

Revised December 2011
Ottawa Directory of Services for Children and Adults with
Autism Spectrum Disorder

*Please e-mail Debbie Barbesin at robert_and_debbie@sympatico.ca or Kristen Copeland kten@sympatico.ca with any updates

Note: The following information is **not** an endorsement of a particular treatment, agency, service or specific professional. **We would advise anyone to carefully examine the services and qualifications of the agencies or service providers prior to making a decision.**

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Psychologists

Dr. Patricia Behnke	613-563-1632
Dr. David Guth	613-858-8872
Dr. Owen Helmky	613-327-5866
Dr. Yolanda Korneluk	613-851-6292
Dr. Vicki Martin	613-526-4977
Dr. Gerald Munt	613-233-7108
Dr. Karen Ogston	613-563-1632
Dr. Jeff Sherman	613-728-4848
Dr. Faizah Visram, C.Psych., Emerging Minds	613-791-7865
Dr. Susan Rich srich@cyberus.ca	613-228-1174

I first began working with infants and children with autistic spectrum disorders in Toronto in 1983 and continued in private practice in Ottawa in 1997. I provide diagnostic assessments for infants and preschoolers with behavioural and developmental delays, treatment (not ABA), and parent and family support. Assessment, diagnosis and treatment are also available for older children who may be functioning at a higher level or have been diagnosed with Asperger's Syndrome.

Assessments

Act Early Autism Project

www.actearlyautism.ca

613-286-8079

A screening and parent training program for toddlers from 12 months to 24 months

Autism Intervention Program of Eastern Ontario

613-745-5963

Provide early Intensive Behavioural Intervention (IBI) to children in English or in French. The child has to be identified and given a diagnosis of autism or disorder considered to be toward the severe end of the spectrum prior to assessment of services. **Please note:** children with Asperger's Syndrome would not qualify for services under this program

Ottawa Children's Treatment Centre (OCTC)

613-737-0871 (ext. 4425)

Early Childhood Program (ECP)

Focus: Children from birth to school entry

Services Offered:

- 4 Integrated Rehab Teams** responsible for providing treatment, consultation and education from specialists like physiotherapists, occupational therapists, speech-language pathologists, social workers and psychologists.
- OCTC Preschool** - Provides a therapeutic-based program for children aged two to five who have physical disabilities and complex associated difficulties.
- Infant Development** - Provides service to infants and young children from birth to five who have a developmental disability or are at risk of a developmental delay.

Life Span Program

Focus: This program offers a mix of life span services:

Intake Team – provides a coordinated point of access to OCTC services.

- Behavioural Services** – Provides a continuum of care for children, youth and certain adults with physical and/or developmental disabilities requiring behavioural intervention and their families
- Medical Clinics** – medical clinics with developmental pediatricians, neurologists, physiatrists, orthopedic surgeons, nursing and dietitian
- School Aged Youth and Adolescent Services** – Provides specific aged based team focused on school-aged youth and adolescents including therapists, social workers, psychologists, recreation/leisure and transition to adult services.

Assistive Technology Program

Focus: Specialty technology services for children up to 19 years of age:

- Clinic for Augmentative Communication** - Provides equipment and support to children and youth who have severe difficulty speaking or writing and who require augmentative/alternative methods of communication.
- Seating & Mobility** – Serves children and youth with complex needs who require specialized seating and mobility devices to increase their functional ability and participation in home, school and community activities.
- Technical Services** – Promotes and facilitates the use of computers, adaptive equipment and adapted toys through the Toy Library, Family Resources Centre and the Computer group.

Special Education & Respite Program

Services Offered: Unique specialized teams for OCTC School, Liaison Teachers and Out-of-Home Respite

- OCTC School** – Provides an educational-therapeutic placement for kindergarten and primary-aged children with a primary diagnosis of a physical disability (neuro-motor) and associated complex communication, developmental and/or learning disabilities.

Liaison Teachers – Provide services to children and youth with a primary diagnosis of a physical disability (neuro-motor) and associated learning and developmental disabilities to assist board personnel and parents/caregivers with the placement, acceptance and integration of students into a community school.

Out of Home Respite – Provides out-of-home, daytime respite options for families of children and youth who are medically fragile and/or technologically dependent and who require 24-hour care and meet the Ministry of Community and Social Services criteria.

Getting Started Clinic—Early Intervention for Autism www.quickstartautism.ca

The 'Getting Started Clinic' is funded by 'QuickStart' and is a free early intervention clinic for children at risk of autism in the Ottawa area. It is run by health care professionals and it provides an assessment, one on one meetings and group sessions for the child and families while they are awaiting a diagnosis. Contact: Suzanne Jacobson, QuickStart, Early Intervention for Autism, 613-791-3757 or suzanne@quickstartautism.ca

Psychiatrists

Dr. E. Esmond 613-739-8388
Assessment and consultation by referral.

Royal Ottawa Mental Health Centre 613-722-6521 ext 7141
Dual Diagnosis Outreach Team. For adults with developmental delay

Dr. Daniel Doiron 613-737-2155
2211 Riverside Drive, Suite 404

Dr. Leslie Jocelyn MD, FRCP (C) 613-618-8715

Behavioural Consultants

ABA Consultation and Services (ABACS, LLC) bherschovitch@abaconsultation.com 774-249-8403

Brandon Herscovitch, M.S.ABA, BCBA, program director

Applied Behavior Analysis Consultation and Services (ABACS, LLC) offers behavior analysis services directed toward those whose lives have been touched by autism spectrum disorders, as well as other developmental or behavioral disorders. Services include, but are not limited to:

- Workshops and trainings
- Service consultation (i.e. assessments, program evaluations, IEP consultation) • Comprehensive program consultation (establish and maintain a comprehensive home- and/or school-based program) • Direct behavior therapy services (therapists implement programs prepared by the consultant) Consultation and direct services are available in your child's home- and school-based settings. Consultants are masters and PhD level board certified behavior analysts (BCBA), and all direct behavior therapy services are overseen by a BCBA.

Please visit our website to meet the consultants (BCBAs and clinical psychologist).

If you are interested in obtaining further information from ABACS, LLC, or have any questions regarding available services, please email info@abaconsultation.com or call 774-249-8403. Additionally, if you know any family, school, or organization that may benefit from our services, please forward them our information. I look forward to hearing from you and welcome the opportunity to provide our services to you. For further information on these services: www.abaconsultation.com (Please note that although this is an American consulting service, Brandon Herscovitch is originally from Ottawa and is a contributor to our list. This is why I've included his services at his request in our directory. DB)

Autism Intervention Program of Eastern Ontario 613-745-5963

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If you'd like to understand how to navigate the IBI system, please take a look at this website: <http://www.autismzeitgeist.com> (DB)

Autism Intervention Services ibiforautism@yahoo.ca

Offering high-quality, ethical and experienced guidance for families looking to start their own home ABA programs for early, intermediate or advanced learners with autism or PDD. Programs are tailored to meet your child's individual needs, and focus on language, cognitive, academic, social and self-help skills in order to help your child meet his/her full potential.

Nancy Baker nbaker@magma.ca or njabaker@bell.net 819-459-1524

Child Guidance Consultation and Senior Therapist

For children aged 1-12. In home consultation in the areas of behavior skills training, social skills training and parent training.

Senior Therapist for home based programs IBI program. Consultation and program plans to teach implementation of ABA and IBI principles. The service is for both parents and therapists in the home. *Sorry; I am no longer accepting clients in Barrhaven.*

Building Blocks ebissonn@magma.ca 613-722-4374

Elaine Bissonnette, Behaviour Consultant

Who we service:

- ☐ Children and young teens diagnosed with Autism Spectrum Disorder
- ☐ Children and young teens who demonstrate difficulties in areas of socialization and peer relationships and require a structured environment to learn new coping skills

What we do:

- ☐ Parent training for home based programming for young children to adolescents diagnosed with Autism, Pervasive Developmental Disorders–Not Otherwise Specified (PDD-NOS), Asperger’s Syndrome (AS) and other related disabilities.

Social Skills Groups:

- ☐ Early Learner Playgroups (5-6 years old)
- ☐ Social Skills Groups (7-10 years old)
- ☐ Pre Teen Social Skills (10-12 years old)
- ☐ Groups for young teens dealing with anxiety (10-14 years old)
- ☐ **NEW*** UCLA PEERS An evidence – based parent assisted social skills training intervention for adolescents with Asperger’s
- ☐ PD Day – Science Camps during the school year (7-8 and 9 -10 years old)
- ☐ Science Camps (March Break, December Break and Summer Camps)

www.ebuildingblocks.com

Erin Bertrand M.A. CCC

http://www.capitalchoicecounselling.com/erin_bertrand.htm

Disability Counsellor and Behavioural Consultant

I provide specialized counselling services to higher functioning individuals with disabilities (those on the Autism Spectrum and those with various developmental disabilities). I also provide specialized counselling services to parents and family members facing challenges associated with raising or living with a loved one who has a developmental disability. I offer mobile counseling services, meaning I will come to your home. I have flexible hours and my services are covered by third party insurance companies as I am supervised by a clinical psychologist.

Shelley Brown

shelley@networkinterventions.com

613-304-6628

Shelley Brown, BCABA, PG Cert ABA, BA Psych, Dip Behavioural Sci., Director and Consultant of NETwork Interventions.

Available to work in the Ottawa, Kingston, Cornwall and MTL area.

We use Applied Behaviour Analysis and Verbal Behaviour to help people with home programmes, in school support, etc. We specialize in parent training.

www.networkinterventions.ca (Right now there is no Canadian specific site and this link redirects to a .com, but it is being launched in Sept)

Emerging Minds

www.emergingminds.ca

613-851-6292

Emerging Minds is a multidisciplinary treatment facility for children with autism. Our broad objective is to provide services to children, youth and families affected by autism. This includes assessment and diagnostic services, speech and language therapy, occupational therapy, psychological therapy, intensive intervention programs, social groups, parent groups, workshops, and behaviour consultation.

Yolanda Korneluk, Ph.D., C.Psych. Clinical Director Emerging Minds

Christine Gougeon

cfgougeon@sympatico.ca

613-837-8187

Consultant for families of children with ASD, implementing Applied Behaviour Analysis and stimulation integration-based strategies.

H.O.P.E. - ABA Family Support Services

hope_abaservices@yahoo.ca

613-795-HOPE (4673)

Catherine Cooke - Behaviour Consultant/Senior Therapist

H.O.P.E., Helping Our Parents Educate, is dedicated to providing training to parents and family members who wish to run their own ABA programs. Contact: hope_abaservices@yahoo.ca for more information. Currently accepting new clients.

The Portia Learning Centre

www.portialearning.com

Central Ottawa: 613-221-9777

Kanata: 613-591-9966

Two locations to better serve the Ottawa Community. (We also offer services in the Kingston area.) Our state-of-the-art facilities provide centre-based and home-based one-to-one Intensive Behavioural Intervention (ABA) for children of all ages.

Our programs focus on the areas of: receptive language, expressive language, requesting, academics, socialization, play, fine motor, gross motor, problem behaviour and other deficient skill areas. Children will benefit from constant supervision, opportunities for socialization and generalizing to other environments. All individualized ABA programs will involve individual play and social goals. Some of these include; requesting from peers, initiating play, sharing, turn-taking, interactive play. Effective data recording methods are utilized and instructional decisions will be guided by student performance data.

Individualized curriculum is designed by our highly trained Senior Therapists: Charlene Gervais, (M.ADS Candidate), BA Psychology Honours, Jill Miller, BA Education, BA Sociology Honours, Kristy Miller, BA Psychology, Theresa Martinez, BA Psychology. All Senior Therapists and the childrens' programs are overseen by the Director of Education, Christy Kelson, M.Ed. Our service delivery in its entirety is overseen by the Executive Director, Service Delivery, Kim Moore, (M.ADS Candidate), BA Psychology Honours.

The Portia Learning Centre works closely with Dr. Karen Ogston (Registered Psychologist) on a weekly consultative basis as well as David Guth, Psychological Associate. The Portia Learning Centre is also pleased to provide parent training, workshops and consultative services. For an overview please visit www.portialearning.com.

Developmental Consultants

Kim Moore, (M.ADS Candidate), BA Psychology Honours Executive Director, Service Delivery kmoore@portialearning.com

Christy Kelson, M.Ed., Director of Education ckelson@portialearning.com

Charlene Gervais, (M.ADS Candidate), BA Honours, Senior Therapist cgervais@portialearning.com
Jill Miller, BA Education, BA Sociology Honours, Senior Therapist jmiller@portialearning.com
Kristy Miller, BA Psychology, Senior Therapist kmiller@portialearning.com
Theresa Martinez, BA Psychology, Senior Therapist tmartinez@portialearning.com
For more information please call or visit our website at www.portialearning.com

Hanna Raczowska h.raczowska@gmail.com 613 897 9737
Senior Therapist Hanna Raczowska is available to supervise, assess, and plan home-based ABA programs for individuals with Autism Spectrum Disorders (ASD). Hanna has been working with individuals with ASD since 2007. She has completed several BACB approved courses in ABA and attended various relevant workshops and conferences. Resume and excellent references available upon request.

Spectrum Intervention Group www.spectrumig.com 613-723-0606 19 Grenfell Cres, Suite 100
Contact us at: info@spectrumig.com or 613-723-0606 or visit our website at: www.spectrumig.com
Find us on FaceBook and Twitter!

Spectrum Intervention Group has been providing quality programs based on the principles of ABA to learners with autism for 8 years. Spectrum's primary objective is to provide individualized programming using ABA principles and procedures, to children aged 2-18 with ASD, in order to increase their cognitive, language and social abilities in the home, school and community. ABA programs that take into account Skinner's analysis of verbal behaviour (commonly referred to as "VB programs"), are at the core of Spectrum's programs. Our knowledgeable and well-trained staff, develop and provide individualized programs based on each child's needs. Programming is delivered consistent with the effective teaching procedures (such as developing instructional control, fading in number, effort and difficulty of demands, maintaining a quick pace, delivering reinforcement immediately, and teaching to fluency). We work in collaboration with a variety of other professionals (including Occupational Therapists, Speech Language Pathologists and Psychologists) on a case by case basis.

NEW: Spectrum is pleased to offer consultative services in the Kingston, Belleville and Trenton areas. Contact us for more information.

Services:

Primarily Centre Based 1:1:

- Learners aged 2-18
- Minimum of three ½ days per week.
- Supervised by one of our highly skilled Senior Therapists and Clinical Supervisors
- Programs are individualized to each learner after an assessment.
- Assessment tools include: ABLLS-R and VB-MAPP
- Targeted skills include: Language (receptive and expressive), social, behavioural, academic, play, school-readiness and motor skills.
- Daily data is collected and analyzed.
- Staff is provided ongoing training and support.

Consultative Services to outlying areas (including Kingston, Belleville and Trenton):

- Learners aged 2-18
- Minimum of one consultation per month
- Using the principles of ABA to develop curriculum for learners who are receiving home based programs.
- Programs are individualized to each learner after an assessment.
- Assessment tools include: ABLLS-R and VB-MAPP
- Targeted skills include: Language (receptive and expressive), social, behavioural, academic, play, school-readiness and motor skills.

Spectrum Foundations:

Primary Focus: LEARNING READINESS

- Responding to and following teacher directions
- Group routines/activities are modified to fit learners' goals

Prerequisite skills:

- Early or established communication system
- Shows reciprocal enjoyment in activities

Who is it for?

- Learners aged 3-6
- Most appropriate for those learners needing help responding to or following teacher directions in a small group setting
- Small group instruction combined with some 1:1 therapy in a 3 hour block, offered 3 or 5 times per week.
- Teacher to student ratio of 2:3

Primary Goals:

- Appropriate learning readiness skills
- Functional communication
- Cooperation with peers in various play settings
- Early social behaviours
- Development and generalization of language skills.

Assessment:

- Each child will be assessed various assessments from the Verbal Behaviour Milestones Assessment and Placement Program (VB-MAPP). Individualized targets will be selected and tracked for each learner.

Spectrum Transitions:**Primary Focus: SCHOOL READINESS**

- Independence and following classroom routines
- Classroom structure/activities are consistent with a typical JK/SK classroom schedule

Prerequisite skills:

- Learners will typically have an appropriate established communication system
- Can follow simple teacher directions and respond to teacher prompts
- Early social behaviours
- Some early language skills needed

Who is it for?

- Learners aged 4-6
- Most appropriate for learners transitioning into classroom setting in six to twelve months
- Small group instruction and some individualized teaching focus during a 3 hour block, offered 3 times per week
- Teacher to student ratio of 2:3 to 1:3

Primary Goals:

- Following group and classroom routines independently
- Academic skills
- On-task behaviours in fully and semi-directed group setting
- Independence with academic and leisure skills
- Appropriate and co-operative social and play skills

Assessment:

- Each child will be assessed using the Verbal Behaviour Milestones and Placement Program (VB-MAPP) transitions assessment.

SCOPE: (Spectrum Classroom Offering Potential Through Education)**Primary Focus**

- Teaching functional academic skills at the learners' level
- Teach social and communication skills
- To teach self help skills and independence

Who is it for?

- Learners aged 12-18
- Monday to Friday 1-4
- Includes 30 minutes of 1:1 programming and 2.5 hours of group learning
- Ratio is 1 teacher to 2-3 students

Assessment

- Functional and Adaptive Skills Checklist

Clinical Staff:

Lynne Thibodeau, BCBA, M.Ed, Clinical Director

Kristen Copeland, BCBA, MA, Clinical Supervisor/Senior Therapist

Jackie Shore, B.Ed, Senior Therapist

Emily Collins, BA, Senior Therapist

Anne Frazer, B.A. Honours, Senior Therapist

Stephanie Germain, M.Ed., CCC, Senior Therapist

Shawna Robinson, MADS, Senior Therapist in Kingston/Belleville area.

Thinking in Pictures Educational Services (T.I.P.E.S)

www.tipes.ca

613-592-8800

Current, state-of-the art principles of applied behaviour analysis are delivered within a modern, well equipped, school-like setting. The programme is implemented by instructor therapists whose existing skills are supported and enhanced by professional, ongoing live supervision and training. T.I.P.E.S promotes a team approach. Our team includes junior and senior therapists with consultation and regular supervision by a psychologist. Speech language pathologists and occupational therapists are available upon request. Currently our consulting speech pathologist is Connie Wilker. Our consulting psychologist is Dr. Jeff Sherman. A fundamental principle of T.I.P.E.S is that we attempt to deliver programming that is not only effective but also professional and affordable.

TIPES head office is located in Kanata at 160 Unit B Terence Mathews Crescent. Hours of operation are from 8am until 5:30 pm. Monday through Thursday. Friday 8 am until 4pm and Saturdays from 10-2:30 for social integration programs. For more information please contact Jennifer or Deborah Wyatt at 613-592-8800.

Developmental Consultants

CommuniCare Therapy

613-738-2871

(fax) 613-738-2754

Floortime consultations as well as speech and occupational therapy (see also under Speech-Language Pathologists and Services)

Little Star Wellness Services

www.littlestarwellness.com

613-325-9642

Sensorimotor interventions to enhance learning, behaviour, communication, movement, attention, sensory processing (defensiveness, modulation, registration and integration), sleeping, digestion, allergies, frequent illnesses (ear infections, colds, etc), bladder & bowel control, anxiety & self-esteem. Advanced Therapeutic Listening provider. Insurance coverage.

One World Institute of Music and Neurodevelopment

owikathleen@gmail.com

613-789-1211

400 Stewart Street, suite 1211, ring 207

In 1997, Kathleen Rooney co-founded the One World Institute of Music and Neurodevelopment. This is a private business that offers tutorial and therapy services using a neurodevelopmental approach to teach children with special needs skills in the areas of cognition, language, social, fine and gross motor, motivation, organization and attention. Kathleen has lectured on the topics of Curriculum, Sensory Integration, Music Therapy, and Autism in the United States, Canada, and the People's Republic of China

Senior Therapists, Senior Tutors/Consultants

Nancy Baker

nbaker@magma.ca and njabaker@bell.net

819-459-1524

Child Guidance Consultation and Senior Therapist

For children aged 1-12. In home consultation in the areas of behavior skills training, social skills training and parent training.

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Spectrum Intervention Group

www.spectrumig.com

19 Grenfell Cres., Suite 100

613-723-0606

Executive and Clinical Director: Lynne Thibodeau, BCBA, M.Ed.

Senior Therapists: Jackie Shore, B.Ed, Kristen Copeland, BCBA, M.A., Emily Collins, B.A, Anne Frazer, BA Honours, Stephanie Germain, M.Ed, CCC, Shawna Robinson, MADS.

Provide centre-based 1:1 therapy; social skills groups for children ages 3-6, and 7-18, and ABA training workshops and consultation in Ottawa, Kingston, Belleville and surrounding areas.

For more information, please contact info@spectrumig.com . (Also under, *Behavioural Consultants, Preschools*)

Instructor Therapists, Special Needs Workers, Tutors, Agencies supplying workers

Service Coordination

613-748-1788

The Worker Bank is designed to assist families who are in need of [respite](#) and / or developmental programming (for their child with a physical disability, developmental disability or autism or an adult with a developmental disability or autism) by connecting them with workers. To access the Worker Bank, families must be receiving funding from one of the following programs:

- [Special Services at Home \(SSAH\)](#)
- [Assistance for Children with Severe Disabilities \(ACSD\)](#)
- [Passport](#)
- Autism Spectrum Disorder (ASD) Initiative

It is important to appreciate that the worker is an independent contractor who is employed by and paid by the family. To help families and workers find the right match some of the following criteria are considered: geographic location, skills, interest, availability and gender. It is also important to note that the Worker Bank is not a placement agency. It is a referral source available for families.

Special Needs Caregivers SpecialNeedsHelp@aol.com

613-762-2304

“Our experienced, qualified Special Needs Caregivers can help with whatever special needs your child or adolescent may have. If your child or adolescent does not fit a standard community program or service, we will customize a one-to-one program to meet your child's or adolescent's needs.”

Angele Bissonnette

angelebissonnette@yahoo.ca

I have a BA in Psychology and 12 years experience educating children with special needs. My specialty is developing fun activities for children according to their current level of ability and needs, teaching them the skills they need to learn in small attainable steps.

My goal is to work with parents and special needs workers to develop specific hands-on activities that will work with your child and can be easily integrated into your current routines. I am an excellent and creative problem solver and believe that every child can be reached with the right approach.

I am working on setting up a therapy room in my home where I can offer a safe, personalized and controlled environment to try out different activities to determine which are best for your child. I've often heard parents comment that their child will try new activities here that they ignore at home and so believe that there is added value in this. I am also hoping that I can help parents save money by sharing my games, toys and equipment and help them determine if they need to buy expensive specialty items. I can also offer cost effective alternatives to these. I have a BA in Psychology and have been trained and am experience in; Applied Behavior Analysis, Verbal Behavior, Floor Time, Mini MindMaster, Nonviolent Crisis Intervention (CPI) and have LSQ1 and experience in ASL and Picture Communication Systems. I pull from all my training and experience to customize an action plan to meet your child's specific needs and personality without staying confined to one specific approach if that is best for your child. I also offer my services in French. Resume and references are available on request.

Paula Cowan Instructor Therapist

pcowan5188@rogers.com

613-594-4593

I have been an Instructor Therapist for autistic spectrum children (aged 2.5 to 11) since 2003. I have worked in both private and provincially funded ABA programs using various methods to address each child's areas of deficiency. These areas have included:

Speech/Communication, Motor Skills, Play, Socialization, Independence, Academics and addressing any problem behaviours.

Crystal Gallant, CYW, BA

gallantry@gmail.com

613-230-5962

Experience working with children of various ages with Asperger's Syndrome and high functioning Autism.

Attended two of the Geneva International Symposiums on Autism as well as various Geneva Centre workshops here in Ottawa

I have worked as an Educational Assistant, a Residential Counselor and have provided independent family support

Social/Life Skill building

- Create and implement written and illustrated tools to help child/youth become familiar with routines and changes in routines (Social Stories and other similar tools)
- Role-play scenarios- conversation skills, resolving conflicts and misunderstanding
- Integrating children/youth into community activities
- Familiarizing child/youth with using the library, transit system, ordering in a restaurant etc.

Emotional

- Recognizing and coping with various emotions- in self and in others
- Recognizing triggers for anger, stress, frustration, etc.
- Theory of mind

Academic

- Build organizational skills that meet the needs of the child, parents and teacher
- Tools to help with group work assignments
- Help with abstract thinking

I am available to come to your home and work with you and your child/youth during the evenings and on occasional Saturday mornings

Family Harmonies Familiales

fhf@rogers.com

Angèle Jodouin, DSW 613-302-5943 and Melodie Grealy-Fredette, DSW 613-315-5943

Harmonization and Empowerment through a Living Plan

Harmonization - Interaction Facilitation

As an alternative to continual intervention, our approach to problem-solving, improving communication and interactions in all facets of life, Harmonization services are offered to families with and without special needs, in the Ottawa area.

Our goal is to provide a functional plan that is specific to their needs, which can be tailored and adapted over time – while teaching the families the skills to apply these changes. We teach that structuring choices into real life situations is easy and fun.

We believe that teamwork, communication, strong support systems and fun are crucial to resolving dissonances that arise.

Think of a piece of music. The notes work together to form beautiful melodies and harmonies. (teamwork)

There must be definite key and time signatures as well as a structure for the piece to sound good to our ear. (strong support systems)

The musicians who are performing the piece must stay in constant communication, especially if they are improvising. (communication)

Everyone involved in a successful performance will be uplifted and cheerful. (fun)

We serve as accompanists. You provide the lead and we support it.

Jack's GFCF Cupboard

www.jacksgfcfcupboard.com

Please call Jaime Harris 613-230-2361 for availability.

Penny Laughlin

pennyloonietwoonie@yahoo.ca

613-421-7022

Special Needs Worker in the Crystal Beach area.

Hanna Raczkowska: E-mail: h.raczkowska@gmail.com

Phone: 613 897 9737

ABA/VB Therapist. Enrolled in BACB Approved Course Sequence in ABA at Florida Institute of Technology. Honours BA degree in psychology and has attended various workshops about working with individuals with autism. Excellent references and resume available upon request.

Ann Sutherland

ann.abacus.sutherland@gmail.com

613-841-5492

1:1 tutoring. Cognitive development. Flexible approach and program using a variety of materials and techniques suited to each child's needs. Experience with Asperger's, LD and dyslexia.

TSSN (Tutoring for Students with Special Needs)

Learning should be a lifelong pursuit for everyone, persons with and without disabilities. In particular, constant and continuous improvement should be a goal for those with challenges since that is the only way to more personal freedom and independence. Language and Math skills are not only important for day-to-day functioning but also for success in finding and keeping a job or volunteering position. Whatever level at which the person with special needs is currently, there is room for further improvement. At TSSN, the student can benefit from individualized tutoring and continue to improve after leaving school at an affordable cost. TSSN is a non-profit service founded exclusively for students with special needs.

For more information, call Mr. Kal at 613-599-0690 or email to natkal@hotmail.com

Erin Ruck, CYW certified

helping_hearts_hands@yahoo.ca

(613) 838-4431

A worker in the family home whose services include:

- * Academic assistance
- * Skill development (fine and gross motor)
- * Transportation and supervision for extra curricular activities
- * Life skills training
- * Individualized programmed activities
- * Behaviour management / modification programs
- * Relief / family support
- * Short term-Life Space Counselling
- * Language / communication and social skills development

Marg Young

Special Needs worker

mayoung@magma.ca

HRSDC (Human Resources Development Canada)

www.jobbank.gc.ca

A free student job-bank available to potential employees. The phone number for the HRDC job bank is 613-993-9911.

www.abacuslist.ca

A listing of ABA providers and workers serving Ontario.

Carleton University

career@carleton.ca

613-520-6611

There is an online form: www.carleton.ca/career. Click on left side and go to employer, from there go to job postings and follow the instructions. The contact is Lynn Murphy. You can use this service to recruit candidates to work with your children.

Algonquin College

www.algonquincollege.com

613-727-4723 ext. 7171

You go to employer services and follow the links for new employers

University of Ottawa

This service will distribute job postings campus-wide and it is free. Contact: Employment Team / Équipe emploi

Service des carrières de l'Université d'Ottawa

Career Services of the University of Ottawa

Service d'appui au succès scolaire - Student Academic Success Service (SASS)

Tel: (613) 562-5800 ext 4381

Fax: (613) 562-5154

job@uOttawa.ca

www.carrieres.uottawa.ca - www.careers.uottawa.ca

Parent Counselling

Dr. Sanford Siegel

www.OttawaPsychotherapy.com

613-729-4478

Parenting special needs children is a life commitment that takes special determination, stamina and a willing, open heart. At every turn, the emotional issues of grief and sorrow, guilt, isolation and burn-out can threaten to de-rail family and personal life and the struggle to maintain some daily sense of home and routine-living -- which so often seems out of reach. Men and women, husbands and wives, coping with the pressures of raising special needs children, themselves need emotional support, healing relation, compassion and insightful dialogue in what is not only a challenging, but also in so many ways, poignant, heartfelt and rewarding journey.

Dr. Sanford Siegel is a therapist and counselor now in private practice in Ottawa, who combines a professional and personal background and expertise wholly relevant to providing this kind of emotional support and guidance to men and women parenting children with special needs.

Before arriving in Ottawa, Dr. Siegel conducted a successful full-time therapy and counseling private practice in Vancouver for 12 years. In his practice, he saw adults from all walks of life dealing with a wide range of psychological issues including relationship crisis and difficulty, addiction recovery, depression, and the impact of childhood and family issues in adulthood. Dr. Siegel is also the parent of a daughter diagnosed with juvenile diabetes at age 3 1/2 and the stepfather of a son with autism.

As such, in the person and practice of Dr. Siegel, professional and life experience come together to provide an informed, caring approach to dealing with the challenges, dilemmas and personal growth opportunities, which are such an intimate part of raising special needs kids. The office is centrally located in Westboro on Danforth Avenue behind the Mountain Equipment Co-op.

Sleep and Wellness Consultant

Lynn Fraser

lynnfraser@sympatico.ca

613-224-9450

Consultant with a research and development company (in partnership with Autism Speaks) with a focus on the prevention and maintenance of the health and wellness of individuals. Helps people bring wellness home - develop a greener lifestyle and change their home into a "wellness home."

Agency Services

Community Care Access Centre (CCAC) www.ottawa.ccac-ont.ca

613-745-5525

Services: Taken from their website: "*We offer: case management, nursing, personal support, nutritional services, occupational therapy, physiotherapy, speech-language pathology, social work, respite care, some equipment and supplies, placement services co-ordination.*"
Serving infants to the elderly, working with other community organizations to deliver necessary services.

Children at Risk

www.childrenatrisk.ca

info@childrenatrisk.ca

613-741-8255

Over the years, the charity Children at Risk has provided supports and services to families and professionals working with children diagnosed within the Autism Spectrum Disorders. We host the following programs and activities (partially funded by fundraising and donations):

Friendship Social Skill Therapy Groups are offered to children with Autism.

Intensive Behavioural Training Groups are offered for Autistic children with higher behaviour requirements.

Sibling Support Groups are offered to meet the needs of sisters and brothers of a sibling with Autism.

Information Seminars and Educational Workshops are provided during the year, based on identified needs and concerns of families. All workshops, seminars and special topic groups are open to extended family members and family-support workers.

Children's Integration and Support Services

613-736-1913

Part of Andrew Fleck Childcare Services and Childcare Information. Support to child care/ preschool in an integrated setting. English contact is Susan Spence (ext 231), French contact is Marie Josée Landry (ext. 233).

Susan Spence is also the intake co-ordinator for Thursday's Child Preschool (segregated preschool setting)

City of Ottawa

613-580-2747 or 613-580-2424 ext 29289

Donna Quiggin, Portfolio Manager, city-wide Special Needs. Offering specialized programmes, matching volunteers to special needs children so these children can be integrated in a programme with typically developing children.

Easter Seal Society

1-888-377-5437 or (416) 696-1035

Grant money for incontinence supplies for children and youth.

Ottawa Children's Treatment Centre

www.octc.ca

613-737-0871

Infant development, augmentative communication, behavioural intervention, parent and family support and training, speech OT PT therapists, social play groups. "OCTC is a leader in providing specialized care for those with complex physical, developmental, and associated behavioural needs, focusing on our region's children and youth. We exemplify community partnership, maximizing integration and independence for clients and families." (see also under Assessments for complete description of OCTC's programmes.)

Autism Intervention Program of Eastern Ontario

613-745-5963

Provides early Intensive Behavioural Intervention (IBI) to children in English or in French. The child has to be identified and given a diagnosis of autism or disorder considered to be toward the severe end of the spectrum prior to assessment of services. **Please note:** children with the diagnosis of Asperger Syndrome (AS) are not eligible for this service.

Developmental Services Ontario Eastern Region (DSOER)

AS OF JULY 1st, 2011: There will only be one way to get access to government funded programs and funding for adults with a developmental disability in Ontario. To book your appointment you will need to call **1-855-376-3737**, Fax: **1-855-858-3737**, TTY: **1-855-777-5787**. **This new way of evaluating adults with developmental disabilities will be standardized across Ontario as of July 1st.**

<http://www.mcsc.gov.on.ca/en/mcsc/publications/developmentalServices/spotlight/sotApr11.aspx>

Please note that the assessments can apply to those 16 and over, although a person must be 18 to access funded services.

Service Coordination--Case Management / Access

Service Coordination des services assists people in the Ottawa community who have a developmental disability and/or autism by:

- providing information about services, supports and resources that are accessible and available to individuals/families;
- facilitating the individual's access to appropriate community resources to meet needs and achieve goals;
- researching alternate supports where conventional services/supports are not available.

Service Coordination des services offers bilingual services to individuals of all ages.

For more information or to reach a Case Manager, visit our web site: www.scsottawa.on.ca or send an e-mail: adm@scsottawa.on.ca

Call: 613-748-1788, from 8:30 AM to 4:30 PM Visit our Resource Room: 200-150 Montreal Rd, Ottawa, from 8:30 AM to 3:30 PM

Occupational Therapists

Véronique Chiasson, O.T. Reg. (Ont.) Bilingual Occupational Therapist

Tel: (613)614-5450

Fax: (613)233-9561

vero@emergingminds.ca

Véronique is a trained and certified Occupational Therapist offering Assessments, Consultations and Intervention for children and youth. Veronique is also a certified ESDM (Early Start Denver Model) provider offering parent coaching consultations and overseeing educators working in children's natural environment using this therapeutic intervention.

Melanie Saad, O.T. Reg. (Ont.) Bilingual Occupational Therapist

Tel: (613) 614-5450

Fax: (613)233-9561

vero@emergingminds.ca

Melanie is a trained and certified Occupational Therapist offering Assessments, Consultation and Intervention for children and youth.

CommuniCare Therapy

613-738-2871

(fax) 613-738-2754

Services: We provide occupational therapy, sensory integration, speech language pathology and floortime consultations. Our area of focus is children, adolescents and adults with ASD, regulatory disorders and/or language based learning disabilities

Lori Howell, OT Reg.(Ont.)

lori.howell@rogers.com

613-260-2847 ext 1

I provide therapy services for children with Autism, with a special interest in children who are selective eaters, drop foods from their diet that were previously accepted and are missing entire food groups from their diet. I treat children in their own home environment to ensure that the assessment results and treatment strategies are not based on inaccurate observations that can occur in an artificial clinic setting.

Jessica Norris OT Reg (Ont)

www.sproutot.com

613-299-6936

I am a private pediatric occupational therapist servicing Ottawa, Kanata, Barrhaven, Stittsville, Carleton Place, and Almonte. I am based out of Almonte. I currently see children in their home; I am hoping to have some clinic space in the upcoming year or so. I have 10 years of experience working with children - in the home, school, and hospital environment. Contact: jessica@sproutot.com or 613-299-6936.

Physiotherapy

CommuniCare Therapy

613-738-2871

(fax) 613-738-2754

Services: We provide physiotherapy, occupational therapy, sensory integration, speech language pathology and floortime consultations. Our area of focus is children, adolescents and adults with ASD, regulatory disorders and/or language based learning disabilities.

Little Star Wellness Services

www.littlestarwellness.com

613-325-9642

Sensorimotor interventions to enhance learning, behaviour, communication, movement, attention, sensory processing (defensiveness, modulation, registration and integration), sleeping, digestion, allergies, frequent illnesses (ear infections, colds, etc), bladder & bowel control, anxiety & self-esteem. Advanced Therapeutic Listening provider. Insurance coverage.

Dr. Daniel Gagné

613-798-0004

Augmentative and Alternative Communication Consultant

In Other Words - Consultations Services in AAC

Simy Illouze

logme@rogers.com

61-823-5360

Other than being alive, Communication is the most critical human function which allows for one's full participation in society.

Support and training in low and hi-tech communication systems, provided through a consultative model to clients (children & adults) with unintelligible or no speech .

Speech-Language Pathologists

Jacque Ballantine

613-591-8636 ext 243

Sheila Bell

sheilaslp@rogers.com

613-521-0549

Services: speech-language assessment and therapy for ASD individuals aged preschool to adult.

Currently **not** taking clients but willing to do workshops or consults and help connect families to appropriate services.

CommuniCare Therapy

www.communicare.ca

613-738-2871 (fax) 613-738-2754

Services: We provide occupational therapy, sensory integration, speech language pathology and floortime consultations. Our area of focus is children, adolescents and adults with ASD, regulatory disorders and/or language based learning disabilities.

Community Care Access Centre (CCAC) **www.ottawa.ccac-ont.ca**

613-745-5525

Services: Taken from their website: "We offer: case management, nursing, personal support, nutritional services, occupational therapy, physiotherapy, speech-language pathology, social work, respite care, some equipment and supplies, placement services co-ordination."

Serving infants to the elderly, working with other community organizations to deliver necessary services.

Audrey Doyle M.Sc.S., SLP (C)

audreydoyle@rogers.com

613- 355-7207

Services: bilingual speech-language therapist. I offer Speech and Language assessments and therapy for children with autism and other diagnoses. I work with pre-school and school-age children.

Tanis Friesen

tjfriesen@rogers.com

613-728-8879

Robin Gaines

613-725-3105

Jacquee Glance

613-798-5404

Services: **speech-language assessment and therapy for children with ASD.** Currently doing assessments and evaluations.

Karen Mallet

kmallet@magma.ca

613-851-4133

Services: bilingual speech-language therapist. I offer Speech and Language assessments and therapy for children with autism. Mainly newly diagnosed pre-school aged children. Will also work with school aged children (no teens or adults).

Krista Simon

kristasimon@rogers.com

613-291-5194

Services: I'm a Speech-Language Pathologist who works with individuals with ASD from pre-school to adult. I have experience in both ABA/IBI and Floortime. I provide therapy in English to target language, social/pragmatics, oral-motor and feeding difficulties. I provide therapy in office and in home. I am accepting new clients.

Mary-Jane Slingerland

613-839-3271 ext 115

Connie Wilker

613-228-1174 ext 43

Services: speech-language pathologist available for office and/or home visit therapy in Ottawa west end. Background includes working with preschool aged children diagnosed with disorders on the autistic spectrum. Experienced with therapy in speech, language behaviour and pragmatics.

Lisa Zanon

zanonlisa@hotmail.com

613-851-0506

I am a Speech-Language Pathologist with extensive experience and passion for working with children with autism in the English language. I provide assessments as well as direct "floor time" therapy to children, aged preschool to school age (elementary). In addition, I provide parent training and consultation. Currently I am accepting new clients and provide home visits.

Mary-Anne Zubrycky

www.speechvoice.ca

613-820-4722

Services: The Speech, Voice and Language Clinic for all ages.

Compounding Pharmacies

Glebe Apothecary

613-234-8587

Nutrichem Pharmacy 613-820-4200
Watson's Pharmacy and Wellness Centre www.watonspharma.com 613-238-3891

Dentists

Dr. Michel Brunet 613-233-8588
CHEO—Dentistry Outpatient Clinic 613-737-7600 ext 2357
Dr. Korner 613-744-6611
Dr. Sam Lee 613-837-9293
Dr. Raj-deep Mahal 613-722-0233
Dr. Ian McConnachie 613-226-6634
Dr. Nikoui (Bell's Corners) 613-820-8830
Dr. Roberts 613-226-6634
Dr. Farid Shodjaee 613-216-2016
Dr. Ublansky 613-737-4343
Dr. Robert Whyte (Kanata) 613-599-8555
Dental Clinic at the Ottawa Hospital Civic Campus site Dr. Galanter 613-761-4084

Dietary Issues: DAN Doctors, NAET Practitioners, Diet Information

DAN! Doctors

Sharon Behrendt ottawanaturopath@rogers.com 613-590-1343
Orleans Wellness Clinic www.ottawanaturopathy.ca

Dr. John F. Coombs 613- 267-2523

Nutrichem Pharmacy Kent McLeod 613-820-4200
Provides medical, biochemical and nutritional counseling as well as lab services based on the DAN! Protocol

NAET Practitioners

Judith Spence, DNM, RN, Adj.Ac., ND(QC) is a DAN-oriented practitioner.

NAET Clinic of Ottawa 536-A Dovercourt Avenue

Ottawa, ON K2A 0T9

Tel: (613) 728-2579

www.naetottawa.com; judith_spence@naetottawa.com

Carol Artz

I am a NAET Practitioner (Nambudripads Allergy Elimination Technique) here in Ottawa and the mother of an autistic son (PDD-NOS). I have worked with several autistic kids as well as NT kids and adults. NAET is a technique that does not use drugs or needles, only some accupressure on the back. Allergies are treated one at a time, in a specific sequence. Usually only one treatment is needed per allergen. There is no need to live with allergies. I have helped many people get off of medications for allergies and asthma. Check out my website www.carolsallergytreatments.com and the NAET website www.naet.com. I can really help!

Chrystal's Nutritional Consulting www.cncottawa.wordpress.com 613- 808-5954

Chrystal Beckett, RHN, ECE is the owner/operator. She is both a registered Holistic Nutritionist and an Early Childhood Educator who offers in-home consultations for families who have children with behavioural and/or special needs (ADD/ADHD, Autism, Weight Issues, Allergies etc). CNC is an In-Home Nutritional Consultation business that gives you the flexibility of having us come to you. We understand the importance of time and commitments and we are here to help you. We offer in home consultations, grocery store tours, menu planning and workshops/seminars on various different topics. She can also be reached via email cbeckett74@gmail.com

Diet Information and Counseling

www.eatrightontario.ca or call 1-877-510-5102

Homeopaths, Naturopaths and Chiropractors

Pat Deacon www.patdeacon.com 613- 608-8484
Pat Deacon RSHom, HMC. Homeopath 242 Cambridge Street North, Ottawa

Healing from the Heart

Dr. Ginger Andrews, D.C. (613) 594 – 8576
356 MacLaren Street, Ottawa K2P 0M6

Health Dynamics www.healthdynamics.ca 613-295-5979

Irma Boyle, DMH, B.A. Psych., Doctor of Medical Heilkunst, Homeopathy
Health Dynamics Heilkunst, Homeopathy Anthroposophy, Orgonomy Inergetix CoRe System

www.healthdynamics.ca
info@healthdynamics.ca
Skype: healthdynamics
613-295-5979 | 416-767-4846

Naturally Well—Naturopathic Clinic 613-526-4134
Dr. O’Farrell and Dr. Warren

Orleans Wellness Clinic 613-590-1343
Sharon Behrendt
www.ottawanaturopathy.ca or ottawanaturopath@rogers.com

Barrhaven Family Chiropractic and Wellness Centre 613-823-7900
Dr. Mankal—chiropractor
www.barrhavenfamilychiropractic.com

Kilborn Naturopathic and Wellness Centre 613-738-8000
Melanie Stewart—Chiropractor and Registered Massage Therapist
www.kilbornwellness.com

Environmental Sensitivity Testing
Dr. Jennifer Armstrong 613-721-9800
Dr. Ross Mickelson 613-523-0108

Health Food Stores
Jack’s GFCF Cupboard www.jacksgfcfcupboard.com

We offer wholesale prices for GFCF diet products, Natural Remedies, Aroma Crystal Therapy, homemade breads and baked goods made –to-order and meals. We also have an agreement for GFCF meats and cheeses supplied to us at wholesale prices.(beef, lamb, chicken, pork). Our website is already up and running! It offers GFCF diet products, Natural Remedies, E books, links to community services, GFCF restaurant lists, tax forms for CDB/CDTC, service worker lists, etc.Families can order online now through the website, or email us for a product list from our store in Ottawa. Our prices are lower than retail outlets and grocery stores as we will all benefit from cooperatively ordering our products and therefore getting wholesale pricing and no shipping and handling charges. Payment for store orders will be collected at pickup or delivery (free on orders over 150.00). Online purchases can be made through paypal/credit cards . The address is 40 C Henderson Avenue, Ottawa, Ont. K1N 7P1 (613)230-2361 cell (613)293-3315

SPECIALTY DIET PREMIXES jlipscobel@cogeco.ca (613) 284-8217

For the Celiac & Wheat Intolerant. Quality products at affordable prices. Special Orders Welcome!

My prices are as follows:

Biscotti 3.50
Brownies, Pizza, Yorkshire Pudding, Cake Mix 3.00
Buttermilk Biscuit Mix , Scones 4.00
Rice Bread, Flat Bread, French Bread 4.50
GF Flour Mix - 6 cup bag 6.00

I will also attempt to do specialty orders. My mission is to show people that with a little effort and ingenuity a GF diet does not have to be cost prohibitive and unpalatable. All the products I use are certified GF and are purchased at a local health food store.

Natural Food Pantry (check telephone book for location near you—will also bake bread at your request!)
Rainbow Natural Foods 613-726-9200
Trillium Bakery 613-730-1316

Paediatricians and Other Specialists
Dr. Bergh 613-231-5000

Please note: Dr. Bergh is by referral only and specializes in dealing with children whose diagnosis is ADHD. However, he does deal with children who have a dual diagnosis of ADHD/ASD.

Dr. Gary Bonn 613-729-7800
Children’s eye specialist.

Dr. Lixin Chungphaisan 613-599-0055
Optometrist

Dr. Leslie Jocelyn MD, FRCP (C) 613-618-8715

Dr. Christopher Shoemaker

613-225-5015

From a letter introducing himself and his services (DB)“I am choosing to add a component of Family Support for family members and affected individuals with Asperger’s Syndrome and ADHD Spectrum Disorders to my newly opened Practice in Ottawa, Ontario. As I am a licensed physician in Ontario, such support is fully covered by O.H.I.P. I am willing to provide shared care along with Clinical Psychologists who see many of these clients. Please feel free to circulate my contact information to those colleagues who would find that arrangement helpful.”

Dr. Van Stralen

613-726-7355

Ottawa Optometric Clinic

613-733-8400

Preschools

The Beacon Learning Centre

613-741-3422

The staff has experience working with children with ASD.

Bells Corners Nursery School

www.bccns.ca

613-828-6011

Has been recommended by parents on autism support Ottawa list.

Building Bridges Preschool

Exciting preschool opportunity for children on the autism spectrum in Orleans!

OUR PROGRAM

New preschool opening in Orleans designed to support the learning and development of preschool children ages 2-5 years old with a diagnosis on the autism spectrum.

FEATURES

Individualized Programming

2:1 Student to Educator Ratio

Ongoing Consultation with an Emerging Minds Autism Intervention Specialist.

Our program concentrates on the development of basic communication, early play, motor, and other developmental skills with a focus on preparing the student for integration into a typical preschool setting. An individualized curriculum will be developed for each child by a qualified Autism Intervention Specialist. Enrollment for this program will be limited to 4 children. This program is offered in the morning only and interviews with families will begin in January 2011.

THE BUILDING BRIDGES TEACHING STAFF

The education and care of young children demand a high level of personal and professional integrity and enthusiasm. The teaching staff at Building Bridges includes a Special Education Teacher with over ten years experience in the public school system and an Early Childhood Educator with over 15 years experience. Both teachers have children who are diagnosed on the autism spectrum and have experience working with children with autism. Our Emerging Minds consultant is an Autism Intervention Specialist and is also the Program Director of the Emerging Minds preschool program in Barrhaven. All staff members are committed to continual learning in the field of child development and autism.

For more information, please email buildingbridgesottawa@hotmail.com contact 613.424-5096 or 613.446.4283.

For more information about Emerging Minds: www.emergingminds.ca

Centre psychosocial pour enfants et familles d’Ottawa

613-789-2240 ext 212

Segregated preschool setting which is now operating 11 months of the year on a full-time basis. It will take up to 6 children and the service will now include community integration activities. Parents can obtain more information about registration, intake and needs by contacting Kathleen Riley at 742-0884 or Kathleen.riley@cepeo.on.ca For more information on this initiative, please contact Le Chapitre francophone d’Ottawa (Denise Leroux: 834-4257 or Huguette Boisvert: 722-2482)

Charlemagne Child Care Services <http://www.charlemagneccs.com/index.html>

613-834-0081

Has been recommended by parents on autism support Ottawa list.

Nursery school is offered by the Ottawa Catholic Care Corporation. They offer nursery school program, drop in groups and a toy library. 750 Charlemagne Blvd. (located on the North Side of St. Peter’s High School).

Children’s Integration and Support Services

613-736-1913

Part of Andrew Fleck Childcare Services and Childcare Information. Will assist you in finding a preschool (subject to availability) and provide support to child care/preschool in an integrated setting. English contact is Susan Spence (ext 231) French contact is Marie Josée Landry (ext. 233).

Glen Cairn Co-operative Nursery School (Kanata)

www.gccp.ca

613-836-3318

Has experience working with children with ASD.

Katimavik Cooperative Nursery School

www.kcns.ca

613-860-0912

Also recommended by a parent on the autism support list.

Mary Lee Preschool

Emerging Minds and Mary Lee Preschool in Barrhaven are pleased to announce a partnership to provide two specialized preschool program for children ages 2 – 5 years, with a diagnosis on the autism spectrum. The programs are designed to provide enhanced support to children requiring assistance with socialization, communication, and behavioural skills development. Programming will be individualized, and will be carried out with a 3:1 student: teacher ratio by Early Childhood Educators and Autism Intervention specialists. The programs will also include the support of a speech and language pathologist, occupational therapist, psychology and behaviour consultation. ***There is a fee for these programs.***

Two programs will be offered:

1. **Enhanced Support Program:** Suitable for early learners or those with limited verbal skills, this program focuses on the development of basic communication, early play, motor, and other developmental skills with a focus on preparing the student for integration into a preschool setting. An individualized curriculum will be developed for each child and carried out by autism intervention specialists with the input of a Speech and Language Pathologist, an Occupational Therapist, and Behaviour Consultation. Enrollment for this program will be limited to 9 children. Program offered Monday and Wednesday afternoons, September - June. *Children will be screened for eligibility for this program.*
2. **Integrated Preschool Program:** Suitable for intermediate or advanced learners who have already acquired some basic language skills, this program focuses on enhancing overall development by supporting social, communication and play opportunities within a group setting. Individualized goals will be developed and monitored by an autism intervention specialist who will provide support for up to 3 children within a larger group of 12 typical peers. This program will be offered Monday, Wednesday and Friday mornings September – June. *Children will be screened for eligibility for this program.*

For more information, please call Fiona at **613-218-0849** or make inquiries by email: fiona@emergingminds.ca

Royal Ottawa Hospital

Marie Guinan

613-722-6521 ext 6516

Therapeutic school for children ages 3.8-5 (kindergarten equivalent). Half-days only, for children with developmental delays and not limited to ASD children. Referral required.

South Nepean Autism Centre (S.N.A.C)

barfrc@on.aibn.com

For more information contact:

Dale O'Reilly Manager of S.N.A.C. Resource Centre

Barrhaven Childcare Centre

56 Kennevale Dr. Ottawa

613-825-9385 ext.14

Spectrum Intervention Group info@spectrumig.com

613-723-0606

www.spectrumig.com

Transitions Program—Primary Focus: SCHOOL READINESS

Preparing your child for:

- Independence and following classroom routines
- Classroom structure/activities are consistent with a typical JK/SK classroom schedule

Prerequisite skills:

- Learners will typically have an appropriate established communication system
- Can follow simple teacher directions and respond to teacher prompts
- Early social behaviours
- Some early language skills needed

Who is it for?

- Learners aged 4-6. · Most appropriate for learners transitioning into classroom setting in six to twelve months
- Small group instruction and some individualized teaching focus during a 3 hour block, offered 3 times per week
- Teacher to student ratio of 2:3 to 1:3

Primary Goals:

- Following group and classroom routines independently
- Academic skills
- On-task behaviours in fully and semi-directed group setting
- Independence with academic and leisure skills
- Appropriate and co-operative social and play skills

Assessment:

Each child will be assessed using the Verbal Behaviour Milestones and Placement Program (VB-MAPP) transitions assessment.

Please contact Jackie Shore, B.Ed, at jackie@spectrumig.com for more information

See our listing under *Behavioural Consultants* in this Directory.

Thursday's Child Nursery School 613-736-1913 (ext 231)
Susan Spence is the intake co-ordinator for Thursday's Child Preschool (segregated preschool setting).

Day care Providers/Care-givers

Andrew Fleck Day Care Centre group@afchildcare.on.ca 613-789-4100
George Street Andrew Fleck Day Care Centre

Barrhaven Childcare Centre barfre@on.aibn.com 613-825-9385 ext.14
Contact: Dale O'Reilly, Manager Resource Centre. 56 Kennevale Dr., Ottawa

MTJB (More Than Just Babysitting) Child Care Centre 613-258-4710
The director's name is Julie and the centre is in Kemptville.

Jo Anne Sheldrick j.sheldrick@sympatico.ca
Private daycare provider in Metcalfe.

Military Family Resource Centre Daycare 613-998-9358
Open to military and non-military families.

Resources (materials, pictures, equipment etc.)

All About Kids 613-742-0308
Store that sells educational materials and supplies.

AutismPro Meaghan Seagrave seagrave@vecinc.com 506-474-8130
We are Virtual Expert Clinics (www.vecinc.com) and have a product that allows parents and professionals to design tailored intervention plans for children with ASD. Our product is called AutismPro (www.autismpro.com).

Product: AutismPro – A web based application that allows parents and professionals to design tailored intervention plans for children with ASD. This educational, research based tool provides parents with immediate anywhere access for cost-effective and convenient treatment without having to wait for government sponsored services. It provides parents and professionals with 24-hour access to the information they need to answer questions on-the-fly or reference a child's specific treatment program details including: What to do (Goals) and How to do it (Lesson Plans, Strategies and Supports). www.autismpro.com

Focus: Children with developmental delays from 9 months to 7 years.

Services Offered: Online tailored intervention curriculum planning

Hetland Multimedia

Sells PIX IT, a computer software program that allows you to print off photographic flash cards from your own computer. Great for use in ABA therapy, but can be used for children with other disabilities as well. If your child is a visual learner, this is the software for you!
Website: www.hetlandmultimedia.com Email: pixit@hetlandmultimedia.com

Maximum Potential

Garrett Butch

"My company has created courses that teach parents and teachers how to do ABA therapy in the home or in the class room. Our programs were developed for people who could not afford therapy, those who do live near a therapist and those who just want to add hours. Please take a look at our website www.maximumpotentialkids.com. We are based in the US, but our products can be shipped all over the world".

Once upon a Childhood www.onceuponachildhood.ca 613-821-4237

I am a parent of two teens on the spectrum and have taken workshops and courses (Autism Intervener--level 1) to broaden my knowledge of Autism Spectrum Disorders. I have had a photography business on the side for over 15 years. I understand many of the challenges families face when trying to get a decent family photo, or portrait of their ASD child. I believe I can help. Contact: Cindy Girard:
www.onceuponachildhood.ca 613-821-4237

Ottawa Children's Treatment Centre www.octc.ca 613-737-0871

Augmentative assisted devices. **Augmentative communication**, infant development, behavioural intervention, parent and family support and training, speech OT, PT therapists, social play groups. (see also under **Assessments** for complete description of OCTC's programmes.)

Autism Resale Canada

This is a new Yahoo group called "Autism Resale Canada". If you have any therapy related items (big or small) you would like to resell please join the group here: [Autism Resale Canada-subscribe@yahoogroups.com](mailto:Autism_Resale_Canada-subscribe@yahoogroups.com) I know there is a U.S based resale group, but Canadians are often faced with high shipping costs and Customs issues. Please spread the word. Items you no longer need could benefit another Canadian family.

Discovery Learning Store (see telephone directory for store near you)
Store that sells educational materials and supplies.

Discovery Toys

613-837-7999

Krysta Veenstra is an Individual Educational Consultant with Discovery Toys. Please visit her website.
discoverytoysorleans@rogers.com and www.discoverytoyslink.com/kveenstra.

Picture Card Communication Marion Pusey www.picturecardcommunication.com

613-825-4803

I create and make personalized/individualized visual resources and educational materials for people affected by Autism and their families, teachers, therapists, etc.

I can make visual cards, puzzles, visual schedules, matching materials, visual step -by-step check lists, etc. I use pictures of the items, foods, activities and places to make up the cards, etc.

If you have pictures of your child's own specific needs ie. items, family members, foods, activities and places, I can use these to further personalize his/her visual cards.

Children with autism understand pictures far more easily if taken from their own environment. I can use other picture sources such as the internet or pictures that I have already.

I scan the pictures into my computer then work with the pictures. I will delete backgrounds in the pictures to remove any distraction from the item you want your son or daughter to concentrate on. I can add word descriptions (one or two words) under each picture using the exact words that you would use with your son. The pictures are then sized to the size you need, then they are printed out and laminated.

The laminated picture cards can be used and would have adaptations made depending on how you would like to use them:

- the visual cards can have velcro attached for use on a velcro work board (which I also make) which can be kept in a binder for easy access.
- the visual cards can have a magnet attached so they can be used as refrigerator magnets
- the visual cards can be used on a key chain. This provides for a "hands free", easy access (because these key chains can be attached to your belt loop), portable communication system which can be used anywhere.

I also discovered and make laminated, letter-sized cards with pictures, the alphabet, child's photo and name, etc to be used with washable markers. This way your son can learn to "colour, colour match, learn to print his own name, learn to print the alphabet, etc." This also could help him or her with his or her fine motor skills.

Products:

1. Toileting, hand washing, bedtime sequence

2. Choice boards:

- outings eg. McDonald's, Canadian Tire, Toys R Us, Loblaws, Wal-Mart, Zellers
- park, bicycle, trampoline
- snacks
- pre-school and school activities
- Emotions (no thermometer) - "I feel .."

3. Picture key chains - to attach to belt loops for easy and quick access.

4. Dressing Program: for Spring, Summer, Fall, Winter, rain and bed-time.

5. Puzzles - farm animals (full colour cartoon)

- "5 Little Monkeys"

6. Visual Schedules: hand washing, brushing teeth, toileting, dressing, bedtime, pre-school and school

7. Emotions - choice board with "I feel."

- emotion thermometers

8. Visual materials to support ABA/IBI Programs:

- numbers, colours, shapes, alphabet

9. Visuals to support "Social Stories"

- birth of a sibling
- telephone etiquette

10. Learning materials:

- alphabets - block letters and cursive letters with upper and lower case
- alphabet letters are all single cards good for learning the alphabet and pairing with pictures to learn spelling.
- clocks - to teach time with both regular and digital clocks

Scholar's Choice (see telephone directory for a store near you)

Store that sells educational materials and supplies.

Special Needs Equipment Exchange (SNEES)

1445 Carling Avenue, Ottawa Contact: - Stacey North - 613 724 5586 x 225

Toys "R" Us

Provides an on-line catalogue of toys for differently-abled children. Please visit their website below.

http://www.toysrus.com/graphics/coupon/TRUS_2007-Diff-Abled-Guide2.pdf

Financial Support and Housing

Assistance for Children with Severe Disabilities (ACSD). It comes from the same ministry as SSAH. I've included the ministry's website, as well as two descriptions, they have different examples of what it can be used for.

Ministry Website (poor description, but official site):

<http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/disabilities/index.aspx77>

A very well done description by Respite Services (Waterloo):

<http://www.respiteservices.com/Waterloo/index.aspx?ArticleID=340>(=en-CA

Another good description from Peel region:

<http://www.cdrcp.com/cip/assistance-for-children-with-severe-disabilities-acsd>

Easter Seal Society

1-888-377-5437 or (416) 696-1035

Grant for incontinence supplies for children and youth.

Habitat for Humanity-NCR

We aim to build simple, decent, affordable homes for low income working families. We look to help provide long term solutions through our home ownership program by giving low income families a chance to own their own home by offering an interest-free mortgage and no down payment. There is an application process for interested families, and once someone has been selected, they partner with Habitat and volunteer their time to build their home with the help of the community. Contact: Kimberlie Montagner, Community & Family Relations Coordinator phone: (613) 749-9950 ext. 225; fax (613) 749-8991; cell (613) 292-5032 communications@habitatncr.com

Assistance for Children with Severe Disabilities

613-788-2399

A program for families making less than \$60,000 gross income per year to help with the additional costs of raising a child with a disability. Related to this is the **Fitness Tax Credit**, good up until the year the child turns 18, consistent with other federal tax measures targeted to children with disabilities. As well, the Income Tax Act will be amended to introduce an additional \$500 non-refundable amount for DTC-eligible children subject to spending a minimum of \$100 on registration fees for an eligible program.

This additional non-itemizable amount recognizes the extra costs that children with disabilities may encounter in participating in programs of physical activity, notably with regard to specialized equipment, transportation and attendant care.

<http://www.prontario.org/creditFAQ.htm>

www.jenniferashleighfoundation.ca

The Jennifer Ashleigh Foundation assists children who are chronically or seriously ill, are 21 years of age or under and whose permanent residence is in Ontario. Family income impacts on granting decisions. We will consider requests for assistance in the following areas as they are related to the child's illness:

Emergency financial relief

Respite for a pre-determined period of time

Developmental therapies (excluding Hyperbaric Oxygen Treatment)

Educational programs, materials, instruction

Specially adapted computer equipment and software

Medical treatments not covered by government health plans or insurance

Recreation that promotes a child's involvement in the community.

Please call the Foundation office at (905) 852-1799 and ask for a Request for Assistance form. The form may be completed by the child's parent, physician, therapist, social worker, teacher or community liaison.

The BEAR Children's Fund (radio station 106.9) <http://www.thebear.fm/>

The BEAR Children's Fund was established at the launch of The BEAR in September of 1994 for the purpose of donating money to assist children's charities and causes that make the quality of life better for children in the Ottawa-Carleton region. Fund-raising for The BEAR Children's Fund continues year round with 100% of all monies raised going into the fund to help children.

If you would like more information on how to receive help from The BEAR Children's Fund or make a donation call The BEAR Monday to Friday 8:30 to 5:00pm. Or write to:

The BEAR Children's Fund

1504 Merivale Rd

Ottawa, ON K2E 6Z5

Main Number: (613) 225-1069 Toll-free: 1-800-754-1069

Contest FAX: (613) 226-8480 Business FAX: (613) 226-3381

Studio line for requests & contests: (613) 750-1069

General Inquiries - bearinfo@thebear.fm

The Max Keeping Foundation <http://www.maxkeeping.com>

613-274-4304

Cathy Cavanaugh is the contact for the Max Keeping Foundation. They may provide financial assistance for your child. Your request will be reviewed by the Board of Directors and you will be notified of the decision within 3-4 weeks.

The Max Keeping Foundation
c/o P.O. Box 5813 Merivale Depot
Ottawa, Ontario K2C 3G6
Email: foundation@igs.net

The President's Choice® Children's Charity (PCCC)

The President's Choice® Children's Charity (PCCC) is dedicated to helping children who are physically or developmentally challenged. Our aim is to remove some of the obstacles that make everyday living difficult and to provide these young people with a renewed sense of dignity, independence and freedom. <http://www.presidentschoice.ca/LCLOnline/aboutUsCharityHelpOntario.jsp>

Special Services at Home

613-787-4064

Services: Application for funding developmental programming and family relief.

Related to this is the following information about the funding and its uses:

SSAH Provincial Coalition's website: www.ssaahcoalition.ca

WE have now placed a "Bill of Rights for Families who use SSAH". Please share this printable flyer with families who use SSAH, the only source for individualized funds in Ontario.

Fee assistance program for the City of Ottawa

(go to your local community centre)

If you are a recipient of ODSP or ACSD, you may qualify for fee assistance for community centre-based programs through the City of Ottawa. Fee assistance is salary based.

Tax Credit Information

www.cra-arc.gc.ca

You will need the original T2201 (Disability Tax Credit Certificate). Please check the website for details.

For back-dating disability tax credits (taken from their website): By mail: Send both of the following to your

<http://www.cra-arc.gc.ca/tax/individuals/faq/t1filingaddress-e.html> tax centre:

a completed form:

<http://www.cra-arc.gc.ca/E/pbg/tf/t1-adj/README.html> T1-ADJ T1

Adjustment Request, or a signed letter providing the details of your request (including the years of the returns you want us to change), your social insurance number, an address, and a telephone number where we can reach you during the day; and supporting documents for the changes you want to make and, if you have not sent them to us before, supporting documents for your original claim.

Note: Previously, you could request adjustments to returns for 1985 or subsequent tax years. Under proposed legislation, after December 31, 2004, only requests relating to tax years ending in any of the 10 calendar years before the year you make the request, will be considered. For example, a request made in 2005 must relate to the 1995 or a subsequent tax year to be considered.

It is better to claim this tax credit under the parent (or similar to

parent) with higher income because it may reduce his/her Ontario surtax. Please remember this credit is non-refundable, which means you won't be refunded more than the tax you paid for the tax year.

More information can be found on the website www.cra.gc.ca

<http://www.cra.gc.ca/> with information regarding disabilities at same website plus /disability

Re: Claiming ABA hours Hours of service are fully deductible but materials are specifically excluded under Section 118.2 of the Tax Act.

The exclusion of materials was confirmed by the Tax court in *Mandas v The Queen* in 2002

<http://www.canlii.org/en/ca/tcc/doc/2002/2002canlii900/2002canlii900.html>>

<http://www.canlii.org/en/ca/tcc/doc/2002/2002canlii900/2002canlii900.html>)

Materials used in therapy do not meet the definition of "medical devices" so are not deductible - not fair but that is the law. However, service providers can expense the cost of materials as a business expense since this is an "expenditure in the nature of trade" (where cost is reasonable, abuse of deductible rules would be deemed if expensive items [say over \$250] was being expensed, expensive items need to be set up as assets and the Capital Cost Allowance [depreciation for tax purposes] rules apply). Doctor direction and supervision makes ABA therapy HST tax free since psychology services are statutorily tax exempt. If this is the first year of ABA therapy cost deduction an item to note is that you can refile for every year from the date of birth of the child (maximum 10 years back) and claim the disability tax credit for years prior to the diagnosis date.

Sue Kent

sbk@kentgroup.net

Recommended by a parent for help with the Disability Tax credit.

RSDP Tax Credit Information

Northern Lights www.northernlightscanada.ca

613-668-7483

Northern Lights Canada has been contracted by the Government of Canada to provide information sessions related to the Registered Disability Savings Plan (RDSP). The RDSP is a savings program to help Canadians with disabilities and their families to save for the future. Our staff can provide a free information session for organizations and clients who would like to learn more about the RDSP, its features and benefits, steps involved in becoming eligible, as well as where to get additional information and assistance.

Northern Lights Canada is a privately-owned Canadian organization with 25 years of experience providing services for individuals living with disabilities. Our goal is to assist individuals to learn more about the RDSP in order to decide if it is right for them, however, we are not selling this plan. *To arrange an information session at your location or for clients you serve, please contact Brad Scott at 613-668-7483 or register through our website, at *www.northernlightscanada.ca.

For further information about the RDSP, please visit the Human Resources and Skills Development Canada website, at www.disabilitysavings.gc.ca.

Guardianship and Trust Funds

Henson Trust

Gives you the information on establishing a trust fund and assigning a guardian for your disabled child in the event of your death.

http://www.mcass.gov.on.ca/NR/MCFCS/ODSP/ISDIR/en/4_7.doc

Jason Dever - JM Dever Financial jdever@jmdever.com

613-686-5842

Services: Financial planner with ASD son, who specializes in helping families plan around and with their children with special needs.

Insurance, RDSP, Henson Trusts, wills and estates are some of the services we provide. Planning for financial independence of your ASD child after they are no longer in school, as well as careful legacy planning in the event of a caregivers disability, illness or death are important things to consider as caregivers of ASD children and adults.

Fax: 613-248-4566 or go to his website: www.jmdever.com

Eric Honey honey_mac@rogers.com

613-722-2493

Services: Lawyer who deals with Henson Trusts, wills and estates and assists families with someone who has a disability and persons with disabilities.

Donna Neff donna.neff@nefflawoffice.com

613-836-9915

Services: Lawyer who deals with Henson Trusts, wills and estates and assists families with someone who has a disability and persons with disabilities.

Fax: 613-836-7123 or go to her website: www.nefflawoffice.com

Kenneth C. Pope www.kpopelaw.ca

613-567-8230

Services: Specializes in wills with Henson Trusts, dealing with ODSP benefits and assistance with disability tax credits and caregiver credit back filing.

Personal Security and Safety

Amber Alert GPS Canada

1-888-770-9939

Child protection and tracking service. Please check out their website: www.amberalertgps.ca

Finding the Way info@findingtheway.ca

1-416-236-3929

Tracking number system designed to assist children with communication difficulties. Please check out their website: www.findingtheway.ca

Road ID www.roadid.com

Recommended by a list mate as an identity bracelet or ankle band:

“I highly recommend Road ID for anyone wanting an ID bracelet or ankle band or shoe ID for their autistic child (or themselves). They have other cool stuff as well, especially reflective products so you can be seen at night. If you use the URL <http://www.roadid.com/?referrer=3564> for Road ID, Alex will make commission on any sales made through that link.”

Stuck on You www.stuckonyou.biz/canada

Services: This site has clothing labels, vinyl wrist bands with your child's name and phone number, shoe labels etc, and other vinyl labels (ie nut free zone etc) that might be of some use.

Contacts, support groups and Ottawa lists

Autism Ontario—Ottawa chapter www.autismontario.com/ottawa

613-230-6305

211 Bronson Avenue, Suite 210

Email: Ottawa@autismontario.com

Fax: 613-288-1423

La Société franco-ontarienne de l'autisme holds support groups. Their contact information is available on their website: www.autismefranco.ca.

autismsupportOttawa@yahoogroups.com

A list for parents, professionals and persons with PDD/Autism in the Ottawa Carleton region to exchange information and resources as well as to offer support. To subscribe, send an e-mail to autismsupportOttawa-subscribe@yahoogroups.com from the e-mail address you want the list to be sent to. Please contact Lynne Thibodeau at lmthib@cyberus.ca or Debbie Barbesin at robert_and_debbie@sympatico.ca for further information. The *Directory of Services for Individuals with ASD* is emailed directly to members of this group.

Autism (ASD), Pervasive Development Disorder (PDD), Asperger Syndrome (AS) Autism Parents' Support Group: For details, call Brenda Desjardins -613-741-5150, e-mail: desjbre@yahoo.ca or Brenda.Desjardins@statcan.ca

Child and Youth Health Network of Eastern Ontario www.child-youth-health.net

Click on Respite Care and follow the link through Parks and Recreation Day Camps. The following description is taken right from the website:

*The **CHILD** and **YOUTH HEALTH NETWORK** for **EASTERN ONTARIO**, facilitated through CHEO, began in the spring of 1997 with a focus on modelling integrated services for children and youth in Eastern Ontario. Over a dozen working groups bring parents and representatives from health, social services, education and recreation together on specific projects aimed at making a difference and improving services. The Steering Committee of 32 members represents a range of disciplines and geographic communities and provides strategic directions and critical information sharing. The **NETWORK** has proven itself to be a mechanism through which opportunities for better service delivery and integration can be both identified and created.*

Comprehensive Literacy and Communication Remediation for Adults with receptive and expressive language deficits

Family members of adults (18 yrs and over) showing moderate to severe communication deficits (verbal and written) are invited to join us in our new advocacy initiative designed to bring about a Comprehensive Literacy and Communication Remediation program in Ottawa. The program to be developed is for verbal and non-verbal participants diagnosed with but not limited to DD, ASD, FAS who wish to improve their communication, literacy and numeracy skills.

Within the structure of Ontario's new self-directed funding options which will enable persons with disabilities and their families to buy their own supports, this program model intends to address a long overlooked service gap in the region.

Through our advocacy efforts, we are canvassing community agencies, the Ministry of Colleges and Universities and the Ministry of Health amongst others. Our end goal is to achieve the creation of a flexible half day program:

- o Offering a choice of either morning or afternoon sessions to complement participants' individual schedules (i.e. work or other program).
- o With an optional number of weekly sessions (minimum two sessions per week per client) to suit different budgets.
- o With a high staff to client ratio.
- o Implemented by ABA trained staff.

The program would seek to:

- o Develop every day conversational skills
- o Narrative skills
- o Broaden one's ability to convey information
- o Support the development of self expression (ability to articulate one's thoughts, feelings and emotions)
- o Facilitate the acquisition of literacy skills, enabling participants to use reading, writing and calculation for everyday participation in the community.

Please join us in our new advocacy initiative for a Comprehensive Literacy and Communication Remediation program for adults. Contact us with your name and e mail address, at icommunicate@rogers.com to indicate your support or for additional information.

eMental Health <http://www.ementalhealth.ca>

eMental Health is a compendium of resources and information on mental health issues. Go to their home page and type in "autism" under the "Search by keywords".

Families Matter Co-operative Inc. www.familiesmattercoop.ca

613-733-0122

This is a member-driven, not-for-profit organization dedicated to meeting the needs of developmentally disabled individuals, their families and friends. Founded, managed and supported by people whose own lives have been directly touched by developmental disabilities, Families Matter Co-op brings information and families together to improve their quality of life.

Families Matter Co-op offers a single independent source for comprehensive access to information about resources and services for people with developmental disabilities. It is available online.. Families Matter Co-op coordinates member-driven support networks to connect people with developmental disabilities as well as their families and friends.

Families Matter Co-op is committed to raising awareness of the challenges facing people with developmental disabilities, their friends and families and to addressing those challenges through member-driven initiatives.

Telephone: Marge 613-733-0112 email: famileismattercoop@sympatico.ca

Lanark Autism Support Group

www.lanarkautismsupport.com

Meets the first Monday of every month from 7:30pm-9pm at the Lanark Community Programs in Carleton Place, 30 Bennett St)

* For more information please visit our website at www.lanarkautismsupport.com

Learning Disabilities Association of Ottawa Carleton

Transitions An after school program for youth in grades *seven to nine* who have various learning disabilities. Give your child the tools to become their own advocate! The third Transitions group is starting this February and what better time to start preparing your child for the intricacies of high school, or perhaps they are already in grade nine and having a difficult time adjusting.

Transitions is based on the following topics:

- Communication skills
- Problem solving and critical thinking
- Time management skills - patterning
- Organizational skills
- Self advocacy skills
- Taking responsibility
- Stress management and knowing your support network (concept of guidance counselors)

This is a ten week program starting in February - don't miss out! Facilitator: Laura Burgess

Location: 180 Percy Street, the McNabb Community Centre

OPAC Ottawa Parents of Apraxic Children

Has your child been diagnosed with childhood apraxia of speech? Are you feeling overwhelmed with what to do, what to expect?

Come and join our parent support group. We meet for regular face to face meetings in Ottawa and use online tools to share and support each other. It can be comforting and empowering to know that you are not alone and that you can both give and receive help.

OPAC Goals:

- to meet for face-to-face meetings on a regular basis
- to provide support, sharing and networking opportunities amongst parents of children with CAS
- to raise awareness of apraxia in our communities and school systems

OPAC Activities include:

- sharing feelings and experiences
- exchange of information both in person and online via shared group website
- sharing information resources about CAS
- discussions on specific topics (i.e. therapies, school transitions, social skills etc.)
- building a resource list and virtual library of CAS resources
- resource lending amongst members
- family activities

For more information, email: Ottawa.apraxia@gmail.com

Ottawa Valley West Support Group

Meets regularly, generally on Friday evenings. Informal setting, get-togethers in volunteers' homes.

Jody Brenton 613-622-0402

Parents Lifeline of Eastern Ontario (PLEO)

A support group for parents of children with mental illness--not for autism specifically but for mental health issues which are sometimes a secondary diagnosis for our children. Please visit the website: www.pleo.on.ca for schedule of meetings. Meetings are held at CHEO.

There's also an OCD (Obsessive Compulsive Disorder) one which holds meetings sporadically.

Parents of Children with OCD: Janet van den Heuvel 220-1507 Janet.Vandenheuvel@ottawa.ca

SSAH Provincial Coalition's Website

www.ssahcoalition.ca

We have now placed a "Bill of Rights for Families who use SSAH" (Special Services at Home—individualized funding for people and families with children who have disabilities).

Ottawa Children's Coordinated Access and Referral to Services

Special Needs Committee

Coordinated Access is a case resolution mechanism designed to provide recommendations and referrals for families, children and youth who have complex needs and are experiencing difficulties gaining access to support and services in the community. The role of Coordinated Access is to offer assistance in the form of recommendations (not direct services) in an attempt to resolve difficult situations. Case resolution is offered through the Coordinated Access committees comprised of various professionals whose agencies provide services in the Ottawa region. Coordinated Access has a Francophone and Anglophone committee to provide assistance to clients in their language of choice.

Who refers people to Coordinated Access?

Community agencies and other professionals make referrals to Coordinated Access. Their role is to assist families with the preparation needed to put together a presentation before a Coordinated Access committee. The submitting agency will gather all the documentation needed and help families fill out the Coordinated Access application form. They will also prepare the presentation to the committee. However, it is strongly recommended that parents/guardians remain actively involved in the application process and participate in the

presentation. The submitting agency is also responsible to forward the recommendations of the committee to the family and assist them with their implementation.

Who is eligible to be presented to the Coordinated Access committee?

Coordinated Access is designed to assist children with a developmental delay who have complex needs and their families. These children and/or families must be able to demonstrate that they have attempted to use various community services, but have been unsuccessful in their attempts to resolve their current difficulties. In other words, Coordinated Access is designed to assist only those people whose needs have not been met by existing community services.

Caroline Vinette-Arseneau, Coordinated Access Manager/Gestionnaire d'Accès coordonné

Phone/Tél: 613-729-0577 x 251 Fax/Télé: 613-729-1918

Email/Courriel: coordinatedaccess@ysb.on.ca

Ottawa Resolution Service for Adults with a Development Disability

This is a relatively new service for an adult with a development disability who:

is at serious and imminent risk of harm to him/herself or others, and

is unable to access services; or

is at risk of family breakdown, if supports and services are not provided; or

is at risk of receiving a more intrusive response in the absence of supports; or

requires support that is beyond the current capacity of an individual agency and/or the service system. (Source: Because you asked ...

Questions and Answers about the Ottawa Resolution Service, a publication of Citizen Advocacy, also available in French.)

This is not a crisis service; it is, rather, a community based problem-solving service where all options appear to have been tried and exhausted.

The Resolution Service operates through Citizen Advocacy on Parkdale, 613-761-9522.

Asperger's Syndrome Parent Support Group

You are not alone! Share ideas, information and resources with other parents who have children with AS and related disorders. A confirmed diagnosis is not required. Interested professionals and adults with Asperger Syndrome are also welcome to attend. Please contact me at isabelle.macnider@gmail.com with speaker requests. The meeting is free and open to everyone. It is a safe non-judgmental space to share your successes and concerns with peers.

Resource Guide: Comprehensive guide to Ottawa services and general resources on AS available at www.autismontario.com/ottawa (under Resources). If you do not have access to the Internet, call 613-230-6305 and ask to be mailed a copy.

Regular Email Updates: Information on upcoming workshops and other relevant activities. Email Heather (c/o Tracy) at chaptermgr.ottawa@autismontario.com.

Autism Ontario—Ottawa Sponsored Groups

For further information on the groups below, contact the Ottawa chapter of Autism Ontario 613-230-6305 or email ottawa@autismontario.com.

Welcome to our new Potential Program staff

We are pleased to announce that Anne Bourbey-Schwartz and Jan Ditchfield have joined Autism Ontario in the Eastern and Southeastern Ontario regions, working out of the Ottawa Chapter office. Anne Bourbey-Schwartz joins Autism Ontario in the position of Family Support Coordinator, and Jan Ditchfield is the Community Events Coordinator. Please feel free to welcome Anne or Jan, they can be reached at anne@autismontario.com (mailto:anne@autismontario.com) or jan@autismontario.com (mailto:jan@autismontario.com) respectively, and watch for updates from the Potential Program soon. To learn more about the Potential Program, visit Autism Ontario's website <http://autismontario.pmailus.com/pmailweb/ct?d=TYI3WQKvAAMAAAR4AAWew>

Support Group for Family Members of Adults with AS

Families of adults with AS meet three times a year for information and support.

TBA

Asperger Youth Support Group

Peer support and topical discussion with social activities, such as bowling nights and movie nights for ages 15 to 25.

“Aspirations” Support Group for Adults with Asperger Syndrome

The third Monday of every month adults with Asperger Syndrome meet. Website: <http://aspirations.topcities.com>

Autism Parents' Support Group

Parents of children with autism spectrum disorders meet for practical workshops.

Ottawa Valley West Support Group

Meets regularly, generally on Friday evenings. Informal setting, get-togethers in volunteer's homes. Contact Jody Brenton at doohum@yahoo.com or 613-622-0402.

Please support the Ottawa chapter by becoming a member of Autism Ontario (membership forms available online at www.autismontario.com/ottawa or by calling 613-230-6305). Many family members and professionals have benefited from the valuable information and advice given by office staff and volunteers. The chapter presents workshops and social/recreational activities (through the Realize Community Potential program) that many families attend. They also have a lending library with a wide range of books and DVDs and an informative email bulletin.

Social Skills and Other Supports in the Community

"Typical Teens" Social Skills Group

Children at Risk (CAR) program for teens with Asperger Syndrome in Middle to High School. Social skills are practised in the community with teen peers. Your family must be a member of Children at Risk for your child to participate in any CAR program. Contact Heather Pierscianowski at tadp@sympatico.ca or leave a message at 613-741-8255.

Children and Youth Social Skills/Life Skills/Siblings Groups

CAR also runs social skills groups for children 5 years and up with Autism Spectrum Disorders in general (including AS), life skills groups for pre-teens and teens, and siblings groups for children 7-12 years. Your family must be a member of Children at Risk for your child to participate in any CAR program. Contact CAR at 613-741-8255 or visit their website at www.childrenatrisk.ca.

Social Skills Group for Adults

For adults with Asperger Syndrome to develop social skills. Call Y's Owl Maclure at 613-721-1500 for information. See www.ysowlmaclure.org for info on employment support and other services.

autismsupportOttawa online forum

Online yahoo support group of parents, professionals and others with an interest in the autism spectrum. Subscribe by email: autismsupportOttawa-subscribe@yahoogroups.com

Networking and Advocacy Group—United Families of Eastern Ontario (UFE0)

United Families of Eastern Ontario (UFE0) is a coalition of family networks and individuals committed to improving the lives of children and adults with Developmental Disabilities (including Autism Spectrum Disorders). Activities include:

- Facilitating the sharing of information between families and groups in the developmental disability community.
- Participating and partnering in the planning of services and supports for individuals with developmental disabilities
- Acting as an advocate on issues affecting families and individuals dealing with a developmental disability
- Raising awareness within the general public on issues of concern to the developmental disability community

There are currently 22 family-focused groups and 168 family and individual members. UFE0 is representing families on several Ministry of Community and Social Services committees including the Systems Planning Table and Dual Diagnosis Advisory Group.

To become a member of UFE0 (no fee), select "Join Now" from the menu at www.ufe0.ca. Members receive invitations to information sessions and regular "alerts" on funding issues, Ministry requests for feedback, community workshops and other services/supports in the community.

Heather Fawcett is representing families of Autism Ontario—Ottawa and is the Acting Chair of the Steering Committee of UFE0. For more information contact info@ufe0.ca.

The Social Learning Centre, a tutoring service, is branching out to include social skills activities. Trisha Kassotis 613-852-7297 or sociallearningcentre@rogers.com

Walking in My Shoes

www.wimsparents.ca

ARE YOU THE PARENT/GUARDIAN OF A CHILD WITH A DEVELOPMENTAL DELAY? HAS YOUR CHILD BEEN DIAGNOSED WITH A DEVELOPMENTAL / PHYSICAL DISABILITY? WOULD YOU LIKE TO MEET OTHER PARENTS OF CHILDREN WITH SPECIAL NEEDS?

You are invited to attend a group get together once a month to meet parents who have similar concerns, experiences and feelings related to their child's special needs. At the group you will have the opportunity to meet, share information and learn about resources and processes from each other. A facilitator will be present to guide discussions and provide links to resources. There will be opportunities for guest speakers and family activities of interest at group members' request. *Please note that meetings will take place at CISS on Industrial Avenue. Please view the website for more details on location and times. (DB)*

For more information please call Janet Robinson at 613-841-1194 or email at wims_parents@hotmail.com

School-Related Problems, Issues and Information

For assistance with **school related matters** (IPRC, IEP, needs statement), please see <http://www.edu.gov.on.ca> or send a message via the SEAC representative for your board <http://www.ottawacatholicschools.ca> or www.ocdsb.on.ca

For proposed changes to Special Education Services and Delivery in the Ottawa Carleton District School board for the year 2008-2009, please go to the following link: http://ocdsb.ca/op_se_spec_education_consultation.asp

How our schools are governed: The Education Act

http://www.e-laws.gov.on.ca/html/statutes/english/elaws_statutes_90e02_e.htm

For information on funding:

http://www.edu.gov.on.ca/eng/policyfunding/memos/april2011/ASD_PPM140.pdf

Another very important document is the Comprehensive Plan for the school board you are with. It is available from the English Public Board (www.ocdsb.ca and then click on Special Education) and English Catholic Board (www.ocdsb.on.ca and then click on Publications, scroll down to Comprehensive Special Education Plan).

Here is a list of some of the documents available:

Highlights of Regulation 181/98 The part of the Education Act that requires that school boards provide special education programs and services for their exceptional pupils.

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/hilites.html>

Special Education Monographs No. 4: Students with Autism

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/monog4.html>

Incorporating Methods of Applied Behaviour Analysis (ABA) into programs for students with Autism Spectrum Disorder (ASD)

<http://www.edu.gov.on.ca/extra/eng/ppm/140.html>

Individual Education Plan (IEP) Resource Guide 2004

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/guide/resource/iepresguid.pdf>

Getting Help Along the Way for high school students. Some information about how services that your child is receiving in

Elementary/Intermediate schools will continue at the high school level.

<http://www.edu.gov.on.ca/eng/document/brochure/stepup/getting.html>

Autism Program Guidelines--2006

<http://www.children.gov.on.ca/CS/en/programs/SpecialNeeds/Publications/autismGuidelines.htm>

Special Education Overview

Many, many links to almost every document about spec ed by the ministry:

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/speced.html>

The Identification, Placement, and Review Committee Identifying the Needs of Exceptional Pupils

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/identifi.html>

The Individual Education Plan Process with other links

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/individu.html>

The Transition Plan with links to IEP Standards and Transition Planning: A Resource Guide, 2002

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/transiti.html>

Ministry Support for Special Education

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/minsupport.html>

Resolving Identification or Placement Issues Procedures for Parent(s)/Guardian(s)

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/issues.html>

School Entry

<http://www.edu.gov.on.ca/eng/parents/planningentry.html>

Special Education funding

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/funding.html>

There are many more links to Policy Directions and Resource Documents. It all starts with getting to the Special Education Overview link.

- [Progress in Education Benefiting Students. Highlights of 2006-07 Changes to Grants for Student Needs](#) (PDF, 152 KB)
- [Special Education Funding Guidelines: Special Equipment Amount \(SEA\) and Special Incidence Portion \(SIP\), 2006-07](#) (PDF, 57 KB)
- [Technical Paper 2006-07](#), (PDF, 740 KB)

This is a link to IEP writing through OISE (Ontario Institute for Studies in Education at University of Toronto) <http://iepinfo.oise.utoronto.ca/>
Regulation 181/98, Identification and Placement of Exceptional Pupils

http://www.e-laws.gov.on.ca/html/regs/english/elaws_regs_980181_e.htm

Policy/Program Memorandum No. 140: Incorporating Methods of Applied Behaviour Analysis (ABA) Into Programs for Students with Autism Spectrum Disorders (ASD)

<http://www.edu.gov.on.ca/extra/eng/ppm/140.html>

Special Education: A Guide for Educators, 2001

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/guide/specedhandbooke.pdf>

Special Education Transformation, 2006

<http://www.edu.gov.on.ca/eng/document/reports/speced/transformation/transformation.pdf>

Education for All: The Report of the Expert Panel on Literacy and Numeracy Instruction for Students with Special Education Needs, Kindergarten to Grade 6, 2005

<http://www.edu.gov.on.ca/eng/document/reports/speced/panel/speced.pdf>

Planning Entry to School: A Resource Guide, 2005

<http://www.edu.gov.on.ca/eng/parents/planningentry.pdf>

The Individual Education Plan: A Resource Guide, 2004

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/guide/resource/iepresguid.pdf>

Standards for School Boards' Special Education Plans, 2000

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/iepstand/iepstand.pdf>

Individual Education Plans: Standards for Development, Program Planning, and Implementation, 2000

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/iep/iep.pdf>

Transition Planning: A Resource Guide, 2002

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/transiti/transition.pdf>

The Ontario Curriculum Unit Planner: Special Education Companion, 2002

<http://www.nipissingu.ca/EDUCATION/warnier/wrhome/SpecEdCompanion.pdf>

Autism Intervention Program: Program Guidelines, 2006

[http://www.childcare.on.ca/Brochures%20and%20Information%20Sheets/English%20Autism%20Intervention%20Program%20guidelines%20Aug%202006%20\(final\).pdf](http://www.childcare.on.ca/Brochures%20and%20Information%20Sheets/English%20Autism%20Intervention%20Program%20guidelines%20Aug%202006%20(final).pdf)

A Shared Responsibility: Ontario's Policy Framework for Child and Youth Mental Health, 2006

http://www.gov.on.ca/children/graphics/stel02_179874.pdf

Report of the Interim Parent Involvement Advisory Board, 2006

<http://www.edu.gov.on.ca/eng/parents/parentinvolvement.pdf>

Effective Education Practices for Students with Autism Spectrum Disorders

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/autismSpecDis.html>

Making a Difference for Students with Autism Spectrum Disorders in Ontario Schools: From Evidence to Action, 2007

<http://www.edu.gov.on.ca/eng/document/nr/07.02/autismFeb07.pdf>

Education Funding Technical Paper 2008-9

<http://www.edu.gov.on.ca/eng/funding/0809/technical2008.pdf>

AUTISM ZEITGEIST

For the newer members of the group or those in the IBI program ... please visit <http://www.autismzeitgeist.com>

This IBI/ABA informational website was created by a mom to help families navigate the government's Autism Intervention (IBI) Program in Ontario. It's chock-full of information and resources ideal for families who are about to enter or who are already receiving IBI services.

Download example ISP's, Behaviour Management Plans, DFO GuideBook, Service Option Contracts and view other important supervision information for this ministry funded program

Special Education Advocates

Edu-Advocates

www.eduadvocates.com

613-769-8960

Edu-Advocates is a private education consulting and advocacy firm. We exist to facilitate appropriate, accessible education for all students. We offer special education services to all school aged children experiencing difficulty in the education system. We will audit your child's files, review their program and placement, consult on accommodations needed for support and then advocate for the proper resources to be directed into the classroom support conditions for success. Dale Ford is the contact person: eduadvocates@rogers.com

Tammy Robinson

tamrobinson@sympatico.ca

613-523-9173

An advocate in the Ottawa area.

Lindsay Moir of Comhnadh Consulting provides support and information on dealing with schools (IPRC, IEP, ISA grants etc.). See his website: www3.sympatico.ca/l.moir

Or email him at l.moir@sympatico.ca by telephone (519) 660-0493

He also answers questions on www.familynet.on.ca

For assistance with services for children with special needs (provincial), visit www.familynet.on.ca

Child Advocacy Project (CAP)

1-416-977-4448 ext. 226

CAP is dedicated to safeguarding the education rights of children and youth across Ontario. The volunteer lawyers who take CAP cases are experienced and trained in Education Law. *CAP lawyers work for free.*

CAP lawyers provide free legal services to:

- ▶ Students who are involved in the Special Education process.
- ▶ Children and youth who are at risk of being suspended or expelled.
- ▶ Young people who are living independently.

Private Schools

I have several emails with various comments from parents on this topic. For the sake of brevity, I am just listing the possibilities with contact information. If you would like more information or opinions, I would suggest writing to the Autism Support Ottawa List (DB): autismsupportOttawa@yahoo.com

Astolot astolot@rogers.com

613-260-5996

1187 Bank Street, Ottawa. Principal: Jennifer Cowan

Edelweiss Private Academy <http://www.edelweissprivateacademy.com/index.php>

613-668-3936

Starting in the fall of 2011. Edelweiss Private Academy was created to help children with exceptionalities achieve their academic goals. The program is geared towards children who are transitioning out of IBI into regular schools or for children who are not succeeding in the public education system. All classes have small ratios (5 to 1). The focus is to teach the provincially approved curriculum for grades 1, 2 and 3 (**elementary only**) while catering to the children's individual needs.

Please note that a psychologist will be required to supervise each child once a month. Please also note that the nature of the school may be accepted for coverage by your health benefits insurer. As well, TIPES senior staff will be supervising each student once every other week. This amount will be paid to TIPES as they will be consulting to the school.

Educarium

613-747-4646

419 St. Laurent Blvd, Ottawa, K1K 2Z8. Principal: Pierrette Mathews

Heritage Academy of Learning Excellence

613-722-0133

207 Bayswater, Ottawa, K1Y 2G5. Principal: Louise Ward

Kanata Academy

613-599-5399

2 Beaverbrook Rd, Kanata, K2K 1L1. Principal: Jean Slinn Higgins

March Academy <http://www.marchacademy.ca/>

613-832-3784

A private learning institution for students from grades 1 to 6, with a special emphasis on individual learning styles. (Director: Kerry Armitage) 325 Sandhill Road, Kanata

Mindware Academy <http://www.mindware.ca>

613-591-3485

Has grades 1-8, located at 985 Pinecrest. Also has summer camp programmes.

Redeemer Christian High School

613-723-9262

82 Colonnade Rd N, Nepean, K2E 7L2. Principal: Leo Van Arragon.

Turnbull Academy

613-729-2273

1132 Fisher Ave, Ottawa, K1Z 6P7. Principal: Gareth Reid/Dianne McArthur

Tancook Bell

613-730-3970

15 Aylmer Ave, Ottawa, K1Y 1W1. Principal: Lee Anne Boucher/Bonney Hunt

Educational Services

The **Kanata Language Arts Program (KLA)**, currently in its third month of operations, is now accepting new participants. Please see information below.

What is the Kanata Language Arts Program ?

KLA (Kanata Language Arts) program is a parent led, cooperative, part time program for young adults with autism and/or developmental disabilities .

Where is KLA located ?

KLA takes place at a classroom space, generously donated to the program by the Fellowship Baptist Church , on Klondike Road in Kanata .
The program runs every Wednesday and Thursday from 1:30 – 3:30 p.m.

Who is KLA for ?

KLA is for anyone who struggles with language and communication and who has some basic reading skills (i.e. 200 sight words and rudimentary word decoding abilities).

What are KLA's language goals ?

- To learn new vocabulary
- To learn new sight words
- To practice acquiring new information from text
- To improve reading comprehension skills
- To improve listening comprehension skills

What other goals does KLA target ?

- Following a schedule
- Focus on turn taking skills
- Being able to participate and cooperate within a small group situation

What is schedule is followed at KLA ?

- Language intervention based on a theme which changes every single month.
- Crafts which have to do with the topic being studied
- Movement games (including dumbbells exercises, stretching, adapted line dancing, ball games and more).

What are KLA's program fees ?

- Each participant must come with a worker who shall facilitate the session at the learner's individual level.
- Cost for crafts materials, work sheets, photocopying is shared by the group at the end of every month.

Who are KLA's instructors ?

A former teacher and mother of one of the learners implements the language segment of the program whereas the participants' individual aides take turns at leading the crafts and the movement components of the KLA program.

Who develops KLA's curriculum ?

The curriculum is developed and prepared by the lead instructor. The crafts are prepared by the mothers of the participants, on a rotation basis.

For additional information, please contact:

Simy Illouze B.A., B.Ed

logme@rogers.com

613-823-5360

Thinking in Pictures Educational Services (T.I.P.E.S)

www.tipes.ca

613-592-8800

T.I.P.E.S. is a charitable organization that provides support to children aged 2-18 years who have autism and related or additional exceptionalities. Our mission is to teach children with pervasive developmental disabilities and other exceptionalities so they can reach their potential. Individualized programming is delivered in a positive, caring, learning environment, using a holistic, team based approach.

At TIPES we work in partnership with parents in intervention planning implementation. Specific program planning, play and recreational activities are combined to promote success. Professional supervision is provided by Jennifer Wyatt BSc. and Deborah Wyatt B.A. T.I.P.E.S also works closely with several psychologist's speech/language pathologists and occupational therapists. If required, Dr. Sherman is our consulting psychologists and Connie Wilker is our consulting speech pathologist.

Currently there are various options for children and parents. TIPES is a professional service that provides affordable ABA therapy (in home and at the centre), respite (family relief) as well as social integration programs. Training courses for parents and professional are also available.

TIPES head office is located in Kanata at 2 BeaverbrookRd. Hours of operation are from 8am until 5:30 pm. Monday through Thursday. Friday 8 am until 4pm and Saturdays from 10-2:30 for social integration programs. For more information please contact Jennifer or Deborah Wyatt at 613-592-8800.

Recreational Programmes and Activities

ACE (Abilities, Challenges, Exceptionalities)

Christine Rondeau at Partners in Parenting 613-821-1127 ext 223

ACE is a recreational based day program that offers an educational component. The program runs out of the Boys and Girls Club on McArthur St. Many activities throughout the day including gym, computers, cookday, music therapy, swimming, sensory stimulation, games and educational activities, physio programs and range of motion. Clients range in abilities from total care to high behavioural. Hours: Monday-Friday 9:00-3:00. Fee for service.

Building Blocks

ebissonn@magma.ca

613-722-4374

Elaine Bissonnette, Behaviour Consultant

Who we service:

- Children and young teens diagnosed with Autism Spectrum Disorder
- Children and young teens who demonstrate difficulties in areas of socialization and peer relationships and require a structured environment to learn new coping skills

What we do:

- ☐ Parent training for home based programming for young children to adolescents diagnosed with Autism, Pervasive Developmental Disorders–Not Otherwise Specified (PDD-NOS), Asperger’s Syndrome (AS) and other related disabilities.

Social Skills Groups:

- ☐ Early Learner Playgroups (5-6 years old)
- ☐ Social Skills Groups (7-10 years old)
- ☐ Pre Teen Social Skills (10-12 years old)
- ☐ Groups for young teens dealing with anxiety (10-14 years old)
- ☐ **NEW*** UCLA PEERS An evidence – based parent assisted social skills training intervention for adolescents with Asperger’s
- ☐ PD Day – Science Camps during the school year (7-8 and 9 -10 years old)
- ☐ Science Camps (March Break, December Break and Summer Camps)

Christian Horizons - After School Program

Ages 12-16

Time: 3:00pm - 6:00 pm - Monday to Friday

Location: St Timothy’s Presbyterian Church - 2400 Alta Vista Drive The program is to build peer relationships and have fun doing a variety of recreational activities (art & crafts, going outside, etc)

Cost \$20 per day or \$100 per week

Contact: Matthew Garlough 613-526-1055

Capital City Condors

info@capitalcitycondors.org

A hockey club established for children with special needs who may not be able to play in a regular league

Cumberland Soccer

<http://www.cumberlandsoccer.com>

A soccer program that is being offered for kids 8-14 years old with physical or intellectual disabilities that can function in ratios of 1 to 5. The sessions will begin in June, on Friday nights, for \$50 total in the Cumberland area.

Early Years Enrichment

Beginning October 2011 Early Years Enrichment is program designed for children aged 4-6 years with Autism or Dual Diagnosis in association with Greenland Country Haven. Aimed at developing: Social, Play and Life skills & Sensory Integration through Music with Elaine Pond " Musical Pathways." For more information please contact: Amy Schulz at 613-866-7615 or byemail:

earlyyears-enrichment@gmail.com. Space is limited and classes run for 6 weeks.

East Nepean Baseball Association

Challengers is for 5–18 year olds of all abilities who have a physical and/or mental disability who want to have fun in an encouraging, friendly team environment. Challengers usually play Saturday mornings starting the beginning of May. Contact Steve Suttie, Challenger Director, 613-825-8773 or email him at: challenger@eastnepeanbaseball.on.ca **Note: ball players do not need to live in Nepean to access this activity.**

<http://eastnepeanbaseball.on.ca/divisions/challenger>

Happy Trails

Art Mackie 613-822-1482

Vision Statement:

To improve the lives of children and adults facing physical, developmental and psychological challenges through the benefits, of full exposure to farm life which include horseback riding and care of animals. By nurturing the relationship between our participants and the animals, great benefits can be achieved on an emotional, physical and psychological level.

Our long-term goal is for the farm to become a full time, year round facility that will serve the special needs community of Eastern Ontario. Our program can provide working opportunities, life skills training and so much more, offered in an environment that promotes inner well being and physical participation.

Mission Statement:

To provide a unique facility with personalised programming for individuals, groups and families of Eastern Ontario who require special care and attention, while experiencing the full benefits of nature and animals offered in a safe farm environment.

These benefits include:

- Improvement in muscle tone – flexibility, strength and posture
- Balance and coordination
- Increase in self-esteem and self-confidence
- Increase in motivation and concentration

The focus will remain on offering a flexible approach that will ensure a pleasant experience for all participants.

Services include:

- Assessment visit that will take place at Happy Trails

- Following assessment, we will provide a **personalised program** tailored to meet each participant's needs, abilities, adaptability and availability.
- Services will be extended to children and adults with physical, developmental and psychological disabilities. The family members of the participants are welcome to take an active role in the program or they can choose to take advantage of the respite Cabin. (cabin available on premises)
- Group activities
- Half or full day sessions available

At Happy Trails, we understand that not all participants are comfortable in a group setting. Therefore the programming offered will be **specifically designed to satisfy each participant's needs** and may vary to include horseback riding according to the mobility and circumstances of each participant. In being flexible, we will ensure that all participants have a pleasant, satisfying and rewarding experience. The program will offer a hands-on approach and will modify where necessary so participants can take an active role in the day to day caring, grooming and feeding of the farm animals. They will also have the option of participating in the farms daily living activities. A better understanding of farm life, the animal and the food chain will be acquired.

The art of hoof trimming and other basic horse care will be demonstrated to the participant. They will have the opportunity to create a bond with his/her horse by grooming and caring for this animal before riding occurs. This will help alleviate some of the anxiety that can be associated with riding for some of our participants.

Included in the program are, nature walks in a wooded area with proximity to a beaver pond, alongside the Mer Bleu conservation area. In this setting, children and adults will be able to learn about the eco-system of our area. A wagon ride will transport the participants to this scenic setting of the property.

The participants may take part in an organic gardening experience; a great way to learn about the different vegetables and their origins. The participants may also try their hands at basic woodworking, and make different projects like building bird houses, painting and decorating them. Products found on the farm will be included in other craft designing activities.

A variety of activities will be offered, from volley-ball, soccer, baseball, hiking, snowshoeing, cross-country and ice skating. Team sports will be introduced for skill building purposes in a group environment. Sports skills will be assessed prior to participation thereby giving the participants the opportunity to improve their sports skill while improving their social skills as well. Benefits of group and individual sports give the participant the opportunity to become more self-reliant, confident as well as becoming healthier and physically active.

Available on site is a warm and cozy cabin, where a well deserved rest, snacks and lunches will be taken.

A variety of other activities can be made available and adapted in order to meet the needs of all who are interested in participating in the program. Please feel free to contact us with any specific requests.

recreation@happy-trails.ca www.happy-trails.ca/recreation

Antonia Pigot, Music Therapist

imayo@ymail.com

613-234-7039

Children and adults with autism often have an unusual sensitivity and preference for music. Music can be a very effective motivator to learn non musical material, to provide positive sensory experiences, decrease self stimulatory behaviours, improve social behaviours and relationships, enhance motor coordination and improve communication skills. In music therapy sessions the therapist and client create music together by singing and playing various instruments and the music is used as a tool to work on various therapeutic goals. Music Therapist Antonia Pigot is opening a studio in Ottawa and offering music therapy sessions for children, teens and adults on the autistic spectrum. Antonia has bachelor degrees in Music, Education and Music Therapy and has been working with children and adults in Nova Scotia and New Brunswick since 2004 and in Ottawa since 2008. For more information contact Antonia at 613.234-7039 or by email at imayo@ymail.com

Yoga for Asperger-s teen/preteen

"Yes you can learn Yoga"

Andrea Mailhot graduated from her Yoga Teacher Training in May 2007. Since then she has been providing yoga classes to adults, teens, kids and babies. In August 2010 she graduated from Algonquin-s Autism and Behavioural Science program. She has been teaching yoga to teens on the spectrum for 2 years now. Success stories vary from teens sleeping better at night, students gaining more flexibility and self-confidence, to teens utilizing the various techniques to reduce anxiety and depression.

Ontario Early Years Centre

For families with children aged 0-6 who have a language, motor and/or social delay in their development. Enjoy a small group environment that offers free play, structured activities, circle and craft time. Staffed by an Early Childhood Educator, supported by OCTC.

For a listing of other Early Years Centres, please visit this website:

http://www.communityresourcecentre.ca/documents/RegularProgramScheduleCalendar_004.pdf

SNAC

BARFRC@on.aibn.com

Are you a parent of a preschool child who has been diagnosed with Autism Spectrum Disorders or are you waiting for your child to be diagnosed by a professional? Is your child under the age of six years old? Are you a current member of SNAC whose child is just over 6 yrs old and want to continue meeting with the behaviour consultant? Would you like to meet other parents waiting for services? Then we, at SNAC would like to meet you.

For more information contact:
Dale O'Reilly
Manager of S.N.A.C. Resource Centre
Barrhaven Childcare Centre
56 Kennevale Dr. Ottawa
613-825-9385 ext.14
barfrc@on.aibn.com

Spring Action Trampoline Recreational Sessions

Location: 151 Chapel Street, Ottawa Website: www.springaction.ca

City of Ottawa Health Promotion After School Shared Care - Pilot Program

Providing on site support using the Shared Care model, in After School Programs, while promoting fitness, health and wellness to children and youth with special needs.

The City of Ottawa, with funding from the Ontario Ministry of Health Promotion – is offering a Shared Care pilot program to Children and Youth with Special Needs. The After School Program will be offered at 10 sites across the city working within a 1:3 ratio. This pilot is an enhancement of the existing after school program and will promote physical fitness, healthy eating and nutrition and personal health education.

How much does it cost?: \$ 10.00 per day (Fee assistance is available, providing you qualify.)

Time Program is offered: After School for 3 hours

How do I register? Contact: **Supervisor Daniella Hamer at 613-580-2424 ext 12786 or cell at 613-222-6594.**

Alternative Contact: Portfolio Coordinator Diane Cyr at 613-580-2424 ext 29300 or cell at 613-447-3441

Produced by Parks & Recreations www.ottawa.ca/recreation

TREATS N' TREASURES

Treats n' Treasures is a working storefront also on McArthur. Clients with an ability to manage in a store setting, assist with all aspects of running the store. Clients sell snacks, coffee, pop and make beaded jewelery and beading kits to sell, assist with stocking, customer service, cleaning. This is a day program. Hours: Monday-Friday 8-4. Fee for service.

Contact: Christine Rondeau at Partners in Parenting 613-821-1127 ext 223 to set up a tour of either location.

There is an application and assessment process to ensure that we can meet the client's needs.

Converse & Bowl Group

Who are we?

Converse & Bowl is a small group (includes children, teens & young adults) on the autism spectrum who meet to practice **conversation skills** and to **socialize**. Participants gather to discuss the topic of the day via different communication means, including **elaborate speech, limited speech** utterances, **voice output devices, written** or **picture** cards.

What we do?

Topic discussions are followed by a game of bowling

Where? When? How much?

Merivale Bowling Centre Tuesdays from 3:45 p.m. - 5:30 p.m.

\$5.00 (+Bring your own snack or purchase on premises)

Please contact Simy Illouze at logme@rogers.com

Friends for Fun Bowling Night

Mondays 7:00 - 8:00 p.m.

Merivale Bowling Centre \$5.00

Contact : Anita Acheson: a.acheson@sympatico.ca

A Gym Tale

613-825-9165

Recommended by a listmate. This is a developmental play program with emphasis on coordination, movement, music and imagination.

Geared towards the pre-school set—please check out their website for additional information: www.agymtale.com

Boys and Girls Club

contact integration advisor – 613-232-0925 ext. 45

Provides support for children with disabilities (ages 6-18) to participate in any regular Boys and Girls programs or camps.

Main Street Community Services

(613) 831-6606

We are a registered not for profit community agency working in partnership with other established community organizations to provide comprehensive social and health services. We are committed to the vision of empowering children, youth, individuals and families to achieve whole health, social well being and community collectiveness. More specifically we offer a variety of programs to children and their families especially those with an exceptionality including ADD/ADHD, Aspergers Syndrome, Autism, Downs Syndrome, PDD etc.

Artswell artswell@magma.ca 613-256-6912
Artswell is a new, non-profit organization in Ottawa. We invite autistic children to share in our courses that consist of intervention with art program and an artist who has been specially trained in this disability. We will run workshops on weekends. The cost will vary with the program (approx. \$25.00 per child). Please check out our website www.artswell.ca. We are also willing to design a customized programme for those who require one. Please call 613-256-6912 or email: satack@sympatico.ca

Young Challengers of Ottawa-Carleton Christina Quail 613-749-8241
Social group for individuals with autism over 16 years of age. Weekly outings.

Sonshine Cove Len Goddard/Cathy Goddard 613-834-8187
Sonshine Cove is a year round camp located 100 km. north of Orleans. They provide camping experiences to children in Foster Care as well as children with a variety of special needs.
If you are interested, or would like more information, please call:
Len Goddard - Executive Director 834-8187 ext 22 or Cathy Goddard - Program Director 834-8187 ext 28 or visit their website at www.sonshinefamilies.ca click on Sonshine Cove.

Social Skills Groups

Children at Risk Friendship and Life Skills groups for children with Autism Spectrum Disorders. Ages 4 to 14. Focus on social interaction, friendship skills, and life skills.
Contact: Brenda Reisch
235 Donald St. Ottawa (also West-end site)
Phone: (613) 741-8255
Email: info@childrenatrisk.ca
Website: www.childrenatrisk.ca

Social Network for Youth

This is a social skills building program for individuals with developmental delays. We organize weekly gatherings for youth wanting to socialize in a casual environment with the support of facilitators. The group has a mixture of individuals with different developmental delays (Asperger's, autism, brain injuries, Down Syndrome..etc) but all benefit from increased social interactions. The age range is 13-21 (youth group) and over 21 for the graduate club. The organization is bilingual. The activities are once a week and vary depending on member requests. They are usually from 6:30-8:30pm and Tuesdays for the youth group. Activities include crafts, bowling, Midway, movies, dinner, BBQ, Ottawa 67's games or whatever the members are interested in. Activities are located across Ottawa and locations are easily accessible by bus. The cost is \$50 for a yearly membership but interested individuals are welcome to attend a few outings to see if they would be interested in joining. The ratio is about 3 facilitators for 10-30 members so individuals must be fairly independent (some members attend with D.S.W staff). An informal assessment is done through observation of individual's interaction with other members. You can contact Aroha DeForest or Melanie Martin at 237-0113 (snforyouth@hotmail.com) for more information and a recorded message about the next scheduled activity.

Jack's GFCF Cupboard www.jacksgfcfcupboard.com

We will be offering Cooking classes for HFA teens with GFCF diet, as well as seminars for parents on the GFCF diet, how to shop for gfcf products, recipe tips, special diet variations, and we will be offering a GFCF cookbook at our seminars. 613-230-2361

OCTC (Ottawa Children's Treatment Centre):

Ottawa Recreation for Children on the Autism Spectrum (ORCAS). Bowling, martial arts, baking, arts and crafts, etc. Ages 8 and up.
2211 Thurston Dr. *Please note: children must be clients of OCTC to participate.*
Phone: Katie Downey, (613) 688-2126 ext. 4342 or Emily Glossop 688-2126 ext. 4340
Email: kdowney@octc.ca or eglossop@octc.ca
Website: www.octc.ca

Main Street Community Services: Social skills groups, mentoring groups for children 5-14. Some specific to AS and ADHD.
1250 Main Street, Unit C20 Stittsville Contact: (613) 831-6606

Jacque Ballantine (SLP): Leads a social language interaction group. Ages 4 to 14. Not specific to Autism Spectrum Disorders.
2 MacNeil Court, Kanata Phone: (613) 591-3686

Social Skills Circle for Dyslexia/NLD/ASD/High Functioning Autism/Asperger's

Susan Mancini – Special Education Teacher/Social Skills Educator and ABA Provider through MindWare Academy
Two sessions: a) Ages 10 and under – Monday, September 12th (every second Monday) 4:45pm to 6:45pm to December 5th
b) Ages 10-14 – Monday, September 19th (every second Monday) 4:45pm to 6:45pm to December 12th
Natural Environment Teaching (NET), Social Skills Intervention, Structured Conversation, Cooperative Play, Outdoor/Indoor Team Based Challenges
\$240.00 per term (younger group) and \$280.00 per term (older group)

*Please note that price difference for the younger session is due to Thanksgiving Monday.
Please contact Susan Mancini at 613 882 3449 or sj_mancini@hotmail.com for more information and registration.

T.I.P.E.S.

613-592-8800

Due to the difficulties with social development witnessed in children with autism and other exceptionalities, T.I.P.E.S also offers social integration programs. These small group sessions utilize resources to teach children to socialize and learn skills to promote the creation and maintenance of friendships. This programme is also beneficial for creating relationships among siblings. Social Integration programmes are available mornings and Saturdays. Please email Jennifer Wyatt at jwyatt@tipes.ca for more information

Stronger You Martial Arts and Fitness— Jinzai! : Karate for children with high functioning ASDs. Ages 7 and up. Social skills and personal awareness using circle discussion and role playing. Games to emphasize gross motor skills, turn taking and build confidence. Also run summer camps for higher functioning children with ASDs.

3570 Strandherd Dr Barrhaven

Contact: Janet Heffernan (613) 823-6697

Email: info@strongeryou.com

Website: www.strongeryou.com

Richard Harman: Through role playing and discussion, social skills groups address topics such as problem solving, decision making, classroom survival, self-acceptance, assertiveness, making friends, and dealing with feelings. Grades 1 to 8. Groups not specific to ASD.

Contact: Richard Harman (613) 729-9940

Turnbull Learning Centre: 1132 Fisher Ave, Ottawa

Website: www.turnbull.ca/tlcpages

Richard Harman: Group for depressed, anxious, withdrawn teens. In-depth focus on issues such as dependency, fear, guilt, uncertainty, relationships with others. Groups not specific to ASD. See contact information above.

Goldstein, Moncion, Greenbaum, and Associates: Social skills groups for 6 to 18 years. Groups not specific to ASD.

2249 Carling Ave. Suite 314, Ottawa

Phone: (613) 596-2333

Email: gmgassoc@magma.ca

Older Youth and Adults

Citizen Advocacy

613-761-9522 x 249

On June 15th Independent Facilitation and Planning was officially launched to the public as a fully operational fee-for-service program.

This innovative program helps people articulate their hopes and dreams as they move into adulthood and take steps to achieve greater independence. Planning for the future can be very scary and sometimes confusing.

We have a team of skilled Facilitators who have been specifically trained to focus on people's abilities and potential. They draw from a variety of facilitation tools and are able to offer an unbiased perspective. Some of our Facilitators have worked within the developmental services sector, some are parents of a child with a disability and some have moved into retirement and want to continue contributing to the well-being of others.

Our Facilitators have now concluded their Practicum training where they had the opportunity to apply and sharpen their skills. They are now eager to help more people move ahead and make navigating through the fear and the confusion both positive and productive.

If you are interested in learning more about Independent Facilitation and Planning or would like to meet with a Facilitator, please contact Christine Martinelli at 613 761 9522 ext 249.

Youth Empowerment and Transition Program (Ottawa Independent Living Resource Centre) Youth activities, some involving life skills and social skills. Ages 16 to 25. Drop-in.

B10 - 75 Albert St., Ottawa

Phone: (613) 236-2558

Email: info@oilrc.com

Website: www.oilrc.com

http://www.solution-s.ca/index.php?option=com_content&view=article&id=67:clinical-supports-and-services&catid=34&Itemid=146

Group Homes and Residential Programmes

Residential Resources - many of these groups also offer adult day programs (must be referred through Service Co-ordination)

Christian Horizons

www.christian-horizons.org

613-225-5900

Executive Director: Janet Nolan

Serving adults and children with exceptional needs.

Services provided: Community Residences, Individual Support Services, Supported Independent Living Day Supports | Community Support Services Family Home Services.

- Greenland Country Haven** Greenland@ripnet.com 613-806-0690
 Group home opening September 1st for teens and adults (16+) with special needs. Staff includes RN, PSWs, DSWs and a Supervisor. Ratio of staff to clients is 1:2 or 1:3 depending on individual needs. Respite and day programs are also available. It will be operating as a Home Share Program, where a couple or a single person will live on the premises in a supervisor/parent role. Please contact Debra McLean at Greenland@ripnet.com for more information. Due to numerous requests, we are also offering short-term weekend respite care for adolescents 12-16 years of age.
- L'Arche Ottawa** 613-228-7136
 L'Arche Ottawa began in the national capital region in 1972. Today we are 30 core members and 18 assistants living in 7 homes as well as members of the coordinating team and a number of live-out and part-time support persons.
 We have a spacious, modern community center where we gather for Monday evening community nights and on many other special occasions. If you're in the area, you are welcome to join us during a community gathering. We meet on most Monday evenings, but please call the office for exact times and dates.
- Ottawa-Carleton Association for Persons with Developmental Disabilities** 613-569-8993
 Three group homes (14 beds) as well as SSLUs for adults with developmental disabilities.
- Ottawa-Carleton Life Skills Incorporated** 613-596-6140
 Group homes and SSLUs for adults with developmental disabilities. Executive Director: David Ferguson
 Day programs, residential programs and family support programs for people with multiple disabilities
- Ottawa Foyers Partage** 613-230-6171
 Three group homes (9 beds) for adults with multiple disabilities. Also a workplace at Computer Wise.
- Ottawa Independent Living Resource Centre** Melissa D'Amora 613-236-2558
 The Youth Empowerment & Transition Program assists youth with all/cross disabilities in the Ottawa area in achieving their personal goals of independence. The program is particularly for youth 16 to 25 years old and focuses on empowerment and transition, therefore we offer a variety of activities including skills workshops, healthy eating, physical activities, and social outings. The program also provides support for those individuals who are dealing with transition, for example high school to college/university/work or living with parents/caretakers to living on your own. The skills and encouragement resulting from such a program will ultimately aid young adults to pursue an autonomous lifestyle in concordance with the Independent Living Movement.
 Youth Empowerment and Transition Program
 Ottawa Independent Living Resource Centre
 B010 - 75 Albert St, Ottawa, ON K1P 5E7
 Tel: (613) 236-2558
 Fax: (613) 236-4562
programs@oilrc.com
- Solution-s** www.solution-s.ca 613 249-8593
 Taken from the website: The mandate of Solution-s clinical supports and services is to provide support to individuals with intellectual disability and their families and caregivers, who are coping with complex conditions and circumstances that can lead to crisis situations. Solution-s works in collaboration with the person's environments and all people involved, to help identify and deal with those conditions and circumstances. The goal is to develop an overall plan to prevent or alleviate crisis events and to respond to them when they occur.
- Tamir Foundation** 613-725-3519
 Executive Director: Mark Palmer
 Residential and Outreach programs for people with developmental disabilities
- Total Communication Environment** 613-228-0999
 Providing homes to developmentally handicapped individuals
- Ottawa Carleton Lifeskills Inc** 613-254-9400
 Executive Director: Jocelyne Paul
 Life skills training and residential support
- Bairn Croft Residential Services Inc.** www.bairncroft.com 613-841-6844
 Louise MacNeil, Program Manager. 1439 Youville Drive, Orleans FAX: 613-841-5344.
 Residential care for individuals with developmental delays and dual diagnosis, typically autism spectrum disorder.
- Grandriver View Homes** 613-835-2324
 Residential care for individuals with development delays

Day Programs/Supported Employment/Recreational Leisure Programs

Y's Owl MacLure Cooperative Centre www.ysowlmaclure.org 613-721-1500

Executive Director: Hugh Nelson

An agency providing vocational, life skills, recreation/leisure and outreach services to adults with disabilities

Adaptive Learning Program Margo Gowing 613-727-1872

Educational program for adults with developmental delays

H'Art www.hartofottawa.ca 613-234-8497

H'Art is a place of business where artwork is created for sale to the public. It is also a place of learning. It is specifically designed for teens and adults with developmental disabilities and addresses a critical need and growing demand in our community to provide appropriate, challenging and rewarding opportunities which improve literacy, creativity, social and life skills in a business-like setting. Their website is www.hartofottawa.ca.

Family Matters Co-operative marge.mccabe@sympatico.ca

They are a grassroots group interested in pulling together families to work on issues such as housing, education, transportation, day programs, and community activities for adults with disabilities. (See also *Contacts, Support Groups and Ottawa Lists*)

familiesmatter@hotmail.com

Krackers Katering

Baking Division, on the job training. The Causeway Work Centre, 22 O'Meara Street.

Contacts: Francis Daly, 613 725-3494, Ext. 115

Gladys McClement, 613 838-8089

Don Palmer, 613 725-3494, Ext. 103

LiveWorkPlay www.liveworkplay.ca 613-235-9550

Enabling young people with developmental disabilities to live as included and contributing members of the community

Ontario March of Dimes <http://www.marchofdimes.ca/EN/programs/employment/Pages/default.aspx>

Employment Services for Clients

Do you have a disability and are looking for work? Every year, March of Dimes Employment Services helps hundreds of people with disabilities achieve greater independence by providing job training and finding them employment.

Why March of Dimes?

Proven success

80% of people we served last year found employment.

Personal attention

March of Dimes Employment Services offers dedicated Employment Specialists who help you set and reach your goals. We don't just find you the right job - we provide you with the job training, computer training and education needed to succeed.

Preparation

Job experience is tough to acquire when it seems like nobody will hire you. March of Dimes will help prepare you and your resume, teaching you to be a more appealing candidate on paper and in person. We'll help you acquire the job skills and experience you need to enter the labour market, tailoring our services to suit your strengths. Going beyond that, we will even work with employers to provide workplace accommodations for you if they are necessary. Whatever your needs, March of Dimes will help you find the best possible job for you.

Experience

For the past 55 years, March of Dimes has been dedicated to helping Canadians with disabilities achieve greater independence.

Call: 613-596-3463

Ottawa-Carleton Association for Persons with Developmental Disabilities 613-569-8993

Executive Director: David Ferguson

Day programs, residential programs and family support programs for people with multiple disabilities.

Red Chair HR www.redchairhr.ca 613-424-7234

RED Chair HR™ is the very first employment agency in Canada to provide professional staffing services for people who have disabilities and/or vocational challenges facing barriers to employment.

Y's Owl Maclure: Owl Employment Program Social Skills Training: Eight week session to learn and practice social skills at the facility and in the community to prepare for employment. Includes peer mentors.

1140 Morrison Drive, Suite 100, Nepean

Phone: (613) 721-1500

E-mail: ysowl@magma.com

Website: www.ysowlmaclure.org

Carleton Heights Community Centre Social Recreation Special Needs

1665 Apeldoorn Avenue, 613-226-2208

This is a social recreation program for adults with developmental disabilities. Participants take part in a variety of social, recreational and educational activities. The objective of this program is to further develop life-skills through social recreation.

Ages: 18-65yrs

Monday to Friday; 9am-3pm

Fee: \$26.50 per day

Building social skills

Physical activity

Cooking

Arts

Monthly outings

Participants are to bring their own lunch and snacks and arrange for transportation to and from the program. Prior to registration an interview, must be conducted by contacting the Special Needs Portfolio Coordinator at 613-580-2424 ext. 29300.

This program is intended for individuals who can participate in a full day program without the support of a one-on-one worker. A 5:1 ratio is applied within this program.

Putting together the pieces of social recreation, complete your puzzle and join today!

For more information, please contact Maureen Moynahan, Program Coordinator, 613-226-2208 ext. 222

Workshop Announcements

Respite Care

Christian Horizons

613-225-5900

This new home will serve children with significant behavioral challenges. They will have opportunities to learn new skills that will enable them to reintegrate into their families and communities. For more information please contact: Jackie Monforton, Christian Horizons 613-225-5900- Ext.24, jmonforton@christian-horizons.org or: Miriam Oliver, 613-225-5900 -Ext. 25 moliver@christian-horizons.org

Destiny's Way

www.destinysway.ca

Destiny's Way provides day and overnight respite to families that have a child or loved one with Autism Spectrum Disorder and other diagnosed exceptionalities.

Contact: Jacqueline Mansell RPN (613) 314-7477 or email jacqueline@destinysway.ca

Greenland Country Haven

Greenland@ripnet.com

613-806-0690

Group home opening September 1st for teens and adults (16+) with special needs. Staff includes RN, PSWs, DSWs and a Supervisor. Ratio of staff to clients is 1:2 or 1:3 depending on individual needs. Respite and day programs are also available. It will be operating as a Home Share Program, where a couple or a single person will live on the premises in a supervisor/parent role. Please contact Debra McLean at Greenland@ripnet.com for more information. Due to numerous requests, we are also offering short-term weekend respite care for adolescents 12-16 years of age

Ottawa-Carleton Association for Persons with Developmental Disabilities (OCAPDD)

www.ocapdd.on.ca

They offer respite services to families with autistic children for a week at a time.

Jacks GFCF Cupboard

www.jacksgfcfcupboard.com

613-230-2361

We now offer special needs respite (including those requiring enteral feeds, kangaroo pumps etc , behaviours, ASD including PDD / Aspergers / Rett Syndrome / Autism , and seizure disorders) including extended respite, social groups, and our GFCF diet products are now available at Sasloves in Westboro. We are also working on Foodland (Greely) and Market Organics. Contact: Jaime and Rosalee

T.I.P.E.S.

613-592-8800

Our experienced and knowledgeable therapists are available to offer respite services. Parents can be confident that their child is in good hands. Respite services can make a world of difference for parents, providing them the chance to rest, reconnect or recharge. Respite services are available after school and by appointment evenings and weekends. (offered to all ages 2-18 yrs)

Transportation

Para Transpo

613-244-1289

This is from a person from the OCDSB: "I have had a great deal of cooperation with para transpo accepting our students for the services they offer. At first they are refused but if called and the situation is discussed (i.e. the student is unable to take OC Transpo because of autism but needs transportation to go to work) they will agree to accept the individual with autism."

Stock Transportation

613-820-0500

Note from a parent: willing to take up to 5 children.

Sommer Transportation Services

613-723-9677

Note from a parent: They are reliable, bonded and have done reference checks on their drivers.

Scholarships

The following information deals with scholarships for individuals interested in research in the area of autism and for students with ASD
For additional information, visit

<http://www.autismontario.com/client/aso/ao.nsf/web/Scholarships?OpenDocument>

Eleanor Ritchie Post-Secondary Education Scholarships for Students with ASD

The Eleanor Ritchie Post-Secondary Scholarships is for students with ASD. These awards are named after Eleanor Ritchie, a long-standing member of ASO, in recognition of her dedication and support for individuals with ASD.

Jeanette Holden Post-Secondary Education Entrance Scholarships for Siblings of Students with ASD

The Jeanette Holden Post-Secondary Entrance Scholarships for Siblings of Students with ASD. These awards are named after Dr. Jeanette Holden, a sibling of an individual with ASD, in recognition of her dedication to Autism research, and her contributions to unraveling the mystery of Autism.

Website Resources

Some of these websites are American and some are similar to online stores. Most of these websites have free downloadable sheets and activities you can do online and/or print off.

March 2011 New websites:

<http://www.primaryresources.co.uk/english/english.htm>

http://www.pecsforall.com/pictoselector/index_en.html Pecs

<http://www.handwritingforkids.com/handwrite/math/addition/index.htm> handwriting

http://abcteach.com/directory/teaching_extras/calendars/ calendars

<http://www.primaryresourcecentre.com/>

<http://www.iteachautism.com/blog/category/social-interactions-and-making-friends/> social

<http://verbalbehavior.pbworks.com/w/page/8131340/Datasheets-and-templates> Data sheets

<http://www.mes-english.com/flashcards/clothes.php> flashcards

<http://www.teacherplanet.com/resource/humanbody.php>

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/asdfirst.pdf> govt document

<http://www.superteacherworksheets.com> worksheets

<http://www.bbc.co.uk/schools/typing/> typing program

<http://www.boardmakershare.com/> boardmaker

<http://www.autismandtheartofcommunication.com/> communication

http://www.nlconcepts.com/products/index.php?main_page=index online ordering

Apps for iTouch and iPad devices:

<http://www.provincialautismcentre.ca/uploads/assets/ASD%20iTouch%20apps%20Welsford%202010.pdf>

Apple has created a "Special Education" category in the iTunes App store. You can find it on the App Store home page (it's a picture halfway down the page) or you can follow this link to go directly there:

<http://itunes.apple.com/WebObjects/MZStore.woa/wa/viewMultiRoom?fcId=399470755>

Jim McClafferty has posted a link to some great review sites in his blog at: <http://brainparade.com/products/links-to-other-apps/>.

As well there is discussion on Brain Parade fan page in facebook (Brain Parade is his company) and links to resources as well at <http://www.facebook.com/brainparade>.

Programming and Story Ideas and books

<http://www.setbc.org/pictureset/Default.aspx>

<http://www.do2learn.com>

<http://www.123child.com>

<http://childfun.com>

<http://www.randomhouse.com/seussville/>

http://www.kidzone.ws/prek_wrksht/index.htm

<http://www.magickeys.com/books>

<http://www.mrsjonesroom.com/teachers/worksheets.html#mini>

<http://www.raz-kids.com/main/ViewPage/name/sample>

<http://www.woodlands-junior.kent.sch.uk/interactive/onlinestory.htm>

<http://www.kizclub.com>

<http://teacher.scholastic.com/clifford1/>

<http://pbskids.org/lions/stories/>

<http://www.starfall.com>

<http://www.theideabox.com>

www.tlsbooks.com

<http://harcourtbooks.com/freeforteachers>

Website specific to Autism

<http://www.positivelyautism.com/links.html>

http://elearning.autism.net/visuals/main.php?g2_itemId=524

www.sandbox-learning.com

http://www.autismhelp.info/htm/printfiles_index.htm

Education websites (Math, English etc.)

<http://www.silverliningmm.com/gaaframe.htm>

www.kidslearningstation.com

<http://www.abcteach.com/webneeds/websites.htm>

<http://www.familyeducation.com/home/>

<http://www.homeschoolmath.net/worksheets>

<http://www.schoolexpress.com/fwsindex.php>

<http://www.akidsheart.com/gamesd/index.html>
<http://www.123certificates.com/cool.php>
<http://www.sitesforteachers.com/index.html>
<http://www.touchmath.com/index.cfm?fuseaction=freestuff.welcome>
www.childcareland.com
<http://www.teachervision.fen.com>
<http://tools.atozteacherstuff.com/word-shapes/wordshapes.html>
http://www.internet4classrooms.com/skills_1st.htm
http://www.internet4classrooms.com/grade_level_help.htm
<http://www.teachingideas.co.uk/english/contents06writingnonfiction.htm>
<http://www.teachers.ash.org.au/jmresources/systems/body.html>
<http://www.engineeringinteract.org/resources.htm>
<http://www.mathfactcafe.com/marketing/annual/>
<http://www.amathsdictionaryforkids.com/dictionary.html>
<http://www.writingfun.com/writingfun2010.html>
<http://www.storylineonline.net/>
<http://jc-schools.net/tutorials/PPT-games/>
http://tp053.k12.sd.us/special_education_sites.html

Communication

<http://www.speakingofspeech.com/>
<http://www.readthewords.com>
www.picturecardcommunication.com
www.widgit.com/symbols
<http://www.symbolworld.org>
<http://www.lifeprint.com>
<http://www.dkimages.com>
<http://www.languageguide.org/francais/>
<http://www.languageguide.org/english/>
<http://www.netrover.com/~kingskid/sightword/dolchgames.htm>

online website for dolch sight words

http://www.free-clipart-pictures.net/kid_clipart.html
<http://www.pdclipart.org/>

<http://freedigitalphotos.net/>

<http://www.mayer-johnson.com/downloads/trials/>

www.PECSforALL.com

Data Sheets

<http://www.polyxo.com>

Verbal Behaviour Resource

<http://www.vbntraining.com/resources/index.asp>

Teens

[http://autism.about.com/od/transitioncollegejobs/Teens and Autism.htm](http://autism.about.com/od/transitioncollegejobs/Teens_and_Autism.htm)

Bullying

<http://special-needs.families.com/blog/protect-your-special-needs-child-from-bullying>

Books and other resources online

www.autismawarenesscentre.org

<http://www.autismtoday.com/>

Sensory-Motor and development items

www.fdm.ca

www.pacificpediatricsupply.com

www.southpawenterprises.com

www.specialkidszone.com

www.specialneedstoys.com

www.theraproducts.com

www.pfot.com

www.therapyshoppe.com

<http://www.otplan.com/>

Order Catalogues

www.schoolspecialty.ca

- Special Learning Needs
- Sensory Solutions
- Sportime Physical Education

Stickids

Supporting children with sensory processing and sensory motor challenges

www.stickids.com

<http://www.edu.gov.on.ca/eng/document/nr/07.02/autismFeb07.pdf>

Making a Difference: For students with Autism Spectrum Disorders in Ontario Schools

From Evidence to Action February 2007

Report of the Ministers' Autism Spectrum Disorders Reference Group to: Minister of Education Ministry of Children and Youth