent. & Ottawa Citizen Books, House of Pizza & New Edinburgh Pub (\$137)	Mr. Bitzams	0652
#24 – Ent. & Ottawa Citizen Books, House of Pizza & New Edinburgh Pub (\$137)	Hugena Matheson	1884
#25 – 3 Children’s Toys (\$124)	Tom Schissler	4883
#26 – Maggie’s Flowers, Sunslip Ceramics & La Porto a Casa (\$115)	Lindy Hokkinen	0031
#27 – Ottawa 67’s & Louis Steakhouse Certificates (\$114)	Kelly Morrow	3150
#28 – Canadian Fitness Club & Whisper’s Bar & Grill (\$101)	Pat O’Reilly	2930
#29 – Canadian Fitness Club & Whisper’s Bar & Grill (\$101)	Anne Kerr	0852
#30 – Mary K Gift Set & Kiddie Kobbler Certificate (\$100)	Earla Clemo	0039
#31 – Mary K Gift Set & Kiddie Kobbler Certificate (\$100)	Vivian Parravano	2984
#32 – Hummingbird Medi Spa & Kardish Bulk Foods (\$96)	Joan Wiggins	4549
#33 – Tuscon’s Roadhouse Gift Card & Kevin’s Auto Care Oil Change (\$95)	Paulette McNeill	2751
#34 – Barley Mow Certificate, Avon Gift & Joseph’s Bayshore (\$90)	Kristina Thorman	5827
#35 – Barley Mow Certificate, Avon Gift & Joseph’s Bayshore (\$90)	Christiane Legault	3410
#36 – UPS Bank/Hunt Club & Staples Shredder (\$89)	Joel Edelson	2444
#37 – War & Civilization Museum Passes, Peloso Cleaners & Key to the City (\$86)	Dawn-Heather Ellis	1848
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**CONGRATULATIONS TO ALL OUR WINNERS!  
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