



## DECEMBER 2012

Issue #61

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Charitable Registration #  
10691/3775/RR/0001

### Our Mission Statement

To provide services and programs to families of children diagnosed within the Autism Spectrum Disorders to develop their child's behavioural, communication, and social skills, and to advocate for their ongoing needs.

### MARK YOUR CALENDARS

**Maudes Pub Fundraiser with  
'Good2Go'**

Friday, November 30, 2012

**Capital Chordettes Christmas  
Craft Auction**

Saturday, December 1, 2012

**7<sup>th</sup> Annual "Rollin' for Risk"  
Bowl-A-Thon**

Sunday, January 27, 2013

**12<sup>th</sup> Annual "Rockin' for Risk"  
Fundraising Dance**

Saturday, April 6, 2013

### ***PRESIDENT'S MESSAGE***

Well, the weather is great and you have to wonder – is it really late November? I do not remember such a mild day for the November 11th Remembrance Day Ceremony. A salute to our fallen soldiers and those serving us around the world!



Christmas is fast approaching as is 2013. However, 2012 is not over just yet! Our Fall was a flurry of activity - there sure were a lot of great artistic masterpieces at the Celebrity Pumpkin Carving Event. As well, last month was the **Ottawa Celebrity Sports Dinner** that Children had the joy of being a receiving charity. It was an amazing night hosted by Stuntman Stu, a great show by a talented entertainer along with a live and silent auction. A fantastic time was had by all. Thanks to all the volunteers that helped at both events. In addition, CAR is presently running a Saturday Fun Club at our Donald location twice monthly. The Fun Club is providing fun, games and activities for our community as well as a day of respite for the parents.

To cap it off - Children at Risk is proud and pleased to have been nominated for **A Celebration of People's Award**. It is a privilege and honour to be nominated for such a prestigious award. Stay tuned to see if Children at Risk & Camp Kaleidoscope win on December 3<sup>rd</sup>.

Wishing you all a Merry Christmas, Happy Hanukkah and a very Happy New Year! *Paul Lacroix, Board President*

### ***Holiday Snowflake Party***

When: Sunday, December 2, 1-4 pm

Where: Travelodge Hotel, 1376 Carling Ave.

Activities: Face painting, cookie decorating,  
Munchies, swimming, crafts and Santa!

Cost is free to Autism Ontario and  
Children at Risk members.

Register with Jody [ottawa@autismontario.com](mailto:ottawa@autismontario.com)  
or 613.230.6305 ext. 22

**NOTE: REGISTRATION HAS CLOSED  
DUE TO MAXIMUM ATTENDANCE –  
WAIT LIST ONLY STATUS AT THIS TIME!**

## EXECUTIVE DIRECTOR'S MESSAGE

*Submitted by Brenda Reisch*

As 2012 draws to a close, I reflect on the accomplishments that "The little Charity who does BIG THINGS" has achieved yet again this year...the exponential growth in services and number of children served, not only this year, but last year, as well. An increase in number of children served:

- 2010-2011 of 22%
- 2011-2012 of 38%
- 74% increase from 2010-2012!

Those numbers do not even include the Pilot Project "Saturday Fun Club" of 4 Camp-Like Saturdays in November and December that will average 15-20 children each day...These statistics arouse excitement and pride – but trepidation too...can this growth and the programs and supports offered currently be sustainable?

As we face not only challenging economic times, but also the (hopefully!) short-term loss of a major 3<sup>rd</sup> party fundraising activity, these questions led me to some Gogging at [www.scvs.org.uk](http://www.scvs.org.uk) :

- **What is Sustainability?** Sustainability is a widely used term that describes something's ability to endure. It is the ability for something's long term state of well-being.
- **What is Sustainable Funding?** Sustainable funding involves thinking about the long-term financial future of your organisation. Instead of viewing your projects or services in terms of the lifetime of your current grant, which is often no more than 12 months, it is about planning where you want to be further in the future, using a number of funding opportunities to achieve this, and continuing to monitor your progress.
- **Why become more Sustainable?** Avoiding grant dependency and a reliance on charitable donations will help prevent fluctuating income, financial insecurity, low unrestricted funds for core costs, and mission drift, where grants are followed at the expense of beneficiaries' needs and the aims of the organisation. Instead, the long-term impact of your projects will be realised, you will be more in control of your own future, and you will also be more attractive to potential funders.

Children at Risk has already experienced the loss for 2013 of a Major 2011 & 2012 Major Funder for Camp Kaleidoscope, with another Major Funder (who will come through in 2013 again) inquiring about CAR's efforts to find other Sustainable Funding...and I can concur with the statements above that pursuing grants is a short-term endeavor – that then has to be repeated year after year.

So consider this an All-Call – an appeal to Members and Supporters to help Children at Risk find Sustainable Funding, possibly in the form of Corporate Donors, who can consider the commitment of a small, but sustainable, Annual Gift – that will not "break the bank" and allow a demonstration of commitment to community!

Help us to Help Children at Risk continue the phenomenal services we have offered for 34 years, but especially the ones in the last 2 years!

### SIBLING SUPPORT WORKSHOPS & OUTINGS

Children at Risk will be offering not only 2 Sibling Support Workshops, but 2 Sibling Outings! The Outings will be co-sponsored by Autism Ontario's Potential Program.

Here is the schedule:

Saturday, January 26, 2013

Older Sibling Workshop at Children at Risk (ages 8-13)

Saturday, February 9, 2013

Older Sibling Outing at Laser Quest

Saturday, March 3, 2013

Younger Sibling Workshop at Children at Risk (ages 4-7)

Saturday, March 30, 2013

Younger Sibling Outing at Midway Fun Park

For more info and registration form see attachment.

### 2012/2013 Board of Directors

President – Paul Lacroix

Treasurer – Lesia Gilbert

Secretary – Mark Lalonde

Director – Natasha Ell Saunders

Director – Kelley Matheson

Director – Valeria Mills

**CHILDREN AT RISK  
2012 REPORT ON SERVICES\*\***

**Social Skill Therapy (Friendship) Groups**  
(Based on sessions of 10 weeks, 1 ½ hours/wk)

Ages 10-12 years      7 children

Ages 15-23 years      12 children

Asperger "Typical Teens": 35 youth (8 week session,  
2 hrs/wk)

Camp Kaleidoscope - Summer Full-Day Camp (ages  
5-24): 146 children

TOTAL: 200 children served

**Sibling Support Workshop**

4 Full-Day Sessions Ages 5-12: 51 children served

**GRAND TOTAL OF NUMBER OF CHILDREN  
RECEIVING DIRECT SERVICES FROM  
CHILDREN AT RISK: 251**

**\*\*In addition – we sent 6 children to Walt Disney  
World through Dreams Take Flight in 2012!**

**MEMBERSHIP INCREASE**

As of January 1, 2013, Children at Risk's  
Individual/Family Annual Membership will be  
increasing to \$30, with Professional/Agency  
going to \$60.

However, if you renew **BEFORE** the end of  
December, 2012 – you will save the increase of  
\$5 – you might even wish to renew for 2 years  
and save \$10.

Call us at 613-741-8255 or email us –  
don't delay - renew today!



**FUNDRAISING UPDATE**

Submitted by Brenda Reisch, Fundraising Chairperson

**UPCOMING EVENTS/ACTIVITIES SINCE  
SEPTEMBER 2012 ...**

**What Happened:**

**FALL RAFFLE TICKETS**

We are excited to announce the winners of the **SOLD  
OUT** Children at Risk Fall Raffle draw that was held on  
October 1, 2012. With everyone's generous support and  
efforts, we earned over \$5,800 for Children at Risk's  
2013 Camp Kaleidoscope!

The Winners are:

- 1<sup>st</sup> Prize - Ticket # 0919 – Eleanor Saunders
- 2<sup>nd</sup> Prize - Ticket # 1038 – Lisa Meagher
- 3<sup>rd</sup> Prize - Ticket # 3427 – Aline Durocher
- 4<sup>th</sup> Prize - Ticket # 2178 – Liz Schissler
- 5<sup>th</sup> Prize – Ticket # 2915 – Shelley Schachnow
- 6<sup>th</sup> Prize – Ticket # 0458 – Charlotte Jacobs
- 7<sup>th</sup> Prize – Ticket # 0799 – Gary Welch
- 8<sup>th</sup> Prize – Ticket # 1162 – Angele Jodouin
- 9<sup>th</sup> Prize – Ticket # 3454 – Chris Hill

Many, many thanks to all those who  
bought and/or sold tickets for this  
Raffle - we so very much appreciate  
your support!



**UNITED WAY/CENTRAIDE OTTAWA  
CAMPAIGN INFO**

As this years' campaign kicks off, we wanted to remind  
everyone that charitable donations through United Way  
can be directed to your charity of choice, whether they  
are a United Way charity or not. We welcome the  
direction of your contribution to Children at Risk to  
support the services and programs we provide for  
families raising a child with Autism! This way you can  
contribute to a workplace campaign and support  
Autism, as well!

Specifically, you need to list:

Name: Children at Risk - Ottawa

Revenue Canada Charitable Registration Number:  
10691/3775/RR/0001

## FUNDRAISING UPDATE (Cont'd)

### UNITED WAY/CENTRAIDE OTTAWA CAMPAIGN INFO (Cont'd)

While CAR does not receive direct funding from United Way, our last bi-annual cheque from these directed contributions was over \$5,750.45! The importance of these donations cannot be overstated – as our charity does not receive government funding, directed donations like this are so very needed.... If you have any questions or require additional information, do not hesitate to contact our office! \*Please note that when donations are received this way, the donors are not identified\*. Feel free to let us know if you have contributed to our charity in this manner and accept our sincere appreciation for those who remain supportive, but anonymous!

### 17th ANNUAL CELEBRITY-CARVED PUMPKIN CONTEST – OCTOBER 25-28, 2012

The tables have all been cleared, the Prizes picked up and 128 carved and decorate pumpkins have found their way to the doorsteps of local supporters! Once again this seasonal and colourful event, the 17th Annual Celebrity-Carved Pumpkin Contest, exceeded expectations and earned just over **\$9,200** in support of families raising a child diagnosed within the Autism Spectrum Disorders!!! Local Media, Politicians, Sports Figures and Businesses all "Carved for the Cause" and helped to mark October as Autism Awareness Month!

2012 marks the year that "Radio Rules" as at least 6 of the Top 13 Carvers flooded our airwaves with pleas to vote for their pumpkin! Always strong supporters of Children at Risk, **Stuntman Stu, Angie & Trisha of the Majic 100 FM Morning Show** take the honour of



Top Celebrity Carvers - join me in thanking and congratulating them, as the funds they earned will help families who struggle with the daily challenges of living with Autism. The talent, creativity and incorporation of current affairs (especially our politicians!) as reflected in the Pumpkins never ceases to amaze and astound! Know that despite not making the Top 13, ALL our Celebrity-Carvers are Winners when supporting the Charity and its cause.

## FUNDRAISING UPDATE (Cont'd)

Sadly our very unique and crazy on-line Auction continued to be a challenge to our providers - but we will look for ways to improve this service in 2013. Join me in thanking our Carvers, Donors, Volunteers and Sponsors - including **Carlingwood Shopping Centre, Lincoln Fields Shopping Centre, Place d' Orleans** and especially **Merivale Mall** (who host our Reception and purchase our pumpkins), as well as **RealDecoy** for their [RealAuction.ca](http://RealAuction.ca) and the **Budget-Avis Group** who donate the cargo van for our Pumpkin Express deliveries!

P.S. We will let you know soon when we have a Picassa site done for the Pumpkin Photos!

P.S.S. A yummy "Thank-you" as well to Sue's Sweets for donating all the delicious cookies as a token of appreciation to our Carvers!!

### Top Lucky Thirteen Celebrities (Final Results)

- 1) Stuntman Stu, Angie & Trisha – Majic 100 FM
- 2) Il Paradiso Spa & Tanning/Strandz Hair Design, Lincoln Fields
- 3) Katherine, Sydney & Grace Dines - Majic 100 FM
- 4) Sky High Snow Removal & Roofing
- 5) The Garlic King
- 6) Greco Lean & Fit
- 7) Carter & Sandra – KISS FM Morning Show
- 8) Cub & Company – 93.9 BOB FM
- 9) Cyril Leeder – President, Ottawa Senators Hockey Club
- 10) Doc & Woody – CHEZ 106.1 FM
- 11) Kim Sullivan – Rogers TV “Before I Kick The....”
- 12) Lynn Saxberg – Ottawa Citizen Music Columnist
- 13) Mortgage Brokers Ottawa – Team Merivale

**TOTAL FUNDS RAISED FOR  
CHILDREN AT RISK  
(Supporting Autistic Children):**

**\$9,221.41**

## SPORTS CELEBRITY DINNER



It was thrilling to be part of a production like this year's prestigious Celebrity Sports Dinner on Monday, October 29, 2012. Children at Risk was very honoured to be chosen by the **Soloway Jewish Community Centre** to receive funds of **\$5,000** (or more!) that will be dedicated to our 2013 Camp Kaleidoscope Summer Camp! Although Ottawa was spared the wrath of Hurricane Sandy that weekend, Special Guest Doug Flutie was unable to make the event due to the shut-down of air flights. However, both Bo Jackson and Bruce Firestone put on a show to remember!! Stuntman Stu from Majic100 FM rounded out the evening with his Master of Ceremonies and Auctioning skills. Many thanks to the dozens of Children at Risk Volunteers who made us look marvelous – I had excellent feedback from the event organizers!

## 2<sup>nd</sup> ANNUAL BENEFIT BRUNCH FOR AUTISM – SUNDAY, NOVEMBER 18

**IOKDS**

INTERNATIONAL ORDER OF  
THE KING'S DAUGHTERS AND SONS



The King's Daughters and Sons Ottawa Autism Circle continued to support both Children at Risk and Autism Ontario, Ottawa Chapter by hosting a 2<sup>nd</sup> Annual Fundraising Brunch! Once again, this event was held at the prestigious Falcon Ridge Golf Club. Although our number of patrons was down from 2011, the close to 70 supporters from both charities and other Circles of KDS dined on delicious eats, were entertained by students **Lauren & Ben Aubrey** from the Suzuki School of Music, as well as **Christine Bourgeois**, KDS Carleton University Scholarship recipient. We hope our enthusiastic Silent Auction bidders will help to raise close to the same as last year! Special thanks to KDS Member **Barbara Gray** for her auction item donations – and for the beautiful poem she shared with us on Angels – our theme for this year's event! Make sure to join us next year - tentative date of November 17, 2013!!



## Catching Angels by Barbara Gray

Have you ever caught an angel?  
No net can capture  
a whisper  
a breath?  
Nor a sigh  
Nor a sighting.

Can you catch your song of joy  
that plays your heart strings?

Music that can only be heard  
by the one for whom it was intended.

Does the ear catch the tones?  
Does it feel what the heart feels?

Vibrations of another world.

Can you hold still a look  
a hand from a stranger  
a smile?

They all disappear  
vanish in a twinkling  
then you may realize that it may have been an angel.

They are the light  
and thoughts of God.

Softly carried in the silent place  
between here and there.

Alighting at His will  
and you will never know  
when they pass through your life  
you may be filled with wonder  
and wonder, was that an angel?

You may turn  
or look  
bend or smile or  
any of a million things  
and be filled with wonder  
that can be caught.

It can overflow into others.  
They will catch it  
and pass it on.

Have you caught an angel?

## FUNDRAISING UPDATE (Cont'd)

### What is On Now/Coming:

Zaphod Beeblebrox presents

**Rock, raffles and valuable prizes.  
All proceeds to Children at Risk.**

**GOOD2GO  
Annual Benefit for Children At Risk**



**Friday, November 30, 2012 (Doors 8pm)**

**Zaphod Beeblebrox**  
<http://www.Zaphods.ca>  
27 York Street, Ottawa, Canada.

**Age 19+/ General Admission**  
**ADVANCE TICKETS: \$10.00, for a limited time,**  
**at [www.TicketWeb.ca](http://www.TicketWeb.ca)**  
<http://www.ticketweb.ca/snl/VenueListings.action?venueId=10807>  
**or by phone 1.888.222.6608**

**GOOD2GO video:**  
<http://www.youtube.com/watch?v=gDVZ1vSwKEU>

**Facebook event page:**  
<http://www.facebook.com/events/514243018587909>

## FUNDRAISING UPDATE (Cont'd)

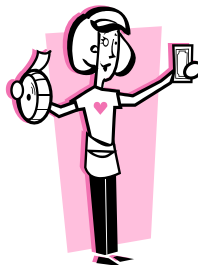
### OTTAWA 67'S 50/50 TICKET SALES

Currently the Ottawa 67's will be our only source of 50/50 fundraising, so we hope our seasoned Volunteers can put their support behind helping out at these games, especially as many of you are accustomed to being at Scotiabank Place, as this is the 67's New Home for the next 2 seasons! Children at Risk will be covering the Home Games for both December 2012 and January 2013:

(needing 10-12 Volunteers/Game - need to arrive 1 1/2 hours before game)

Wednesday, December 12 - 7 PM game  
Friday, December 14 - 7:30 PM game  
Monday, December 31 - 2 PM game

Thursday, January 3 - 7 PM game  
Wednesday, January 9 - 7 PM game  
Friday, January 18 - 7:30 PM game  
Sunday, January 20 - 2 PM game  
Thursday, January 24 - 7 PM game



Volunteers need to arrive 1½ hours before game time, with 3 hours of time required. Volunteers must be 18 years of age or older. Parking and a beverage will be provided for Volunteers.

### 2012/2013 ENTERTAINMENT COUPON BOOKS



Children at Risk still has the 2013 Entertainment Coupon Book for sale at only \$35 each!

**NOTE: IF BOOKS ARE ORDERED ON-LINE, THEY ARE \$40 - BUT ONLY \$35 THROUGH THE CHARITY!**

They can be obtained through our offices or at 15 Quickie Convenience stores throughout the city.

CentrepoinTE parents can also get them from Merle Hagerman at 613-226-4982.

## FUNDRAISING UPDATE (Cont'd)

### SANTA PHOTOS



Once again, Children at Risk has been offered the opportunity to earn funds by taking the Santa Photos at **Westgate Shopping Centre** this Christmas Season!

This year again we are covering the entire holiday photo schedule - from November 24 to December 23. For the 1<sup>st</sup> 2 weeks, photos are only being offered for Friday evenings plus Saturdays & Sundays. Then it will be Thursday and Friday evenings, Saturday and Sunday the 2 weeks before Christmas.

We will need volunteers throughout the schedule - more on Saturdays due to the volume - see below for the needs. We will be using a digital camera and printing the photos on-site with a colour printer. Cost for a Santa photo will be \$5 with ALL of the proceeds being donated to Children at Risk!

Please look at the schedule below and let us know if you can help out - even a couple of hours at a time would be great! We will need both volunteers who are comfortable (and somewhat good!) at taking photos, as well as table workers to take cash/print the pictures (easy to learn).

This would also be an opportunity for a teen and parent to work together to get volunteer hours!

Saturday, November 24 from 10-5  
7 hours, 2 Volunteers needed for the Table

Friday, November 30 from 4-8  
4 hours - 1 Volunteer for Camera, 1 Volunteer for Table

Saturday, December 1 from 10-5  
7 hours - 2 Volunteers for Camera, 2 Volunteers for Table

Sunday, December 2 from 11-4  
5 hours - 1 Volunteer for Table

## FUNDRAISING UPDATE (Cont'd)

Friday, December 7 from 4-8  
4 hours - 1 Volunteer for Camera, 1 Volunteer for Table

Saturday, December 8 from 10-5  
7 hours - 2 Volunteers for Camera, 2 Volunteers for Table

Sunday, December 9 from 11-4  
5 hours - 1 Volunteer for Table

Thursday, December 13 from 4-8  
4 hours - 1 Volunteer for Camera, 1 Volunteer for Table

Friday, December 14 from 4-8  
4 hours - 1 Volunteer for Camera, 1 Volunteer for Table

Saturday, December 15 from 10-5  
7 hours - 2 Volunteers for Camera, 2 Volunteers for Table

Sunday, December 16 from 11-4  
5 hours - 1 Volunteer for Table

Thursday, December 20 from 4-8  
4 hours - 1 Volunteer for Camera, 1 Volunteer for Table

Friday, December 21 from 4-8  
4 hours - 1 Volunteer for Camera, 1 Volunteer for Table

Saturday, December 22 from 10-5  
7 hours - 2 Volunteers for Camera, 2 Volunteers for Table

Sunday, December 23 from 11-4  
5 hours - 1 Volunteer for Table

### DONOR'S CORNER

In Memory of Sadie MacAskill .....\$25

Redsell-Seguin Financial Services.....\$500

In Memory of Darelene Hubley.....\$1,185

## FUNDRAISING UPDATE (Cont'd)

### CAPITAL CHORDETTES CHRISTMAS CRAFT SALE & AUCTION



Saturday, December 1, 2012 from 1-4 PM  
Ron Kolbus Centre (formerly Lakeside Gardens)  
102 Greenview Drive, Britannia Park

Live & Silent Auctions  
Music & Light Refreshments  
Crafts, Baking, Books, Jewellery and more

Tickets:  
\$10 adults, Seniors/students \$8, Children under 12 free  
Available by calling 613-837-7704 or at the door  
Partial Proceeds support Autism through  
Children at Risk, Ottawa!  
**SEE YOU THERE!!**

#### 7th Annual "ROLLIN' FOR RISK"

Bowl-A-Thon for Autism  
Walkley Bowling Lanes  
Sunday, January 27, 2013



Minimum Pledges of \$125/team for entry. All pledges over \$20 will receive an income tax receipt. Join us for fun, prizes and a rockin' & rollin' good family time! See info and pledge sheet included.

## FUNDRAISING UPDATE (Cont'd)

### DONATE A CAR CANADA



Donate A Car Canada accepts vehicle donations for Children At Risk Ottawa to donate a car, truck, RV, boat, motorcycle or other vehicle to CAR simply fill out the DONATE NOW tab at [www.donatecar.ca](http://www.donatecar.ca). Donate A Car Canada can provide you with free towing in many areas across Canada. Donate a Car Canada can pick up your car or truck, or you can drop off your vehicle to maximize your donation. When you donate your car it will either be recycled or sold at auction depending on its condition, age and location. Donate A Car Canada will look after everything to make your donation easy for you to support Children At Risk Ottawa. DONATE NOW at [www.donatecar.ca](http://www.donatecar.ca) and CAR will send you a tax receipt after your car donation is complete!

### CANADA HELPS



Children at Risk has signed up with CanadaHelps.org. When you visit our Website at [www.childrenatrisk.ca](http://www.childrenatrisk.ca) just click the Donate Now button and you will be linked to the CanadaHelps.org donate page for Children at Risk. As with any service, there are some administration charges, but this allows anyone to donate on-line and even anonymously, if desired. It allows 24 hour ability to direct a donation to our charity and the electronic ease that many of us are looking for to support charitable causes! All you have to remember is our website – [childrenatrisk.ca](http://childrenatrisk.ca) and the rest is easy!!

### NEW LOCAL BLOG

Kim Peterson and Heather Rose recently launched a new local blog to advocate for autism as well as provide supportive information to parents. To start, they have posted a roadmap for parents of the newly diagnosed learn to navigate the system. Coming up they will be posting a roadmap for the school aged child, as well as one for the 18+ age group. They are recruiting parents to write blog posts about their daily life with autism. Here is the link:

<http://autismadvocacyottawa.wordpress.com/>

Heather is a member of CAR. She has a 2 year old daughter with ASD.



## RECIPE CORNER

Continuing with our new addition to our Quarterly Newsletter – “Recipe Corner”! We invite you to send us a favourite recipe – not necessarily GF/CF, but those would be great, as cooking without gluten and milk products can be challenging. Here is one of my best recipes for GF/CF cake/cupcakes, always a great thing to send with your ASD child, especially if others he is with are GF/CF! They are tasty and light!!



## BASIC YELLOW CAKE

(from Dietary Intervention as a Therapy in the Treatment of Autism and Related Developmental Disorders by Beth & Andy Crowell, 1992)

(For cupcakes, 2-8” cakes or 1 9x13” pan)  
Bake at 350 degrees for 25-30 minutes

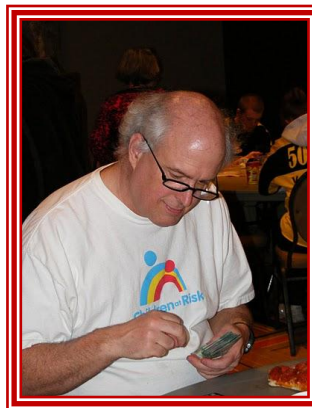
1 ½ cup	Rice Flour
1 tsp.	Xanthan Gum (my addition for cohesiveness – available at specialty bulk food stores)
½ tsp.	Salt
1 cup	Sugar
½ cup	Shortening
4	Egg Yolks
¾ cup	Water
1 tsp.	Almond Extract
1 tsp.	Vanilla Extract
4	Egg Whites, beaten stiff

Sift together dry ingredients in a mixing bowl. Add shortening, yolks, and ½ cup of the water. Beat 3 minutes at medium speed in electric mixer, scraping bowl frequently. Add remaining ¼ cup water and extracts. Beat 2 minutes more at medium speed. Fold in beaten egg whites and pour into prepared cups or pans. Bake until cake tests clean – careful not to overbake.

Cool 5-10 minutes in the pan, then turn out and cool completely on a wire rack. Frost as desired.



## Volunteer Spotlight



Greg Bonnah coined the phrase “Voluntold” when it comes to helping Children at Risk with anything and everything – from 50/50 ticket sales, to Newsletter mailings, to handing out event tickets, to Raffle books, to Pumpkin cleaning...Greg cheerfully allows us to Voluntell him - and sometimes his 22 year-old ASD son, Zac, too! It is rare for him to have to say “no” to a request to help – and for this we want to acknowledge his contributions to Children at Risk in this Newsletter!

## Donor Spotlight

In this newsletter we wanted to acknowledge and applaud a Donor who has demonstrated long-standing support for Children at Risk. Recently CAR received a generous cheque that represents 5 years of support from Guy Seguin of Redsell-Seguin Financial Services! It is rewarding to have the recognition that Autism is not something that can be fixed with a one-time donation. For this continued sponsorship, we award our December 2012 Newsletter “Hat’s Off” award!



## THANK YOU'S



"I wanted to thank Children at Risk and the 67's organizers for the tickets we received to attend an afternoon game at Scotiabank Place. It was awesome!!!! The 67's won 8-1 that afternoon and my youngest, Aidan, nearly came out of his skin because he's a big fan!!!! We even had a visit from Riley Raccoon at the beginning of the game...our afternoon was awesome and filled with fun and excitement! Thanks again!!!" April, mom of Luka and Aidan

"Just wanted to say thanks for the tix to the 67's game on Saturday night. Great family fun. We really appreciate it! Attached is photo of hubby with Nate making some noise!" Kara

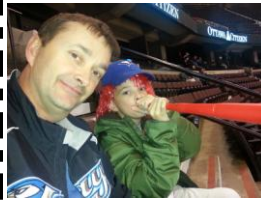


"I received 3 free tickets for the opening night of the Ottawa 67's at Scotiabank Place. My sons and I attended the game and we had a great time. Attached is a photo of them at the game and it was a nice

"mother and sons" evening night out. I sincerely thank you and Trinity Developments for this fun opportunity. Thanks again," Karina

"Just a quick note to say a big thank you to Trinity Developments and CAR for the five tickets we received for the 67s game of Friday, Sept 28. Although the 67s lost 4 to 2, the game was quite entertaining and Benjamin, us and his grandparents had a lot of fun. As the 67s now play in the Scotia Bank Place, there is actually a lot of room to cheers, move and sing. Thanks again, we had a blast." Marc and family

"Last weekend our family celebrated my son's 7th birthday at the 67's game and we had a fantastic time, in spite of a 3-2 loss for the 67's. Thank you so much for the tickets, we really appreciate getting the opportunity to take the kids out. The seats were perfect. With thanks," Sally



"Just wanted to say thanks for the tix to the 67's game on Saturday night. Great family fun. We really appreciate it. Hubby and Nate make some noise!" Kara

"I wanted to thank Children at Risk and the 67's organizers for the tickets we received to attend an afternoon game at Scotiabank Place. It was awesome!!!! The 67's won 8-1 that afternoon and my youngest, Aidan, nearly came out of his skin because he's a big fan!!!! We even had a visit from Riley Raccoon at the beginning of the game...our afternoon was awesome and filled with fun and excitement! Thanks again!!!" April Copelli, mom of Luka and Aidan



"I would like to thank you so much for the donation of tickets for my son and his friend to attend the Ottawa '67s Hockey Game. We were able to attend with both of my boys, and a friend who is also autistic with his father. We are always pleased to be able to bring our son who has Autism to hockey games, as it is his favourite sport. It is not always possible to make the time necessary to attend games, because of the time constraints with his homework, tutoring, and Cadets, so when we were offered tickets, it gave us the "Kick in the Pants" to go out and enjoy ourselves instead of constantly working. For the pleasant break in our plans, the opportunity to put a smile on our son's face, and your generosity, we thank you." Wil



"Thank-you so much for the tickets to the Wiggles! It was wonderful! It is all I have heard about since. It really meant so much to us. Thank you! It was incredible." Margaret

"Thank you, thank you, thank you for the Wiggles tickets. It's rare that I see Denis soooo happy :-). It has been a rough month and this brought so much joy to Denis (and me). He loved it and kept signing for more when it finished. Also thanks for the parking pass ... I've NEVER had free parking before at Scotiabank." Brenda





“Thank you for coordinating this opportunity to participate in Santa’s Parade of Lights. All of the staff at the Garlic King were great. They had spots in the van for 2 of us, so Isaac and I went. We definitely

felt part of the King’s royal family, and we were clearly in one of the most popular ‘floats’ in the parade based on the crowd’s reactions. It was a very cold night – there is no way Isaac would have been able to handle the Parade along the sidelines last night, so this allowed us to participate. Even in a warm(er) van (but open to the elements) it had the potential to be a ‘challenge’ as it was a longer event including the prep time, later start, and actual parade time, and it was loud. But Isaac was amazing and fun to be with all night long; I was super impressed with him. This will be a fun memory to share with each other as we get together for a Memory Day for his mother. Thanks again” Paul and family

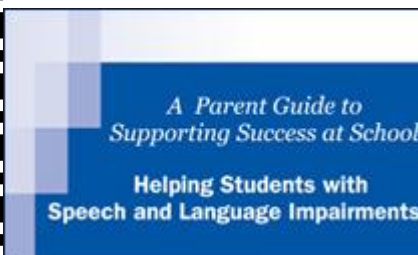
## NEW ADVOCACY DVD FOR PARENTS



The Ontario Association for Families of Children with Communication Disorders (OAFCCD) has just produced a new resource that will help you be the best advocate possible for your child with a communication (speech/language) disorder. The brand-new DVD is titled "The Power of Parents: Supporting Success for Students with Speech and Language Impairments". It offers tips on how to work positively with the teachers and the school for your



child’s success, in particular related to speech/language strategies and support at school. The DVD builds on the OAFCCD publication titled "A Parent Guide to



Supporting Success at school - Helping Students with Speech and Language Impairments", that will help you successfully navigate your child through the

school system from kindergarten to graduation. Both resources are available for a small cost.

Want to know more? Visit our web site at [oafccd.com](http://oafccd.com), where you'll also find fact sheets and tips available at no cost. OAFCCD can help you get information about communication disorders and speech and language services in Ontario, and get hands-on tips that you can use to help your child at home and to advocate for your youngster in school. Do you want to connect to an OAFCCD member in Ottawa? You can contact Joyce Mortimer at [ckingmortimer@hotmail.ca](mailto:ckingmortimer@hotmail.ca) or Helene Lapointe-Jerome at [h.lapointe.jerome@gmail.com](mailto:h.lapointe.jerome@gmail.com)

## UPCOMING WORKSHOP



March 25 & 26, 2013  
National Gallery of Canada  
Ottawa, ON

Catherine Faherty – Topic to be Announced

Stephanie Madrigal from Social Thinking, author of Superflex - Informal Dynamic Social Thinking Assessment and Core Treatment Strategies for Home and School

Complete conference details will be posted shortly on the Autism Awareness Centre website at [www.autismawarenesscentre.com](http://www.autismawarenesscentre.com)

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